

ESAA TRACK & FIELD RESULTS SINCE 1948 (BOYS)

JUNIOR

100 YARDS

INTERMEDIATE

100 YARDS

SENIOR

100 YARDS

1948	1	Wilfred Alcock	Norfolk	10.8	1	John E. Woodward	Buckinghamshire	10.6	-	-	
1948	2				2				-	-	
1948	3	J. Coe	Leicestershire		3				-	-	
1949	1	A. Went	Essex	11.1	1	P. Teitz	London	10.5	-	-	
1949	2	Terence Connolly	Yorkshire		2	Keith Scott	Wiltshire	10.5	-	-	
1949	3	Ray Pittuck	Northamptonshire	11.1	3	J. Skull	Wiltshire		-	-	
1950	1	David Ricketts	Wiltshire	10.4	1	F. Kemp	London	10.2	1	Alan Lillington	Northumberland 10.0
1950	2	Peter Crosby	Yorkshire		2	Adrian Breacker	Surrey		2	P. Tietz	London
1950	3	J. Coggin	Derbyshire		3	P. Bloomer	Worcestershire		3	Alan Derry	Yorkshire
1951	1	D. Millar	Hampshire	10.9	1	Melvin Barfoot	Hampshire	10.4	1	Keith Scott	Wiltshire 10.2
1951	2	N. Smith	Yorkshire		2	Peter Crosby	Yorkshire		2	Alan Lillington	Northumberland
1951	3	Derek Needham	Somerset		3	Terence Connolly	Yorkshire		3	R. Edwardson	Durham
1952	1	P. Hodges	London	11.4	1	Peter Crosby	Yorkshire	10.8	1	J. Smith	Durham 11.0
1952	2	John Allott	Yorkshire	11.5	2	Hugh Morrison	Kent	11.1	2	Terence Connolly	Yorkshire 11.1
1952	3	J. Pearson	Northumberland	11.6	3	Brian Kinsey	Yorkshire	11.4	3	E. Smith	Yorkshire 11.3
1953	1	J. Baldock	Worcestershire	10.9	1	Jim Connelly	Durham	10.6	1	W. Workman	Gloucestershire 10.4
1953	2	William Bowman	Durham	11.3	2	P. Hodges	London	10.6	2	Terence Connolly	Yorkshire 10.4
1953	3	Ronald Sinker	Staffordshire	11.3	3	Malcolm Lines	Northamptonshire	10.8	3	Dave Gillan	Durham 10.5
1954	1	D. Warn	Lancashire	11.2	1	John Hutchinson	Yorkshire	10.7	1	Jim Railton	Lancashire 10.5
1954	2	Tony Shipley	Devon	11.2	2	Brian Rider	Essex	10.8	2	A. Severs	Yorkshire 10.7
1954	3	D. Shave	Oxfordshire	11.4	3	Alan Shreeves	Kent	11.0	3	Jim Connelly	Durham 10.7
1955	1	R. Scholes	Hertfordshire	10.8	1	Peter Radford	Staffordshire	10.3	1	Derek Needham	Somerset 10.1
1955	2	John Carter	Lancashire	10.8	2	M. J. Elliot	Essex	10.5	2	J. Brandwood	Lancashire 10.3
1955	3	Donald Carter	Gloucestershire	11.1	3	Norman Harris	Durham	10.5	3	Trevor Dennis	Staffordshire 10.3
1956	1	Barry Bridges	Norfolk	10.8	1	Melvyn Smith	Yorkshire	10.4	1	Brian Wellburn	Durham 10.4
1956	2	S. Selwyn	Lancashire	10.9	2	T. Simms	Lancashire	10.6	2	Ralph Holmes	Derbyshire 10.5
1956	3	G. Venables	Yorkshire	11.1	3	D. Warrington	Nottinghamshire	10.7	3	James Jarvis	Middlesex 10.6
1957	1	Raymond E. Eatwell	Sussex	10.6	1	John Carter	Lancashire	10.7	1	Peter Radford	Staffordshire 10.2
1957	2	James Box	Middlesex	10.9	2	Donald Carter	Gloucestershire	10.8	2	Ronald Powell	Sussex 10.3
1957	3	John Grasse	Leicestershire	11.0	3	Alan Gowers	Middlesex	10.8	3	Norman Harris	Yorkshire 10.4
1958	1	Eric Wood	Kent	10.4	1	Richard Seeley	Sussex	10.2	1	Ronald Powell	Sussex 10.1
1958	2	Jack Oliver	Yorkshire	10.5	2	Roger Francis	Essex	10.2	2	David Crane	Yorkshire 10.2
1958	3	C. Marsden	Yorkshire	10.5	3	E. Ryan	Lancashire	10.3	3	E. Byrne	Lancashire 10.3
1959	1	B. Fancy	Essex	10.6	1	Raymond E. Eatwell	Sussex	10.4	1	Nicolas J. Torry	Essex 10.0
1959	2	M. Brown	Buckinghamshire	10.6	2	Tony Platt	Lancashire	10.4	2	George Cmela	London 10.0
1959	3	C. Holmes	Warwickshire	10.6	3	Brendan Perry	Gloucestershire	10.4	3	George Mayo	Northamptonshire 10.3
1960	1	Charles Mogg	Lancashire	10.8	1	Terence Thompson	Essex	10.3	1	Len Carter	Middlesex 10.0

1960	2	Edward Page	Kent	10.8	2	Ian Foster	Lancashire	10.4	2	James Barry	Leicestershire	10.0
1960	3	S. Ashburner	Cumberland	10.9	3	Kevin Kilshaw	Lancashire	10.4	3	John Thacker	Yorkshire	10.1
1961	1	Richard Williams	Yorkshire	10.4	1	Nicholas Noton	Leicestershire	10.2	1	John Thacker	Yorkshire	10.0
1961	2	J. Priestley	Essex	10.5	2	Anthony Pelopida	Gloucestershire	10.3	2	James Barry	Leicestershire	10.0
1961	3	David Dear	Hampshire	10.5	3	John Sexton	Middlesex	10.5	3	John Knowles	Hampshire	10.2
1962	1	Tony Cookman	Surrey	10.7	1	Richard Simonsen	Hampshire	10.2	1	Bob Frith	Middlesex	10.4
1962	2	Terence Knowles	Derbyshire	11.0	2	Edward Page	Kent	10.4	2	Nicholas Noton	Leicestershire	10.5
1962	3	Nicholas Mote	Surrey	11.0	3	Richard Williams	Yorkshire	10.5	3	Richard Halpin	Dorset	10.5
1963	1	Tony Hinton	Middlesex	10.3	1	Richard Williams	Yorkshire	10.4	1	Bob Frith	Middlesex	10.0
1963	2	James Vivian	Surrey	10.5	2	C. Pape	Buckinghamshire	10.4	2	Nicholas Noton	Leicestershire	10.1
1963	3	John Davis	Middlesex	10.5	3	Derek Britchford	London	10.5	3	Colin Barthorpe	Worcestershire	10.2
1964	1	Peter Wiltshire	Warwickshire	10.9	1	Barry Ellis	Yorkshire	10.6	1	Richard Williams	Yorkshire	10.2
1964	2	J. Barnard	London	11.0	2	Tony Hinton	Middlesex	10.8	2	Michael Gray	Wiltshire	10.2
1964	3	D. Hardy	Gloucestershire	11.1	3	David Wood	Durham	10.8	3	Andrew Symons	Somerset	10.3
1965	1	Colin Holmes	Staffordshire	10.6	1	Peter Wiltshire	Warwickshire	10.4	1	James Vivian	Surrey	10.1
1965	2	C. Webb	Oxfordshire	10.8	2	Chris Cheetham	Hampshire	10.4	2	Anthony Oke	Surrey	10.1
1965	3	W. Green	Yorkshire	10.9	3	R. Howes	Huntingdonshire	10.5	3	Richard Williams	Yorkshire	10.1
1966	1	Keith Lowery	Yorkshire	10.4	1	Chris Cheetham	Hampshire	9.9w	1	David Wood	Durham	9.9w
1966	2	Ken Clarke	Warwickshire	10.6	2	Brian Easterbrook	Cumberland	10.0w	2	Alan Jones	Staffordshire	9.9w
1966	3	Robert Blaney	Cheshire	10.7	3	Jeremy Wallwork	Derbyshire	10.2w	3	David Williams	Kent	10.0w
1967	1	John Pakes	Lancashire	10.4	1	Ford Dennis	Somerset	10.2	1	Peter Wiltshire	Warwickshire	10.1
1967	2	Anthony Rose	Middlesex	10.6	2	Paul Pinnington	Middlesex	10.3	2	Chris Cheetham	Hampshire	10.1
1967	3	M. Potter	Wiltshire	10.8	3	James Molyneux	Lancashire	13.3	3	David Muldown	Durham	10.2
1968	1	Bill Strickland	Lancashire	10.9	1	Ford Dennis	Somerset	10.0	1	Chris Cheetham	Hampshire	9.8
1968	2	D. Butcher	Lancashire	11.0	2	Douglas Stewart	Middlesex	10.4	2	Peter Wiltshire	Warwickshire	10.0
1968	3	L. Adams	Warwickshire	11.2	3	Brian Hodgson	Durham	10.4	3	John Bagley	Yorkshire	10.1

JUNIOR

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SENIOR

100 METRES

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100 METRES

1969	1	Jerry Twomey	Warwickshire	11.9	1	Colin Nimmo	Staffordshire	11.4	1	Seigha Alagoa	London	11.0
1969	2	G. North	Sussex	11.9	2	Andrew Hyde	London	11.5	2	Paul Pinnington	Middlesex	11.0
1969	3	D. Pope	Surrey	12.0	3	David Harrison	Lancashire	11.5	3	Ford Dennis	Somerset	11.0
1970	1	Ian Featherstone	Kent	12.0	1	Bob Munns	Northamptonshire	11.3	1	Chris Monk	Leicestershire	11.0
1970	2	B. Donaghy	Durham	12.0	2	Maurice Jones	Yorkshire	11.6	2	Paul Pinnington	Middlesex	11.3
1970	3	Malcolm Walklett	Cheshire	12.1	3	Frances Sampong	Middlesex	11.7	3	Colin Nimmo	Staffordshire	11.4
1971	1	Dudley James	Yorkshire	11.5	1	Steve Green	London	11.0	1	Bob Munns	Northamptonshire	10.8
1971	2	Peter Sherlock	Cheshire	11.5	2	David Banks	Lancashire	11.2	2	Andrew Hyde	London	10.9
1971	3	Rodney Jacquest	Berkshire	11.7	3	Roger Tuohy	Hampshire	11.2	3	Colin Lambert	Yorkshire	11.0
1972	1	Edwin Effion	London	11.7	1	Steve Green	London	11.0	1	Tony Hadley	Warwickshire	11.0
1972	2	Dudley James	Yorkshire	11.7	2	Sylvester West	Middlesex	11.4	2	Garry Peters	Staffordshire	11.2
1972	3	David Hill	Middlesex	11.8	3	Patrick Campbell	Warwickshire	11.5	3	Terry Collins	Essex	11.2

1973	1	David Baptiste	London	11.4	1	Ian Cooper	Lancashire	11.0	1	Steve Green	London	10.6w
1973	2	M. Kelsey	Middlesex	11.5	2	David Hill	Middlesex	11.1	2	Gerald Moore	Yorkshire	10.8w
1973	3	Michael Robertson	Worcestershire	11.5	3	Rodney Jacquest	Berkshire	11.1	3	David Skeath	Lancashire	11.0w
1974	1	Brian Ford	Leicestershire	11.5	1	David Hill	Middlesex	11.0	1	Alexander Gillies	Buckinghamshire	11.2
1974	2	Dave Sissons	Durham	11.7	2	G. Ladlow	Essex	11.3	2	Gerald Moore	Yorkshire	11.3
1974	3	N. Douglas	London	11.7	3	David Bunce	Durham	11.3	3	Byron White	Surrey	11.4
1975	1	Derek Butler	Leicestershire	11.8	1	David Baptiste	London	11.3	1	John Jakenfelds	Middlesex	11.1
1975	2	G. Dennis	West Midlands	11.8	2	Michael Robertson	West Midlands	11.3	2	Alexander Gillies	Buckinghamshire	11.4
1975	3	Clinton Manning	Suffolk	11.9	3	Stamford Burgan	Surrey	11.5	3	Byron White	Surrey	11.4
1976	1	Gary Yeadon	West Yorkshire	12.1	1	Simon Norton	Cheshire	11.2	1	Andrew Pitts	Essex	11.1
1976	2	M. Foden	Devon	12.1	2	Carlton Haughton	Cambridgeshire	11.2	2	Stamford Burgan	Surrey	11.2
1976	3	P. Griffith	West Yorkshire	12.2	3	Michael Bond	London	11.3	3	P. Murphy	Hampshire	11.2
1977	1	Michael Hitchen	Lancashire	11.2w	1	David Trick	Dorset	10.8w	1	Michael Bond	London	10.6w
1977	2	P. Gatewood	West Yorkshire	11.3w	2	Darren Bills	West Midlands	10.8w	2	Harry King	Berkshire	10.7w
1977	3	A. Baptiste	Essex	11.3w	3	John Grant	Lincolnshire	10.8w	3	Stephen Harrison	North Yorkshire	10.7w
1978	1	Ian George	Bedfordshire	11.3w	1	Paul Moxham	West Midlands	10.8w	1	Ivan Loftman	Essex	10.4w
1978	2	I. Richardson	Hertfordshire	11.3w	2	Michael Powell	London	10.8w	2	David Trick	Dorset	10.5w
1978	3	S. Swaffile	Shropshire	11.3w	3	James Blake	Hertfordshire	10.9w	3	Jonathan Marsden	Norfolk	10.6w
1979	1	Robert Brown	Suffolk	11.4	1	Kevin Ward	Essex	11.1	1	Alfons Adedeji	Somerset	10.8
1979	2	Paul Ashen	Kent	11.5	2	Fenton Campbell	West Midlands	11.2	2	Barry Hughes	Leicestershire	10.8
1979	3	K. Wade	Berkshire	11.7	3	Toby Bird	South Yorkshire	11.2	3	Michael Powell	London	10.8
1980	1	David Smith	London	11.2	1	Lincoln Asquith	West Midlands	10.6w	1	Michael Powell	London	10.4w
1980	2	Gary Thomas	Essex	11.3	2	Kevin Ward	Essex	10.8w	2	Ivan Loftman	Essex	10.5w
1980	3	Gary Adams	Essex	11.4	3	Ray Wilson	West Midlands	10.8w	3	Peter Turnbull	Gtr. Manchester	10.6w
1981	1	Derrick Browne	West Midlands	11.5	1	Arnold Hunte	London	11.2	1	Lincoln Asquith	West Midlands	10.8
1981	2	D. Green	Gtr. Manchester	11.7	2	Gary Thomas	Essex	11.2	2	Cedric Levy	Middlesex	10.8
1981	3	Milton Cogheil	Middlesex	11.7	3	Robert Brown	Suffolk	11.2	3	Ray Wilson	West Midlands	10.9
1982	1	Phil Goedluck	London	11.7	1	Trevor McKenzie	West Midlands	10.8	1	Paul Ashen	Kent	10.7
1982	2	Lee Bowers	Lancashire	11.7	2	Paul Keeble	Hertfordshire	11.0	2	Ray Wilson	West Midlands	10.8
1982	3	P. Donovan	Essex	11.9	3	Gary Thomas	Essex	11.1	3	Richard Powlett	Middlesex	11.0
1983	1	Darrel Redmond	Nottinghamshire	11.5w	1	Paul Keeble	Hertfordshire	10.8w	1	Trevor McKenzie	West Midlands	10.7w
1983	2	Darren Riseley	London	11.5w	2	Martin Waldron	West Midlands	10.8w	2	Arnold Hunte	London	10.8w
1983	3	George Speed	Avon	11.6w	3	Daron Subryan	Gloucestershire	10.9w	3	Neil Armstrong	Durham	10.8w
1984	1	Jamie Nixon	West Midlands	11.3	1	Russell Boaler	Derbyshire	11.0	1	Paul Keeble	Hertfordshire	10.6
1984	2	Raymond Burke	Surrey	11.6	2	Robert Johnson	Cumbria	11.0	2	Steve Eden	Berkshire	10.7
1984	3	Paul Greening	Cumbria	11.7	3	Phil Goedluck	London	11.0	3	Daron Subryan	Gloucestershire	10.8
1985	1	Darren Burke	Essex	11.7	1	Ian Kenton	West Midlands	11.2	1	Martin Waldron	West Midlands	10.9
1985	2	Terry Thomas	Middlesex	11.9	2	Raymond Burke	Surrey	11.2	2	Paul Creeden	Hampshire	11.1
1985	3	Jon Jackson	Avon	11.9	3	Lloyd Chandler	Middlesex	11.3	3	Nixon Charles	London	11.2
1986	1	Jason John	West Midlands	11.4	1	Raymond Burke	Surrey	10.8	1	Russell Boaler	Derbyshire	10.7
1986	2	Chudi Chidi-Ofong	Warwickshire	11.5	2	Karl Ferguson	London	10.9	2	Courtney Rumbolt	Northamptonshire	10.9
1986	3	Nigel Hall	South Yorkshire	11.6	3	Ian Kenton	West Midlands	10.9	3	Kevin Fitzpatrick	Surrey	10.9

1987	1	David Jackson	South Yorkshire	11.4	1	Andrew Mensah	Middlesex	11.0	1	Delroy McLaren	West Midlands	11.1
1987	2	A. Mounsey	West Yorkshire	11.6	2	Jason Livingston	London	11.1	2	Justin Bone	Suffolk	11.2
1987	3	Simon Turner	Kent	11.6	3	Duncan Game	Avon	11.1	3	Courtney Rumbolt	Northamptonshire	11.2
1988	1	Khairul Hussain	Middlesex	11.8	1	Duncan Game	Avon	11.0	1	Courtney Rumbolt	Northamptonshire	10.8
1988	2	David Fairway	Cumbria	11.9	2	Jason Urron	Northumberland	11.1	2	Lloyd Chandler	Middlesex	10.9
1988	3	Darren Williams	Cheshire	11.9	3	Jon Carroll	Essex	11.1	3	Karl Ferguson	London	10.9
1989	1	Norman Ellis	Kent	11.3	1	David Jackson	South Yorkshire	10.9	1	Jason John	West Midlands	10.6
1989	2	Jermaine Francis	West Midlands	11.4	2	Mark Walcott	West Midlands	11.0	2	Steven Gookey	North Yorkshire	10.6
1989	3	Clayton Walker	Essex	11.6	3	Robbie Morgan	Hertfordshire	11.0	3	Jason Urron	Northumberland	10.8
1990	1	Curtis Browne	West Midlands	11.1w	1	Mark Walcott	West Midlands	10.7w	1	Jason John	West Midlands	10.4w
1990	2	Duncan Smith	Staffordshire	11.3w	2	Michael Narthey	Kent	10.7w	2	Mark McIntyre	London	10.6w
1990	3	Russ Hayes	Cornwall	11.4w	3	Stephen Buttler	Staffordshire	10.8w	3	Ian Lonsdale	Cambridgeshire	10.6w
1991	1	Kevin Mark	Middlesex	11.21	1	Michael Narthey	Kent	10.72	1	Ian Lonsdale	Cambridgeshire	10.61w
1991	2	Simon Rock	London	11.5	2	Curtis Browne	West Midlands	10.92	2	David Jackson	South Yorkshire	10.67w
1991	3	Michael Tietz	Derbyshire	11.54	3	Ejike Wodu	London	11.01	3	Toby Box	Gtr. Manchester	10.76w
1992	1	Michael Tietz	Derbyshire	11.36	1	Curtis Browne	West Midlands	11.26	1	Jason Fergus	Essex	10.98
1992	2	Ian Stewart	Essex	11.49	2	Sam Omonua	Berkshire	11.28	2	Michael Narthey	Kent	10.99
1992	3	Jermaine Williams	Middlesex	11.49	3	Kevin Mark	Middlesex	11.3	3	David Jackson	South Yorkshire	11.01
1993	1	Philip Perigo	South Yorkshire	11.38w	1	Trevor Cameron	Middlesex	10.78w	1	Allyn Condon	Cheshire	10.37w
1993	2	Robert Bogle	Cambridgeshire	11.30w	2	Tim Collis	Leicestershire	10.99w	2	Danny Joyce	Bedfordshire	10.40w
1993	3	K. Ampofo	London	11.52w	3	Michael Tietz	Derbyshire	11.09w	3	Jason Gardener	Avon	10.46w
1994	1	Steven Wiggins	Lancashire	11.00w	1	Dwain Chambers	Middlesex	10.64w	1	Curtis Browne	West Midlands	10.43w
1994	2	Paul Chantler	Merseyside	11.06w	2	Joel Calliste	Middlesex	10.74w	2	Kevin Mark	Middlesex	10.44w
1994	3=	David Hobson	West Yorkshire	11.20w	3	Michael Tietz	Derbyshire	10.77w	3	Paul White	Leicestershire	10.50w
1994	3=	Russell Johnson	Essex	11.20w		-	-			-	-	
1995	1	Dominic Gordon	Avon	11.20w	1	John Skeete	Essex	10.74w	1	Marlon Devonish	West Midlands	10.44w
1995	2	Wayne Gray	London	11.30w	2	Luke Grinnell	Avon	10.96w	2	Daniel Money	Derbyshire	10.48w
1995	3	Adam Newton	Berkshire	11.37w	3=	Marlon Dickson	London	11.06w	3	Mark Findlay	Essex	10.55w
1995		-	-		3=	Nick Long	Merseyside	11.06w		-	-	
1996	1	Joe Brown	London	11.04w	1	Luke Davis	West Midlands	10.44w	1	Paul Sampson	West Yorkshire	10.48w
1996	2	Andrew Rose	Essex	11.11w	2	Daniel Plummer	Essex	10.67w	2	Damien Greaves	Essex	10.56w
1996	3	Mark Lewis-Francis	West Midlands	11.31w	3	Aaron Harris	London	10.86w	3	Michael Tietz	Derbyshire	10.57w
1997	1	Mark Lewis-Francis	West Midlands	10.93	1	Jonathan Barbour	Surrey	10.64	1	Steven Daly	Merseyside	10.88
1997	2	Fungai Mukusha	Surrey	11.37	2	Matthew Russell	Essex	10.8	2	Lanre Iroche	Devon	10.88
1997	3	Aki Abiola	Berkshire	11.39	3	Daniel Plummer	Essex	10.85	3	Nick Long	Merseyside	10.92
1998	1	Matt Hopton	Hampshire	11.18w	1	Mark Lewis-Francis	West Midlands	10.54	1	Matthew Russell	Essex	10.80w
1998	2	Gavin Dublin	Surrey	11.37w	2	Ove Akpofure	Derbyshire	10.95	2	Darren Chin	Surrey	10.84w
1998	3	Leon Cameron	Gtr. Manchester	11.45w	3	Karl Forde	West Midlands	11.02	3	Gavin Eastman	Middlesex	10.86w
1999	1	Lloyd Rice	Avon	11.63	1	Karl Forde	West Midlands	10.94	1	Matthew Russell	Essex	10.99
1999	2	Rikki Fifton	London	11.67	2	Aki Abiola	Berkshire	11.19	2	Darren Chin	Surrey	11.10
1999	3	Jamie McNeil	West Midlands	11.69	3	Ben Edward-Inatami	Merseyside	11.23	3	Ove Akpofure	Derbyshire	11.10
2000	1	Jamie Gill	Staffordshire	11.28	1	Ugochi Anomelechi	Surrey	10.93	1	Tyrone Edgar	London	10.64w

2000	2	Sam Huggins	Hampshire	11.38	2	Rikki Fifton	London	10.94	2	Alexander Golding	Cleveland	10.69w
2000	3	Ben Hamblin	Norfolk	11.51	3	Peter Vickers	Cleveland	11.04	3	Karl Forde	West Midlands	10.72w
2001	1	Wade Bennett-Jackson	Sussex	11.07w	1	Matthew Ouche	Essex	10.60w	1	Aidan Syers	Surrey	10.51w
2001	2	Nedum Onuoha	Gtr. Manchester	11.09w	2	Clive Turner	Middlesex	10.69w	2	Laurence Oboh	Middlesex	10.66w
2001	3	Frank N'Goran	Essex	11.09w	3	Jamie McNeil	West Midlands	10.76w	3	Adebowale Ademuyewo	Lancashire	10.78w
2002	1	Alex Nelson	Staffordshire	11.54	1	Craig Pickering	Buckinghamshire	10.94	1	Jamie McNeil	West Midlands	10.92
2002	2	Chris Julien	Middlesex	11.57	2	Wade Bennett-Jackson	Sussex	11.12	2	Rikki Fifton	London	11.07
2002	3	Paul Crawford	Middlesex	11.61	3	Lewis Moisey	Nottinghamshire	11.21	3	Nathan Martin	Middlesex	11.15
2003	1	Gerald Phiri	South Yorkshire	11.07w	1	Alex Nelson	Staffordshire	10.63	1	Jamie McNeil	West Midlands	10.61w
2003	2	Joshua Baxter	Berkshire	11.16	2	Rion Pierre	Middlesex	10.75	2	Stuart Barnes	Hereford & Worcs	10.74w
2003	3	Danny Dooley	Surrey	11.2	3	Harry Aikines-Aryeetey	Surrey	10.83	3	Danny Topliss	Lincolnshire	10.77w
2004	1	James Alaka	Kent	11.14	1	Harry Aikines-Aryeetey	Surrey	10.73	1	Ryan Scott	Avon	10.75
2004	2	Yusuf Aliu	Cleveland	11.31	2	Rion Pierre	Middlesex	10.74	2	Simeon Williamson	Middlesex	10.80
2004	3	Richard Kilty	Cleveland	11.43	3	Luke Fagan	Middlesex	10.92	3	Tunde Balogun	London	10.80
2005	1	Antonio Infantino	Hertfordshire	11.3	1	Danny Dooley	Surrey	10.79	1	Craig Pickering	Buckinghamshire	10.46
2005	2	Jermaine Alexander	Surrey	11.31	2	Max Galliers	Berkshire	10.94	2	Ryan Scott	Avon	10.51
2005	3	Joshua Patrick	Berkshire	11.33	3	Richard Kilty	Cleveland	10.96	3	Rion Pierre	Middlesex	10.53
2006	1	Dijon Archer	London	11.2	1	Richard Kilty	Cleveland	11	1	Gerald Phiri	South Yorkshire	10.75
2006	2	Deji Tobais	Beds & L	11.28	2	Yusuf Aliu	Cleveland	11.12	2	Thomas Martin	Gtr. Manchester	10.95
2006	3	Tom Mosley	West Yorkshire	11.29	3	Olufunmi Sobodu	Sussex	11.12	3	Louis Kwakye	Essex	11.13
2007	1	Sulaiman Bangura	London	11.48	1	Andrew Robertson	Gtr. Manchester	10.72	1	Richard Kilty	Cleveland	10.73
2007	2	Victor Ade-Davis	London	11.54	2	Joshua Patrick	Berkshire	10.8	2	Christopher Craig	Lincolnshire	10.97
2007	3	Jonathan Birbeck	North Yorkshire	11.74	3	William Ife	Middlesex	10.8	3	Gareth Price	Hampshire	10.99
2008	1	Tunde Judun	London	11.10w	1	Deji Tobais	Beds & L	10.68	1	Harvey Byrne	Sussex	10.79
2008	2	David Bolarinwa	London	11.11w	2	William Ife	Middlesex	10.88	2	Brentton Smith	West Midlands	11.01
2008	3	Chevaughn Sherman	Buckinghamshire	11.19w	3	Dewayne Simms	Middlesex	10.9	3	Matthew Wekpe	London	11.02
2009	1	Jamie Wilkes	West Midlands	11.34	1	David Bolarinwa	London	10.88	1	Deji Tobais	Beds & L	10.63
2009	2	Ryan O'Sullivan	Essex	11.38	2	Omas Anyanwu	West Midlands	10.96	2	Cyle Carty	Surrey	10.74
2009	3	Anthony Jeffrey	Middlesex	11.42	3	Joel Williams	Buckinghamshire	11.1	3	Antoe Walters	Hertfordshire	10.82
2010	1	George Perkins	Essex	11.25	1	David Bolarinwa	London	10.77	1	Jordan Arthur	Middlesex	10.83
2010	2	Ronnie Wells	Somerset	11.26	2	Adam Gemili	Kent	10.99	2	Jacob Wilson	Oxfordshire	10.92
2010	3	Jack Lawrence	West Midlands	11.33	3	Tunde Judun	London	11	3	Peter Watling	Staffordshire	11.08
2011	1	Reuben Arthur	Middlesex	11.03	1	Kelvin Tairou	Essex	10.77	1	Jordan Toth	West Yorkshire	10.71
2011	2	Tommy Ramdhan	Kent	11.06	2	John Otugade	Middlesex	10.88	2	Ben Shields	South Yorkshire	10.84
2011	3	Zanson Plummer	London	11.11	3	Anton Daly	London	10.92	3	Leon Reid	Avon	10.84
2012	1	Owin Sinclair	Leics & R	10.92	1	Ronnie Wells	Somerset	10.81	1	Leon Reid	Avon	10.64
2012	2	Kevin Owusu-Mantey	London	11.25	2	George Perkins	Essex	10.87	2	Kwame Fordwor	Avon	10.74
2012	3	Ryan Gorman	Derbyshire	11.27	3	Jack Lawrence	West Midlands	10.88	3	Joshua Cox	Beds & L	10.76
2013	1	Kesi Oludoyi	Hertfordshire	10.84	1	Fawwaz Okunola	London	10.86	1	Roy Ejiakuekwu	Gtr. Manchester	10.61
2013	2	Camron Lyttle	Kent	11.15	2	Oliver Bromby	Hampshire	10.96	2	Joshua Cox	Beds & L	10.62
2013	3	Kishon Allen	Surrey	11.34	3	Tommy Ramdhan	Kent	10.96	3	Rhykiem Patterson	Hertfordshire	10.74
2014	1	Tyrese Johnson	Leics & R	10.91	1	Oliver Bromby	Hampshire	10.68	1	Jay Raradza	Derbyshire	10.75

2014	2	Kaie Chambers Brown	West Midlands	11.18	2	Kesi Oludoyi	Hertfordshire	10.85	2	Max Mondelli	Surrey	10.84
2014	3	Tyriq Bailey-Nicholls	Hereford & Worcs	11.21	3	Camron Lyttle	Kent	10.9	3	Theo Etienne	Hertfordshire	10.88
2015	1	Kyron Canny	Beds & L	11.1	1	Camron Lyttle	Kent	10.64w	1	Daniel Walsh	West Yorkshire	10.92
2015	2	Déjan Best-O'Connor	London	11.25	2	Kesi Oludoyi	Hertfordshire	10.73w	2	Salim Muhammad	Middlesex	10.92
2015	3	Niall Price	Shropshire	11.36	3	Eden Davis	Hertfordshire	10.79w	3	Jack Dearden	Norfolk	10.93
2016	1	Kyle Reynolds-Warmington	London	11.3	1	Kaie Chambers Brown	West Midlands	11.05	1	Camron Lyttle	Kent	10.98
2016	2	Joshua Oshunrinde	Suffolk	11.34	2	Charles Hilliard	West Midlands	11.07	2	Kesi Oludoyi	Middlesex	11.01
2016	3	Louis Appiah-Kubi	Gtr. Manchester	11.41	3	Robinson Okumu	Dorset	11.14	3	Eden Davis	Hertfordshire	11.06
2017	1	Jaleel Roper	Surrey	11.09	1	Daniel Afolabi	Gtr. Manchester	10.63	1	Samir Williams	Surrey	10.61
2017	2	Graig Anya-Joseph	Essex	11.17	2	Shevhone Lumsden	Middlesex	10.64	2	Camron Lyttle	Kent	10.62
2017	3	Andrew Nicolaou	Middlesex	11.27	3	Raphael Bouju	Beds & L	10.73	3	Maxwell Brown	Northamptonshire	10.66
2018	1	Graig Anya-Joseph	Essex	11.22	1	Raphael Bouju	Beds & L	10.66	1	Brandon Mingeli	Hertfordshire	10.83
2018	2	Marcus McLean	Gtr. Manchester	11.35	2	Destiny Ogali	Hertfordshire	10.88	2	Joe Ferguson	West Yorkshire	10.86
2018	3	Olutimilehin Esan	Sussex	11.4	3	Toby Makoyawo	Hertfordshire	11.03	3	Micah Francis-Dwyer	Surrey	10.88
2019	1	Reece Earle	Middlesex	11.1	1	Joel Pascall-Menzie	Essex	10.48	1	Destiny Ogali	Hertfordshire	10.70
2019	2	Freddie Arkell	London	11.18	2	Henry Nwoke	Merseyside	10.65	2	Daniel Brooks	Avon	10.73
2019	3	Basil Tuma	Berkshire	11.23	3	Michael Onilogbo	Essex	10.76	3	Praise Olalere	Lincolnshire	10.78
2021	1	Teddy Wilson	Middlesex	10.93	1	Rusciano Thomas-Riley	West Midlands	10.95	1	Tyler Panton	Surrey	10.72
2021	2	James Beecroft	Kent	11.23	2	Hagen Mzee	Berkshire	10.95	2	Suhuyini Osman	Surrey	10.79
2021	3	Reuben Anthony-Deyemo	Berkshire	11.29	3	Fabian Powell	Leics & R	10.97	3	Michael Onilogbo	Essex	10.81
2022	1	James Beecroft	Kent	11.15	1	Mekhi Spence-Forde	Middlesex	11.08	1	Reece Earle	Middlesex	10.92
2022	2	Joel Masters	Gloucestershire	11.42	2	Yaw Afirifah-Mensah	Derbyshire	11.12	2	Jack Gibbs	Hertfordshire	10.97
2022	3	Daniel Nuttall	Lancashire	11.44	3	Christopher Hughes	Essex	11.14	3	Joseph Nash	Middlesex	11.05
2023	1	Divine Iheme	Oxfordshire	11.06	1	Matthew Ajayi	Oxfordshire	10.78	1	Ezekiel Lowe	Kent	10.75
2023	2	Victor Redman	Kent	11.24	2	David Ellington	Middlesex	10.78	2	Henry Christer	Hampshire	10.76
2023	3	Luke Edwards	Shropshire	11.29	3	James Beecroft	Kent	10.81	3	Henry Thomas	Surrey	10.87
2024	1	Divine Iheme	Oxfordshire	10.74	1	Joel Ajayi	Essex	10.61	1	George Warburton	Gtr. Manchester	10.65
2024	2	Bronson Hearn-Smith	Essex	11.23	2	Sean O'Donnell	Leics & R	11.01	2	Amari-Jai Anderson	Kent	10.67
2024	3	Nathaniel Kalu	Kent	11.32	3	Bright Otiora	Middlesex	11.02	3	Dylan Williams	Essex	10.68
2025	1	Piers Spencer-Simms	Surrey	10.93	1	Divine Iheme	Oxfordshire	10.41	1	Dylan Williams	Essex	10.49
2025	2	Tristan Suberu	Kent	11.15	2	Owen Keenlyside	Middlesex	10.67	2	Bright Otiora	Middlesex	10.58
2025	3	Lawrence Foster	Essex	11.39	3	Finley McKittrick	Cleveland	10.79	3	Max Clark	Kent	10.61
2026	1	Emmanuel Ofori-Manteaw	Middlesex	10.99	1	Piers Spencer-Simms	Surrey	10.63	1	James Arminio	Gloucestershire	10,45
2026	2	Theo Dixon	Northumberland	11.16	2	Henrik Willett	Middlesex	10.65	2	Tyler Thompson	Middlesex	10.50
2026	3	Yohan Grant	Surrey	11.33	3	Jaydan Roberts-Edwards	Essex	10.75	3	Alec Williamson	Merseyside	10.56

JUNIOR

INTERMEDIATE

SENIOR

220 YARDS

220 YARDS

220 YARDS

1948	1	J. Moodie	Surrey	24.1	1	E. Davis	Berkshire	22.9	-	-	
1948	2				2	Alan Derry	Yorkshire		-	-	
1948	3				3				-	-	

1949	1	D. Sewell	Essex	23.6	1	George Ellis	Cumberland	22.7	-	-		
1949	2	M. Wenham	Surrey		2	A. Larvan	London		-	-		
1949	3	N. Mulholland	Cumberland		3	J. Jones	Surrey		-	-		
1950	1	R. Muspratt	Middlesex	24.8	1	John Crumplin	Surrey	23.6	1	Derek Johnson	Essex	22.6
1950	2	M. Evans	Dorset		2	T. Groome	Buckinghamshire		2	George Ellis	Cumberland	
1950	3	Donald Henderson	Northumberland		3	A. Evanchik	London		3	G. Davis	Berkshire	
1951	1	Rodney Duckett	Wiltshire	24.0	1	Ian Jones	Hampshire	22.7	1	George Ellis	Cumberland	21.8
1951	2	A. Howarth	Lancashire		2	Colin Buchanan	Surrey		2	Alan McGee	Surrey	
1951	3	A. Dalton	Kent		3	T. Groome	Buckinghamshire		3	J. Cowan	Sussex	
1952	1	J. Hepple	Durham	25.2	1	Mike J. Ruddy	Kent	24.1	1	M. Wotton	Devon	24.1
1952	2	G. Graham	Northumberland	25.5	2	John Hebdon	Surrey	24.2	2	Colin Buchanan	Surrey	24.3
1952	3	E. Pearse	Durham	25.5	3	K. Marrow	Lancashire	24.6	3	Bernard Curtis	Hampshire	24.5
1953	1	John Mitchell	Hampshire	24.3	1	David Segal	Middlesex	23.4	1	James Spooner	Essex	22.6
1953	2	Keith Hyden	Staffordshire	24.6	2	Brian Kinsey	Yorkshire		2	M. Wotton	Devon	22.6
1953	3	Peter Parlane	Northumberland	24.7	3	Derek Needham	Somerset		3	Jim Railton	Lancashire	22.9
1954	1	William Cale	Herefordshire	24.4	1	John Young	Warwickshire	23.2	1	James Spooner	Essex	22.4
1954	2	R. Gardner	Middlesex	24.5	2	Peter Anwyl	Lancashire	23.3	2	Brian Kinsey	Yorkshire	23.0
1954	3	Bruce Cox	Warwickshire	24.8	3	A. D. Maxton	Oxfordshire	23.4	3	John Brownhill	Nottinghamshire	23.3
1955	1	Nicolas J. Torry	Essex	24.3	1	William Micklewright	Staffordshire	23.5	1	John Young	Warwickshire	22.8
1955	2	G. R. Stubbs	Yorkshire	24.4	2	A. D. Maxton	Oxfordshire	23.7	2	G. R. Roxborough	Durham	23.7
1955	3	J. W. Leek	London	24.6	3	J. Game	Middlesex	23.9	3	Peter Fearnside	Cheshire	23.8
1956	1	Barry Jackson	Warwickshire	24.1	1	Robbie Brightwell	Shropshire	23.5	1	John Young	Warwickshire	22.5
1956	2	J. Underhill	Essex	24.4	2	Michael J. Donovan	Herefordshire	23.5	2	R. Smith	Sussex	23.0
1956	3	Royston Tigwell	Wiltshire	24.5	3	Bernard Gray	Lancashire	23.6	3	A. D. Maxton	Oxfordshire	23.2
1957	1	John Day	Kent	24.0	1	Melvyn Smith	Yorkshire	23.1	1	Robbie Brightwell	Shropshire	23.0
1957	2	S. Seaman	Buckinghamshire	24.2	2	Nicolas J. Torry	Essex	23.8	2	Jim Lohoar	Sussex	23.3
1957	3	R. L. Weston	Yorkshire	24.2	3	John Lovett	Hampshire	23.8	3	J. Stuart Thompson	Northumberland	23.4
1958	1	John Rutt	Nottinghamshire	24.0	1	John Day	Kent	23.2	1	Derek Price	Surrey	23.1
1958	2	Terry Linscer	Surrey	24.1	2	M. Scantlebury	Devon	23.6	2	C. Armstrong	Lancashire	23.1
1958	3	R. Evans	Lancashire	24.2	3	Adrian Metcalfe	Yorkshire	23.7	3	Nicolas J. Torry	Essex	23.1
1959	1	Edward Osborn	Sussex	23.3	1	Len Carter	Middlesex	23.0	1	Adrian Metcalfe	Yorkshire	22.5
1959	2	Terence Watson	Durham	23.7	2	A. Seaman	Buckinghamshire	23.2	2	Graham Plows	Yorkshire	22.5
1959	3	L. Chamberlain	Lancashire	23.9	3	M. Nobbs	Hampshire	23.2	3	Alan Gowers	Middlesex	22.8
1960	1	Maurice Hall	Durham	23.9	1	Terence Watson	Durham	22.7	1	Adrian Metcalfe	Yorkshire	22.4
1960	2	Brian Morgan	Middlesex	23.9	2	Edward Osborn	Sussex	23.0	2	Roger Impett	Warwickshire	22.9
1960	3	John Childs	Essex	24.0	3	David Edwards	Lancashire	23.0	3	R. Hooks	Cheshire	22.9
1961	1	John Smith	Derbyshire	23.4	1	Terence Watson	Durham	22.5	1	Roger Impett	Warwickshire	21.8
1961	2	Brian Morgan	Middlesex	23.4	2	Alan Abrahams	Middlesex	22.5	2	John Mason	Warwickshire	21.9
1961	3	Robert Taylor	Hampshire	23.6	3	Roger McEwan	London	22.8	3	S. Alan Martin	Cheshire	22.1
1962	1	Simon Davies	Yorkshire	24.4	1	Charles Mogg	Lancashire	23.2	1	Andy Ronay	Middlesex	22.4
1962	2	Stuart Williams	Warwickshire	24.5	2	John Smith	Derbyshire	23.3	2	Roy Sleigh	Devon	22.9
1962	3	L. Grinny	Yorkshire	24.5	3	John Southall	Staffordshire	23.4	3	Robin Jolliffe	Northamptonshire	22.9

1963	1	Simon Davies	Yorkshire	22.8	1	Nigel Rice	Buckinghamshire	22.7	1	Andy Ronay	Middlesex	21.9
1963	2	R. Woolley	Nottinghamshire	23.4	2	Raymond Legg	Essex	22.9	2	Richard Simonsen	Hampshire	22.1
1963	3	David Lawrence	Northumberland	23.5	3	John Southall	Staffordshire	23.0	3	Robin Jolliffe	Northamptonshire	22.4
1964	1	Roger Flanagan	Yorkshire	24.3	1	Simon Davies	Yorkshire	22.9	1	Richard Simonsen	Hampshire	22.1
1964	2	Michael Moulding	Yorkshire	24.4	2	David Lawrence	Northumberland	22.9	2	Nigel Rice	Buckinghamshire	22.3
1964	3	Jan Kaminski	Buckinghamshire	24.6	3	Mike Bolton	Warwickshire	23.1	3	John Southall	Staffordshire	22.3
1965	1	R. Moore	London	24.1	1	John Harrison	Cheshire	22.2	1	Christopher Mossop	Cumberland	22.1
1965	2	J. Dando	Middlesex	24.3	2	John Wilson	London	22.2	2	Brian Simms	Yorkshire	22.1
1965	3	P. Tait	Cumberland	24.4	3	Ralph Banthorpe	Staffordshire	22.4	3	Roger Bacon	London	22.8
1966	1	David Long	Durham	23.8w	1	Peter Wiltshire	Warwickshire	22.5w	1	Ralph Banthorpe	Staffordshire	21.6w
1966	2	Ray Neport	Hertfordshire	23.9w	2	Benjamin Bolton-Maggs	Norfolk	22.9w	2	John Harrison	Cheshire	21.7w
1966	3	J. King	Buckinghamshire	23.9w	3	Roger Flanagan	Yorkshire	23.1w	3	Brian Simms	Yorkshire	21.8w
1967	1	Keith Boothroyd	Yorkshire	24.5w	1	Colin Holmes	Staffordshire	23.6w	1	Ralph Banthorpe	Staffordshire	21.7
1967	2	Michael Emery	Berkshire	24.6w	2	Howard Bolton	Lancashire	23.7w	2	David Thomas	Essex	22.3
1967	3	D. Dodd	Hampshire	24.9w	3	J. King	Buckinghamshire	23.8w	3	John Harrison	Cheshire	22.7
1968	1	Keith Boothroyd	Yorkshire	23.7	1	Graham Hitch	London	23.0	1	John Harrison	Cheshire	22.0
1968	2	David Harrison	Lancashire	23.9	2	Robert Blaney	Cheshire	23.1	2	Trevor Rodwell	Gloucestershire	22.1
1968	3	P. Rose	Hertfordshire	24.2	3	J. King	Buckinghamshire	23.2	3	Steve White	London	22.2

200 METRES					200 METRES					200 METRES				
1969	1	Tony Davis	Middlesex	23.4	1	Tony Hadley	Warwickshire	22.4	1	Trevor Rodwell	Gloucestershire	22.2		
1969	2	B. Bowery	Surrey	23.8	2	MacDonald Blackman	Essex	22.4	2	Howard Bolton	Lancashire	22.2		
1969	3	M. Jones	Warwickshire	23.9	3	Anthony Rose	Middlesex	22.8	3	Ron Griffiths	Hertfordshire	22.4		
1970	1	Dennis Thompson	Cumberland	23.6	1	Tony Gershuny	Hertfordshire	22.8	1	MacDonald Blackman	Essex	22.2		
1970	2	Andrew Cameron	Yorkshire	23.8	2	David Artley	Yorkshire	22.9	2	John Gostelow	London	22.4		
1970	3	Les Hoyte	Middlesex	23.9	3	Keith Boothroyd	Yorkshire	23.2	3	Gordon Wood	Rutland	22.4		
1971	1	Andrew Barker	Hertfordshire	23.3	1	David Artley	Yorkshire	22.1	1	Tony Gershuny	Hertfordshire	21.7w		
1971	2	Roy Sanderson	Cambridgeshire	23.4	2	David Pink	Middlesex	22.1	2	Tony Hadley	Warwickshire	21.8w		
1971	3	Barry Palmer	London	23.4	3	Derry Otu	Kent	22.1	3	Keith Jackson	Cumberland	22.2w		
1972	1	Ian Johnstone	Cumberland	24.3	1	Roy Sanderson	Cambridgeshire	22.9	1	Keith Jackson	Cumberland	22.1		
1972	2	Hugh Charterton	Berkshire	24.7	2	John Cubitt	Northamptonshire	23.3	2	Derry Otu	Kent	22.2		
1972	3	Anthony Wingrove	Buckinghamshire	25.0	3	Paul Mottershead	Derbyshire	23.3	3	Tony Gershuny	Hertfordshire	22.3		
1973	1	Andy Parker	Sussex	23.6	1	Roy Sanderson	Cambridgeshire	22.5w	1	Terry Collins	Essex	21.6w		
1973	2	Robert Bishopp	Sussex	23.9	2	Ian Johnstone	Cumberland	22.9w	2	David Artley	Middlesex	21.7w		
1973	3	P. Murphy	Hampshire	23.9	3	Terry Whitehead	Essex	22.9w	3	Richard Meredith	Shropshire	22.3w		
1974	1	Mike Garmston	Staffordshire	23.5	1	Delroy Henry	Warwickshire	22.9	1	Paul Lavender	Surrey	22.2		
1974	2	Mike McFarlane	London	23.7	2	Chris Beswick	Nottinghamshire	22.9	2	Roy Sanderson	Cambridgeshire	22.6		
1974	3	David Mote	Surrey	23.8	3	Stuart Mynard	Leicestershire	22.9	3	Alan Bell	Yorkshire	22.7		
1975	1	Pat Stapleton	London	23.7	1	Mike McFarlane	London	22.8	1	Daley Thompson	London	22.6		
1975	2	A. Mather	South Yorkshire	24.1	2	Jim Crosby	Northumberland	23.1	2	Alan Bell	West Yorkshire	22.6		
1975	3	S. White	Hertfordshire	24.3	3	Joseph Tassell	London	23.3	3	Andrew Neves	Sussex	23.2		
1976	1	Stuart Lawrenson	Merseyside	23.4	1	Mike McFarlane	London	21.7	1	David Baptiste	Essex	22.1		

1976	2	Phil Brown	West Midlands	23.4	2	David Pike	Cambridgeshire	22.3	2	Andrew Neves	Sussex	22.1
1976	3	P. Thomas	Surrey	23.9	3	Wayne Yates	Gtr. Manchester	22.6	3	Roger Wint	Derbyshire	22.4
1977	1	Mark Fabes	Sussex	22.7w	1	Craig Adams	South Yorkshire	21.9w	1	Mike McFarlane	London	20.9w
1977	2	Phil Williams	Avon	23.1w	2	Anthony Drinkwater	Sussex	22.2w	2	Geoffrey Thorpe	Lancashire	21.7w
1977	3	Chris Wright	Bedfordshire	23.1w	3	P. Thomas	Surrey	22.2w	3	Neil Lake	Cheshire	22.0w
1978	1	Andrew Martin	Surrey	23.1w	1	Phil Brown	West Midlands	21.5w	1	Philip Cooke	Humberside	21.7w
1978	2	J. McCree	Hertfordshire	23.5w	2	Stuart Lawrenson	Merseyside	22.0w	2	C. Gore	Hereford & Worcs	21.7w
1978	3	Greg Williams	Merseyside	23.6w	3	Paul Edwards	London	22.5w	3	Barry Hughes	Leicestershire	21.8w
1979	1	Roger Hunter	West Midlands	23.3	1	Donovan Reid	London	22.2w	1	Phil Brown	West Midlands	21.5
1979	2	Steven Hoddle	Nottinghamshire	23.3	2	James Blake	Hertfordshire	22.3w	2	Linford Christie	London	21.8
1979	3	Derek Lovell	Middlesex	23.9	3	Mark Grzesiak	West Midlands	22.6w	3	Stuart Lawrenson	Merseyside	21.8
1980	1	Dale Hillery	Northamptonshire	23.5	1	Roger Hunter	West Midlands	22.4	1	Donovan Reid	London	21.9
1980	2	David Da Costa	Middlesex	23.6	2	Mark Grzesiak	West Midlands	22.7	2	James Blake	Hertfordshire	22.3
1980	3	Byron Harriott	Avon	23.6	3	Steven Hoddle	Nottinghamshire	22.8	3	Mark Towers	Gtr. Manchester	22.5
1981	1	Richard Ashby	Bedfordshire	23.2	1	Roger Hunter	West Midlands	21.9	1	Donovan Reid	London	21.5
1981	2	Ade Mafe	Middlesex	23.2	2	Michael Williams	Leicestershire	21.9	2	Rupert Williams	West Midlands	22.2
1981	3	Greg Norman	Cornwall	23.5	3	Steve Eden	Berkshire	22.2	3	Nick Pyle	Essex	22.4
1982	1	Dwight Samuda	Wiltshire	23.7	1	Dale Hillery	Northamptonshire	22.0	1	Lincoln Asquith	West Midlands	21.2
1982	2	Robert Johnson	Cumbria	23.7	2	Richard Ashby	Bedfordshire	22.2	2	Steve Eden	Berkshire	21.5
1982	3	R. Rollock	Surrey	23.7	3	Derrick Browne	West Midlands	22.5	3	Selwyn Philbert	Middlesex	21.7
1983	1	Chris Jagoe	Hampshire	23.2w	1	Ade Mafe	Middlesex	21.8w	1	Steve Eden	Berkshire	21.5w
1983	2	Thomas Gibson	West Yorkshire	23.2w	2	Richard Ashby	Bedfordshire	21.9w	2	Gary Thomas	Essex	21.6w
1983	3	Ian Goodall	Merseyside	23.3w	3	Preston Burns	Staffordshire	22.4w	3	Michael Williams	Leicestershire	21.7w
1984	1	Paul Bartley	West Midlands	23.2	1	Marcus Adam	London	22.4	1	Richard Ashby	Bedfordshire	21.5
1984	2	Ian Kenton	West Midlands	23.6	2	Paul Farrow	Cleveland	22.6	2	Richard Haizelden	Surrey	21.8
1984	3	Kola Ajose	Oxfordshire	23.9	3	Emerick Kaitell	Middlesex	22.7	3	Michael Williams	Leicestershire	21.9
1985	1	Richard Morton	Durham	23.5	1	Lloyd Stapleton	Middlesex	22.8	1	Richard Ashby	Bedfordshire	21.5
1985	2	R. Jackson	Surrey	23.5	2	Paul Bartley	West Midlands	22.8	2	Marcus Adam	London	21.9
1985	3	Damion Fletcher	Hereford & Worcs	23.6	3	Scott Dorset	Berkshire	22.8	3	George Sarkodie	Surrey	22.0
1986	1	Michael Williams	Hampshire	22.2	1	Alex Fugallo	London	22.0	1	Richard Ashby	Bedfordshire	21.1
1986	2	Tony Cairns	Staffordshire	22.3	2	Joe Lees	Derbyshire	22.6	2	Solomon Wariso	Middlesex	21.5
1986	3	Duncan Game	Avon	22.5	3	Gavin Jancke	Cumbria	22.7	3	Tim Silvester	Hertfordshire	22.0
1987	1	Dominic Lewis	Essex	23.3	1	Michael Williams	Hampshire	21.8	1	Peter Crampton	West Yorkshire	21.5
1987	2	Warren Gilder	Essex	23.6	2	Nigel Stickings	Kent	22.2	2	Lloyd Stapleton	Hertfordshire	21.8
1987	3	Graham Snell	Cleveland	23.6	3	Chris Blower	Devon	22.4	3	Alex Fugallo	London	21.8
1988	1	Stephen Buttler	Staffordshire	23.0	1	Mark Smith	Essex	22.4	1	John Kenny	Essex	22.0
1988	2	Arthur Onyejekwe	Kent	23.5	2	Andrew Evans	Cleveland	22.9	2	Jon Jackson	Avon	22.1
1988	3	Darren Campbell	Gtr. Manchester	23.5	3	Richard Howard	London	22.9	3	Joe Lees	Derbyshire	22.3
1989	1	Michael Nartey	Kent	22.8	1	Darren Campbell	Gtr. Manchester	21.9	1	Mark Smith	Essex	21.6
1989	2	Jeffery Anderson	Durham	22.8	2	Algernon Alexander	London	22.0	2	Barry O'Sullivan	Middlesex	21.9
1989	3	Hilton Thompson	Gtr. Manchester	22.9	3	Philip Cuffy	Hertfordshire	22.2	3	Richard Johnson	London	21.9
1990	1	Charles Gordon	Middlesex	22.7	1	Andrew Walcott	West Midlands	22.0w	1	Mark Smith	Essex	21.0

1990	2	Simon Bryant	Essex	23.0	2	Danny Joyce	Bedfordshire	22.3w	2	Michael Williams	Hampshire	21.5
1990	3	Guy Bullock	Lancashire	23.2	3	Norman Ellis	Kent	22.4w	3	Richard Johnson	London	21.5
1991	1	Mark Hylton	Berkshire	23.40	1	Danny Joyce	Bedfordshire	22.32	1	Darren Campbell	Gtr. Manchester	21.16w
1991	2	Jamie Sykes	South Yorkshire	23.41	2	Darren Walker	Cheshire	22.89	2	Richard Johnson	London	22.01w
1991	3	Robert Creese	London	23.49	3	Jeffrey Anderson	Durham	22.96	3	Gareth Davies	Derbyshire	22.11w
1992	1	Graham Beasley	Bedfordshire	23.12	1	Clayton Archer	Middlesex	22.61	1	Allyn Condon	Cheshire	21.44
1992	2	James Shipp	Norfolk	23.12	2	Stephen McHardy	West Midlands	22.62	2	Darren Walker	Cheshire	21.68
1992	3	Paul Park	Cumbria	23.27	3	Matthew Bridle	Cheshire	22.84	3	Paul Bolton	Gtr. Manchester	21.91
1993	1	Arif Shah	Leicestershire	22.93w	1	Graham Beasley	Bedfordshire	21.76w	1	Matthew Bridle	Cheshire	21.41w
1993	2	Jonathan Moss	Cheshire	23.05w	2	Daniel Money	Derbyshire	22.02w	2	Nigel Hamer	Derbyshire	21.82w
1993	3	Chris Blake	Gtr. Manchester	23.05w	3	Alan Leeming	Cumbria	22.13w	3	Steven Simmons	Essex	21.94w
1994	1	Steven Daly	Merseyside	22.26w	1	Graham Beasley	Bedfordshire	21.32w	1	Marlon Devonish	West Midlands	21.20w
1994	2	Andre Duffus	Middlesex	22.39w	2	Uvie Ugono	London	21.56w	2	Michael Champion	Kent	21.65w
1994	3	Robert Allenby	Humberside	22.46w	3	Chris Blake	Gtr. Manchester	21.64w	3	Matthew Bridle	Cheshire	21.75w
1995	1	Ben Lewis	West Midlands	22.40	1	Philip Perigo	South Yorkshire	21.69	1	Graham Beasley	Bedfordshire	21.59w
1995	2	Alex Chaffe	Derbyshire	23.09	2	Chris Blake	Gtr. Manchester	21.84	2	Cori Henry	Nottinghamshire	21.78w
1995	3	Daniel Plummer	Essex	23.12	3	Antonio Matarazzo	Gloucestershire	21.90	3	Kevin Farrell	Essex	22.01w
1996	1	Daniel Angus	Cleveland	22.48w	1	Darren Burley	London	21.50w	1	Mark Findlay	Essex	21.17w
1996	2	Tristan Anthony	Hertfordshire	22.65w	2	Ben Lewis	West Midlands	21.55w	2	Graham Beasley	Bedfordshire	21.20w
1996	3	Lee Bryan	Warwickshire	22.76w	3	Matthew Russell	Essex	21.89w	3	Philip Perigo	South Yorkshire	21.23w
1997	1	Tristan Anthony	Hertfordshire	22.35	1	Ben Lewis	West Midlands	21.38w	1	Darren Burley	London	21.82w
1997	2	Ben Inatami	Merseyside	23.10	2	Chris Lambert	London	21.79w	2	James Chatt	Kent	21.83w
1997	3	Tom Hyde	Bedfordshire	23.32	3	Ashley Alder	West Midlands	22.05w	3	Nicholas Dawson	Sussex	21.88w
1998	1	Laurence Oboh	Middlesex	22.74	1	Tristan Anthony	Hertfordshire	21.82w	1	John Stewart	Cleveland	21.42w
1998	2	Darren Watson	London	23.09	2	Tyrone Edgar	London	22.02w	2	Chris Lambert	London	21.55w
1998	3	Tom Hyde	Bedfordshire	23.11	3	Lee Bryan	Warwickshire	22.41w	3	James Chatt	Kent	21.83w
1999	1	David Riley	Northumberland	23.44	1	Tristan Anthony	Hertfordshire	22.00	1	Chris Lambert	London	21.25
1999	2	Ndubuisi Monye	Hampshire	23.71	2	Adam Rogers	Durham	22.08	2	David Smith	Cleveland	22.21
1999	3	Peter Harpham	South Yorkshire	23.84	3	Peter Bee	Derbyshire	22.28	3	Alexander Golding	Cleveland	22.23
2000	1	Simon Farenden	Derbyshire	22.26w	1	Monu Miah	London	21.58	1	Dwayne Grant	Surrey	21.20w
2000	2	Martin Blencowe	Sussex	22.43w	2	Laurence Oboh	Middlesex	21.65	2	Tim Abeyie	Surrey	21.48w
2000	3	James Ellington	London	22.67w	3	Aaron Aplin	Nottinghamshire	21.89	3	Vincent Davis	Gtr. Manchester	21.63w
2001	1	Julian Thomas	West Midlands	22.03w	1	Simon Farenden	Derbyshire	21.46	1	Tim Abeyie	Surrey	21.43w
2001	2	Jamahl Alert-Khan	Middlesex	22.28w	2	David Riley	Northumberland	21.67	2	Martin Roberts	Humberside	21.66w
2001	3	Marimba Odundo-Mendez	Hampshire	22.50w	3	Rikki Fitton	London	21.67	3	Adam Charlton	Cambridgeshire	21.66w
2002	1	David Hurst	Gtr. Manchester	22.95	1	Julian Thomas	West Midlands	21.65	1	Leon Baptiste	Middlesex	21.34
2002	2	James Sinclair	Northumberland	22.99	2	Jamahl Alert-Khan	Middlesex	21.77	2	Neil Mitchell	West Midlands	21.73
2002	3	Miles Marshall	Surrey	23.43	3	Alex Williams	West Midlands	22.05	3	David Riley	Northumberland	21.95
2003	1	Ricardo Francis	South Yorkshire	22.71w	1	Julian Thomas	West Midlands	21.54	1	James Ellington	London	21.08
2003	2	Sean Taylor	Northamptonshire	23.12w	2	Wade Bennett-Jackson	Sussex	21.66	2	Alex Williams	West Midlands	21.46
2003	3	Richard Batten	Essex	23.20w	3	Dean Daniel	Cleveland	21.54*	3	Paul Judson	Nottinghamshire	21.56
2004	1	Chris Clarke	Buckinghamshire	22.35	1	Gavin Comber	Kent	21.75w	1	Marimba Odundo-Mendez	Hampshire	21.65

2004	2	Precious Ojighoro	London	22.89	2	Daniel Haque	Kent	21.89w	2	Paul Judson	Nottinghamshire	21.77
2004	3	Alex Hannon	Middlesex	23.31	3	Gerald Phiri	South Yorkshire	22.03w	3	Alex Williams	West Midlands	21.86
2005	1	Tony Corrigan	Cheshire	22.36	1	Sean Taylor	Northamptonshire	21.82	1	Julian Thomas	West Midlands	20.98
2005	2	Lewis Rouault	Middlesex	22.46	2	James Alaka	Kent	21.92	2	Fahad Khan	Buckinghamshire	21.66
2005	3	Robert Hunt	Surrey	22.55	3	Kelvin Callender	Berkshire	22.20	3	Ricky Harris	West Midlands	21.94
2006	1	Robert Ogleby	West Midlands	23.13	1	Tony Corrigan	Cheshire	22.27	1	David Telfer	Middlesex	21.71
2006	2	Shamen Aloy-Langham	Lincolnshire	23.55	2	Chris Tandi	Hampshire	22.35	2	Danny Doyley	Surrey	21.83
2006	3	Alex Adcocks	Gtr. Manchester	23.65	3	James Alaka	Kent	22.36	3	Ben Stramkowski	Derbyshire	22.03
2007	1	Joe Hutchinson	Wiltshire	22.64	1	Antonio Infantino	Hertfordshire	21.73	1	Chris Tandi	Hampshire	22.07
2007	2	James Armstrong	Merseyside	22.86	2	Junior Ejehu	Middlesex	21.85	2	Femi Owolade	London	22.20
2007	3	Jordan Arthur	Middlesex	22.93	3	Lewis Rouault	Middlesex	22.00	3	Matthew Wekpe	London	22.20
2008	1	Akeem Akintokun	Essex	22.92	1	Rhion Samuel	Middlesex	21.78	1	Antonio Infantino	Hertfordshire	21.74
2008	2	Bradley Garmston	West Midlands	23.03	2	Kieran Showler-Davis	Hampshire	22.07	2	Chris Tandi	Hampshire	21.76
2008	3	Seamus Burke	Berkshire	23.30	3	Simeon Ramsey Graham	Surrey	22.27	3	Danny Talbot	Wiltshire	21.85
2009	1	Alex Kiwomya	South Yorkshire	22.66	1	Jordan Arthur	Middlesex	21.67	1	Junior Ejehu	London	21.35
2009	2	Nathan Hanson	London	22.78	2	Liam Clowes	Cheshire	21.85	2	Sebastian Tully-Middleton	Northamptonshire	21.37
2009	3	Josh Atille	Surrey	22.86	3	Jordan Kirby-Polidore	Essex	22.14	3	Danny Talbot	Wiltshire	21.58
2010	1	Alex Kiwomya	South Yorkshire	22.36	1	Edmond Amaning	London	22.04	1	Sam Watts	Cambridgeshire	21.10
2010	2	Michael Tapa	Merseyside	22.59	2	Alexander Bradnick	Hereford & Worcs	22.19	2	Jordan Kirby-Polidore	Essex	21.64
2010	3	Josh Platt	Cheshire	22.65	3	John Lutwyche	West Midlands	22.32	3	Tom Mosley	West Yorkshire	21.68
2011	1	Myles Richardson	Hampshire	22.41	1	Roy Ejiakuekwu	Gtr. Manchester	21.71	1	Jordan Kirby-Polidore	Essex	21.49
2011	2	Ryan Lee	Leics & R	22.44	2	Matthew Hudson-Smith	West Midlands	21.76	2	Liam Clowes	Cheshire	22.06
2011	3	Thomas Somers	North Yorkshire	22.70	3	Jack Crosby	Cleveland	22.06	3	Omolulu Abiodun	Essex	22.16
2012	1	George Makombe	Hampshire	22.89	1	Thomas Somers	North Yorkshire	21.51	1	Danny Heald	Gtr. Manchester	21.41w
2012	2	Abass Hemoh	Essex	22.94	2	Jermaine Hamilton	Essex	21.59	2	Matthew Hudson-Smith	West Midlands	21.41w
2012	3	Ezekiel Olusanya	London	23.14	3	Joel Harvey	Middlesex	21.91	3	Nathan Selby	Gtr. Manchester	21.46w
2013	1	Jona Efoloko	Gtr. Manchester	22.64	1	Ryan Gorman	Derbyshire	21.99	1	Matthew Hudson-Smith	West Midlands	21.14
2013	2	Brandon McCarthy	London	22.73	2	Caleb Downes	Northamptonshire	22.15	2	Ben Snaith	Cambridgeshire	21.23
2013	3	Marwan Alnoor	Hertfordshire	22.90	3	Ethan Metcalfe	Beds & L	22.34	3	Marvin Popoola	London	21.58
2014	1	Jona Efoloko	Gtr. Manchester	22.14w	1	Ryan Gorman	Derbyshire	21.53	1	Marvin Popoola	London	21.37
2014	2	Charles Hilliard	West Midlands	22.87w	2	Toby Harries	Sussex	21.65	2	Tommy Ramdhan	Hertfordshire	21.46
2014	3	Nathaniel Thomas	Middlesex	22.98w	3	Cameron Tindle	Northumberland	21.91	3	Elliott Powell	Leics & R	21.70
2015	1	Cameron Sprague	Avon	22.40	1	Jona Efoloko	Gtr. Manchester	21.58	1	Ryan Gorman	North Yorkshire	21.41
2015	2	James Andrews	Hereford & Worcs	22.74	2	Charles Hilliard	West Midlands	21.79	2	Nicky Stewart	Hertfordshire	21.94
2015	3	William Hughes	Lincolnshire	22.79	3	Connor Wood	West Yorkshire	22.02	3	Daniel Luke	Surrey	22.26
2016	1	Jaleel Roper	London	23.20	1	Romell Glave	Surrey	22.00	1	Connor Wood	West Yorkshire	21.53
2016	2	Jak Mensha	Middlesex	23.24	2	William Hughes	Lincolnshire	22.34	2	Mustafa Mahamuud	West Midlands	21.75
2016	3	Jayden Allarnby-John	West Midlands	23.35	3	Joe Lonsdale	Lancashire	22.39	3	Charlie Yearwood	Hertfordshire	21.95
2017	1	Jamall Walters	Gtr. Manchester	22.48	1	Dylan Da Costa	Surrey	22.22	1	Romell Glave	Surrey	21.15
2017	2	Julian Priest	Cambridgeshire	22.49	2	Cameron Sprague	Avon	22.32	2	Charlie Dobson	Essex	21.20
2017	3	Tariq Wild	Hertfordshire	22.61	3	Dylan Baldock	Surrey	22.38	3	Rhys Turner	Sussex	21.51
2018	1	Remi Jokosenumi	Middlesex	21.99	1	Dominic Ogbechie	London	21.74	1	Matthew Buckner	Berkshire	21.54

2018	2	Mario Dobrescu	Essex	22.36	2	Evan Blackman	Leics & R	21.85	2	Dylan Da Costa	Surrey	21.75
2018	3	Stephen Awuah Baffour	West Midlands	22.95	3	Derek Kinlock	Surrey	21.94	3	William Hughes	Lincolnshire	21.80
2019	1	Bailey Smith	Sussex	22.56	1	Jacob Spencer	Warwickshire	21.72	1	Toby Makoyawo	Hertfordshire	21.45
2019	2	Alex Leadbeater	Cheshire	22.71	2	Jeriel Quainoo	London	21.84	2	Bailey Swift	Northamptonshire	21.46
2019	3	Fabian Powell	Northamptonshire	22.88	3	Mario Dobrescu	Essex	21.90	3	James Hanson	Hertfordshire	21.54
2021	1	Ethan Miller	West Midlands	22.63	1	Joel Houslin	Hertfordshire	21.90	1	Cory Nealon	West Midlands	22.07
2021	2	Ayomide Fatoki	Buckinghamshire	22.97	2	Osaretin Ekoragbon	Gtr. Manchester	21.92	2	Olutimilehin Esan	Sussex	22.22
2021	3	Lewis Parsons	Cheshire	23.60	3	Albert Bradshaw	Gtr. Manchester	22.14	3	Stephen Awuah Baffour	West Midlands	22.28
2022	1	Xavier Taylor	Surrey	22.42	1	Kaylan Taylor	Middlesex	22.44	1	Joel Houslin	Middlesex	21.90
2022	2	Joseph Wheeler-Henry	Hertfordshire	22.46	2	Mackenzie Ritson	Avon	22.68	2	Edward Wilson	Avon	21.90
2022	3	Alejandro Gomez	Hampshire	22.76	3	Sullivan McLinden	Hertfordshire	22.70	3	Stephen Baffour	West Midlands	22.00
2023	1	Farrell Fabusiwa	Surrey	22.64	1	Ebuka Nwokeji	Northamptonshire	21.36w	1	Otis Irwin	Berkshire	21.88
2023	2	Joshua Finbow	South Yorkshire	23.47	2	Matthew Smart	Nottinghamshire	21.75w	2	Freddie Arkell	London	22.00
2023	3	Isaac Ehikhamhen	Gtr. Manchester	23.61	3	Joel Masters	Gloucestershire	21.87w	3	Joel Houslin	Middlesex	22.08
2024	1	Gabriel Oguagwu	Nottinghamshire	22.49	1	Farrell Fabusiwa	Surrey	21.48	1	Fabian Powell	Leics & R	20.80w
2024	2	Piers Spencer-Simms	Surrey	22.80	2	Sean Appiah	Essex	21.59	2	Rhys Elias	Nottinghamshire	20.91w
2024	3	Shannon Agada	Cleveland	22.99	3	Leon Francis	Surrey	21.81	3	Dylan Bhatti	Gloucestershire	21.48w
2025	1	Grindan Abrahams	Middlesex	22.12	1	Farrell Fabusiwa	Surrey	21.37	1	Ethan Franklin	Essex	20.85
2025	2	Anjelho Macabee-Rose	Surrey	22.37	2	Oluwatobi Ogundeko	Essex	21.44	2	Mayo Alabi	West Midlands	20.86
2025	3	Alex Osagie	Essex	22.95	3	Ethan Heggarty	West Yorkshire	21.70	3	Charles Unsworth	Lancashire	21.07
2026	1	Owain Osifo	Nottinghamshire	22.47	1	Grindan Abrahams	Middlesex	21.44	1	Sean Appiah	Middlesex	20.85
2026	2	Thierry Kerr	Gtr. Manchester	22.59	2	Gabriel Oguagwu	Nottinghamshire	21.70	2	Adam Ofeimun	Surrey	20.86
2026	3	Joshua McKenzie	West Midlands	22.63	3	Alex Osagie	Essex	21.81	3	Harrison Nash	Warwickshire	21.07

JUNIOR

INTERMEDIATE

SENIOR

440 YARDS

440 YARDS

440 YARDS

1948	1	Peter Martin	Sussex	54.8	1	Len Smith	Kent	54.0		-	-	
1948	2				2					-	-	
1948	3				3					-	-	
1949	1	Alan Mann	Yorkshire	54.9	1	Derek Johnson	Essex	50.6		-	-	
1949	2	Brian Hoyland	Yorkshire		2	Micky Balls	Middlesex			-	-	
1949	3	Bryan Davies	Hampshire		3	A. Whitaker	Yorkshire			-	-	
1950	1	Jimmy Doyle	Lancashire	55.9	1	H. Pinsent	London	53.5	1	Micky Balls	Middlesex	52.8
1950	2	B. Price	Hertfordshire		2	C. Collier	Middlesex		2	J. Offord	Middlesex	
1950	3	D. Allen	Essex		3	A. Chambers	Essex		3	K. Plummer	Northumberland	
1951	1	Peter Hollis	Leicestershire	55.0	1	Jim Richards	Nottinghamshire	51.4	1	Derek Johnson	Essex	49.1
1951	2	M. Middlemitch	Middlesex		2	P. Burt	Suffolk		2	Ted Buswell	Norfolk	
1951	3	Harry Railston	Northumberland		3	William Dawes	Yorkshire		3	Peter Casselton	Surrey	
1952	1	Roger Grounds	Somerset	56.4	1	Howard Smith	Staffordshire	52.8	1	William Warmington	Oxfordshire	50.9
1952	2	E. Stanley	Lancashire	57.4	2	Brian Morris	Sussex	52.9	2	C. Collier	Middlesex	51.1
1952	3	M. Smith	Kent	58.0	3	Harry Railston	Northumberland	53.9	3	Roger Baker	London	52.?

1953	1	Roger Grounds	Somerset	52.7	1	A. J. Gordon	Buckinghamshire	51.9	1	William Warmington	Oxfordshire	50.7
1953	2	Chris Turnham	Buckinghamshire	53.2	2	Harry Railston	Northumberland		2	John Morgan	Middlesex	52.4
1953	3	J. Game	Middlesex	54.0	3	John Davison	London		3	R. C. Skinner	Lancashire	54.0
1954	1	P. Lee	Middlesex	53.9	1	Roger Grounds	Somerset	51.7	1	Harold Smith	Worcestershire	50.6
1954	2	D. Woodhall	Yorkshire	54.2	2	Chris Turnham	Buckinghamshire	52.2	2	John Morgan	Middlesex	50.9
1954	3	M. Gothard	London	55.2	3	G. Harris	Warwickshire	52.7	3	M. Seddon	Dorset	52.2
1955	1	Michael J. Donovan	Herefordshire	53.9	1	Roger Grounds	Somerset	52.0	1	L. Painter	Kent	52.1
1955	2	C. Robinson	Lancashire	55.0	2	P. Lee	Middlesex	52.9	2	A. J. Gordon	Buckinghamshire	52.3
1955	3	R. Houlden	Somerset	55.3	3	Julian Crabb	Suffolk	53.0	3	R. Pope	Northumberland	53.5
1956	1	B. Thorniley	Devon	53.6	1	H. Malcolm Yardley	Leicestershire	51.4	1	Roger Grounds	Somerset	51.3
1956	2	L. Solomons	Surrey	54.7	2	A. Harrington	Oxfordshire	51.5	2	J. Brookes	Cheshire	51.4
1956	3	J. Patterson	Gloucestershire	55.6	3	J. Haynes	Surrey	52.2	3	Pat Johns	Cornwall	51.7
1957	1	A. Moss	Middlesex	53.8	1	H. Malcolm Yardley	Leicestershire	50.8	1	John Holt	Lancashire	51.0
1957	2	Geoffrey Baxter	Essex	53.9	2	John Stevens	Somerset	51.8	2	B. Moore	Yorkshire	51.6
1957	3	J. Bent	Northamptonshire	54.5	3	D. R. Pugh	Warwickshire	53.2	3	Norman Futter	Kent	51.8
1958	1	Roger Nicholson	Sussex	52.4	1	Wright Holland	Surrey	50.9	1	J. Baker	London	50.3
1958	2	R. Peacock	Cheshire	53.3	2	Patrick Glossop	Sussex	50.9	2	John Stevens	Somerset	50.7
1958	3	G. Petrie	Surrey	53.5	3	D. Parsley	Dorset	51.2	3	Peter Croysdill	Essex	51.0
1959	1	Anthony McCaffrey	Middlesex	51.4	1	Colin Davey	Devon	50.7	1	W. Malcolm Bussey	Yorkshire	50.6
1959	2	Roger Nicholson	Sussex	51.5	2	Mike Stowe	Gloucestershire	51.6	2	Victor R. Whitehouse	Staffordshire	51.3
1959	3	Michael Gilbert	Lancashire	53.3	3	R. Peacock	Lancashire	51.7	3	B. Durham	Essex	51.3
1960	1	Timothy Dore	Sussex	53.8	1	Anthony McCaffrey	Middlesex	49.9	1	Derek Farman	Norfolk	50.6
1960	2	T. Jones	Derbyshire	53.8	2	Graham Pigott	Surrey	51.6	2	Victor R. Whitehouse	Staffordshire	50.6
1960	3	B. Polden	Shropshire	54.2	3	Peter Marchbanks	Warwickshire	51.9	3	David Bartleet	Warwickshire	50.8
1961	1	Roger Hudson	London	53.1	1	Edmund Jenkins	Yorkshire	49.8	1	Colin Davey	Devon	49.7
1961	2	P. Hands	Nottinghamshire	54.1	2	Anthony McCaffrey	Middlesex	49.8	2	Roderic Smith	Gloucestershire	49.8
1961	3	Anthony Attewell	Leicestershire	54.2	3	Michael Gilbert	Lancashire	50.2	3	Alan Matthews	Warwickshire	50.1
1962	1	Leslie Willsher	Hertfordshire	51.3	1	Finbarr Fitzpatrick	Hampshire	50.2	1	Mike Hauck	Middlesex	50.4
1962	2	Roger Herbert	Buckinghamshire	52.2	2	Neil Palmer	Northamptonshire	51.0	2	Michael Gilbert	Lancashire	50.5
1962	3	I. Wilson	Yorkshire	52.6	3	Ronald Flower	Buckinghamshire	51.2	3	Graham Smith	Surrey	50.6
1963	1	Bruce Adams	Durham	51.6	1	Mike Fitzgerald	Norfolk	50.4	1	Mike Hauck	Middlesex	48.4
1963	2	W. Harris	Kent	52.1	2	Ian Shanks	Kent	50.8	2	Neil Palmer	Northamptonshire	49.8
1963	3	Laurence Tansley	Nottinghamshire	52.4	3	Roger Herbert	Buckinghamshire	51.1	3	Alan Pontin	Gloucestershire	50.8
1964	1	Alan Foggon	Durham	54.4	1	David Smale	Gloucestershire	51.0	1	Neil Palmer	Northamptonshire	48.8
1964	2	Adrian Wright	Staffordshire	54.5	2	Douglas Ricketts	Hertfordshire	51.7	2	Richard Farrimond	Yorkshire	49.3
1964	3	J. Fenn	Essex	54.6	3	Michael Cole	Yorkshire	51.9	3	John Childs	Essex	49.4
1965	1	Trevor Rodwell	Kent	52.8	1	Richard Green	Warwickshire	49.3	1	Martin Winbolt-Lewis	Wiltshire	48.7
1965	2	Matthew Mills	Warwickshire	53.4	2	Michael Cliff	Yorkshire	50.7	2	Richard Farrimond	Yorkshire	49.0
1965	3	John Gill	Warwickshire	54.2	3	Nicholas Clarke	London	51.9	3	Arnold Houghton	Yorkshire	49.9
1966	1	John Vernon	Cheshire	53.9	1	David Marchese	Surrey	50.8	1	John Wilson	London	49.5
1966	2	D. Harrison	Durham	53.9	2	Trevor Rodwell	Gloucestershire	51.2	2	Jan Luitsz	Surrey	49.5
1966	3	R. McNamara	Cumberland	55.8	3	Christopher Laws	Hampshire	51.7	3	Andrew Wallace	Durham	50.1

1967	1	P. Moore	Yorkshire	54.0	1	Trevor Rodwell	Gloucestershire	50.0	1	Andy Todd	Sussex	49.1
1967	2	Terry Bell	Berkshire	54.0	2	William Barrows	Kent	50.7	2	Richard Green	Warwickshire	49.9
1967	3	Patrick Weedon	Buckinghamshire	54.6	3	Robert Blaney	Cheshire	51.2	3	John Wilson	London	50.1
1968	1	James Lynch	Hampshire	54.3	1	Derek Price	Lancashire	50.6	1	Jonathan English	Derbyshire	48.7
1968	2	Keith Howlett	London	54.6	2	Martin Knowles	Yorkshire	51.7	2	Peter Matholie	Dorset	48.9
1968	3	J. Wilcock	Northumberland	54.9	3	Wayne Laryea	Sussex	52.3	3	John Wilson	London	49.2

400 METRES					400 METRES					400 METRES				
1969	1	John Williams	Hampshire	52.7	1	Peter Beaven	Lancashire	48.8	1	Edward Coffey	Essex	48.5		
1969	2	S. Barnes	Kent	53.6	2	Keith Howlett	Norfolk	50.1	2	Derek Price	Lancashire	48.8		
1969	3	Paul Sankey	Lancashire	53.7	3	Gordon Wood	Rutland	50.7	3	Joe Kirwan	Lancashire	49.0		
1970	1	Steve Overt	Sussex	51.8	1	Steve Marlow	Essex	49.7	1	Peter Beaven	Lancashire	48.6		
1970	2	P. Thomas	Hampshire	52.4	2	Keith Howlett	Norfolk	50.0	2	David Herron	Lincolnshire	49.2		
1970	3	Chris Norman	Lancashire	53.3	3	Patrick Johnson	London	50.2	3	Desmond Coneys	Lancashire	49.5		
1971	1	Timothy Cant	Hertfordshire	53.3	1	Robin Owen	Cambridgeshire	49.9	1	Peter Beaven	Lancashire	48.5		
1971	2	Peter Hughes	Sussex	53.7	2	Paul Williams	Hampshire	50.3	2	Paul Harris	Warwickshire	49.4		
1971	3	Martin Buchelle	London	54.1	3	Steve Overt	Sussex	50.4	3	Michael Hatch	Lancashire	49.9		
1972	1	Stephen Wells	Hertfordshire	52.5	1	Philip Grimshaw	Lancashire	50.2	1	David Price	Lancashire	48.8		
1972	2	Anthony Chapman	Yorkshire	52.8	2	Ian Featherstone	Kent	50.9	2	Glen Cohen	Staffordshire	49.8		
1972	3	Martin Francis	Lancashire	53.1	3	Richard Ashton	Cornwall	50.9	3	Leslie Watson	Middlesex	50.6		
1973	1	Graham Field	London	52.3	1	Martin Francis	Lancashire	52.4	1	Brian Jones	Lancashire	50.0		
1973	2	N. Booth	Surrey	54.0	2	Nigel Harris	Devon	52.9	2	John Ratcliffe	London	50.9		
1973	3	Karl Stannett	Warwickshire	54.0	3	A. Pugh	Worcestershire	53.0	3	Philip Grimshaw	Lancashire	50.9		
1974	1	Peter Wishart	London	53.7	1	Martin Francis	Lancashire	49.8	1	Brian Jones	Lancashire	48.2		
1974	2	Stefan Banasiewicz	Middlesex	54.3	2	Dale Bluemink	Yorkshire	49.9	2	Christopher van Rees	Essex	49.2		
1974	3	S. Hoffmann	Norfolk	55.0	3	Stephen Moriarty	Surrey	51.0	3	Richard Ashton	Cornwall	49.4		
1975	1	Augustine Mbanu	Gtr. Manchester	53.4	1	Gregory Stewart	Essex	50.2	1	Martin Francis	Gtr. Manchester	49.3		
1975	2	A. Wheelhouse	West Yorkshire	53.4	2	Robert Bishopp	Sussex	50.6	2	Philip Bray	Cornwall	49.3		
1975	3	S. McClaren	South Yorkshire	53.7	3	Iain Presnell	Kent	50.8	3	Alan Cearn	Essex	49.8		
1976	1	Michael Penn	Hertfordshire	53.0	1	Stephen Houlton	Humberside	49.3	1	Martin Francis	Gtr. Manchester	49.1		
1976	2	M. Cash	West Yorkshire	53.6	2	Audley Richards	Wiltshire	49.6	2	Gregory Stewart	Essex	49.6		
1976	3	M. Grief	Berkshire	54.3	3	David Mote	Surrey	50.1	3	Robert Bishopp	Sussex	49.8		
1977	1	Trenton Wiggan	South Yorkshire	53.1	1	Steven Field	West Midlands	50.4	1	Steve Wymark	Humberside	49.5		
1977	2	G. McKenzie	Kent	53.4	2	Augustine Mbanu	Gtr. Manchester	50.4	2	Dane Joseph	Essex	49.5		
1977	3	Steve Springer	Merseyside	53.6	3	Michael Penn	Hertfordshire	51.3	3	David Mote	Surrey	49.6		
1978	1	Alan Leonard	Hertfordshire	54.0	1	Sidique Ahamed	Lancashire	51.0	1	William Armstrong	Northumberland	50.3		
1978	2	John Weston	Middlesex	55.2	2	Mark Fabes	Sussex	51.0	2	Neil Jackson	Staffordshire	50.9		
1978	3	P. Donner	Oxfordshire	55.5	3	Paul Crole	Somerset	51.6	3	Christopher Jones	Oxfordshire	51.1		
1979	1	Simon Heaton	West Midlands	50.0	1	Mark Fabes	Sussex	49.0	1	Melvin Fowell	Staffordshire	47.9		
1979	2	Noel Goode	Surrey	50.9	2	Brian Ritchie	London	49.4	2	Eugene Gilkes	Kent	48.4		
1979	3	Nigel Davies	Gtr. Manchester	52.1	3	Paul Dunn	Merseyside	49.8	3	Steve Heard	Kent	48.5		
1980	1	Andrew Hebert	Cornwall	52.5	1	John Weston	Middlesex	48.6	1	Steve Heard	Kent	47.1		

1980	2	D. Duggan	Cleveland	52.9	2	Daniel Robinson	Gtr. Manchester	49.8	2	Eugene Gilkes	Kent	47.2
1980	3	David Tucker	Hampshire	52.9	3	John Probert	Surrey	50.3	3	Todd Bennett	Hampshire	48.2
1981	1	Neil Hart	Staffordshire	52.7	1	Chris Thompson	Gtr. Manchester	49.3	1	John Weston	Middlesex	49.0
1981	2	Mark Tyler	Hertfordshire	53.1	2	William Russell	Dorset	49.6	2	Chris McGeorge	Cumbria	49.2
1981	3	George Sarkodie	Surrey	53.1	3	Steven Hoddle	Nottinghamshire	49.7	3	John Probert	Surrey	49.8
1982	1	Mark Tyler	Hertfordshire	50.7	1	Kurt Moreby	Lincolnshire	49.0	1	Chris Thompson	Gtr. Manchester	47.3
1982	2	Kevin Ferry	Essex	52.3	2	Derek Redmond	Northamptonshire	49.5	2	John Probert	Surrey	48.1
1982	3	R. Williams	London	52.5	3	Andrew Hebert	Cornwall	49.8	3	Steven Garrett	Kent	48.8
1983	1	James O'Toole	West Yorkshire	52.6	1	Gary Cadogan	Middlesex	49.1	1	Steven Garrett	Kent	48.2
1983	2	Steven Rayfield	Kent	52.8	2	Tony Choudray	Somerset	49.5	2	Derek Redmond	Northamptonshire	48.3
1983	3	Matthew Randall	Hampshire	53.2	3	Mark Tyler	Hertfordshire	49.8	3	Kurt Moreby	Lincolnshire	48.5
1984	1	Paul Roberts	Surrey	52.3	1	Gary Patterson	Cumbria	48.5	1	David Lake	London	47.9
1984	2	Graeme Fell	Cheshire	53.5	2	Mark Tyler	Hertfordshire	49.0	2	Julian Thompson	Cumbria	48.1
1984	3	Tyrone Gilchrist	Hereford & Worcs	53.7	3	Michael Wride	Somerset	50.0	3	Gary Cadogan	Middlesex	48.1
1985	1	David McKenzie	Surrey	50.0	1	Gareth Bakewell	South Yorkshire	48.5	1	Julian Thompson	Cumbria	47.4
1985	2	Nicholas Bee	Hampshire	51.2	2	Michael Wride	Somerset	49.5	2	Mark Tyler	Hertfordshire	47.7
1985	3	Adam Sandford	West Midlands	52.6	3	Peter Crampton	West Yorkshire	49.6	3	John Rigg	Cheshire	48.1
1986	1	Richard Holt	Surrey	52.2	1	Wayne McDonald	Middlesex	48.6	1	Richard Hill	Humberside	48.0
1986	2	John Forrest	Kent	52.2	2	David McKenzie	Surrey	49.7	2	Gareth Bakewell	South Yorkshire	48.3
1986	3	Joseph Gibson	Devon	53.3	3	David Bigham	Essex	49.8	3	Jon Rowlands	Essex	48.9
1987	1	Adrian Patrick	Berkshire	52.9	1	David McKenzie	Surrey	49.0	1	Gareth Bakewell	South Yorkshire	47.8
1987	2	Peter Aldridge	Northamptonshire	53.0	2	Edward Williams	London	50.2	2	John Gercs	Warwickshire	48.4
1987	3	Myles Harrison	Surrey	53.7	3	Philip Smith	Middlesex	50.6	3	Richard Hill	Humberside	48.4
1988	1	Jamie Brown	Avon	51.1	1	Mark Richardson	Berkshire	47.6	1	David McKenzie	Surrey	47.8
1988	2	Dean Howard	Essex	51.7	2	Adrian Patrick	Berkshire	49.2	2	Edward Williams	London	48.7
1988	3	Daniel Reuby	Dorset	51.9	3	David Grindley	Gtr. Manchester	49.6	3	Calvin Henry	London	49.1
1989	1	Alec Unsworth	Cleveland	51.3	1	David Simpson	Sussex	48.2	1	Mark Richardson	Berkshire	47.3
1989	2	Geoff Mudge	Cornwall	51.8	2	Adrian Patrick	Berkshire	48.9	2	Dominic Grass	Bedfordshire	48.4
1989	3	Nick Tilson	West Midlands	52.7	3	Joe Lloyd	Devon	49.4	3	Edward Williams	London	48.6
1990	1	Cephas Howard	Hampshire	51.6	1	Elliot Brittain	Essex	50.3	1	David Grindley	Gtr. Manchester	47.8
1990	2	Tim Burrow	Sussex	52.3	2	Daniel Reuby	Dorset	50.4	2	Mark Richardson	Berkshire	48.3
1990	3	Stephen McHardy	West Midlands	52.6	3	Carl Southam	Leicestershire	50.8	3	Kent Ulyatt	Norfolk	48.5
1991	1	Cephas Howard	Hampshire	50.99	1	Guy Bullock	Lancashire	48.44	1	David Grindley	Gtr. Manchester	46.33
1991	2	Mark Cameron	Kent	52.08	2	Stephen McHardy	West Midlands	48.69	2	Allyn Condon	Cheshire	47.77
1991	3	Andrew Daniel	Hereford & Worcs	52.54	3	Paul Dunlop	Lancashire	49.81	3	Carl Southam	Leicestershire	47.90
1992	1	Craig Slater	Buckinghamshire	52.03	1	Guy Bullock	Lancashire	48.40	1	Carl Southam	Leicestershire	47.28
1992	2	Paul Harrison	Durham	52.81	2	Cephas Howard	Hampshire	49.67	2	Iwan Thomas	Lincolnshire	48.26
1992	3	Gavin Johnstone	Leicestershire	52.86	3	Nick Budden	Norfolk	49.97	3	Simon Claravella	Essex	48.79
1993	1	James Hilston	Surrey	52.48	1	Mark Hylton	Berkshire	49.15	1	Guy Bullock	Lancashire	46.30
1993	2	James Watts	Cheshire	52.79	2	Ryan Wilson	Warwickshire	50.12	2	Nick Budden	Norfolk	47.84
1993	3	Ken Elliott	Staffordshire	52.90	3	Adrian Brackstone	Cheshire	50.33	3	Paul Slythe	Kent	48.05
1994	1	Richard McNabb	South Yorkshire	52.13	1	Tim Slocombe	Dorset	49.71	1	Mark Hylton	Berkshire	47.09

1994	2	Jason Bale	Leicestershire	52.73	2	Laurence Baird	Humberside	49.96	2	Paul Slythe	Kent	47.27
1994	3	Nicholas Hooper	Somerset	52.97	3	James Hilston	Surrey	50.38	3	Nick Budden	Norfolk	47.78
1995	1	Ian Lowthian	Merseyside	51.26	1	James Hilston	Surrey	49.17	1	Mark Hylton	Berkshire	46.26
1995	2	Leon Connikie	Kent	51.78	2	Richard McNabb	South Yorkshire	49.26	2	Geoff Dearman	Middlesex	47.93
1995	3	Chris Bennett	Hampshire	52.18	3	Lee Black	Northamptonshire	49.47	3	James Shipp	Norfolk	48.44
1996	1	Paul Rawlinson	Merseyside	52.31	1	David Naismith	Derbyshire	48.43	1	Cori Henry	Nottinghamshire	46.50
1996	2	David Moulton	Surrey	52.37	2	Richard McNabb	South Yorkshire	48.71	2	Sean Baldock	Sussex	47.72
1996	3	Robert Atwell	Gloucestershire	52.56	3	Matthew Still	Hampshire	49.25	3	Remi Edu	Hertfordshire	47.93
1997	1	Michael Snow	Northamptonshire	50.78	1	Chris Bennett	Hampshire	48.94	1	Michael Parper	London	47.19
1997	2	James Angus	West Yorkshire	51.87	2	Richard Attlee	Berkshire	49.12	2	Lee Black	Northamptonshire	47.44
1997	3	Brian McIlroy	Merseyside	52.02	3	Ian Tinsley	Merseyside	49.15	3	James Hilston	Surrey	47.59
1998	1	Ryan Preddy	Gloucestershire	49.98	1	Aaron Evans	Kent	48.73	1	David Naismith	Derbyshire	48.24
1998	2	Daniel Petros	Middlesex	52.33	2	Gary Ankers	Durham	49.01	2	Adam Buckley	Cheshire	48.41
1998	3	Liam Frost	Derbyshire	52.40	3	Paul Roberts	Sussex	49.19	3	Chris Bennett	Hampshire	48.48
1999	1	Fola Onibije	Middlesex	50.67	1	Russell Nicholls	Hertfordshire	48.50	1	David Naismith	Derbyshire	46.45
1999	2	Daniel Petros	Middlesex	51.30	2	Robert Tobin	Hampshire	49.05	2	Adam Buckley	Cheshire	47.26
1999	3	Andrew Steele	Gtr. Manchester	51.55	3	Michael Snow	Northamptonshire	49.07	3	Ian Lowthian	Merseyside	47.39
2000	1	Richard Davenport	Gloucestershire	50.31	1	Robert Tobin	Hampshire	48.22	1	Sam Ellis	South Yorkshire	48.31
2000	2	David Vass	Norfolk	51.09	2	Martin Davolls	Hertfordshire	48.99	2	Lee Bryan	Warwickshire	48.53
2000	3	Craig Crawford-Glanville	Durham	51.46	3	Gavin Dublin	Surrey	49.44	3	Lee Holehouse	Shropshire	48.69
2001	1	Craig Crawford-Glanville	Durham	50.72	1	Andrew Steele	Gtr. Manchester	48.62	1	Robert Tobin	Hampshire	48.05
2001	2	Jonathan Hiorns	Hampshire	51.34	2	Robert Smith	Essex	49.41	2	Russell Nicholls	Hertfordshire	48.05
2001	3	Harold Buchanan	Gtr. Manchester	51.77	3	Richard Davenport	Gloucestershire	49.55	3	Martin Bradbury	South Yorkshire	49.15
2002	1	Lewis Robson	Durham	50.97	1	Simon Toye	Essex	48.13	1	Adam Charlton	Cambridgeshire	48.18
2002	2	Andrew Kelly	Merseyside	51.94	2	Richard Davenport	Gloucestershire	48.27	2	Gavin Dublin	Surrey	48.31
2002	3	Arran Topham	Lancashire	52.20	3	Victor Barzey	Kent	48.95	3	Philip Taylor	Lancashire	48.61
2003	1	Tom Duffield	Lincolnshire	51.08	1	Richard Buck	North Yorkshire	48.11	1	Simon Toye	Essex	47.85
2003	2	Robert Davis	West Midlands	51.97	2	Ryan Thomas	Surrey	48.78	2	Michael Coupland	Derbyshire	49.05
2003	3	William Hooton	Middlesex	52.30	3	Moyo Sankofa	London	49.52	3	Richard Parry	West Midlands	49.19
2004	1	Luke Smith	Wiltshire	51.72	1	Lewis Robson	Durham	48.20	1	Nick Leavey	Kent	47.78
2004	2	James Peden	Middlesex	52.03	2	Louis Sellers	Hampshire	48.58	2	Benjamin Higgins	Suffolk	47.87
2004	3	Preston Edwards	Hertfordshire	52.35	3	Arran Topham	Lancashire	48.71	3	Gareth Dodd	Hertfordshire	48.23
2005	1	Matthew Lumm	Essex	51.08	1	Chris Clarke	Buckinghamshire	47.55	1	Richard Buck	North Yorkshire	47.22
2005	2	Christopher Williams	Oxfordshire	51.10	2	Phillip Norfolk	Humberside	48.67	2	Set Osho	Sussex	47.54
2005	3	Jack Wallace	Buckinghamshire	51.34	3	Aaron Trim	Middlesex	48.67	3	Stephen Johnson	Berkshire	47.96
2006	1	Matthew Webster	Middlesex	50.18	1	Chris Clarke	Buckinghamshire	47.18	1	Louis Sellers	Hampshire	47.43
2006	2	Daniel Putnam	Kent	51.10	2	Louis Persent	Suffolk	48.33	2	Robert Davis	West Midlands	47.64
2006	3	Nathan Wake	Hertfordshire	51.51	3	Jordan McGrath	West Midlands	49.19	3	Adam Daish	Hertfordshire	47.82
2007	1	Thomas Bensted	Kent	51.07	1	Michael Warner	Nottinghamshire	48.56	1	Robert Davis	West Midlands	47.22
2007	2	Sunny AdebANJI	London	52.00	2	Nathan Wake	Hertfordshire	48.56	2	Louis Persent	Suffolk	47.74
2007	3	Soren Little	Hampshire	52.39	3	Harry Doran	Merseyside	48.95	3	Luke Smallwood	Kent	48.33
2008	1	Will Grist	Kent	50.05	1	Benjamin Sturgess	Northamptonshire	48.83	1	James Hunter	Merseyside	47.85

2008	2	Farren Morgan	Kent	50.43	2	Thomas Bensted	Kent	49.32	2	Markus Hunt	Hertfordshire	48.04
2008	3	Jordan Gillbanks	Cambridgeshire	51.53	3	Daniel Putnam	Kent	49.41	3	Matthew Harrison	Essex	48.29
2009	1	Clovis Asong	Gtr. Manchester	48.86	1	Luke South	South Yorkshire	49.65	1	Ross McDonald	West Midlands	48.04
2009	2	Omari Carr-Miller	Surrey	50.20	2	Christian Byron	West Midlands	49.66	2	Markus Hunt	Hertfordshire	48.26
2009	3	Danny Heald	Gtr. Manchester	50.62	3	Thomas Bensted	Kent	49.73	3	Michael Warner	Nottinghamshire	48.42
2010	1	Aaron Pitt	Norfolk	50.71	1	Joshua Street	Surrey	47.96	1	Daniel Putnam	Kent	48.04
2010	2	Jake Berney	Cambridgeshire	51.08	2	Alex Boyce	Merseyside	48.19	2	James Forman	Hampshire	48.08
2010	3	Dereece O'Callaghan	Beds & L	51.24	3	David Lagerberg	Nottinghamshire	48.27	3	Jarryd Dunn	West Midlands	48.32
2011	1	Daniel Gray	Humberside	49.79	1	Clovis Asong	Gtr. Manchester	47.39	1	George Caddick	Gtr. Manchester	47.83
2011	2	Stanley Livingston	Channel Islands	50.22	2	Danny Heald	Gtr. Manchester	49.06	2	David Lagerberg	Nottinghamshire	47.88
2011	3	Jacob Ness	Hampshire	51.57	3	Victor Dos Santos Soares	London	49.42	3	Dominic Smith	Berkshire	48.18
2012	1	Mahmood Khaisto	London	50.39	1	Nicholas Petrou	North Yorkshire	48.53	1	George Caddick	Gtr. Manchester	47.05
2012	2	Matthew Pagan	Cheshire	50.61	2	Dereece O'Callaghan	Beds & L	48.90	2	Clovis Asong	Gtr. Manchester	47.25
2012	3	Ajibola Aderemi	London	51.17	3	Ben Snaith	Cambridgeshire	48.95	3	Alex Boyce	Merseyside	47.84

300 METRES					400 METRES			400 METRES				
2013	1	Joseph Milton	Merseyside	35.70	1	Kim Sobotie	Hertfordshire	48.76	1	Elliot Rutter	Somerset	47.57
2013	2	Chenna Okoh Mason	Hertfordshire	36.15	2	Jacob Ness	Hampshire	48.84	2	Scott Atkinson	West Yorkshire	47.97
2013	3	Ben Sutton	Devon	36.41	3	Freddie Owsley	Avon	49.32	3	Jack Crosby	Cleveland	48.03
2014	1	Joseph Massimo	Surrey	35.21	1	Owen Richardson	Hampshire	48.32	1	Ben Snaith	Cambridgeshire	46.92
2014	2	Chenna Okoh Mason	Hertfordshire	35.63	2	Matthew Pagan	Cheshire	48.85	2	Nicholas Petrou	North Yorkshire	47.39
2014	3	Thomas Jasper	Northamptonshire	36.51	3	Finley Bigg	Sussex	49.36	3	Joseph Reid	Merseyside	47.66
2015	1	Thomas Evans	Lincolnshire	35.69	1	Ellis Greatrex	Shropshire	49.33	1	Daniel Gray	Humberside	47.18
2015	2	Adam Bator-Brown	Surrey	36.02	2	Psalm Roberts-Nash	West Midlands	49.44	2	Matthew Pagan	Cheshire	47.93
2015	3	Thomas Baines	Cheshire	36.20	3	Owen Richardson	Hampshire	50.12	3	Felix Teague	Shropshire	48.22
2016	1	William Andoh	London	35.91	1	Blaine Lewis-Shallow	Berkshire	48.33	1	Ben Claridge	Oxfordshire	47.83
2016	2	Rory Payn	Surrey	36.31	2	William Curtis	Durham	49.53	2	Psalm Roberts-Nash	West Midlands	48.08
2016	3	Evan Blackman	Leics & R	36.38	3	Sebastian Hartwell	Oxfordshire	49.85	3	Elliot Scott	Somerset	48.90
2017	1	George Sudderick	Surrey	35.98	1	Ethan Brown	Kent	48.22	1	Ellis Greatrex	Shropshire	47.82
2017	2	Kristian Samwell-Nash	Kent	36.18	2	Lewis Davey	Lincolnshire	48.52	2	Rory Keen	Gtr. Manchester	48.07
2017	3	Oliver Briars	Surrey	36.26	3	Thomas Evans	Lincolnshire	48.53	3	William Curtis	Durham	48.60
2018	1	Amir Sultan-Edwards	London	34.81	1	Ben Pattison	Hampshire	47.80	1	Ethan Brown	Kent	47.92
2018	2	George Sudderick	Surrey	35.12	2	Oliver Briars	Surrey	49.04	2	Lynden Olowe	Hampshire	48.32
2018	3	Joel Vernon	South Yorkshire	36.06	3	Joshua Hale	West Midlands	49.93	3	Ben Hawkes	Warwickshire	48.41
2019	1	Joe Wheeler	Cornwall	36.01	1	Alex Cooper	Nottinghamshire	49.01	1	Matthew Waterfield	Northumberland	48.72
2019	2	Calvin Smith	Norfolk	36.33	2	Oliver Briars	Surrey	49.39	2	Hakan Dalbal	West Yorkshire	48.98
2019	3	Ben Sinclair	Isle of Man	36.38	3	Jaiden Gaston	London	49.86	3	Moyo Sargent	Sussex	49.19
2021	1	Zico Jones	Middlesex	35.29	1	Calvin Smith	Norfolk	49.43	1	Reuben Henry-Daire	Berkshire	47.71
2021	2	Henry Parker	South Yorkshire	36.57	2	Ben Sinclair	Isle of Man	49.51	2	Nabil Tezkratt	Essex	47.85
2021	3	Noah Ridgeon	London	37.05	3	Tom Gaunce	Hertfordshire	49.81	3	Mark Roberts	Lancashire	48.40
2022	1	Sam Brown	Middlesex	36.33	1	Otis Irwin	Berkshire	49.02	1	Cameron McGregor	Warwickshire	47.64
2022	2	Freddie Hake	Surrey	36.56	2	Kevone Gallimore	Berkshire	49.31	2	Henry Channon	Oxfordshire	47.95

2022	3	Tobenna Okoro	Hampshire	36.57	3	Ben Greenleaf	Suffolk	49.44	3	Bayleigh Lawton	West Yorkshire	48.02
2023	1	Tobenna Okoro	Berkshire	36.48	1	Stan Chevous	Suffolk	48.42	1	Jake Minshull	Warwickshire	48.65
2023	2	Aidan Wright	Suffolk	37.60	2	Mickey Ayling	Suffolk	49.10	2	Alexander Beck	Hampshire	48.65
2023	3	Sam Steadman	Essex	37.95	3	Lucas Emeagi	Essex	49.80	3	Alex Houchin	Hereford & Worcs	49.35
2024	1	Simon Bordewich	North Yorkshire	35.51	1	Tobenna Okoro	Berkshire	49.00	1	Stan Chevous	Suffolk	48.17
2024	2	Laike Favier	Northamptonshire	36.63	2	Rowan Whittaker	North Yorkshire	49.56	2	Demari Gumbs	Berkshire	48.28
2024	3	Lino Goodwin	Staffordshire	36.74	3	Zac Reynolds	Hampshire	49.86	3	Rhys Bethell	Hertfordshire	48.71
2025	1	Tomasso Crosara	Surrey	35.93	1	Rowan Whittaker	North Yorkshire	47.54	1	Frederick Hake	Surrey	47.64
2025	2	Emil Friedrich	Channel Islands	36.30	2	Charlie Tong	Middlesex	47.98	2	Rory Summers	Devon	48.15
2025	3	Jericho Senior	Kent	36.44	3	Tobenna Okoro	Berkshire	48.66	3	Joe Flynn	Shropshire	48.32
2026	1	Trey Lindsay	Surrey	35.53	1	George Connery	Cheshire	48.86	1	Rowan Whittaker	North Yorkshire	47.84
2026	2	Taylor Kneen	Isle of Man	35.74	2	Jacob Narhkom	Essex	49.34	2	Matthew Agbolegbe	Essex	47.97
2026	3	Stanley Wilkinson	Hertfordshire	35.90	3	Micah Salmon	Kent	49.54	3	Daniel Skilbeck	Hertfordshire	48.43

JUNIOR					INTERMEDIATE					SENIOR				
880 YARDS					880 YARDS					880 YARDS				
1948	1	P. Bennett	Lancashire	2:11.2	1	Chris Stoneham	Surrey	2:03.2		-	-			
1948	2	J. Brown	Leicestershire		2	F. Simpson	Leicestershire			-	-			
1948	3	C. Stewart	Surrey		3					-	-			
1949	1	Ron Henderson	Northumberland	2:09.2	1	Roy Fearis	Essex	2:03.0		-	-			
1949	2	Neville Townsend	Leicestershire		2	D. Davison	Hertfordshire			-	-			
1949	3	B. Belton	Surrey		3	M. Davis	Berkshire			-	-			
1950	1	B. Fox	Cheshire	2:07.7	1	D. Anderson	Cheshire	2:05.8	1	D. Davison	Hertfordshire		2:01.0	
1950	2	T. Dunsdon	Essex		2	C. Redmond	Yorkshire		2	Chris Stoneham	Surrey			
1950	3	C. Spencer	Hertfordshire		3	M. Davis	Berkshire		3	J. McAndrew	Northumberland			
1951	1	George Smith	Oxfordshire	2:06.8	1	D. Anderson	Cheshire	2:06.8	1	R. Day	London		1:59.6	
1951	2	D. Knott	Surrey		2	P. Barton	London		2	Bob Coleman	Surrey			
1951	3	B. Buckley	Lancashire		3	J. Long	Buckinghamshire		3	J. Warren	Warwickshire			
1952	1	L. Officer	Kent	2:08.7	1	D. Fear	Middlesex	2:06.3	1	D. Anderson	Cheshire		2:02.0	
1952	2	W. Smith	Durham	2:09.6	2	Geoffrey Wilkinson	Hampshire	2:07.4	2	Hans Heins	Surrey		2:02.7	
1952	3	Alan Batchelor	Sussex	2:10.0	3	A. May	London	2:08.4	3	J. Brown	Warwickshire		2:03.4	
1953	1	Keith Davies	Buckinghamshire	2:06.4	1	Alan Batchelor	Sussex	2:03.7	1	Hans Heins	Surrey		2:01.0	
1953	2	Donald Nadin	Leicestershire	2:07.4	2	I. Dunn	Worcestershire		2	J. Scovell	Dorset		2:01.4	
1953	3	Brian Hollihead	Warwickshire	2:09.2	3	J. Davies	Surrey		3	S. Grimwade	Essex		2:01.5	
1954	1	Abe Green	Essex	2:05.5	1	Alan Batchelor	Sussex	2:02.5	1	Anthony Day	Cheshire		1:59.4	
1954	2	Graham Clark	Hampshire	2:07.2	2	John Webster	Yorkshire	2:02.0	2	M. Weller	Buckinghamshire			
1954	3	D. Luxom	Devon	2:08.0	3	W. Kent	Essex	2:04.2	3	Anthony Baigent	Berkshire			
1955	1	Eddie Forde	Lancashire	2:02.8	1	Paul Snape	Lancashire	2:04.5	1	Anthony Day	Cheshire		1:58.8	
1955	2	H. Malcolm Yardley	Leicestershire	2:03.8	2	Trevor Humphreys	Surrey	2:05.3	2	Gerald Batty	Kent		1:59.9	
1955	3	Terence Steele	Staffordshire	2:04.1	3	Roger Vanstone	Surrey	2:05.4	3	Alan Batchelor	Sussex		2:01.0	
1956	1	Peter Standen	Sussex	2:06.3	1	Michael Parry	Northamptonshire	1:57.9	1	Dennis Farnsworth	Yorkshire		1:58.1	

1956	2	Patrick Glossop	Sussex	2:06.5	2	Beverley S. Bolton	Lancashire	1:59.9	2	G. Bowden	Gloucestershire	1:58.3
1956	3	T. Radcliffe	Yorkshire	2:06.6	3	D. Humphreys	Hertfordshire	2:00.2	3	Peter Davie	Leicestershire	1:59.2
1957	1	Robin Rowland	Bedfordshire	2:02.8	1	Roger Givan	London	2:01.6	1	William Reid	Cheshire	1:59.1
1957	2	J. Stafford	Surrey	2:03.7	2	Beverley S. Bolton	Lancashire	2:03.0	2	David Hall	Yorkshire	1:59.2
1957	3	D. Davey	Oxfordshire	2:04.1	3	David Clark	Middlesex	2:03.6	3	David Johnson	Lancashire	2:00.2
1958	1	Graham Brown	Lancashire	2:02.1	1	Peter Standen	Sussex	1:56.7	1	David Huxley	Middlesex	1:56.2
1958	2	K. Emery	Essex	2:03.2	2	John Whetton	Nottinghamshire	1:58.6	2	David Johnston	Lancashire	1:56.6
1958	3	C. Harrington	Oxfordshire	2:04.4	3	Allan Fairbank	Yorkshire	1:59.6	3	William Reid	Cheshire	1:56.8
1959	1	Roy Mack	Shropshire	2:04.1	1	Jack Palmer	Yorkshire	1:58.8	1	John Whetton	Nottinghamshire	1:55.6
1959	2	K. Robinson	Cheshire	2:06.2	2	C. Chapman	Essex	2:00.5	2	Stuart Bailey	Huntingdonshire	1:55.9
1959	3	Michael McKenna	Durham	2:07.2	3	Christopher Carter	Sussex	2:00.5	3	Allan Fairbank	Yorkshire	1:56.4
1960	1	George Jones	Lancashire	2:00.8	1	Jack Palmer	Yorkshire	1:56.6	1	John Whetton	Nottinghamshire	1:56.7
1960	2	Frederick Roskilly	Middlesex	2:01.2	2	David Webb	Warwickshire	1:57.5	2	Terence Naish	Surrey	1:57.3
1960	3	Raymond Passey	Kent	2:03.2	3	Clive Elsom	Surrey	1:57.6	3	Robert S. Izon	Warwickshire	1:53.6
1961	1	Peter Travis	Sussex	2:07.0	1	Michael Bundy	Middlesex	1:56.5	1	Jack Palmer	Yorkshire	1:53.6
1961	2	Paul Roskelly	Cornwall	2:07.5	2	John Harding	Gloucestershire	1:57.3	2	Robert S. Izon	Warwickshire	1:57.1
1961	3	D. Lannigan	Cheshire	2:07.7	3	Peter Beacham	Gloucestershire	1:58.5	3	Christopher King	Devon	1:55.7
1962	1	Rupert Butterfield	Surrey	2:08.3	1	Peter Butlin	Lancashire	1:56.1	1	Christopher Hudson	Yorkshire	1:57.6
1962	2	M. Hodges	Kent	2:08.5	2	Michael Green	Essex	1:56.3	2	David Elderkin	Yorkshire	1:58.0
1962	3	M. Candlish	Durham	2:08.7	3	David Roberts	Devon	1:57.2	3	Robin Youngs	Norfolk	1:58.0
1963	1	Barry Parker	Cambridgeshire	2:01.1	1	Peter Abell	Lancashire	1:54.0	1	Timothy Taylor	Somerset	1:55.1
1963	2	John Peglau	Derbyshire	2:01.4	2	Dave Cropper	Nottinghamshire	1:55.7	2	John Archer	Essex	1:55.4
1963	3	C. Jones	Cheshire	2:02.2	3	Billett Potter	Bedfordshire	1:55.9	3	Michael Smith	Hampshire	1:56.3
1964	1	Adrian Fyfe	Hampshire	2:03.5	1	Robert Littlefield	Northumberland	1:56.6	1	Dave Cropper	Nottinghamshire	1:53.5
1964	2	Peter Shaw	Lancashire	2:04.0	2	Bob Steele	Warwickshire	1:57.0	2	Peter Butlin	Lancashire	1:53.8
1964	3	A. Copley	Yorkshire	2:05.9	3	Anthony Barrett	Bedfordshire	1:57.0	3	David Wright	Sussex	1:53.8
1965	1	Nick Brown	Northumberland	2:05.4	1	Bob Steele	Warwickshire	2:00.6	1	Billett Potter	Bedfordshire	1:54.1
1965	2	M. Bray	Lancashire	2:06.0	2	John Davies	Cheshire	2:00.6	2	David Wilcox	Nottinghamshire	1:55.1
1965	3	Ian Broomfield	Gloucestershire	2:06.0	3	Peter Shaw	Lancashire	2:03.3	3	John Gulson	Buckinghamshire	1:56.3
1966	1	Peter Hearnshaw	Derbyshire	2:05.4	1	David Wright	Northumberland	1:58.0	1	John Davies	Cheshire	1:52.9
1966	2	Robert Moss	Essex	2:05.4	2	Peter Shaw	Lancashire	1:58.7	2	Bob Steele	Warwickshire	1:53.7
1966	3	C. Jones	London	2:05.8	3	David Burden	Somerset	1:59.8	3	Martin Knowles	Lancashire	1:53.7
1967	1	David Lowes	Durham	2:08.0	1	Martin Mills	Warwickshire	1:57.6	1	David Burden	Somerset	1:53.8
1967	2	Michael Morris	Warwickshire	2:08.0	2	Mike Watkins	Warwickshire	1:59.4	2	John Greatrex	London	1:54.0
1967	3	A. Johnston	London	2:08.2	3	Dave Dutton	Cheshire	2:00.1	3	John Davies	Cheshire	1:54.4
1968	1	Michael Morris	Warwickshire	2:01.2	1	Robert Moss	Essex	1:58.3	1	Alan Sutton	London	1:52.6
1968	2	Paul Sharkey	Lincolnshire	2:03.6	2	Stephen Dodwell	Lancashire	1:59.4	2	Phil Lewis	Staffordshire	1:53.4
1968	3	J. O'Donnell	Yorkshire	2:04.1	3	William Wyllie	Cumberland	2:00.6	3	William Barrows	Kent	1:53.9

800 METRES				800 METRES				800 METRES				
1969	1	Paul Jackson	Cheshire	1:58.9	1	Desmond Coneys	Lancashire	1:54.9	1	Martin Mills	Warwickshire	1:50.8
1969	2	Chris Taylor	Surrey	2:00.7	2	David Lowes	Durham	1:55.1	2	William Barrows	Kent	1:51.0

1969	3	E. Dale	Middlesex	2:01.6	3	Patrick Weedon	Buckinghamshire	1:55.3	3	Erwin Hartel	Surrey	1:51.9
1970	1	Roger Newton	Hampshire	2:05.7	1	Tony Settle	Cheshire	1:57.2	1	Martin Mills	Warwickshire	1:53.0
1970	2	Gerard Fennell	Lancashire	2:06.6	2	Walcott Taylor	Essex	1:57.9	2	Ian Graham	Bedfordshire	1:55.2
1970	3	Pete Gronland	London	2:06.7	3	Graham Side	Middlesex	1:58.2	3	Stephen Dodwell	Lancashire	1:55.4
1971	1	Gary Jarvis	Norfolk	2:00.6	1	Neville Price	Essex	1:57.7	1	Tony Settle	Cheshire	1:52.5
1971	2	Wayne Tarquini	London	2:01.1	2	Alan Mottershead	Cheshire	1:58.4	2	Peter Carton	London	1:53.6
1971	3	Michael Naldrett	Cheshire	2:01.4	3	Roger Newton	Hampshire	1:58.6	3	Jim Carroll	Lancashire	1:54.0
1972	1	Stephen Turvey	Warwickshire	2:01.8	1	Steve Overt	Sussex	1:55.0	1	Jim Carroll	Lancashire	1:57.2
1972	2	Malcolm Edwards	Staffordshire	2:03.9	2	Michael Naldrett	Cheshire	1:58.0	2	Alan Mottershead	Cheshire	1:57.8
1972	3	Mark Bateman	Lancashire	2:04.2	3	Stephen Smith	Yorkshire	1:58.3	3	David Glasspool	Bedfordshire	1:58.1
1973	1	J. Sewell	Kent	2:04.9	1	Michael Naldrett	Cheshire	2:01.2	1	Christopher van Rees	Essex	1:57.0
1973	2	A. Godfrey	Essex	2:06.1	2	Wayne Tarquini	London	2:01.2	2	Geoffrey Smith	Lincolnshire	1:57.1
1973	3	Chris Shaughnessy	Warwickshire	2:06.6	3	Stephen Turvey	Warwickshire	2:02.2	3	Dennis Dorling	Surrey	1:57.2
1974	1	G. James	London	2:05.5	1	Malcolm Edwards	Staffordshire	1:55.3	1	Michael Naldrett	Cheshire	1:53.8
1974	2	D. Rose	Yorkshire	2:06.5	2	Garry Cook	Staffordshire	1:55.6	2	John Goodacre	Nottinghamshire	1:54.7
1974	3	G. McBean	Durham	2:07.5	3	Stephen Greaves	Hertfordshire	1:57.2	3	Martin Wilson	Somerset	1:55.2
1975	1	Ian Stewart	Buckinghamshire	2:02.0	1	Nick Brooks	Kent	1:56.4	1	Simon Morley	Sussex	1:53.3
1975	2	Andrew Lawrence	Durham	2:02.1	2	Colin Szwed	Warwickshire	1:57.1	2	Patrick McGrath	Avon	1:53.5
1975	3	Dave Galvin	Merseyside	2:02.1	3	Stephen Rebbeck	Kent	1:57.9	3	Garry Cook	West Midlands	1:53.7
1976	1	Tim Brennan	Surrey	2:01.6	1	Julian Spooner	Kent	2:00.6	1	Nick Brooks	Kent	1:50.8
1976	2	Chris McGeorge	Cumbria	2:02.1	2	Robert Berridge	Cumbria	2:01.1	2	Garry Cook	West Midlands	1:51.4
1976	3	N. Fairfax	South Yorkshire	2:03.5	3	G. Cummings	Middlesex	2:01.8	3	Steve Caldwell	Gtr. Manchester	1:51.6
1977	1	Peter Elliott	South Yorkshire	2:02.1	1	Julian Spooner	Kent	1:55.9	1	Colin Szwed	Warwickshire	1:51.4
1977	2	Mark Cartledge	Merseyside	2:02.6	2	Ian Stewart	Buckinghamshire	1:56.3	2	Nick Brooks	Kent	1:52.6
1977	3	Paul Potter	Staffordshire	2:04.2	3	Chris McGeorge	Cumbria	1:57.4	3	Ibrian Warsama	North Yorkshire	1:53.2
1978	1	Tony Jarman	Cambridgeshire	2:01.9	1	Chris McGeorge	Cumbria	1:55.5	1	Ibrian Warsama	North Yorkshire	1:56.1
1978	2	Paul Squires	Wiltshire	2:03.7	2	Peter Elliott	South Yorkshire	1:57.5	2	David Eglen	Surrey	1:57.3
1978	3	C. Wills	Northamptonshire	2:06.0	3	Tim Brennan	Surrey	1:59.7	3	Steve Bennett	Avon	1:57.5
1979	1	David Hoinville	London	2:02.7	1	Peter Elliott	South Yorkshire	1:52.2	1	Chris McGeorge	Cumbria	1:50.0
1979	2	Brian Martin	Wiltshire	2:03.7	2	Paul Wynn	Merseyside	1:55.3	2	Keith Bennett	Avon	1:52.3
1979	3	David Powell	Derbyshire	2:04.6	3	Mark Rowland	Sussex	1:55.9	3	Ian Stewart	Buckinghamshire	1:52.8
1980	1	M. James	Hertfordshire	2:00.7	1	Tony Jarman	Cambridgeshire	1:53.1	1	Gary Taylor	Middlesex	1:53.3
1980	2	Paul Beechinor	Sussex	2:02.0	2	Paul Wynn	Merseyside	1:53.2	2	Paul Potter	Staffordshire	1:53.6
1980	3	A. Jones	West Yorkshire	2:02.6	3	Colin Burton	Cambridgeshire	1:55.4	3	Mark Rowland	Sussex	1:54.0
1981	1	Eric Kimani	Middlesex	1:59.4	1	David Hoinville	London	1:57.8	1	Philip Vershuerew	Gtr. Manchester	1:52.5
1981	2	Kevin Merritt	Essex	2:00.6	2	Darryl Taylor	Gtr. Manchester	1:58.6	2	John Keyworth	Gtr. Manchester	1:53.1
1981	3	Glen Robertson	Cleveland	2:01.0	3	Ian Silvester	Leicestershire	1:58.8	3	Martin Clark	Sussex	1:53.4
1982	1	Mike Isherwood	Lancashire	2:02.4	1	Jon Bigg	Sussex	1:55.2	1	Gary Barber	Hampshire	1:50.3
1982	2	Robert Goodwin	Derbyshire	2:02.4	2	Paul Rowbotham	Kent	1:56.0	2	Ikem Billy	Merseyside	1:50.8
1982	3	Gary Patterson	Cumbria	2:02.8	3	Richard Vassall	Surrey	1:56.2	3	Gary Marlow	Berkshire	1:51.1
1983	1	Terry West	Northumberland	2:01.8	1	Albert James	Northumberland	1:56.2	1	Ikem Billy	Merseyside	1:52.9
1983	2	Mark Cooper	Cambridgeshire	2:02.1	2	Richard Toynton	Lincolnshire	1:57.2	2	Paul Rowbotham	Kent	1:54.7

1983	3	Andrew Stanley	Wiltshire	2:02.3	3	Keith Smith	Kent	1:57.5	3	Martin Smith	Hereford & Worcs	1:54.9
1984	1	Michael Alford	Wiltshire	2:00.3	1	David Gerard	Essex	1:52.0	1	Paul Rowbotham	Kent	1:54.6
1984	2	Gerry Maley	Northumberland	2:00.6	2	Paul Causey	Gtr. Manchester	1:53.1	2	Richard Toynton	Lincolnshire	1:54.8
1984	3	David Swanborough	Essex	2:00.7	3	Matthew Barnes	Hertfordshire	1:54.0	3	Adrian Iszatt	Surrey	1:55.2
1985	1	Paul Burgess	Gtr. Manchester	1:56.6	1	Kevin McKay	Gtr. Manchester	1:53.1	1	John Evans	Merseyside	1:51.3
1985	2	Ben Mabon	Gtr. Manchester	1:58.9	2	Andrew Standen	Hampshire	1:53.8	2	Mark Guegan	Channel Islands	1:52.1
1985	3	Nick Bentham	South Yorkshire	1:59.3	3	Nicholas Mannion	South Yorkshire	1:54.5	3	Johan Boakes	Sussex	1:52.9
1986	1	Craig Winrow	Lancashire	1:56.1	1	Paul Burgess	Gtr. Manchester	1:52.6	1	Richard Harley	Nottinghamshire	1:53.1
1986	2	Delroy Smith	Bedfordshire	1:57.1	2	Brian Brackstone	Hampshire	1:53.8	2	Terry West	Northumberland	1:53.2
1986	3	Piers Counsell	Dorset	1:58.1	3	Matthew Barker	Leicestershire	1:54.1	3	J. Goldthorpe	Kent	1:53.7
1987	1	Mark Sesay	West Yorkshire	2:01.1	1	Paul Burgess	Gtr. Manchester	1:53.5	1	Nick Smith	Lincolnshire	1:51.4
1987	2	John Holloway	Cheshire	2:02.6	2	Craig Winrow	Lancashire	1:53.5	2	Terry West	Northumberland	1:51.8
1987	3	Mark Bennett	Kent	2:04.5	3	Stephen Glover	Staffordshire	1:56.6	3	Matthew Yates	Essex	1:53.1
1988	1	Paul Mitchell	Hertfordshire	1:58.8	1	Craig Winrow	Lancashire	1:51.9	1	Terry West	Northumberland	1:49.6
1988	2	Jon Murray	Kent	1:59.3	2	Mark Sesay	West Yorkshire	1:52.6	2	Paul Burgess	Gtr. Manchester	1:51.2
1988	3	Bradley White	Middlesex	2:00.5	3	Peter Broadley	Nottinghamshire	1:54.3	3	Wesley Truran	Lancashire	1:51.4
1989	1	Richard Warburton	Staffordshire	1:59.8	1	Mark Sesay	West Yorkshire	1:53.5	1	Paul Burgess	Leicestershire	1:48.6
1989	2	Ian Mansfield	Lincolnshire	2:00.6	2	Matt Hibberd	Leicestershire	1:55.1	2	Peter Broadley	Nottinghamshire	1:50.4
1989	3	Joel Fraser	Sussex	2:01.4	3	Noel Edwards	Warwickshire	1:55.3	3	Andrew Lill	Cambridgeshire	1:51.0
1990	1	Chris Stringer	Gtr. Manchester	2:02.6	1	Jon Murray	Kent	1:54.6	1	Matt Hibberd	Leicestershire	1:53.4
1990	2	Chris Woods	Bedfordshire	2:02.9	2	Paul Walker	Merseyside	1:55.5	2	James Hook	Sussex	1:53.7
1990	3	Chris Beswick	Gtr. Manchester	2:03.1	3	Alex Bowden	West Yorkshire	1:55.7	3	Robert Yates	Lancashire	1:53.7
1991	1	Andrew Dale	Humberside	2:01.60	1	Andrew Parker	North Yorkshire	1:54.70	1	Mark Sesay	West Yorkshire	1:51.41
1991	2	Stuart Mayo	Sussex	2:02.12	2	Mark Griffin	Surrey	1:55.40	2	Ian Bertenshaw	Gtr. Manchester	1:52.23
1991	3	Matthew Clarke	Northamptonshire	2:02.52	3	Paul Cooper	Humberside	1:55.80	3	Sean Kelly	Humberside	1:52.69
1992	1	Russell Cartwright	Leicestershire	2:03.23	1	Chris Beswick	Gtr. Manchester	1:56.05	1	Mark Sesay	West Yorkshire	1:52.19
1992	2	Laurence Baird	Humberside	2:03.41	2	Chris Stringer	Gtr. Manchester	1:56.39	2	Paul Walker	Merseyside	1:52.28
1992	3	Simon Robinson	Cumbria	2:04.72	3	Chris Woods	Bedfordshire	1:58.35	3	Pat Galvin	Devon	1:53.04
1993	1	Neil Kirk	Kent	2:00.74	1	Gavin Mason	Surrey	1:55.36	1	Guy Clarke	Lancashire	1:53.69
1993	2	John Marshall	Dorset	2:01.09	2	Toby Dolman	Surrey	1:55.73	2	Chris Woods	Cleveland	1:53.94
1993	3	Stephen Briffett	London	2:01.60	3	Martin Makin	Gtr. Manchester	1:55.94	3	Andrew Parker	North Yorkshire	1:53.98
1994	1	Lee Hughes	Shropshire	2:00.88	1	Roger Morley	Lincolnshire	1:56.28	1	Andrew Parker	North Yorkshire	1:52.37
1994	2	Jonathan Salt	Leicestershire	2:02.38	2	Russell Cartwright	Leicestershire	1:56.84	2	Chris Woods	Cleveland	1:52.79
1994	3	Matthew Crompton	Durham	2:02.49	3	Andrew Thomas	Merseyside	1:56.89	3	Matthew Winter	Lancashire	1:53.03
1995	1	Barry Woodward	Nottinghamshire	2:00.61	1	Ryan Davoile	West Midlands	1:52.64	1	Tom Lerwill	Essex	1:50.49
1995	2	John Heanley	Berkshire	2:00.64	2	Neil Kirk	Kent	1:53.42	2	Roger Morley	Lincolnshire	1:52.59
1995	3	Jonathan Hockey	Essex	2:01.29	3	Stephen Briffett	London	1:55.04	3	Gavin Mason	Surrey	1:52.85
1996	1	Andrew Fulford	Wiltshire	2:01.00	1	Simon Eyre	Sussex	1:56.48	1	Chris Moss	Kent	1:52.19
1996	2	Colin Joyce	Essex	2:01.88	2	Dominic St. George	Berkshire	1:56.54	2	Michael East	Hampshire	1:52.57
1996	3	Richard Rohleder	Hertfordshire	2:04.07	3	Colin Young	Nottinghamshire	1:57.04	3	Stuart Wells	Hertfordshire	1:53.42
1997	1	Ketan Desai	Northumberland	2:00.00	1	Simon Eyre	Sussex	1:55.16	1	Neil Kirk	Kent	1:52.11
1997	2	Alex Spencer	Merseyside	2:01.10	2	Chris Mulvaney	Cumbria	1:55.28	2	Chris Moss	Kent	1:52.34

1997	3	Paul Ard	Leicestershire	2:01.10	3	Barry Woodward	Nottinghamshire	1:55.28	3	Matt Dixon	Lancashire	1:52.96
1998	1	Chris Stoves	Lancashire	2:02.66	1	Steven Frost	Essex	1:56.02	1	Ross Fittall	Gloucestershire	1:52.71
1998	2	Oliver Barrett	Suffolk	2:03.73	2	Nic Andrews	Devon	1:56.02	2	Paul Gilbert	Sussex	1:52.78
1998	3	Adam Davies	Hereford & Worcs	2:04.17	3	Nick McCormick	Northumberland	1:57.74	3	Ian Tinsley	Merseyside	1:52.97
1999	1	Richard Dowse	N Lincoln / E Yorks	2:01.79	1	Stephen Tompson	Suffolk	1:53.68	1	Nic Andrews	Devon	1:51.25
1999	2	Darren St Clair	Middlesex	2:03.18	2	Chris Stoves	Lancashire	1:54.71	2	Steven Frost	Essex	1:52.02
1999	3	Andrew Murdoch	Sussex	2:03.84	3	Michael Coltherd	Cumbria	1:55.57	3	Chris Bolt	Berkshire	1:52.59
2000	1	Michael Rimmer	Merseyside	1:58.14	1	Chris Stoves	Lancashire	1:56.98	1	Matthew Thomson	Avon	1:52.22
2000	2	Lee Bowron	Middlesex	1:59.83	2	Andrew Morton	Oxfordshire	1:58.12	2	Damien Moss	Northamptonshire	1:52.64
2000	3	Luke Hopson	Staffordshire	2:02.38	3	Liam McGowan	Gloucestershire	1:58.27	3	Andrew Fulford	Wiltshire	1:52.99
2001	1	Craig Bravington	Dorset	2:01.59	1	Michael Rimmer	Merseyside	1:55.71	1	Chris Stoves	Lancashire	1:52.96
2001	2	Ben Harding	Hampshire	2:02.45	2	Darren St Clair	Middlesex	1:56.15	2	Damien Moss	Northamptonshire	1:54.47
2001	3	Udobi Nzelu	Gtr. Manchester	2:04.13	3	Richard Dowse	Humberside	1:57.04	3	Ian Davey	Durham	1:55.00
2002	1	Grant Prendergast	Leics & R	2:01.66	1	Michael Rimmer	Merseyside	1:50.93	1	Chris Reynolds	Essex	1:50.18
2002	2	Abdi Igi	Middlesex	2:01.99	2	Ben Harding	Hampshire	1:54.68	2	Oliver Teasal	Derbyshire	1:50.56
2002	3	Sam Kissi	London	2:01.99	3	David Proctor	Gtr. Manchester	1:54.93	3	Ben Wiffen	Kent	1:51.18
2003	1	Jordon West	Cornwall	1:56.15	1	Grant Baker (Prendergast)	Leics & R	1:52.96	1	Chris Reynolds	Essex	1:49.51
2003	2	Christopher Smith	Merseyside	2:01.58	2	Ben Harding	Hampshire	1:53.86	2	Ben Wiffen	Kent	1:52.39
2003	3	Andrew Lagan	North Yorkshire	2:02.20	3	Jon Long	Essex	1:54.42	3	David Proctor	Gtr. Manchester	1:53.28
2004	1	Christopher Haines	Kent	1:58.16	1	Grant Baker	Leics & R	1:52.81	1	Steven Fennell	Essex	1:52.22
2004	2	Michael Cole	Devon	1:58.42	2	James Brewer	Gloucestershire	1:53.17	2	James Minter	Cleveland	1:52.37
2004	3	Christian Booker	Hereford & Worcs	1:59.17	3	Martin Gibbons	Nottinghamshire	1:53.88	3	Myles Barrett	Staffordshire	1:52.38
2005	1	Adam Moore	Berkshire	1:59.00	1	Jordon West	Cornwall	1:56.74	1	Kieran Flannery	Northumberland	1:52.23
2005	2	Abdirisak Ahmed	South Yorkshire	1:59.49	2	Andrew Lagan	North Yorkshire	1:57.35	2	Ed Aston	Cambridgeshire	1:53.41
2005	3	Toby Griffiths	Shropshire	2:01.62	3	Jean-Francois Lignier	Warwickshire	1:57.72	3	Myles Barrett	Staffordshire	1:53.83
2006	1	James Senior	Norfolk	1:56.71	1	Adam Moore	Berkshire	1:54.57	1	James Brewer	Gloucestershire	1:52.73
2006	2	Joshua Moody	Derbyshire	1:57.06	2	George Martin	Berkshire	1:55.34	2	Ed Aston	Cambridgeshire	1:53.05
2006	3	Charles Gunning	Cornwall	2:00.64	3	Michael Cole	Devon	1:55.98	3	Rick Ward	Norfolk	1:53.76
2007	1	Rikkie Letch	Surrey	1:59.88	1	Adam Moore	Berkshire	1:55.00	1	James Shane	Essex	1:51.26
2007	2	Paul Scanlan	Essex	2:00.27	2	Mukhtar Mohammed	South Yorkshire	1:55.11	2	Andrew Stanton	Durham	1:52.25
2007	3	Josh Oguntayo	Gtr. Manchester	2:02.36	3	Robbie Schofield	Lancashire	1:55.65	3	Michael Cole	Devon	1:52.25
2008	1	Sam Dykes	Cheshire	2:01.08	1	Rikkie Letch	Surrey	1:55.55	1	Adam Moore	Berkshire	1:51.93
2008	2	Jordan Maurice	Surrey	2:01.28	2	Adam Cotton	Staffordshire	1:56.02	2	Niall Brooks	Gtr. Manchester	1:52.06
2008	3	Tom Purnell	Gloucestershire	2:01.63	3	Sam Petty	Devon	1:56.67	3	Robbie Schofield	Lancashire	1:52.64
2009	1	Chris McGahan	Gtr. Manchester	2:01.11	1	Tom Guy	Staffordshire	1:54.76	1	Robbie Schofield	Lancashire	1:50.38
2009	2	Aaron Pitt	Norfolk	2:02.10	2	Ben Akin	Lancashire	1:55.39	2	Michael Di Laura	Sussex	1:52.35
2009	3	Hugo Fleming	Middlesex	2:02.17	3	Niall Maguire	Derbyshire	1:55.41	3	Guy Learmonth	Northumberland	1:52.79
2010	1	Sean Molloy	Kent	2:01.32	1	Tom Guy	Staffordshire	1:53.07	1	Sam Petty	Devon	1:51.07
2010	2	Joseph Lancaster	South Yorkshire	2:01.46	2	Ben Waterman	London	1:53.42	2	Zac Randall	Buckinghamshire	1:51.16
2010	3	Michael Wilson	Durham	2:02.07	3	Andrew Provost	Hampshire	1:53.84	3	Nick Lingley	Hertfordshire	1:51.57
2011	1	Jivendra Singh	Middlesex	1:58.80	1	Sean Molloy	Kent	1:52.85	1	Robert Needham	Nottinghamshire	1:51.75
2011	2	Harvey O'Brart	Hertfordshire	2:00.48	2	Jordan Bransberg	West Yorkshire	1:53.12	2	Zak Curran	Surrey	1:51.81

2011	3	Christian Von Eitzen	Oxfordshire	2:01.23	3	Dudley Mason	Hampshire	1:53.27	3	Niall Maguire	Derbyshire	1:51.87
2012	1	George Elliott	Essex	1:57.82	1	Kyle Langford	Hertfordshire	1:54.48	1	Zak Curran	Surrey	1:52.30
2012	2	Jethro McGraw	Derbyshire	1:58.70	2	Patrick Taylor	Buckinghamshire	1:54.73	2	Richard Charles	Middlesex	1:52.49
2012	3	Jamal Lewis	Beds & L	2:00.72	3	James McCarthy	Buckinghamshire	1:55.29	3	Robert Needham	Nottinghamshire	1:52.80
2013	1	James Fradley	Staffordshire	1:57.77	1	Christian Von Eitzen	Oxfordshire	1:53.37	1	Theo Blundell	West Midlands	1:55.13
2013	2	Thomas Randolph	Staffordshire	1:58.14	2	Daniel Rowden	Essex	1:53.75	2	Jack Gleave	Cheshire	1:55.53
2013	3	Markhim Lonsdale	Durham	1:58.68	3	Joseph O'Hara	Kent	1:53.82	3	Jonny Monk	Leics & R	1:55.63
2014	1	Keelan Wilson	South Yorkshire	2:01.13	1	Daniel Rowden	Essex	1:52.86	1	Sean Molloy	Kent	1:50.59
2014	2	Alex Botterill	North Yorkshire	2:01.29	2	Ben Claridge	Oxfordshire	1:53.56	2	Lewis Rawlings	Cambridgeshire	1:50.72
2014	3	William Crisp	Oxfordshire	2:01.37	3	Feysel Nadew	London	1:54.43	3	Spencer Thomas	Sussex	1:50.80
2015	1	Joshua Hulse	Suffolk	1:56.54	1	George Mills	North Yorkshire	1:53.53	1	Joseph O'Hara	Kent	1:52.43
2015	2	Harry Digby	Berkshire	1:57.67	2	Canaan Solomon	Essex	1:54.40	2	Adam Wright	Warwickshire	1:52.95
2015	3	Hayden Bailey	Wiltshire	1:57.81	3	Archie Davis	Sussex	1:54.41	3	Jacob Brown	Cheshire	1:53.83
2016	1	Max Burgin	West Yorkshire	1:56.85	1	Alex Botterill	North Yorkshire	1:52.61	1	Finley Bigg	Sussex	1:51.57
2016	2	Ben Pattison	Hampshire	1:57.03	2	Joshua Hulse	Suffolk	1:53.68	2	Daniel Mees	Cambridgeshire	1:51.87
2016	3	Adam Saul-Braddock	West Midlands	1:59.56	3	Ricky Lutakome	Surrey	1:53.70	3	James Fradley	Staffordshire	1:51.92
2017	1	Daniel Joyce	Durham	1:58.89	1	Oliver Dustin	Cumbria	1:51.07	1	Ricky Lutakome	Surrey	1:53.27
2017	2	Liam Blackwell	Lancashire	2:01.39	2	Max Burgin	West Yorkshire	1:51.32	2	William Crisp	Gloucestershire	1:53.64
2017	3	Gabriel Gisbourne	Derbyshire	2:01.66	3	Callum Dodds	Middlesex	1:54.05	3	Cameron Bell	South Yorkshire	1:54.26
2018	1	Jai Sispal	Warwickshire	1:59.99	1	Daniel Joyce	Durham	1:54.65	1	Oliver Dustin	Cumbria	1:49.74
2018	2	Aidan Lynch	Gtr. Manchester	2:00.67	2	Jack Higgins	Kent	1:54.97	2	Alex Birkett	Cumbria	1:50.94
2018	3	Arron Duncan	Sussex	2:01.15	3	Oliver Carvell	Shropshire	1:55.17	3	William Crisp	Gloucestershire	1:51.70
2019	1	Jake Minshull	Warwickshire	2:00.75	1	Daniel Joyce	Durham	1:53.30	1	Oliver Carvell	Shropshire	1:52.16
2019	2	Elliot Savage	Gtr. Manchester	2:00.90	2	Charlie Roberts	Merseyside	1:54.36	2	Ben Lee	Cheshire	1:52.37
2019	3	Christopher Perkins	Durham	2:01.48	3	Reece Sharman-Newell	Hampshire	1:54.55	3	Daniel Howells	Hampshire	1:52.51
2021	1=	Isaac Jessop-Tranter	Buckinghamshire	2:01.61	1	Danny Raymond	Essex	1:53.26	1	Jack Dickson	Middlesex	1:50.82
2021	1=	Jack Kinrade	Shropshire	2:01.17	2	Christopher Perkins	Durham	1:53.87	2	Mukhtar Musa	Middlesex	1:52.36
2021	3	Keeran Sriskandarajah	London	2:01.17	3	Edward Enser	Surrey	1:54.80	3	Archie Parkinson	Cambridgeshire	1:52.54
2022	1	Evan Grime	Gtr. Manchester	2:00.19	1	Miles Waterworth	Sussex	1:53.94	1	Sam Mills	Devon	1:55.41
2022	2	Theo Ronchetti	Kent	2:00.75	2	Oakley Denson	Buckinghamshire	1:54.07	2	Elliot Savage	Gtr. Manchester	1:55.48
2022	3	Charlie Haines	Avon	2:01.16	3	Jack Kinrade	Shropshire	1:54.18	3	Zak Old	Northumberland	1:55.77
2023	1	Findlay McLaren	Essex	1:58.00	1	Tom Waterworth	Cambridgeshire	1:55.79	1	Henry Jonas	Norfolk	1:56.38
2023	2	Evan Grime	Gtr. Manchester	2:00.11	2	Jack Kinrade	Shropshire	1:56.50	2	Miles Waterworth	Sussex	1:56.66
2023	3	Charlie Chambers	Hampshire	2:00.40	3	Jailan Sohna	Hereford & Worcs	1:57.05	3	Harry Ware	Hampshire	1:57.80
2024	1	Ewan Sparey	Avon	1:59.53	1	Rafferty Mirfin	West Yorkshire	1:55.93	1	William Rabjohns	Dorset	1:54.62
2024	2	Jack Baranowski	Lancashire	2:00.17	2	Cole McAndrew	West Yorkshire	1:56.68	2	Dillon Smith	Hertfordshire	1:55.51
2024	3	Callum Pearson	Staffordshire	2:00.76	3	Samuel Hembry	Hereford & Worcs	1:57.17	3	Will Steadman	Essex	1:55.63
2025	1	Oliver Bradford-Peck	Dorset	1:56.80	1	Magnus Riddell	Northumberland	1:51.77	1	Rafferty Mirfin	West Yorkshire	1:52.78
2025	2	Jake Davis	Bedfordshire	1:59.16	2	Ewan Sparey	Avon	1:52.10	2	Tom Waterworth	Cambridgeshire	1:53.37
2025	3	Adam Paget	Nottinghamshire	1:59.75	3	Charlie Chambers	Hampshire	1:52.91	3	Tobias Cheesbrough	Norfolk	1:54.53
2026	1	Leo Fry	West Midlands	1:56.87	1	Ewan Sparey	Avon	1:53.45	1	William Percival	Norfolk	1:51.29
2026	2	Thomas Hastings	West Yorkshire	1:56.98	2	Samuel Conkie	Cheshire	1:54.20	2	Jude Ryan	Nottinghamshire	1:51.49

2026	3	Michael Emmanuel	Berkshire	1:58.81	3	Noah Wood	Derbyshire	1:55.63	3	Theo Ronchetti	Kent	1:51.50
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JUNIOR					INTERMEDIATE					SENIOR				
1500 METRES					1500 METRES					1500 METRES				
1969	1	Gerald Cosgrave	Warwickshire	4:12.2	1	Barry Smith	Essex	3:55.9	1	Richard Hollings	Yorkshire		3:46.5	
1969	2	Geoff Arnell	Hertfordshire	4:12.9	2	Ian Whittle	Buckinghamshire	3:57.1	2	Ray Smedley	Warwickshire		3:47.2	
1969	3	Kevin Steere	Norfolk	4:13.5	3	Terry Colton	Nottinghamshire	3:59.0	3	Paul Dennis	Norfolk		3:48.7	
1970	1	Richard Green	Essex	4:09.9	1	David Glassborow	Warwickshire	3:57.5	1	Ray Smedley	Warwickshire		3:53.0	
1970	2	Stephen Durnall	Staffordshire	4:12.6	2	David Miller	Middlesex	3:58.7	2	Ian Whittle	Buckinghamshire		3:56.3	
1970	3	Barrie Moss	Nottinghamshire	4:13.0	3	Keith Iliffe	Leicestershire	4:02.2	3	David Lowes	Durham		3:56.8	
1971	1	Martin Wilson	Devon	4:09.2	1	Andrew Barnett	Hertfordshire	4:01.1	1	David Glassborow	Warwickshire		3:48.7	
1971	2	Graham Wallace	Durham	4:09.5	2	Richard Callan	Leicestershire	4:02.1	2	Charlie Spedding	Durham		3:48.8	
1971	3	Malcolm Plant	Cheshire	4:09.8	3	William Winter	Yorkshire	4:03.0	3	Nigel Gates	Somerset		3:54.3	
1972	1	Stephen Greaves	Hertfordshire	4:10.9	1	Richard Green	Essex	4:04.0	1	Graham Side	Middlesex		3:57.2	
1972	2	Patrick Fitzsimmons	Hertfordshire	4:16.9	2	Richard Callan	Leicestershire	4:04.1	2	Timothy Butt	Hertfordshire		3:59.2	
1972	3	Jonathan Cook	Warwickshire	4:17.5	3	Stephen Durnall	Staffordshire	4:05.6	3	Ian Martyn	Somerset		4:01.7	
1973	1	Kevin Boylan	Kent	4:08.6	1	Martin Wilson	Devon	4:03.6	1	Phil Dunn	Durham		3:57.8	
1973	2	Jeremy Lothian	Cornwall	4:09.8	2	Malcolm Plant	Cheshire	4:04.5	2	Stephen Lawrence	Lancashire		3:59.1	
1973	3	Eamonn Martin	Essex	4:14.2	3	Alan Eaton	Lancashire	4:04.5	3	Richard Callan	Leicestershire		4:01.3	
1974	1	Robert Slater	Leicestershire	4:15.5	1	Mark Bateman	Lancashire	3:58.4	1	Steve Emson	Staffordshire		3:52.2	
1974	2	James Mayhew	Middlesex	4:17.3	2	Peter Gower	Leicestershire	3:59.6	2	Richard Callan	Leicestershire		3:53.7	
1974	3	Roy Wood	Hertfordshire	4:17.3	3	Nicholas Rose	Warwickshire	4:01.1	3	Paul Williams	Kent		3:55.7	
1975	1	Chris Moul	Leicestershire	4:12.3	1	Eamonn Martin	Essex	4:01.0	1	Martin Wilson	Somerset		3:53.8	
1975	2	S. Jones	Norfolk	4:13.9	2	Timothy Hutchings	Sussex	4:01.8	2	Steve Emson	West Midlands		3:54.0	
1975	3	Stephen Moule	Cambridgeshire	4:16.6	3	Gary Nurse	Leicestershire	4:02.4	3	Christopher Sly	Middlesex		3:56.0	
1976	1	David Lewis	Lancashire	4:10.5	1	Adrian Martin	Durham	4:02.0	1	Sean Cahill	West Yorkshire		3:56.4	
1976	2	L. Crockett	Essex	4:12.4	2	Roy Wood	Hertfordshire	4:03.5	2	Graham Jackson	Sussex		3:56.8	
1976	3	Andy Craik	Kent	4:15.7	3	John Clark	Nottinghamshire	4:04.5	3	Stephen Kendall	West Midlands		3:59.5	
1977	1	Philip Hicken	Cheshire	4:09.6	1	Steve Cram	Durham	4:01.9	1	Keith Irvine	Gtr. Manchester		3:50.9	
1977	2	Kelvin Newton	Durham	4:11.2	2	Gary McCall	Kent	4:04.9	2	Gary Nurse	Leicestershire		3:51.4	
1977	3	Gary Taylor	Middlesex	4:13.2	3	Peter Dodds	Northumberland	4:05.8	3	Huw Shakeshaft	Hereford & Worcs		3:52.5	
1978	1	Paul Wynn	Merseyside	4:24.6	1	Paul Black	West Midlands	4:05.8	1	Steve Cram	Durham		4:03.6	
1978	2	David Brockwell	Berkshire	4:25.0	2	David Hughes	Merseyside	4:05.9	2	Gary Nurse	Leicestershire		4:03.9	
1978	3	Mark Colman	Cumbria	4:26.2	3	Ivor Jones	Cumbria	4:05.9	3	Roy Wood	Hertfordshire		4:04.8	
1979	1	Douglas Stones	Humberside	4:03.6	1	Paul Potter	Staffordshire	3:54.6	1	Steve Cram	Durham		3:46.2	
1979	2	David Bean	Kent	4:07.6	2	Gary Taylor	Middlesex	3:55.4	2	Jack Buckner	Nottinghamshire		3:51.4	
1979	3	Robert Farish	Kent	4:11.8	3	Mark Godfrey	West Yorkshire	3:59.9	3	Geoff Turnbull	Durham		3:54.4	
1980	1	Martin Peevor	Cleveland	4:09.4	1	David Brockwell	Berkshire	4:00.1	1	Paul Black	Staffordshire		3:54.4	
1980	2	Mark Howard	Sussex	4:12.5	2	Robert Farish	Kent	4:00.4	2	David Hughes	Merseyside		3:55.2	
1980	3	Mark Slowikowski	Surrey	4:13.5	3	Gary Corbett	Hereford & Worcs	4:00.5	3	William Dee	Hertfordshire		3:55.2	
1981	1	Richard Findlow	West Yorkshire	4:14.0	1	Clifton Bradeley	Staffordshire	4:00.8	1	Gary Taylor	Middlesex		3:50.9	

1981	2	Darren Neale	Kent	4:15.4	2	Ian Webster	Cambridgeshire	4:01.9	2	Paul Potter	Staffordshire	3:53.2
1981	3	Stephen Burton	Middlesex	4:16.0	3	Robert Farish	Kent	4:03.3	3	Andy Green	Cheshire	3:53.9
1982	1	Paul Hemmings	West Yorkshire	4:07.4	1	Martin Peevor	Cleveland	3:57.8	1	Alan Parr	Essex	3:53.6
1982	2	Paul Rutherford	Merseyside	4:09.2	2	Stephen Burton	Middlesex	3:58.3	2	Craig Mochrie	Leicestershire	3:54.2
1982	3	Richard Youngs	Cambridgeshire	4:09.2	3	Darren Neale	Kent	3:59.0	3	Clifton Bradeley	Staffordshire	3:55.1
1983	1	David Gerard	Essex	4:07.0	1	Richard Findlow	West Yorkshire	3:58.9	1	Tony Leach	South Yorkshire	3:49.6
1983	2	Darren Mead	Norfolk	4:13.2	2	Eric Kimani	Middlesex	4:00.1	2	Simon Fielding	West Yorkshire	3:49.6
1983	3	Matthew Sanders	Avon	4:16.7	3	James Clarke	Hertfordshire	4:00.9	3	Clifton Bradeley	Staffordshire	3:50.0
1984	1	Stuart Mathieson	Durham	4:09.1	1	Johan Boakes	Sussex	3:52.6	1	Clifton Bradeley	Staffordshire	3:45.9
1984	2	Kevin Holmes	Sussex	4:11.1	2	Richard Goddard	Gtr. Manchester	4:00.0	2	John Lucas	Northumberland	3:50.6
1984	3	Stephen Duffy	Merseyside	4:11.6	3	Gary Robbins	Essex	4:03.7	3	Darren Priestley	Essex	3:51.8
1985	1	Andrew Juby	Kent	4:10.5	1	Rob Denmark	Essex	3:57.5	1	Simon Pease	West Yorkshire	3:54.6
1985	2	Dean Andrews	Cornwall	4:13.6	2	Jason Lobo	Lancashire	3:59.0	2	John Robinson	Merseyside	3:55.1
1985	3	David Mattock	Devon	4:14.3	3	Matthew Sanders	Avon	4:00.8	3	Timothy Elton	Hampshire	3:55.9
1986	1	Mike Threadgill	Cleveland	4:07.7	1	Martin Forder	Kent	3:55.7	1	Johan Boakes	Sussex	3:46.4
1986	2	Peter Broadley	Nottinghamshire	4:08.2	2	Jason Lobo	Lancashire	3:57.3	2	Kevin McKay	Gtr. Manchester	3:46.7
1986	3	Gerrard White	Durham	4:09.1	3	Richard Leonard	Kent	3:58.1	3	Rob Denmark	Essex	3:52.0
1987	1	Steve Johnson	Merseyside	4:07.5	1	Steve Green	Gtr. Manchester	4:06.0	1	Kevin McKay	Gtr. Manchester	3:51.8
1987	2	Richard Hadley	Avon	4:07.7	2	Ian Grime	Gtr. Manchester	4:06.1	2	Jason Lobo	Lancashire	3:51.8
1987	3	Philip Credland	Humberside	4:07.9	3	David Mattock	Devon	4:06.2	3	Rob Denmark	Essex	3:52.4
1988	1	Toby Champion	Hampshire	4:09.5	1	Steve Johnson	Merseyside	3:59.0	1	Gavin Burren	Kent	3:57.6
1988	2	James Thomas	Somerset	4:15.8	2	Stuart Poore	Hampshire	3:59.6	2	Ian Gillespie	Avon	3:58.0
1988	3	Oliver Norman	Somerset	4:16.3	3	Ciaran Murphy	Gtr. Manchester	4:00.4	3	Jason Dullforce	Middlesex	3:58.0
1989	1	Dominic Hopson	Cheshire	4:10.8	1	Steve Johnson	Merseyside	3:52.9	1	Curtis Robb	Merseyside	3:50.4
1989	2	Andrew Farnworth	Lancashire	4:11.5	2	Richard Bunn	Lincolnshire	3:53.3	2	Andrew Keith	Hereford & Worcs	3:50.4
1989	3	Julian Hatcher	Cumbria	4:12.1	3	Matt Skelton	Kent	3:55.4	3	Jeremy Arnold	Hampshire	3:51.1
1990	1	Scott West	Leicestershire	4:13.1	1	Toby Champion	Hampshire	4:02.0	1	Curtis Robb	Merseyside	3:57.9
1990	2	Eddie Bowen	Warwickshire	4:14.7	2	Tim Crossland	North Yorkshire	4:02.9	2	John Mayock	South Yorkshire	3:59.1
1990	3	Kevin Hobbs	Surrey	4:16.4	3	Richard Edwards	Essex	4:03.8	3	Mark Sesay	West Yorkshire	4:01.1
1991	1	Stuart Bond	Derbyshire	4:11.80	1	Peter Robertshaw	North Yorkshire	4:04.17	1	Matt Skelton	Kent	3:56.03
1991	2	Ben Newson	Wiltshire	4:12.70	2	Jayne Adams	Cheshire	4:04.30	2	Shaun Gillam	Hampshire	3:56.43
1991	3	Gareth Creagh	Middlesex	4:14.20	3	Ross Tullock	North Yorkshire	4:05.28	3	Vince Wilson	Durham	3:56.49
1992	1	Dale Canning	Gtr. Manchester	4:14.10	1	Scott West	Leicestershire	3:59.90	1	Matt Hibberd	Leicestershire	3:51.10
1992	2	Paul Evans	West Midlands	4:14.51	2	Jan Staneke	Merseyside	4:00.40	2	Adam Duke	Somerset	3:51.27
1992	3	Mark Robinson	Gtr. Manchester	4:16.29	3	Kevin Farrow	Derbyshire	4:01.70	3	Vince Wilson	Durham	3:52.64
1993	1	Matt Dixon	Lancashire	4:15.24	1	Richard Mann	West Midlands	4:03.26	1	Bruno Witchalls	Surrey	3:51.75
1993	2	David Stanley	Hampshire	4:15.84	2	Tom Mayo	West Midlands	4:03.70	2	Neil Caddy	Cornwall	3:54.25
1993	3	Lee Garrett	Nottinghamshire	4:16.17	3	Dale Canning	Gtr. Manchester	4:03.81	3	Scott West	Leicestershire	3:55.07
1994	1	Ross Fittall	Gloucestershire	4:10.50	1	Dale Canning	Gtr. Manchester	4:01.41	1	Neil Caddy	Cornwall	3:50.82
1994	2	Sam Boden	Cambridgeshire	4:12.95	2	Paul Draper	Gtr. Manchester	4:03.20	2	Scott West	Leicestershire	3:55.01
1994	3	Simon Lees	West Midlands	4:14.48	3	Daniel Hyde	Devon	4:03.33	3	Tony Mate	Northumberland	3:56.41
1995	1	Jonathan Keith	West Yorkshire	4:08.18	1	Simon Burton	Nottinghamshire	4:01.54	1	Tom Mayo	West Midlands	3:53.05

1995	2	Gareth Melvin	Cumbria	4:12.31	2	Matt Dixon	Lancashire	4:02.14	2	Yacin Yusuf	Surrey	3:53.82
1995	3	Kieran Farrelly	Surrey	4:12.71	3	Chris Moss	Kent	4:02.79	3	Alister Moses	Surrey	3:54.16
1996	1	Richard King	West Yorkshire	4:13.59	1	Simon Lees	West Midlands	4:02.17	1	Matt Dixon	Lancashire	3:51.38
1996	2	Neil Gardner	Derbyshire	4:14.12	2	Sam Boden	Cambridgeshire	4:03.15	2	Russell Cartwright	Leicestershire	3:51.60
1996	3	Robert Laming	Kent	4:14.93	3	Alan Old	Durham	4:03.66	3	Andrew Graffin	Kent	3:52.28
1997	1	Mohamed Farah	Middlesex	4:06.41	1	Chris Bolt	Berkshire	4:00.21	1	James Thie	Avon	3:51.47
1997	2	Malcolm Hassan	Durham	4:10.40	2	William Goudie	Merseyside	4:02.31	2	Simon Burton	Nottinghamshire	3:51.58
1997	3	Chris Iddon	Gtr. Manchester	4:12.41	3	Russell Pittam	Sussex	4:03.17	3	Richard Vint	Hampshire	3:52.99
1998	1	Steven Ablitt	Lincolnshire	4:15.95	1	Richard King	West Yorkshire	3:59.39	1	Chris Bolt	Berkshire	3:51.86
1998	2	Amanuel T'shaye	Surrey	4:16.17	2	Matthew Thomson	Avon	3:59.39	2	Gareth Price	Surrey	3:55.02
1998	3	Jonathon Graham	Northumberland	4:16.84	3	Matthew Simkins	West Midlands	3:59.76	3	Richard Sinclair	Staffordshire	3:55.53
1999	1	Chris Reynolds	Essex	4:04.52	1	Mohamed Farah	Middlesex	3:55.78	1	Chris Livesey	Lancashire	3:51.18
1999	2	Shugri Omar	Middlesex	4:08.50	2	Malcolm Hassan	Durham	3:57.48	2	Chris Mulvaney	Cumbria	3:51.30
1999	3	Ahmed Ali	Essex	4:09.91	3	Ian Boneham	Lincolnshire	3:58.95	3	Angus MacLean	Hampshire	3:51.51
2000	1	Ahmed Ali	Essex	4:12.41	1	James Tydeman	Essex	4:03.07	1	Ricky Soos	Nottinghamshire	3:52.12
2000	2	Paul Simner	West Midlands	4:17.12	2	Chris Reynolds	Essex	4:03.90	2	Robert Barton	Lancashire	3:53.84
2000	3	Michael Smart	Middlesex	4:19.40	3	Mark Draper	Beds & L	4:04.19	3	Nick McCormick	Northumberland	3:54.18
2001	1	Alex Felce	Gloucestershire	4:08.20	1	Chris Reynolds	Essex	4:01.92	1	Ricky Soos	Nottinghamshire	3:52.63
2001	2	Tom Michaelson	Merseyside	4:15.11	2	Tom Lancashire	Gtr. Manchester	4:03.28	2	Mohamed Farah	Middlesex	3:54.51
2001	3	Hamish Robertson	Lincolnshire	4:16.41	3	Ben Wiffen	Kent	4:05.57	3	Robert Smith	Essex	3:55.69
2002	1	Adam Hickey	Essex	4:04.86	1	Anthony Moran	Gtr. Manchester	3:59.33	1	Tom Lancashire	Gtr. Manchester	3:48.91
2002	2	Laurence Cox	Hampshire	4:09.56	2	Lee Bowron	Middlesex	4:00.18	2	Lee Emanuel	Sussex	3:50.12
2002	3	Andrew Livingstone	Essex	4:10.65	3	Richard Newton	Lancashire	4:00.42	3	Tom Penfold	Oxfordshire	3:51.06
2003	1	Joshua Mulvany	Oxfordshire	4:15.16	1	Richard Newton	Lancashire	4:04.83	1	Tom Lancashire	Gtr. Manchester	3:47.78
2003	2	Gary Bradbury	Surrey	4:15.22	2	Tim Haughian	Middlesex	4:05.40	2	Alex Hodgkinson	Hertfordshire	3:51.63
2003	3	Gareth Allott	Staffordshire	4:16.40	3	Alex Felce	Gloucestershire	4:06.48	3	Kirk Wilson	Northumberland	3:53.41
2004	1	James Shane	Essex	4:07.15	1	Laurence Cox	Hampshire	3:58.22	1	Michael Smart	Hertfordshire	3:53.46
2004	2	Nathan Bibby	Lancashire	4:09.24	2	Iain Whitfield	Gloucestershire	4:00.01	2	Paul Erwood	Buckinghamshire	3:55.23
2004	3	George Martin	Berkshire	4:11.54	3	Jonathan Taylor	Cleveland	4:00.65	3	Alex Felce	Gloucestershire	3:55.65
2005	1	Ryan Parker	Beds & L	4:09.09	1	Gary Bradbury	Surrey	3:56.76	1	Alex Felce	Gloucestershire	3:56.70
2005	2	Daniel Clorley	Beds & L	4:10.46	2	Ricky Stevenson	Cleveland	3:58.19	2	Tom Marley	Devon	3:56.89
2005	3	Kurt Wolfe	Kent	4:10.90	3	David Forrester	Gtr. Manchester	3:58.74	3	Matt Wood	Lancashire	3:57.03
2006	1	Nathan Young	Somerset	4:09.43	1	James Shane	Essex	3:53.58	1	Gary Bradbury	Surrey	3:52.85
2006	2	David Smale	Essex	4:10.38	2	Richard Peters	Avon	3:53.60	2	Laurence Cox	Hampshire	3:53.11
2006	3	Oli Aitchison	Hampshire	4:10.85	3	Ross Millington	Gtr. Manchester	3:55.07	3	Michael Tallis	Wiltshire	3:53.21
2007	1	Elliott Woolmer	Surrey	4:13.16	1	Ross Murray	Northumberland	3:55.70	1	David Forrester	Gtr. Manchester	3:53.86
2007	2	Anthony Taylor	Essex	4:13.89	2	James Robinson	Norfolk	3:58.23	2	Gary Bradbury	Surrey	3:54.48
2007	3	Tom Curr	Gloucestershire	4:14.50	3	Jeremy Gilmour	Gtr. Manchester	4:00.31	3	Ian May	Middlesex	3:55.97
2008	1	Luke Carroll	Gloucestershire	4:07.46	1	Steven Cavey	Kent	4:01.88	1	Richard Peters	Avon	3:56.36
2008	2	Harvey Dixon	Hampshire	4:11.70	2	Alex Cornwell	Essex	4:02.87	2	Ross Murray	Northumberland	3:57.34
2008	3	Elliott Todd	West Yorkshire	4:11.97	3	Dale Clutterbuck	Essex	4:03.28	3	Daniel Clorley	Beds & L	3:58.62
2009	1	Michael McKeown	West Midlands	4:07.12	1	Luke Carroll	Gloucestershire	4:01.20	1	Alex Cornwell	Essex	3:50.95

2009	2	James Lamswood	Humberside	4:08.02	2	Connor Robinson	Cornwall	4:02.39	2	John McDonnell	Beds & L	3:51.19
2009	3	James McMurray	Hertfordshire	4:08.96	3	Liam White	London	4:02.96	3	Dale Clutterbuck	Essex	3:51.84
2010	1	Matthew Seddon	Berkshire	4:13.10	1	Charlie Grice	Sussex	3:52.25	1	John McDonnell	Beds & L	3:55.38
2010	2	Adam Howard	Gtr. Manchester	4:14.20	2	Harvey Dixon	Hampshire	3:53.94	2	Alex Cornwell	Essex	3:55.94
2010	3	Patrick Taylor	Buckinghamshire	4:14.51	3	Cameron Ross Boyek	Durham	3:54.76	3	Dale Worton	West Yorkshire	3:56.80
2011	1	George Duggan	Kent	4:08.46	1	Will Paulson	Gloucestershire	4:02.94	1	Charlie Grice	Sussex	3:53.70
2011	2	Jack Crabtree	Gtr. Manchester	4:09.86	2	James Lamswood	Humberside	4:04.26	2	Cameron Ross Boyek	Durham	3:54.32
2011	3	Paulos Asgodom	Middlesex	4:12.24	3	Michael Bleasby	Durham	4:05.25	3	Richard Charles	Middlesex	3:54.53
2012	1	James Taylor	Merseyside	4:07.40	1	Matthew Shirling	Merseyside	3:49.15	1	Robbie Farnham-Rose	Kent	3:49.09
2012	2	Joshua Schofield	North Yorkshire	4:09.59	2	Liam Dee	Hertfordshire	3:53.34	2	Matthew Fayers	Middlesex	3:49.25
2012	3	Jamie Dee	Hertfordshire	4:10.49	3	Jack Crabtree	Gtr. Manchester	3:56.85	3	James McMurray	Hertfordshire	3:50.24
2013	1	Ben Dijkstra	Leics & R	4:09.38	1	George Duggan	Kent	4:04.84	1	Will Paulson	Gloucestershire	3:49.48
2013	2	Tom Dodd	West Midlands	4:10.54	2	Petros Asgodom	Middlesex	4:05.48	2	James McMurray	Hertfordshire	3:51.46
2013	3	Rob Huckle	Cambridgeshire	4:10.65	3	Daniel Evans	Cheshire	4:06.55	3	Robbie Fitzgibbon	Sussex	3:52.79
2014	1	Max Pearson	Northumberland	4:06.50	1	Markhim Lonsdale	Durham	3:55.93	1	Robbie Fitzgibbon	Sussex	3:48.67
2014	2	Matthew Willis	Cheshire	4:07.49	2	Chris Cohen	Kent	3:56.31	2	Scott Halsted	Berkshire	3:50.49
2014	3	Matthew Rawlings	Berkshire	4:08.36	3	Dan Ray	Channel Islands	3:57.10	3	Liam Dee	Hertfordshire	3:50.52
2015	1	Kai Atkins	Lancashire	4:10.53	1	Benjamin Davies	Beds & L	4:01.83	1	George Duggan	Kent	4:01.07
2015	2	Tom Eames	Sussex	4:10.76	2	Tom Dodd	West Midlands	4:02.38	2	James McCarthy	Buckinghamshire	4:01.76
2015	3	Mohamed Mohamud	London	4:12.57	3	Archie Rayner	Nottinghamshire	4:03.65	3	Miles Weatherseed	Kent	4:02.31
2016	1	Luke Van Oudtshoorn	Surrey	4:08.47	1	Jeremy Dempsey	Hertfordshire	4:00.08	1	Benjamin Davies	Beds & L	3:52.80
2016	2	Oliver Carvell	Shropshire	4:09.12	2	Matthew Rawlings	Berkshire	4:00.21	2	James Gormley	South Yorkshire	3:52.99
2016	3	Alfie Bould	Cheshire	4:09.13	3	Max Pearson	Northumberland	4:00.50	3	Piers Copeland	Dorset	3:59.55
2017	1	Ethan Hussey	North Yorkshire	4:07.63	1	Yusuf Bizimana	Essex	4:00.60	1	Hamza Kadir	Middlesex	4:00.20
2017	2	Henry Johnson	Durham	4:09.05	2	Jacques Maurice	North Yorkshire	4:01.18	2	Tiarnan Crocken	Lancashire	4:00.32
2017	3	Mohamed Ali	Middlesex	4:09.43	3	Thomas Patrick	Hertfordshire	4:01.84	3	Benjamin Davies	Beds & L	4:00.88
2018	1	Felix Vaughan	Surrey	4:11.63	1	Ethan Hussey	North Yorkshire	4:01.14	1	Joshua Lay	Northamptonshire	3:51.36
2018	2	Edward Henderson	Surrey	4:14.88	2	Oliver Lill	Essex	4:02.35	2	Yusuf Bizimana	Essex	3:52.33
2018	3	Alex Thompson	North Yorkshire	4:16.25	3	Matthew Stonier	Kent	4:02.79	3	Jeremy Dempsey	Hertfordshire	3:52.68
2019	1	Josh Blevins	Northumberland	4:07.64	1	Ethan Hussey	North Yorkshire	3:59.71	1	Yusuf Bizimana	Essex	3:53.79
2019	2	Daniel Galloway	Shropshire	4:08.53	2	Oliver Bright	London	4:01.19	2	Daniel Preson	Merseyside	3:54.08
2019	3	Lewis Sullivan	Suffolk	4:10.31	3	Archie Parkinson	Northamptonshire	4:01.99	3	Luke Duffy	Nottinghamshire	3:54.29
2021	1	Alden Collier	Buckinghamshire	4:12.89	1	Daniel Galloway	Shropshire	4:04.80	1	Alex Melloy	Cambridgeshire	3:49.26
2021	2	Jed Hutchings	Devon	4:13.63	2	Sam Mills	Devon	4:05.95	2	Justin Davies	Avon	3:49.83
2021	3	Robert Price	Cheshire	4:14.22	3	William Rabjohns	Dorset	4:06.14	3	David Race	Durham	3:50.14
2022	1	Alex Lennon	Surrey	4:04.12	1	Henry Dover	Suffolk	3:54.89	1	Rowan Miell-Ingram	Oxfordshire	3:54.13
2022	2	Isaac Stabler	North Yorkshire	4:05.32	2	William Rabjohns	Dorset	3:55.43	2	Evan Savage	Gtr. Manchester	3:54.54
2022	3	Matthew Clark	Lancashire	4:05.55	3	Oscar Schofield	Gtr. Manchester	3:55.57	3	Zak Freeland	Buckinghamshire	3:55.59
2023	1	Archie Lane	Warwickshire	4:08.90	1	Matthew Clark	Lancashire	4:01.73	1	James Dargan	Hampshire	3:54.65
2023	2	Hugo Berry	Cumbria	4:09.71	2	Alden Collier	Buckinghamshire	4:03.10	2	Alexander Riley	Sussex	3:55.25
2023	3	Ewan Withnall	Derbyshire	4:11.18	3	Will Atkins	Hampshire	4:03.70	3	Daniel Galloway	Shropshire	3:57.19
2024	1	Ewan Withnall	Derbyshire	4:06.42	1	Matthew Clark	Lancashire	3:57.05	1	Alexander Riley	Sussex	3:54.59

2024	2	Finn MacLennan	Cambridgeshire	4:07.82	2	Jacob Hurrell	Essex	3:57.34	2	Henry Dover	Suffolk	3:54.81
2024	3	George Gilbert	Sussex	4:09.71	3	Sebastian Melero	Suffolk	3:58.63	3	Dexta Thompson	Lancashire	3:56.52
2025	1	Jake Summers	Hertfordshire	4:07.12	1	Evan Grime	Gtr. Manchester	4:02.11	1	Zachary Dunne	Norfolk	3:50.19
2025	2	Joseph Osuji	Cheshire	4:08.28	2	Freddie Rowe	Essex	4:02.60	2	Herbie Johnson	Hertfordshire	3:50.41
2025	3	Harry Cantell	Cambridgeshire	4:08.78	3	Ewan Withnall	Derbyshire	4:04.72	3	Ethan Newell	Surrey	3:51.31
2026	1	Zakariya Rush	Warwickshire	4:07.34	1	Joseph Osuji	Cheshire	4:03.38	1	Jacob Hurrell	Essex	3:58.50
2026	2	Jacob Dawe	South Yorkshire	4:08.23	2	Ewan Withnall	Derbyshire	4:04.11	2	Liam Johnson	Merseyside	3:59.64
2026	3	Edward Rose	South Yorkshire	4:09.72	3	Caspian Holmes	London	4:04.32	3	Matthew Drummond Clark	Lancashire	4:00.11

JUNIOR					INTERMEDIATE					SENIOR				
1 MILE					1 MILE					1 MILE				
1950		-	-		1	W. Williams	Lancashire	4:31.8	1	G. Mitchell	Middlesex	4:27.0		
1950		-	-		2	J. Lennon	Hampshire		2	David Humphrey	Sussex	4:27.0		
1950		-	-		3	C. Andrews	Sussex		3	J. Heywood	London			
1951		-	-		1	Bruce Willard	Sussex	4:35.0	1	David Humphrey	Sussex	4:25.6		
1951		-	-		2	R. Doe	Essex		2	Donald McLean	London			
1951		-	-		3	Ian Fraser	Middlesex		3	A. Jackson	Yorkshire			
1952		-	-		1	Roger Dunkley	London	4:28.5	1	Trevor Bailey	Yorkshire	4:31.0		
1952		-	-		2	S. Grimwade	Essex	4:40.2	2	Paul Abrahams	Sussex	4:34.8		
1952		-	-		3	Robert Rendall	Durham	4:42.8	3	P. Parratt	Middlesex	4:36.2		
1953		-	-		1	Alan Cocking	Yorkshire	4:34.2	1	Roger Dunkley	London	4:20.6		
1953		-	-		2	Laurie Reed	Surrey		2	Michael Batty	Cheshire	4:29.2		
1953		-	-		3	T. Meadows	Suffolk		3	Robert Rendall	Durham	4:31.6		
1954		-	-		1	Alan Pegley	Sussex	4:32.2	1	Reg New	Sussex	4:27.4		
1954		-	-		2	Clive Plumpton	Hampshire	4:32.2	2	Michael Batty	Cheshire			
1954		-	-		3	C. Broom	Cheshire	4:36.4	3	Brian Stone	London			
1955		-	-		1	Brian Linke	Surrey	4:32.2	1	Clive Plumpton	Hampshire	4:24.4		
1955		-	-		2	J. A. Byrne	Lancashire	4:35.5	2	John Thomsitt	Surrey	4:28.8		
1955		-	-		3	Tim Briault	London	4:37.4	3	M. Ricketts	Essex	4:29.2		
1956		-	-		1	Peter Dean	Buckinghamshire	4:33.2	1	Jeff Eales	Worcestershire	4:20.8		
1956		-	-		2	Patrick Montague	Lancashire	4:35.0	2	P. Collins	Surrey	4:21.2		
1956		-	-		3	Alan Strowger	Hampshire	4:35.0	3	R. Thorn	Worcestershire	4:22.8		
1957		-	-		1	Derek Fernée	London	4:27.0	1	Brian Linke	Surrey	4:27.7		
1957		-	-		2	Maurice Lynn	Derbyshire	4:28.8	2	David Huxley	Middlesex	4:28.5		
1957		-	-		3	D. Clayton	Cheshire	4:32.8	3	Tim Briault	London	4:28.5		
1958		-	-		1	Martin Heath	Lancashire	4:16.8	1	Maurice Lynn	Derbyshire	4:17.4		
1958		-	-		2	Eric Rossiter	Derbyshire	4:17.6	2	Trevor Schofield	Yorkshire	4:17.6		
1958		-	-		3	Robert S. Izon	Warwickshire	4:23.6	3	Richard Jones	Hertfordshire	4:18.1		
1959	1	Derek Clack	Hampshire	4:36.6	1	Robert S. Izon	Warwickshire	4:28.8	1	Martin Heath	Lancashire	4:12.0		
1959	2	Allan Miller	Northumberland	4:37.8	2	Frank Martin	Hampshire	4:29.6	2	Richard Jones	Hertfordshire	4:15.7		
1959	3	R. Murray	Warwickshire	4:40.2	3	C. Palmer	Buckinghamshire	4:29.8	3	James Specte	Staffordshire	4:23.3		

1960	1	Peter Fuller	Hertfordshire	4:42.7	1	Frank Martin	Hampshire	4:17.5	1	John Cliff	Worcestershire	4:21.4
1960	2	Clive Lathall	Derbyshire	4:43.8	2	J. Furney	Dorset	4:25.2	2	Alan Broomhead	Lancashire	4:21.8
1960	3	Brendan Foster	Durham	4:44.4	3	James Baker	Kent	4:27.1	3	Mark Gillespie	Cheshire	4:22.5
1961	1	Mike Tagg	Norfolk	4:32.0	1	Roy Mack	Shropshire	4:22.7	1	David Wilkinson	Lancashire	4:18.6
1961	2	Geoffrey Brown	Sussex	4:32.2	2	Anthony Glennister	Middlesex	4:22.7	2	Mark Gillespie	Cheshire	4:18.6
1961	3	John Gulson	Buckinghamshire	4:32.6	3	Roger Teece	Nottinghamshire	4:26.3	3	John Farrington	Gloucestershire	4:19.1
1962	1	Geoffrey Brown	Sussex	4:33.6	1	Peter Fuller	Hertfordshire	4:31.4	1	Eric Haslam	Lancashire	4:22.4
1962	2	Alan McCreath	Hampshire	4:34.4	2	John Archer	Essex	4:32.2	2	P. Hatcher	Essex	4:23.6
1962	3	Stephen Badgery	Surrey	4:37.6	3	Mike Tagg	Norfolk	4:33.2	3	James Baker	Kent	4:24.5
1963	1	Kenneth Bartlett	Warwickshire	4:25.5	1	John Waterhouse	Yorkshire	4:16.5	1	Eric Haslam	Lancashire	4:11.4
1963	2	John Trainor	Durham	4:26.4	2	Alan McCreath	Hampshire	4:17.8	2	Philip Richards	Yorkshire	4:13.8
1963	3	David Brennan	Cheshire	4:28.7	3	Malcolm Absolom	Essex	4:19.7	3	James Baker	Kent	4:14.9
1964	1	Philip Tucker	Middlesex	4:38.7	1	Gerry King	Buckinghamshire	4:22.6	1	Mike Tagg	Norfolk	4:12.7
1964	2	David Buckley	Cheshire	4:41.4	2	Kenneth Bartlett	Warwickshire	4:23.5	2	Chris Stewart	Somerset	4:14.0
1964	3	S. Norton	Wiltshire	4:42.6	3	Tim Overington	Cheshire	4:25.4	3	John Waterhouse	Yorkshire	4:14.5
1965	1	Paul Marwood	Yorkshire	4:39.2	1	Chris Mason	Yorkshire	4:18.2	1	Chris Stewart	Somerset	4:08.7
1965	2	Paul Dennis	Norfolk	4:40.4	2	David Williams	Essex	4:20.0	2	Mike Tagg	Norfolk	4:09.2
1965	3	Keith Fradley	Staffordshire	4:40.4	3	Peter Duffy	Lancashire	4:23.0	3	Malcolm Absolom	Essex	4:10.0
1966	1	Dave Dutton	Cheshire	4:31.1	1	Richard Hollings	Yorkshire	4:22.3	1	Andrew Herrity	Warwickshire	4:13.2
1966	2	Thomas Litherland	Staffordshire	4:37.4	2	Philip Tucker	Middlesex	4:22.3	2	John Rix	Surrey	4:14.5
1966	3	William Eldridge	Lincolnshire	4:38.0	3	Paul Marwood	Yorkshire	4:25.3	3	Trevor Dean	Lancashire	4:14.5
1967	1	David Jameson	Durham	4:35.1	1	Paul Marwood	Yorkshire	4:23.2	1	David Wright	Northumberland	4:18.5
1967	2	Kevin Allcock	Derbyshire	4:37.4	2	Edric Williams	Huntingdonshire	4:27.3	2	Norman Morrison	Surrey	4:18.8
1967	3	Terry Colton	Nottinghamshire	4:38.1	3	Paul Dennis	Norfolk	4:28.5	3	Gerry Van de Linde	Somerset	4:19.3
1968	1	David Miller	Middlesex	4:36.2	1	Ray Smedley	Warwickshire	4:22.3	1	Paul Dennis	Norfolk	4:09.8
1968	2	D. Driver	Northamptonshire	4:36.8	2	Dave Dutton	Cheshire	4:22.8	2	David Wright	Northumberland	4:09.8
1968	3	Andrew Barnett	Hampshire	4:39.0	3	Ian Whittle	Buckinghamshire	4:23.5	3	Richard Hollings	Yorkshire	4:15.3

JUNIOR

INTERMEDIATE

SENIOR

3000m

3 MILES

1968		-	-			-	-		1	Andy Holden	Lancashire	14:00.0
1968		-	-			-	-		2	John Boggis	Leicestershire	14:16.0
1968		-	-			-	-		3	John King	Warwickshire	14:19.8

3000m

5000m

1969		-	-			-	-		1	Jack Lane	Surrey	14:41.4
1969		-	-			-	-		2	Philip Walker	Staffordshire	15:08.2
1969		-	-			-	-		3	Chris Morrish	Kent	15:19.0
1970		-	-			-	-		1	Julian Goater	Hertfordshire	14:36.0
1970		-	-			-	-		2	Peter Adams	Surrey	14:51.6
1970		-	-			-	-		3	Paul Varney	Oxfordshire	15:02.0

1971		-	-		1	Kevin Steere	Norfolk	8:20.0	1	John Davies	Middlesex	14:33.8
1971		-	-		2	Barrie Moss	Nottinghamshire	8:48.0	2	Nicholas Jeffery	Hampshire	14:47.2
1971		-	-		3	Ray Crabb	Oxfordshire	8:49.6	3	Peter Flavel	Oxfordshire	14:50.8
1972		-	-		1	Barrie Moss	Nottinghamshire	8:42.8	1	Kevin Steere	Norfolk	14:28.2
1972		-	-		2	Kirk Dumpleton	Hertfordshire	8:44.8	2	Stephen Lawrence	Lancashire	14:54.6
1972		-	-		3	Ian Ray	Wiltshire	8:46.0	3	Neil Coupland	Hampshire	14:58.0
1973		-	-		1	Sebastian Coe	Yorkshire	8:40.2	1	Kevin Steere	Norfolk	14:35.4
1973		-	-		2	Ian Ray	Wiltshire	8:42.2	2	Jeremy Odlin	Middlesex	15:12.8
1973		-	-		3	Kim McDonald	Yorkshire	8:51.6	3	Kirk Dumpleton	Hertfordshire	15:38.4
1974		-	-		1	Nicky Lees	Derbyshire	8:37.2	1	Mike Gratton	Kent	14:52.4
1974		-	-		2	Nigel Martin	Hampshire	8:33.0	2	Michael Deegan	Lancashire	14:59.6
1974		-	-		3	Graham Jackson	Sussex	8:40.8	3	Kirk Dumpleton	Hertfordshire	15:08.4
1975		-	-		1	Jeremy Lothian	Cornwall	8:34.4	1	Richard Callan	Leicestershire	14:40.0
1975		-	-		2	Nigel Martin	Hampshire	8:46.0	2	Malcolm Prince	Humberside	14:49.4
1975		-	-		3	Robert Knight	Sussex	8:47.0	3	Nicky Lees	Derbyshire	15:08.0
1976		-	-		1	Colin White	Kent	8:42.8	1	Kevin Tesh	Suffolk	14:39.8
1976		-	-		2	Stirling Wilson	Suffolk	8:55.0	2	Nicky Lees	Derbyshire	14:42.2
1976		-	-		3	Tony Nugara	Middlesex	8:56.4	3	Robert Swann	Hampshire	15:00.2
1977		-	-		1	Graham Smith	Durham	8:36.8	1	Kevin Tesh	Suffolk	14:18.2
1977		-	-		2	Simon Catchpole	Surrey	8:40.4	2	Tony Milovsorov	West Midlands	14:25.0
1977		-	-		3	John Doherty	West Yorkshire	8:41.4	3	Eddie White	Cheshire	14:26.4
1978		-	-		1	Christian Bloor	South Yorkshire	8:47.4	1	Mark Scrutton	Kent	14:55.4
1978		-	-		2	Andy Bristow	Sussex	8:47.4	2	David Ellis	West Midlands	15:03.8
1978		-	-		3	Dean Jackson	Lancashire	8:47.4	3	Colin Moore	West Yorkshire	15:07.4
1979		-	-		1	Kelvin Newton	Durham	8:42.0	1	Andy Bristow	Sussex	14:36.2
1979		-	-		2	Raymond Ellerton	Staffordshire	8:44.6	2	John Sharp	Avon	14:40.8
1979		-	-		3	John Keyworth	Gtr. Manchester	8:46.8	3	Paul Lanfear	Berkshire	14:42.6
1980		-	-		1	David Maguire	Durham	8:38.3	1	Raymond Ellerton	Staffordshire	14:36.4
1980		-	-		2	John Abbis	West Midlands	8:38.5	2	Craig Mochrie	Leicestershire	14:38.8
1980		-	-		3	Mark Dalloway	Hereford & Worcs	8:38.9	3	Neil Appleby	West Midlands	14:43.7
1981		-	-		1	Adrian Passey	Hereford & Worcs	8:41.5	1	Alan Guilder	Kent	14:38.9
1981		-	-		2	Richard Carter	Sussex	8:48.7	2	Craig Mochrie	Leicestershire	14:42.7
1981		-	-		3	Gordon Laing	Middlesex	8:50.6	3	Paul Black	Staffordshire	15:09.0
1982		-	-		1	Tony Leach	South Yorkshire	8:31.8	1	Richard Carter	Sussex	14:41.5
1982		-	-		2	David Miles	Northumberland	8:31.8	2	Philip Makepeace	Leicestershire	14:45.7
1982		-	-		3	Paul Taylor	Cumbria	8:33.9	3	Paul Donaldson	Hampshire	14:46.9
1983		-	-		1	Darrell Smith	Kent	8:48.2	1	Richard Carter	Sussex	14:48.4
1983		-	-		2	John Nuttall	Lancashire	8:49.2	2	Paul Taylor	Cumbria	15:03.1
1983		-	-		3	Phil Hennessy	Kent	8:49.7	3	Tim Butler	Dorset	15:12.0

3000m						3000m						
1984		-	-		1	Steve Fury	Kent	8:38.1	1	David Miles	Northumberland	8:23.2

1984		-	-		2	Steve Halliday	West Yorkshire	8:41.7	2	Carl Udall	Derbyshire	8:23.6
1984		-	-		3	Tim Hewson	Devon	8:42.0	3	John Nuttall	Lancashire	8:23.6
1985		-	-		1	Darren Mead	Norfolk	8:28.7	1	John Nuttall	Lancashire	8:10.5
1985		-	-		2	Tom Richardson	Gtr. Manchester	8:38.0	2	James Starling	Hampshire	8:15.0
1985		-	-		3	Paul Daly	Berkshire	8:40.3	3	Sean Cundy	Northumberland	8:19.0
1986		-	-		1	Jonathan Dennis	Hampshire	8:28.0	1	James Starling	Hampshire	8:12.8
1986		-	-		2	Chris McCartney	West Midlands	8:32.8	2	Paul Kerbey	Hertfordshire	8:24.6
1986		-	-		3	Vaughan Harry	Hereford & Worcs	8:39.2	3	Tom Richardson	Gtr. Manchester	8:24.9
1987		-	-		1	Jon Brown	South Yorkshire	8:40.0	1	Steve Halliday	West Yorkshire	8:15.3
1987		-	-		2	Malcolm Campbell	Hampshire	8:43.5	2	Jonathan Dennis	Hampshire	8:15.6
1987		-	-		3	Peter Jones	Humberside	8:44.9	3	Tim Hewson	Devon	8:23.2
1988		-	-		1	Mike Threadgill	Cleveland	8:36.3	1	Jonathan Dennis	Hampshire	8:18.2
1988		-	-		2	Martin Scaife	Durham	8:37.0	2	John Mayock	South Yorkshire	8:19.6
1988		-	-		3	Andrew Keith	Hereford & Worcs	8:37.7	3	Neil Panchen	Buckinghamshire	8:22.2
1989		-	-		1	David Thompson	Gtr. Manchester	8:30.4	1	John Mayock	South Yorkshire	8:22.2
1989		-	-		2	Spencer Barden	Kent	8:33.5	2	David Pritt	North Yorkshire	8:28.3
1989		-	-		3	Steffan White	Warwickshire	8:36.5	3	Richard Cranswick	Avon	8:30.7
1990		-	-		1	Luke Veness	Sussex	8:52.0	1	Keith Cullen	Essex	8:18.7
1990		-	-		2	Neil Caddy	Cornwall	8:52.6	2	Mike Threadgill	Cleveland	8:23.0
1990		-	-		3	Michael Morris	Northumberland	8:54.2	3	Andrew Wedlake	Dorset	8:27.0
1991		-	-		1	Neil Caddy	Cornwall	8:49.08	1	Dave Robertson	Leicestershire	8:30.24
1991		-	-		2	Sam Jackson	Derbyshire	8:49.76	2	Joseph Mills	Essex	8:32.54
1991		-	-		3	Steven Smith	Berkshire	8:54.56	3	Spencer Barden	Kent	8:33.19
1992		-	-		1	Sam Jackson	Derbyshire	8:46.60	1	Spencer Barden	Kent	8:13.94
1992		-	-		2	James Lovell	Middlesex	8:46.80	2	Dave Robertson	Leicestershire	8:15.05
1992		-	-		3	Adrian Whitwam	Kent	8:50.40	3	Chris Yates	Merseyside	8:17.66
1993		-	-		1	Mark Miles	West Midlands	8:45.48	1	Dominic O'Mahoney	Kent	8:26.83
1993		-	-		2	Stuart Bond	Derbyshire	8:48.40	2	Kevin Farrow	Derbyshire	8:28.25
1993		-	-		3	Brendan Smith	Gtr. Manchester	8:50.43	3	Mark Steinle	Kent	8:29.49
1994		-	-		1	Yacin Yusuf	Surrey	8:49.23	1	Ben Noad	Avon	8:26.76
1994		-	-		2	Allen Graffin	Kent	8:51.64	2	Matthew Young	Oxfordshire	8:27.06
1994		-	-		3	Andrew Graffin	Kent	8:52.66	3	Johnathan Prowse	Lancashire	8:29.00
1995		-	-		1	Paul Fisher	Buckinghamshire	8:54.18	1	Andrew Atkinson	North Yorkshire	8:28.67
1995		-	-		2	Andrew Beckwith	Kent	8:54.23	2	Andrew Hennessy	Somerset	8:29.23
1995		-	-		3	Sam Haughian	Middlesex	8:57.97	3	Allen Graffin	Kent	8:31.98
1996		-	-		1	Jon Stewart	West Yorkshire	8:56.93	1	Allen Graffin	Kent	8:24.22
1996		-	-		2	Oliver Laws	Shropshire	8:58.74	2	Chris Davies	Shropshire	8:25.24
1996		-	-		3	Chris Livesey	Lancashire	9:00.82	3	Daniel Hyde	Devon	8:33.79
1997		-	-		1	Chris Thompson	Hampshire	8:44.24	1	Sam Haughian	Middlesex	8:27.50
1997		-	-		2	Craig Keegan-Moore	South Yorkshire	8:46.05	2	James Bowskill	Nottinghamshire	8:29.14
1997		-	-		3	Gareth Melvin	Cumbria	8:50.76	3	Andrew Beckwith	Kent	8:32.36
1998		-	-		1	Mohamed Farah	Middlesex	8:34.90	1	Chris Thompson	Hampshire	8:29.24

1998		-	-		2	Richard Ward	Surrey	8:47.81	2	Chris Livesey	Lancashire	8:30.15
1998		-	-		3	Simon Stygall	Avon	8:54.58	3	Jason Ward	South Yorkshire	8:31.38
1999		-	-		1	Simon Stygall	Avon	8:55.88	1	Chris Thompson	Hampshire	8:30.71
1999		-	-		2	Phillip Nicholls	Shropshire	8:58.50	2	Lee McCash	Lancashire	8:34.21
1999		-	-		3	David Farmer	Somerset	9:01.68	3	Adam Sutton	Lancashire	8:36.82
2000		-	-		1	Paul Moores	Warwickshire	8:49.34	1	Martyn Cryer	Lancashire	8:31.36
2000		-	-		2	Phillip Nicholls	Shropshire	8:49.49	2	Richard Ward	Surrey	8:32.50
2000		-	-		3	Frank Tickner	Somerset	8:56.53	3	Daniel Ledgerwood	Hampshire	8:36.93
2001		-	-		1	Colin McCourt	Dorset	8:42.89	1	Ed Prickett	Surrey	8:20.62
2001		-	-		2	Chris Parr	Durham	8:44.20	2	Tom Sharland	Suffolk	8:24.85
2001		-	-		3	Ahmed Ali	Essex	8:44.82	3	Antony Ford	Lancashire	8:27.22
2002		-	-		1	Craig Ivey	Sussex	8:43.84	1	Tom Sharland	Suffolk	8:19.05
2002		-	-		2	Matt Barnes-Smith	Suffolk	8:47.13	2	Chris Parr	Durham	8:26.17
2002		-	-		3	Keith Gerard	Merseyside	8:48.04	3	Luke Beevor	Beds & L	8:29.26
2003		-	-		1	James Philipson	Gtr. Manchester	8:35.31	1	Chris Parr	Durham	8:20.52
2003		-	-		2	Rory Fraser	Leics & R	8:38.37	2	Ryan McLeod	Northumberland	8:22.90
2003		-	-		3	Kelvin Hardy	Suffolk	8:39.93	3	Tom Humphries	Staffordshire	8:29.15
2004		-	-		1	Adam Hickey	Essex	8:30.39	1	Matt Barnes-Smith	Suffolk	8:29.36
2004		-	-		2	Robert Pickering	Humberside	8:31.01	2	Craig Ivey	Sussex	8:30.78
2004		-	-		3	Craig Peters	Avon	8:39.84	3	Lewis Timmins	Northumberland	8:32.52
2005		-	-		1	Simon Horsfield	Gtr. Manchester	8:44.38	1	Daniel Watts	Cambridgeshire	8:28.71
2005		-	-		2	Lee Carey	Warwickshire	8:44.47	2	James Philipson	Gtr. Manchester	8:30.59
2005		-	-		3	Alex Derricott	Staffordshire	8:48.83	3	Kelvin Hardy	Suffolk	8:31.73
2006		-	-		1	Simon Horsfield	Gtr. Manchester	8:28.92	1	Lee Carey	Warwickshire	8:31.68
2006		-	-		2	Abdirisak Ahmed	South Yorkshire	8:28.97	2	Craig Peters	Avon	8:31.93
2006		-	-		3	Ryan Parker	Beds & L	8:35.08	3	Adam Hickey	Essex	8:35.80
2007		-	-		1	Abdirisak Ahmed	South Yorkshire	8:38.49	1	Mitch Goose	Norfolk	8:40.00
2007		-	-		2	Ryan Parker	Beds & L	8:39.84	2	Jack Tyler	Kent	8:40.48
2007		-	-		3	Frank Kilama	Kent	8:47.89	3	Craig Gunderson	Merseyside	8:41.69
2008		-	-		1	Jonny Hay	Surrey	8:45.82	1	Abdirisak Ahmed	South Yorkshire	8:23.52
2008		-	-		2	Paul Thompson	West Midlands	8:50.89	2	James Robinson	Norfolk	8:25.06
2008		-	-		3	Andy Combs	Kent	8:50.95	3	Ben Hunter	Essex	8:28.05
2009		-	-		1	Tom Curr	Gloucestershire	8:37.14	1	Tom Farrell	Cumbria	8:25.02
2009		-	-		2	Tadhg Grant	Middlesex	8:39.14	2	Daniel Clorley	Beds & L	8:25.42
2009		-	-		3	Jack Gray	West Midlands	8:41.91	3	Philip Hurst	Durham	8:27.35
2010		-	-		1	Robbie Farnham-Rose	Kent	8:26.33	1	Richard Goodman	Middlesex	8:25.15
2010		-	-		2	Richard Charles	Middlesex	8:33.66	2	Niall Flemming	Hertfordshire	8:27.01
2010		-	-		3	Connor Robinson	Cornwall	8:36.32	3	Jack Gray	West Midlands	8:30.64
2011		-	-		1	Jonathan Davies	Berkshire	8:33.49	1	Matt Bergin	Beds & L	8:19.45
2011		-	-		2	Hobie Martin	Cornwall	8:38.06	2	Mark Shaw	Cleveland	8:21.78
2011		-	-		3	Michael Callegari	Middlesex	8:43.26	3	Joshua Grace	Surrey	8:22.85
2012		-	-		1	Scott Halsted	Berkshire	8:35.60	1	Jonathan Davies	Berkshire	8:27.01

2012		-	-		2	Alex Carter	Wiltshire	8:38.44	2	Tom Purnell	Gloucestershire	8:27.73
2012		-	-		3	Richard Allen	Hampshire	8:39.06	3	Kieran Clements	Suffolk	8:28.85
2013		-	-		1	Gus Cockle	Surrey	8:28.37	1	Michael Callegari	Middlesex	8:19.82
2013		-	-		2	Patrick Dever	Lancashire	8:34.97	2	Jonathan Davies	Berkshire	8:20.32
2013		-	-		3	Zack Miller	Gtr. Manchester	8:37.66	3	Philip Crout	Hertfordshire	8:24.51
2014		-	-		1	Ben Dijkstra	Leics & R	8:40.69	1	Kieran Wood	Cambridgeshire	8:32.02
2014		-	-		2	Stephen Ferroni	Sussex	8:42.48	2	Elliott Bowker	Cheshire	8:32.41
2014		-	-		3	Jamie Dee	Hertfordshire	8:43.25	3	Richard Allen	Hampshire	8:33.33
2015		-	-		1	Isaac Akers	Leics & R	8:38.40	1	William Fuller	Kent	8:28.05
2015		-	-		2	Alasdair Kinloch	Kent	8:41.01	2	Elliott Bowker	Cheshire	8:28.49
2015		-	-		3	Tom Mortimer	Gloucestershire	8:41.76	3	Patrick Dever	Lancashire	8:28.65
2016		-	-		1	Matthew Willis	Cheshire	8:58.74	1	Sam Stevens	Leics & R	8:24.91
2016		-	-		2	Jack Goddard	Berkshire	8:59.35	2	Emile Cairess	West Yorkshire	8:25.97
2016		-	-		3	Joshua Cowperthwaite	Cleveland	9:00.53	3	Stephen Ferroni	Sussex	8:26.84
2017		-	-		1	Thomas Keen	Cambridgeshire	8:36.28	1	James Puxty	Kent	8:32.87
2017		-	-		2	Joshua Cowperthwaite	Cleveland	8:38.66	2	Jeremy Dempsey	Hertfordshire	8:33.04
2017		-	-		3	Jack Meijer	Buckinghamshire	8:38.71	3	Alasdair Kinloch	Kent	8:35.21
2018		-	-		1	Sam Charlton	Northumberland	8:34.15	1	Thomas Keen	Cambridgeshire	8:24.81
2018		-	-		2	Mohamed Ali	Middlesex	8:39.64	2	Joshua Cowperthwaite	Cleveland	8:28.46
2018		-	-		3	Will Barnicoat	Surrey	8:42.12	3	Nathan Dunn	Lancashire	8:28.65
2019		-	-		1	Will Barnicoat	Surrey	8:27.06	1	Kian Davis	Lancashire	8:24.96
2019		-	-		2	Alex Melloy	Cambridgeshire	8:37.21	2	Max Davis	Avon	8:25.75
2019		-	-		3	Flynn Jennings	Devon	8:38.47	3	Connor Bentley	Shropshire	8:27.89
2021		-	-		1	Edward Bird	Dorset	8:31.14	1	Joseph O'Brien	North Yorkshire	8:20.82
2021		-	-		2	T.J. Jones	Merseyside	8:31.50	2	Liam Rawlings	Shropshire	8:22.40
2021		-	-		3	Isaac Rothwell	Cambridgeshire	8:36.30	3	Flynn Jennings	Devon	8:25.24
2022		-	-		1	James Dargan	Hampshire	8:30.00	1	Bradley Giblin	Gtr. Manchester	8:25.36
2022		-	-		2	Liam McCay	Merseyside	8:33.18	2	Samuel Hodgson	Berkshire	8:27.41
2022		-	-		3	Ben Peck	Suffolk	8:34.16	3	George Couttie	North Yorkshire	8:28.98
2023		-	-		1	Liam Conway	Cambridgeshire	8:54.96	1	William Singleton	Shropshire	8:37.24
2023		-	-		2	Gianleo Stubbs	Hertfordshire	8:56.56	2	Ethan Primett	Hertfordshire	8:38.43
2023		-	-		3	Noah Paterson	Kent	8:56.65	3	Liam McCay	Merseyside	8:42.23
2024		-	-		1	Michael Clark	Norfolk	8:31.95	1	Aron Gebremariam	West Midlands	8:10.46
2024		-	-		2	Tom Webb	Somerset	8:32.46	2	Isaac Henderson	Gloucestershire	8:29.77
2024		-	-		3	Luke Dunham	Hertfordshire	8:33.72	3	Archie Coates	Dorset	8:30.50
2025		-	-		1	Joseph Scanes	Kent	8:29.69	1	Michael Clark	Norfolk	8:27.82
2025		-	-		2	Pio Aron	Gtr. Manchester	8:38.14	2	Owen Wallek	Sussex	8:29.37
2025		-	-		3	Tom Ford	Hertfordshire	8:38.61	3	Luke Dunham	Hertfordshire	8:30.77
2026		-	-		1	Arjuna Pflug	London	8:40.74	1	Michael Clark	Norfolk	8:15.78
2026		-	-		2	Tom Ford	Hertfordshire	8:46.25	2	Rory Barclay-Watt	Devon	8:18.09
2026		-	-		3	Thomas Barry	Middlesex	8:47.20	3	Jack Marwood	Cheshire	8:20.70

JUNIOR

INTERMEDIATE

SENIOR

80 YARDS HURDLES

110 YARDS HURDLES

120 YARDS HURDLES

1948	1	B. Nicholas	Buckinghamshire	10.8	1	David Kay	Lancashire	15.1	-	-	
1948	2	P. Mitchell	Surrey		2	John Atyeo	Wiltshire		-	-	
1948	3	John Adlam	Wiltshire		3				-	-	
1949	1	Roy Cooper	Sussex	10.6	1	John Adlam	Wiltshire	14.5	-	-	
1949	2	D. Puddephat	Hertfordshire		2	D. Bestwick	Derbyshire		-	-	
1949	3	K. Atherley	Lancashire		3	J. Geeves	Wiltshire		-	-	
1950	1	Brian Vooght	Wiltshire	10.7	1	R. Johnson	Lancashire	14.7	1	Geoffrey Parr	Middlesex 15.2
1950	2	J. Pitman	Dorset		2	Terence White	Yorkshire		2	Terry Clark	Surrey
1950	3	J. Rose	Hertfordshire		3	G. Robinson	Kent		3	J. Hancock	Derbyshire
1951	1	T. Gregory	Lancashire	10.3	1	R. Johnson	Lancashire	14.5	1	Joseph Duffy	Middlesex 15.3
1951	2	G. Fone	Lancashire		2	K. Atherley	Lancashire		2	Terence White	Yorkshire
1951	3	A. Boustead	Surrey		3	B. Smith	Essex		3	John Frampton	London
1952	1	William Clark	Middlesex	11.0	1	B. Bodycomb	Kent	15.2	1	Terence White	Yorkshire 15.9
1952	2	C. Cowley	Sussex	11.1	2	A. Bowman	Middlesex	15.5	2	J. Metcalf	Derbyshire 16.7
1952	3	P. Lloyd	Lancashire	11.2	3	L. Bettinson	Cumberland	15.9	3	J. Reeder	Cheshire 17.1
1953	1	Paul Robey	Nottinghamshire	10.5	1	Robin Woodland	Surrey	14.1	1	Charlie Miller	Kent 15.5
1953	2	William Clark	Middlesex	10.6	2	J. Firth	Suffolk		2	James Waring	Durham 15.9
1953	3	Alan Jarvis	Staffordshire	10.7	3	M. Stokes	Dorset		3	G. Atkinson	Yorkshire 16.2
1954	1	Alan Adlington	Staffordshire	10.6	1	Gordon Fitton	Buckinghamshire	14.9	1	John Hyslop	Yorkshire 15.9
1954	2	G. Appleyard	Yorkshire	10.7	2	Martin Hackett	Leicestershire	15.0	2	C. Carrington	Yorkshire 16.1
1954	3	Roy Parsons	Hampshire	10.7	3	K. Dewhurst	Lancashire	15.2	3	I. Ford	Northamptonshire 16.2
1955	1	P. Clubb	Essex	10.3	1	P. Robin Brunyee	Nottinghamshire	14.1	1	Michael Robinson	Yorkshire 15.3
1955	2	K. Hirst	Yorkshire	10.5	2	D. J. Bell	Cumberland	14.2	2	Martin Hackett	Leicestershire 15.7
1955	3	John A. Watkins	Herefordshire	10.6	3	D. E. Gardiner	Essex	14.5	3	M. Brown	Cheshire 15.8
1956	1	Barry Smart	Suffolk	10.3	1	D. J. Bell	Cumberland	14.1	1	P. Robin Brunyee	Nottinghamshire 15.3
1956	2	N. Foster	Lancashire	10.6	2	Michael Fletcher	Staffordshire	14.1	2	Bob Birrell	Lancashire 15.4
1956	3	M. Ellis	Yorkshire	10.7	3	C. Webber	Somerset	14.1	3	M. Harvey	Devon 15.5
1957	1	John Mandley	Staffordshire	11.3	1	P. Clubb	Essex	14.1	1	Peter White	Middlesex 15.3
1957	2	T. Sharpe	Oxfordshire	11.3	2	John Bowden	Leicestershire	14.4	2	John Archer	Somerset 15.8
1957	3	Roland Hudson	Lincolnshire	11.4	3	Leslie Metcalfe	Durham	14.5	3	John Wilks	Surrey 16.0
1958	1	Clive Webb	Hampshire	10.6	1	Leslie Metcalfe	Durham	14.4	1	Michael Fletcher	Staffordshire 15.1
1958	2	John Dickinson	Yorkshire	10.6	2	Roger Fitzgerald	Surrey	14.9	2	John Bowden	Leicestershire 15.4
1958	3	J. Townley	Lancashire	10.6	3	John Loney	Lancashire	15.0	3	Allan Parry	Cheshire 15.5
1959	1	David Tuckwell	Hertfordshire	10.7	1	Stuart E. Storey	Lincolnshire	14.3	1	Leslie Metcalfe	Durham 14.9
1959	2	Howard Jeffrey	Cumberland	10.9	2	Clive Webb	Hampshire	14.4	2	Peter Sunderland	Durham 15.1
1959	3	V. Nicholls	Wiltshire	10.9	3	Thomas Leigh	Lancashire	14.4	3	John Bowden	Leicestershire 15.1
1960	1	Stephen Wilkinson	Devon	11.0	1	Howard Jeffrey	Cumberland	13.8	1	Leslie Metcalfe	Durham 14.7
1960	2	G. Back	Essex	11.0	2	Clive Webb	Hampshire	13.9	2	Stuart E. Storey	Lincolnshire 14.8
1960	3	R. Mack	Kent	11.0	3	Paul Booth	Essex	14.1	3	Robert Stevens	Buckinghamshire 15.1

1961	1	Francis Iwanowski	Nottinghamshire	10.6	1	Howard Jeffrey	Cumberland	14.0	1	Stuart E. Storey	Lincolnshire	14.4
1961	2	R. Butler	Warwickshire	10.8	2	David Walker	Buckinghamshire	14.2	2	Paul Booth	Essex	14.9
1961	3	Richard Houghton	Cambridgeshire	10.9	3	Peter Jacobs	Hampshire	14.2	3	Gordon Leigh	Lancashire	15.0
1962	1	C. Mould	Essex	10.8	1	Kevin Murray	London	14.7	1	Rodney Morrod	Yorkshire	15.6
1962	2	D. Heaton	Lancashire	11.1	2	Francis Iwanowski	Nottinghamshire	14.8	2	Ian Walker	Lincolnshire	15.9
1962	3	Keith Granger	Leicestershire	11.2	3	C. Round	Warwickshire	14.9	3	C. Miller	Wiltshire	16.1
1963	1	Stephen Fulford	Hampshire	10.5	1	Francis Iwanowski	Nottinghamshire	13.9	1	Rodney Morrod	Yorkshire	14.6
1963	2	George Hilsdon	Essex	10.6	2	Michael Clarke	Essex	14.0	2	Paul Sweet	Essex	15.1
1963	3	Lynn Williams	Cheshire	10.7	3	John Kinahan	Buckinghamshire	14.4	3	Colin McManus	Norfolk	15.2
1964	1	Patrick Robinson	Sussex	11.2	1	Stephen Fulford	Hampshire	14.2	1	William Day	Lancashire	15.1
1964	2	C. Harris	Essex	11.2	2	Frank White	Nottinghamshire	14.2	2	John Kinahan	Buckinghamshire	15.1
1964	3	S. Robb	Bedfordshire	11.2	3	George Hilsdon	Essex	14.4	3	Francis Iwanowski	Nottinghamshire	15.3
1965	1	David James	Middlesex	11.1	1	George Hilsdon	Essex	14.2	1	Andy Todd	Sussex	14.7
1965	2	Colin Allabush	Essex	11.2	2	Colin Sergeant	Kent	14.3	2	John Kinahan	Buckinghamshire	14.7
1965	3	Richard Francis	Lincolnshire	11.3	3	Francis Ewens	Gloucestershire	14.4	3	Alan Pascoe	Hampshire	14.7
1966	1	Paul Young	Middlesex	10.8w	1	Philip Aylward	Lancashire	13.9w	1	Alan Pascoe	Hampshire	14.3
1966	2	Timothy Smith	Staffordshire	10.8w	2	Colin Allabush	Essex	14.0w	2	Steve Black	Essex	14.6
1966	3	Paul Walsh	Leicestershire	10.9w	3	Peter Thompson	Somerset	14.3w	3	Charles Swann	Staffordshire	14.6
1967	1	Roger Hurley	Gloucestershire	10.7w	1	Ray Young	Durham	14.2w	1	Alan Pascoe	Hampshire	13.8
1967	2	Nigel Geldeard	Lancashire	10.9w	2	Roger Jolly	Essex	14.2w	2	Alan Davis	Devon	14.7
1967	3	Lindsay Smith	Staffordshire	10.9w	3	Lewis Dick	London	14.4w	3	Alan Clements	Middlesex	15.0
1968	1	S. Read	Devon	11.0	1	Ray Young	Durham	13.7	1	Steve Black	Essex	14.6
1968	2	B. Leadworth	Lancashire	11.1	2	Lindsay Smith	Staffordshire	14.0	2	Philip Aylward	Lancashire	15.1
1968	3	N. Davidson	Durham	11.3	3	Ken Fielding	Lincolnshire	14.0	3	Nick Winter	Cheshire	15.1
1969	1	J. Greenwood	Yorkshire	11.1	-	-	-	-	-	-	-	-
1969	2	J. Curtis	Lancashire	11.2	-	-	-	-	-	-	-	-
1969	3	R. Minshull	Essex	11.2	-	-	-	-	-	-	-	-

80 METRES HURDLES

100 METRES HURDLES

110 METRES HURDLES

1969		-	-		1	Lindsay Smith	Staffordshire	13.8	1	Nick Winter	Cheshire	14.9
1969		-	-		2	Peter Kelly	Staffordshire	14.0	2	Keith Fielding	Lincolnshire	14.9
1969		-	-		3	John Lewis	Essex	14.1	3	John Gill	Durham	15.5
1970	1	Jeremy Irving	Middlesex	11.8	1	Donald Danvers	London	13.4	1	Peter Kelly	Staffordshire	14.5
1970	2	Tim Birtles	Cheshire	12.0	2	Stephen James	Northamptonshire	14.4	2	Ken Fielding	Lincolnshire	15.0
1970	3	C. Murray	London	12.1	3	Peter Dodson	Essex	14.4	3	Bob Parker	Hampshire	15.3
1971	1	Howard Squires	Middlesex	11.4	1	Everette Thomas	London	13.7	1	Bob Parker	Hampshire	14.8
1971	2	Nicholas Bryant	Wiltshire	11.6	2	Paul Kennedy	Warwickshire	13.9	2	Stephen James	Northamptonshire	15.1
1971	3	Kim Cheong	London	11.8	3	William Ribbans	Northamptonshire	14.0	3	Conrad Mainwaring	Leicestershire	15.3
1972	1	John Longman	Hampshire	11.9	1	Tony James	Staffordshire	14.0	1	Michael Jackson	Buckinghamshire	15.2
1972	2	Steve Adams	Middlesex	11.9	2	John Fairweather	London	14.1	2	Bob Parker	Hampshire	15.2
1972	3	Gary McTaggart	Essex	12.0	3	Tim Birtles	Cheshire	14.1	3	William Strang	Cheshire	15.3
1973	1	Geoffrey Thorpe	Lancashire	11.6	1	John Longman	Hampshire	13.9w	1	Basil Gabbidon	Warwickshire	15.2

1973	2	Gary Oakes	London	11.7	2	Kenrick Cheong	London	13.9w	2	Tony James	Staffordshire	15.2
1973	3	Christopher Hayes	Gloucestershire	11.9	3	Nicholas Christie	Buckinghamshire	14.2w	3	Robin Ellis	Somerset	15.2
1974	1	Chris Amos	Gloucestershire	11.8	1	Mark Holtom	Staffordshire	13.6	1	Mark Hatton	Berkshire	15.0
1974	2	Megarry Effiong	Middlesex	12.0	2	John Longman	Hampshire	13.6	2	Richard Parkinson	Middlesex	15.0
1974	3	Mike Robinson	Somerset	12.0	3	Steve Adams	Middlesex	13.9	3	Roger Honey	Essex	15.0
1975	1	Austin Drysdale	West Midlands	11.6	1	Gary Oakes	London	13.7	1	Mark Hatton	Berkshire	14.7
1975	2	Bobby Hill	Merseyside	11.7	2	Geoffrey Thorpe	Lancashire	13.7	2	Tony James	Staffordshire	14.9
1975	3	Mark Bentley	West Midlands	11.9	3	Christopher Hayes	Avon	13.8	3	Ian Ratcliffe	Staffordshire	15.0
1976	1	William Barker	Bedfordshire	11.8	1	Nathaniel Augustine	Middlesex	13.5	1	Ian Ratcliffe	Staffordshire	14.5
1976	2	David Bingham	Gtr. Manchester	12.0	2	Austin Drysdale	West Midlands	13.6	2	Mark Holtom	Staffordshire	14.7
1976	3	Francis Guy	Merseyside	12.0	3	Ross Willard	Gtr. Manchester	13.8	3	Gary Oakes	London	14.7
1977	1	C. Dawes	Oxfordshire	11.4	1	Ross Willard	Gtr. Manchester	13.2w	1	Mark Holtom	Staffordshire	13.6w
1977	2	Mike Strawford	West Midlands	11.5	2	Peter Adams	Middlesex	13.2w	2	Huw Jones	Oxfordshire	14.6w
1977	3	Rob Penketh	Cheshire	11.5	3	Austin Drysdale	West Midlands	13.3w	3	Trevor Carrington	Gtr. Manchester	14.8w
1978	1	Tom Leeson	Somerset	11.3w	1	Adrian Ash	Middlesex	13.5w	1	Nick Alexander	Somerset	14.5w
1978	2	Kieran Moore	West Midlands	11.3w	2	William Barker	Bedfordshire	13.5w	2	Ross Willard	Cheshire	14.5w
1978	3	N. Evans	Hertfordshire	11.6w	3	Perry Johnson	Middlesex	13.6w	3	Harold Bridgeman	London	14.7w
1979	1	Martin Kenny	Avon	11.8	1	McKinley Erysthee	Essex	13.5	1	Austin Drysdale	West Midlands	15.1
1979	2	Allan Madgwick	Northumberland	11.9	2	Desmond Wilkinson	Bedfordshire	13.6	2	Harold Bridgeman	London	15.2
1979	3	Laurence O'Toole	West Midlands	11.9	3	Gary Myles	West Midlands	13.6	3	Ross Willard	Cheshire	15.2
1980	1	David Searle	Avon	11.4w	1	Kieran Moore	West Midlands	13.2w	1	Chris Marshall	Lincolnshire	14.2w
1980	2	David Chitolie	Essex	11.4w	2	Mark Whitby	Bedfordshire	13.4w	2	McKinley Erysthee	Essex	14.4w
1980	3	Derek Wilson	Somerset	11.5w	3	Tom Leeson	Somerset	13.4w	3	Anthony Finnemore	Sussex	14.5w
1981	1	Philip Horner	Lincolnshire	11.6w	1	Paul Brice	Hertfordshire	13.3	1	Gary Myles	West Midlands	14.6
1981	2	N. Wright	Surrey	11.8	2	John Rathbone	West Yorkshire	13.7	2	Chris Davis	Kent	15.6
1981	3	S. Collins	Cleveland	11.8	3	Martin Kenny	Avon	14.0	3	Barry Chandler	Berkshire	15.6
1982	1	Chris Perks	West Midlands	11.4	1	Ererton Harrison	London	13.5	1	Paul Brice	Hertfordshire	14.3
1982	2	Steve Parsons	Derbyshire	11.5	2	Derek Wilson	Somerset	13.6	2	John Rathbone	West Yorkshire	14.7
1982	3	Peter Ives	Cheshire	11.7	3	Wilford Roberts	Essex	13.7	3	Chris Davis	Kent	15.1
1983	1	Clive Gardner	Surrey	11.6w	1	Jon Ridgeon	Suffolk	12.9w	1	Paul Brice	Hertfordshire	13.9w
1983	2	Chris Dolling	Lincolnshire	11.7w	2	Bel Blik	Middlesex	13.5w	2	Derek Wilson	Somerset	14.1w
1983	3	David Colford	Wiltshire	11.8w	3	Robert Pinkey	Wiltshire	13.7w	3	Victor Lawrence-John	Surrey	14.6w
1984	1	David Colford	Wiltshire	11.2	1	Brett St. Louis	London	13.4	1	Jon Ridgeon	Suffolk	13.9
1984	2	James Wright	North Yorkshire	11.5	2	Derek Capper	Cheshire	13.5	2	Derek Wilson	Somerset	14.3
1984	3	Glen Davies	Staffordshire	11.5	3	Paul Buckley	South Yorkshire	13.6	3	Bel Blik	Middlesex	14.6
1985	1	Robert Howes	Staffordshire	11.9	1	Brett St. Louis	London	13.1	1	David Kirton	London	14.8
1985	2	J. Purves	Hampshire	12.0	2	James Wright	North Yorkshire	13.7	2	David Files	Staffordshire	15.0
1985	3	D. Kinchin	Hertfordshire	12.0	3	Paul Chong	Dorset	14.0	3	Peter Ives	Cheshire	15.5
1986	1	Richard Fisher	West Midlands	11.4w	1	James Wright	North Yorkshire	13.2	1	Tony Jarrett	Middlesex	13.9w
1986	2	Wing Yik	Middlesex	11.5w	2	David Humphreys	West Midlands	13.6	2	Andrew Smailes	Cleveland	14.4w
1986	3	Damon Bainbridge	Essex	11.6w	3	Simon Parry	Somerset	13.6	3	Michael Loizias	West Midlands	14.6w
1987	1	Milimo Chona	Leicestershire	11.4w	1	Chris Iles	Wiltshire	13.8	1	Brett St. Louis	London	13.8w

1987	2	David Brown	Merseyside	11.5w	2	Richard Hunter	Northumberland	13.8	2	Andrew Smailes	Cleveland	14.2w
1987	3	Henrik Hartmann	Hertfordshire	11.5w	3	Mark Purser	Surrey	13.8	3	Michael Loizias	West Midlands	14.2w
1988	1	Mark Walcott	West Midlands	11.4	1	Damon Bainbridge	Essex	13.3	1	Andy Gill	Humberside	14.4
1988	2	Phillip Hornby	Humberside	11.5	2	Jim Stevenson	South Yorkshire	13.3	2	James Wright	North Yorkshire	14.5
1988	3	Tim O'Brien	Cleveland	11.6	3	Mark Stern	Cambridgeshire	13.8	3	David Humphreys	West Midlands	14.7
1989	1	Ricky Glover	Somerset	11.1	1	Henrik Hartmann	Hertfordshire	13.2	1	Brian Taylor	Middlesex	14.2
1989	2	Abinbola Ilo	Wiltshire	11.4	2	Dominic Lewis	Essex	13.3	2	Richard Hunter	Northumberland	14.6
1989	3	Stephen Markham	Cleveland	11.4	3	Milimo Chona	Leicestershire	13.3	3	Jim Stevenson	South Yorkshire	14.8
1990	1	Tom Bradwell	Derbyshire	11.1	1	Richard Whalley	Staffordshire	13.1	1	Mark Stern	Cambridgeshire	14.1w
1990	2	Taira Kouzai	Buckinghamshire	11.3	2	Neil Owen	Surrey	13.1	2	Jamie Quarry	Kent	14.3w
1990	3	Craig Taylor	North Yorkshire	11.4	3	Sean Carroll	Essex	13.4	3	Dominic Lewis	Essex	14.5w
1991	1	Tony Lashley	Middlesex	11.20	1	Nick Csemiczky	Berkshire	12.88w	1	Jamie Quarry	Kent	14.01
1991	2	Jonathan Snade	Shropshire	11.45	2	Ricky Glover	Somerset	12.90w	2	Mark Purser	Surrey	14.15
1991	3	Mark Bushell	Hampshire	11.56	3	Stephen Markham	Cleveland	13.13w	3	Paul Stubbs	Staffordshire	14.25
1992	1	Matthew Clements	Cambridgeshire	10.86	1	Chris Pember	Hereford & Worcs	13.78	1	Kevin Lumsdon	Northumberland	14.55
1992	2	Wayne Andrews	London	11.58	2	Simon McAree	Northumberland	13.84	2	Neil Owen	Surrey	14.68
1992	3	Matthew Buckley	Cheshire	11.67	3	Tom Bradwell	Derbyshire	13.86	3	Nick Csemiczky	Berkshire	14.68
1993	1	Nick Dowsett	Essex	11.02w	1	Matthew Clements	Cambridgeshire	12.90w	1	Kevin Lumsdon	Northumberland	13.85w
1993	2	Sam Allen	Humberside	11.12w	2	Mark Bushell	Hampshire	13.29w	2	Peter Donovan	Leicestershire	14.13w
1993	3	Ian Crawley	Hampshire	11.23w	3	Dominic Bradley	Cheshire	13.30w	3	Adrian Caines	West Midlands	14.37w
1994	1	Tom Benn	Essex	11.00w	1	Matthew Clements	Cambridgeshire	12.47w	1	Simon McAree	Northumberland	14.10w
1994	2	Patrick Brown	Northumberland	11.37w	2	Damien Greaves	Essex	12.70w	2	Perry Batchelor	West Midlands	14.17w
1994	3	Sam Hartley	Wiltshire	11.50w	3	Richard Churchill	South Yorkshire	13.27w	3	Nick Csemiczky	Berkshire	14.23w
1995	1	Leon McRae	Avon	11.04	1	Ben Warmington	Northumberland	12.90w	1	Damien Greaves	Essex	14.00
1995	2	Robert Hollinger	South Yorkshire	11.07	2	Chris Hargrave	Northamptonshire	13.27w	2	James Storey	Hertfordshire	14.60
1995	3	Joseph Maxwell	Buckinghamshire	11.21	3	Tom Benn	Essex	13.34w	3	Richard Churchill	South Yorkshire	14.80
1996	1	Seb Bastow	Cleveland	11.10	1	David O'Leary	Merseyside	13.16w	1	Tony Gill	West Yorkshire	14.11w
1996	2	Jonathan Crawshaw	Surrey	11.47	2	Tyrone Carr	Essex	13.22w	2	Ben Warmington	Northumberland	14.18w
1996	3	Phillip Walsh	Hampshire	11.69	3	Dan Brewer	London	13.33w	3	Steven Scott	London	14.29w
1997	1	Chris Tye-Walker	Somerset	11.10	1	Andy Turner	Nottinghamshire	12.98	1	Leo Barker	Northamptonshire	14.07
1997	2	Sam Bibby	Gtr. Manchester	11.21	2	Robert Newton	Nottinghamshire	13.02	2	Liam Collins	Northumberland	14.08
1997	3	Alister Maitland-Tong	Surrey	11.22	3	Finlay Wright	Berkshire	13.56	3	Ben Warmington	Northumberland	14.24
1998	1	Minh Ho	Merseyside	11.30w	1	Dominic Girdler	Leicestershire	12.99	1	Liam Collins	Northumberland	14.12
1998	2	Michael Hudson	Staffordshire	11.52w	2	Jonathon Crawshaw	Surrey	13.45	2	Robert Newton	Nottinghamshire	14.16
1998	3	Edward Dunford	Warwickshire	11.55w	3	Chris Tye-Walker	Somerset	13.53	3	Andy Turner	Nottinghamshire	14.49
1999	1	Edward Dunford	Warwickshire	11.10	1	Chris Tye-Walker	Somerset	13.37	1	Robert Newton	Nottinghamshire	13.90
1999	2	Christopher Awde	Essex	11.63	2	Matthew Colton	Essex	13.55	2	Andy Turner	Nottinghamshire	14.34
1999	3	Matthew Towl	Wiltshire	11.68	3	Lolimar Pagkatipunan	Middlesex	13.59	3	Mohammed S-Freckleton	London	14.49
2000	1	Sean Ashton	Leicestershire	11.16w	1	Peter Middleton	Northumberland	13.29w	1	Dominic Girdler	Leicestershire	13.96w
2000	2	Fola Orilonishe	London	11.26w	2	Edward Dunford	Warwickshire	13.32w	2	John Holtby	Humberside	14.46w
2000	3	Edward Walsh	Somerset	11.49	3	Kenneth Frempong	Surrey	13.68w	3	Matthew Colton	Essex	14.71w
2001	1	Christopher Musa	Essex	10.73w	1	Edward Dunford	Warwickshire	13.15w	1	Tristan Anthony	Hertfordshire	14.32w

2001	2	Richard Alexis-Smith	Surrey	10.81w	2	Anthony Bibby	Cleveland	13.49w	2	Chris Tye-Walker	Somerset	14.49w
2001	3	Tom Stimson	Lincolnshire	10.99w	3	Richard Aidoo	Surrey	13.50w	3	Matthew Colton	Essex	14.69w
2002	1	Daniel Davis	Surrey	10.75	1	Tom Stimson	Lincolnshire	13.40	1	Edward Dunford	Warwickshire	14.70
2002	2	Daniel Maynard	Leics & R	11.04	2	Segun Ogunsheye	Surrey	13.57	2	Stephen Alexander	Cheshire	14.70
2002	3	Jordan Roye	Surrey	11.52	3	Ryan McNamara	Hertfordshire	13.61	3	Andrew Hopkinson	Cheshire	14.80
2003	1	John Lamport	Nottinghamshire	11.54	1	Craig France	Cheshire	13.00w	1	Robert Henry	Humberside	14.02
2003	2	Christian Larsmon	Surrey	11.56	2	Daniel Davis	Surrey	13.19w	2	William Sharman	Northamptonshire	14.04
2003	3	Alex Al-Ameen	London	11.61	3	Joe Tenny	Hertfordshire	13.36w	3	Edward Dunford	Warwickshire	14.21
2004	1	Michael Baker	Kent	11.29	1	Daniel Maynard	Leics & R	12.97w	1	Jordan Fleary	Cumbria	14.24
2004	2	James McLean	Essex	11.30	2	Daniel Davis	Surrey	13.04w	2	Ryan McNamara	Beds & L	14.73
2004	3	Stuart Price	Surrey	11.44	3	Gianni Frankis	Essex	13:36w	3	Carlos Holder	Gtr. Manchester	14.74
2005	1	James McLean	Essex	11.14	1	Julian Adeniran	Leics & R	13.23	1	Gianni Frankis	Essex	14.13
2005	2	Ashley Wilson	London	11.33	2	Callum Priestley	Leics & R	14.42	2	Charles Kavanagh	Derbyshire	14.45
2005	3	James Harrison	Gtr. Manchester	11.46	3	Ederin Okoro	West Midlands	13.48	3	Robert James	West Midlands	14.48
2006	1	Jack Meredith	Merseyside	11.17	1	James McLean	Essex	13.18	1	Daniel Davis	Surrey	14.75
2006	2	Alex Nwenwu	Shropshire	11.34	2	Aaron James	London	13.36	2	Daniel Maynard	Leics & R	14.93
2006	3	Ciaran Donnelly	West Midlands	11.43	3	Simon Merrill	Avon	13.38	3	Mark Holt	West Midlands	14.99
2007	1	Anthony Cummings	Surrey	11.31	1	James McLean	Essex	12.75	1	Julian Adeniran	Leics & R	13.9
2007	2	Ben Hopkins	Kent	11.32	2	Jack Meredith	Merseyside	13.22	2	Callum Priestley	Leics & R	14.17
2007	3	Adam McBraida	Avon	11.54	3	Ashley Wilson	London	13.27	3	Simon Merrill	Avon	14.23
2008	1	Jake Porter	West Midlands	11.11	1	Jack Meredith	Merseyside	12.70	1	Simon Merrill	Avon	14.11
2008	2	Godwin Gyeabour	Middlesex	11.22	2	Alex Nwenwu	Shropshire	12.94	2	Chris Wakeford	Somerset	14.2
2008	3	Oliver Aspden	Lancashire	11.43	3	Andrew Pozzi	Warwickshire	13.25	3	Lawrence Clarke	Berkshire	14.36
2009	1	James Taylor	Staffordshire	11.09	1	Themba Luhana	Northamptonshire	12.93	1	Emmanuel Okpokiri	Essex	14.18
2009	2	Christian Geddes	Hertfordshire	11.33	2	Daniel Needham	Gtr. Manchester	13.50	2	Orie Lawrence	West Midlands	14.28
2009	3	Max Everest	Cambridgeshire	11.44	3	Adam McBraida	Avon	13.50	3	Alex Nwenwu	Shropshire	14.34
2010	1	Matthew Scott	Essex	11.43	1	Blade Ashby	London	13.18	1	Jack Meredith	Merseyside	13.69
2010	2	Alex Walker	Berkshire	11.51	2	Nicholas Ofonagoro	Sussex	13.22	2	Matthew Walcott	Surrey	14.4
2010	3	Jordan Hadley	Buckinghamshire	11.62	3	Joe Yarde	Surrey	13.32	3	Ben Kelk	Cambridgeshire	14.41
2011	1	Ben Buckley	North Yorkshire	11.43	1	Max Everest	Cambridgeshire	13.16	1	Ben Kelk	Cambridgeshire	14.05
2011	2	Nathan Parker	Sussex	11.55	2	Jordan Auburn	Sussex	13.27	2	James Gladman	Cheshire	14.12
2011	3	Ashley Kirsopp	Cheshire	11.56	3	James Taylor	Staffordshire	13.28	3	Daniel Needham	Gtr. Manchester	14.35
2012	1	Christopher Bell-Hartley	Gloucestershire	11.27	1	Kertis Beswick	Surrey	13.09	1	Jake Porter	West Midlands	14.02
2012	2	Jacob Spence	Avon	11.28	2	Robbie Clarricoats	Essex	13.22	2	David King	Devon	14.15
2012	3	Luke Batup	Berkshire	11.32	3	Luke Townsend	Warwickshire	13.24	3	James Wright	Warwickshire	14.32
2013	1	Sam Talbot	Devon	11.34	1	Jack Kirby	Middlesex	13.09	1	Khai Riley-La Borde	Essex	13.90
2013	2	Ethan Akanni	Kent	11.52	2	Nathan Parker	Sussex	13.25	2	Kertis Beswick	Surrey	14.22
2013	3	Lewis Shepherd	Dorset	11.59	3	Christopher Bell-Hartley	Gloucestershire	13.46	3	Robbie Clarricoats	Essex	14.23
2014	1	Tade Ojora	Berkshire	11.06	1	Michael Shields	Essex	13.25	1	Khai Riley-La Borde	Essex	13.90
2014	2	Sawa Yamakawa	Surrey	11.24	2	Ethan Akanni	Kent	13.25	2	Euan Dickson-Earle	Hertfordshire	14.01
2014	3	Mayowa Osunsami	Essex	11.24	3	Robert Sakala	Surrey	13.44	3	Jack Kirby	Middlesex	14.06
2015	1	Sam Bennett	Essex	11.03	1	Jason Nicholson	Northumberland	13.10	1	George Vaughan	Middlesex	14.49

2015	2	Oliver Lambert	Northamptonshire	11.15	2	Thomas Miller	Hampshire	13.23	2	Jack Major	Hampshire	14.59
2015	3	Jack Sumners	Warwickshire	11.16	3	Tade Ojora	Berkshire	13.26	3	William Ritchie-Moulin	West Midlands	14.79
2016	1	Daniel Knight	Essex	11.18	1	Tade Ojora	Berkshire	13.12	1	William Aldred	Gtr. Manchester	14.59
2016	2	Adam Willis	Cumbria	11.28	2	Sam Bennett	Essex	13.16	2	Cameron Fillery	Sussex	14.75
2016	3	Sam Odu	Sussex	11.54	3	Tre Thomas	Leics & R	13.18	3	Jacob Spence	Avon	14.90
2017	1	Joseph Harding	Essex	10.50	1	Joshua Zeller	Berkshire	12.93	1	Cameron Fillery	Sussex	13.76
2017	2	Jami Schlueter	Somerset	11.27	2	Oliver Cresswell	Warwickshire	12.96	2	Jason Nicholson	Northumberland	13.78
2017	3	Elliott Harris	West Midlands	11.51	3	Daniel Knight	Essex	13.39	3	Tre Thomas	Leics & R	13.89
2018	1	Freddie Fraser	Lincolnshire	10.84w	1	Joseph Harding	Essex	13.01	1	Sam Bennett	Essex	13.63
2018	2	Elliott Evans	Hampshire	11.04w	2	Jordan Ricketts	West Midlands	13.19	2	Tade Ojora	Berkshire	13.74*
2018	3	Joseph Purbrick	Cambridgeshire	11.07w	3	Daniel Knight	Essex	13.37	3	Mayowa Osunsami	Essex	13.83
2019	1	Freddie Clemons	Warwickshire	10.90	1	Joseph Harding	Essex	12.76	1	William Adeyeye	Essex	14.00
2019	2	Freddy Khan	Essex	11.09	2	Joseph Purbrick	Cambridgeshire	13.11	2	Jordan Ricketts	West Midlands	14.04
2019	3	Jacob Blanc	Essex	11.20	3	Jami Schlueter	Somerset	13.18	3	Oliver Cresswell	Warwickshire	14.16
2021	1	Elliott Hanslow	Sussex	11.21	1	Jacob Blanc	Essex	12.91	1	Harry Barton	Somerset	14.15
2021	2	Trey Corlis	London	11.29	2	Daniel Goriola	Kent	13.01	2	Reuben Hedman	Essex	14.21
2021	3	Rayhan Mourtada	Kent	11.29	3	Noah Hanson	Essex	13.26	3	Stephen Simmons	Beds & L	14.35
2022	1	Lewis Shaw	Merseyside	11.24	1	Jaiden Dean	Norfolk	12.72	1	Abdulsamad Sanusi	Essex	14.05
2022	2	Ollie Dieppe	Hereford & Worcs	11.55	2	Noah Hanson	Essex	12.77	2	Harry Barton	Somerset	14.10
2022	3	William Allinson	Surrey	11.78	3	Oliver Parker	Leics & R	13.25	3	Joseph Purbrick	Cambridgeshire	14.58
2023	1	Kai Rogan	Kent	11.33	1	Rayhan Mourtada	Kent	13.12	1	Noah Hanson	Essex	13.55
2023	2	Semilore Mustafa	Essex	11.43	2	Trey Corlis	London	13.30	2	Daniel Goriola	Kent	13.61
2023	3	Malakai Callum	London	11.63	3	Toby Wright	Somerset	13.35	3	Charlie Staddon	Avon	14.08
2024	1	Oscar Barret	Hertfordshire	11.28	1	Lewis Shaw	Merseyside	13.11	1	Noah Hanson	Essex	13.52
2024	2	Tristan Lamprecht	Cheshire	11.38	2	Tobechi Azodoh	Kent	13.49	2	Jaiden Dean	Hertfordshire	13.81
2024	3	Harry Ryan	Dorset	11.44	3	Luke Pichler	Northumberland	13.52	3	Joshua Taylor	Devon	13.85
2025	1	Charles Reilly	Lincolnshire	10.94	1	Hans Nmaju	Kent	12.87	1	Joshua Taylor	Devon	13.78
2025	2	Fabian Nayan	Essex	11.09	2	Hugo Douglas-Reeves	Durham	13.12	2	Toby Wright	Somerset	14.12
2025	3	Kayden Thomas	Bedfordshire	11.10	3	Emile Morti	Buckinghamshire	13.15	3	Adam Dingley	Devon	14.16

UNDER-16

UNDER-18

UNDER-19

100 METRES HURDLES

100 METRES HURDLES

110 METRES HURDLES

2026	1	Kayden Thomas	Bedfordshire	12.72	1	Emile Morti	Buckinghamshire	13.66	1	Montana Dennis	Middlesex	14.73
2026	2	Charles Reilly	Lincolnshire	13.14	2	Hans Nmaju	Kent	13.87	2	Samuel Newton	Kent	14.81
2026	3	Jacob Clark-Jones	Kent	13.36	3	Caleb Green	Gloucestershire	14.00	3	Luke Pichler	Northumberland	14.89

JUNIOR

INTERMEDIATE

SENIOR

200 YARDS HURDLES

1957		-	-			-	-		1	Richard Blaxill	Surrey	23.5
1957		-	-			-	-		2	Robin Rands	Surrey	24.4

1957		-	-			-	-		3	Robin Aspland	Yorkshire	24.6
1958		-	-			-	-		1	R. Wilson	Cumberland	23.8
1958		-	-			-	-		2	C. M. Walker	Yorkshire	23.8
1958		-	-			-	-		3	Dave Smallman	London	24.0
1959		-	-			-	-		1	Orlando Baggott	Surrey	22.8
1959		-	-			-	-		2	Peter Warden	Yorkshire	23.4
1959		-	-			-	-		3	Allan Parry	Cheshire	23.7
1960		-	-			-	-		1	Barry Williamson	Norfolk	23.2
1960		-	-			-	-		2	John Lively	Northumberland	23.5
1960		-	-			-	-		3	Richard Letford	Hampshire	23.8
1961		-	-			-	-		1	Clive Webb	Hampshire	22.4
1961		-	-			-	-		2	Antony Hawker-Bond	Lancashire	23.2
1961		-	-			-	-		3	Michael Smith	Surrey	23.3
1962		-	-			-	-		1	Clive Webb	Hampshire	23.3
1962		-	-			-	-		2	Michael Beever	Hertfordshire	24.0
1962		-	-			-	-		3	Damien Knight	Kent	24.6
1963		-	-			-	-		1	Philip Faulkner	Lancashire	23.7
1963		-	-			-	-		2	Maurice Joyce	Surrey	24.0
1963		-	-			-	-		3	Robert Lamb	Yorkshire	24.2
1964		-	-			-	-		1	Jim Smith	Bedfordshire	23.1
1964		-	-			-	-		2	Michael Beever	Hertfordshire	23.4
1964		-	-			-	-		3	John Day	Nottinghamshire	23.5
1965		-	-			-	-		1	John Day	Nottinghamshire	23.1
1965		-	-			-	-		2	Mervyn Boast	Norfolk	23.1
1965		-	-			-	-		3	Lynn Williams	Cheshire	23.6
1966		-	-			-	-		1	Gareth Edwards	Somerset	22.5
1966		-	-			-	-		2	Graham Gower	Kent	22.5
1966		-	-			-	-		3	Trevor Jones	Warwickshire	23.1
1967		-	-			-	-		1	Colin Sergeant	Kent	23.3w
1967		-	-			-	-		2	Ian Ray	Norfolk	23.3w
1967		-	-			-	-		3	David Rule	Cheshire	23.3w

440 YARDS HURDLES

1968		-	-			-	-		1	Graham Hunt	Hants	55.6y
1968		-	-			-	-		2	Kenneth Preece	Staffs	56.5y
1968		-	-			-	-		3	Joe Kirwan	Lancs	57.0y

400 METRES HURDLES

400 METRES HURDLES

1969		-	-			-	-		1	Eric Frost	Cheshire	55.1
1969		-	-			-	-		2	John Allen	Berkshire	55.5
1969		-	-			-	-		3	John Howard	London	56.3
1970		-	-			-	-		1	Paul Young	Middlesex	53.6

1970		-	-			-	-		2	Eric Frost	Cheshire	55.0
1970		-	-			-	-		3	Nicholas Demetriou	Middlesex	56.6
1971		-	-			-	-		1	Gordon Wood	Rutland	53.9
1971		-	-			-	-		2	Andy Baker	Kent	55.6
1971		-	-			-	-		3	Joseph Stephenson	Surrey	55.8
1972		-	-			-	-		1	Stephen James	Northamptonshire	55.0
1972		-	-			-	-		2	David West	Hampshire	55.8
1972		-	-			-	-		3	Andy Baker	Kent	56.4
1973		-	-			-	-		1	Martin Ollier	Cheshire	55.5
1973		-	-			-	-		2	Daniel Corcos	Essex	55.8
1973		-	-			-	-		3	Gary Poole	Middlesex	56.8
1974		-	-			-	-		1	Robert Harris	Hampshire	55.2
1974		-	-			-	-		2	Neil Chislett	Somerset	55.4
1974		-	-			-	-		3	Chris Lynch	Kent	55.4
1975		-	-			-	-		1	John Longman	Hampshire	55.3
1975		-	-			-	-		2	Neil Chislett	Somerset	55.6
1975		-	-			-	-		3	John Lay	Essex	56.0
1976		-	-			-	-		1	Chris Preston	Northamptonshire	54.9
1976		-	-			-	-		2	Christopher Allen	Staffordshire	55.3
1976		-	-			-	-		3	David Bowman	Buckinghamshire	55.5
1977		-	-		1	J. Kearns	Surrey	55.9	1	Gary Oakes	London	54.2
1977		-	-		2	Paul Goacher	Staffordshire	56.4	2	Chris Preston	Northamptonshire	55.5
1977		-	-		3	Mark Oakes	London	56.4	3	John Key	Buckinghamshire	55.6
1978		-	-		1	Kevin Lidlow	Essex	57.6	1	Mike Garmston	Staffordshire	56.4
1978		-	-		2	Adrien Damant	Suffolk	57.9	2	Delroy Hall	Leicestershire	56.8
1978		-	-		3	Bruce Rodger	Kent	59.6	3	Nigel Underwood	Bedfordshire	57.1
1979		-	-		1	James Gillespie	Leicestershire	55.6	1	Trevor Carrington	Gtr. Manchester	53.4
1979		-	-		2	Max Robertson	Somerset	55.9	2	Ian McDonnal	Lancashire	53.7
1979		-	-		3	Bruce Rodger	Kent	55.9	3	Nigel Underwood	Northamptonshire	53.7
1980		-	-		1	Max Robertson	Somerset	53.7	1	Nigel Underwood	Northamptonshire	54.4
1980		-	-		2	Martin Briggs	Staffordshire	53.7	2	Ian Welch	West Yorkshire	54.4
1980		-	-		3	Martin Gillingham	Buckinghamshire	54.9	3	Kevin Lidlow	Essex	54.4
1981		-	-		1	Phillip McDonnell	Lancashire	56.0	1	Martin Briggs	Staffordshire	53.4
1981		-	-		2	David Wild	West Yorkshire	56.?	2	Max Robertson	Somerset	53.6
1981		-	-		3	Paul Austridge	Kent	56.6	3	Ian Welch	West Yorkshire	54.5
1982		-	-		1	David Wild	West Yorkshire	55.0	1	Max Robertson	Somerset	51.5
1982		-	-		2	Matthew White	Cheshire	55.7	2	Martin Briggs	Staffordshire	52.5
1982		-	-		3	M. Whittaker	Gloucestershire	56.3	3	Martin Gillingham	Buckinghamshire	53.2
1983		-	-		1	Andrew Abrahams	Durham	54.9	1	Michael Bryars	Hertfordshire	54.3
1983		-	-		2	Steven Hawkins	Hertfordshire	55.1	2	Stephen Harridge	Berkshire	55.0
1983		-	-		3	Philip Parkinson	Gtr. Manchester	56.0	3	Anthony Pamah	London	55.2
1984		-	-		1	Thomas Haynes	Surrey	55.1	1	Andrew Abrahams	Durham	53.5

1984		-	-		2	David Haizelden	Surrey	55.2	2	David Hitchcock	Bedfordshire	54.0
1984		-	-		3	Richard Hill	Humberside	56.3	3	Steven Hawkins	Hertfordshire	54.2
1985		-	-		1	Richard Foulkes	West Yorkshire	54.7	1	Bel Blik	Middlesex	52.1
1985		-	-		2	Matthew Randall	Hampshire	55.2	2	Andrew Abrahams	Durham	52.4
1985		-	-		3	Andrew Nelson	Middlesex	55.5	3	Philip Harries	Derbyshire	53.6
1986		-	-		1	Robert Brown	West Yorkshire	54.3	1	Mark Fulton	Gtr. Manchester	53.0
1986		-	-		2	Chris Irvine	Northumberland	54.9	2	Peter Campbell	Staffordshire	53.6
1986		-	-		3	Paul Wagstaff	West Midlands	55.7	3	Andrew Nelson	Middlesex	54.6
1987		-	-		1	Grant McPherson	Dorset	54.4	1	Peter Campbell	Staffordshire	53.7
1987		-	-		2	Paul Thompson	Staffordshire	55.0	2	Robert Brown	West Yorkshire	53.8
1987		-	-		3	Matthew Birchall	Merseyside	55.8	3	David Warburton	Staffordshire	54.0
1988		-	-		1	Paul Danby	Humberside	55.8	1	Robert Brown	West Yorkshire	51.8
1988		-	-		2	Matthew Birchall	Merseyside	56.0	2	Jason Davenhill	Surrey	53.9
1988		-	-		3	Nigel Gardner	Essex	56.3	3	Robert Taylor	Surrey	54.2
1989		-	-		1	Jamie Quarry	Kent	54.7	1	Matthew Birchall	Merseyside	53.1
1989		-	-		2	Dominic Williams	Kent	54.9	2	Gavin Streather	Essex	53.6
1989		-	-		3	Andrew Clark	Hertfordshire	55.2	3	Chris Morrison	Gtr. Manchester	53.9
1990		-	-		1	Anthony Borsumato	Cleveland	54.9	1	Matthew Birchall	Merseyside	54.0
1990		-	-		2	Ben Worthington	Northumberland	55.8	2	Lawrence Rogers	London	54.9
1990		-	-		3	Richard Warburton	Staffordshire	55.9	3	Nigel Gardner	Essex	55.0
1991		-	-		1	Noel Levy	London	53.58	1	Martin Maynard	West Midlands	53.52
1991		-	-		2	Richard Warburton	Staffordshire	54.16	2	Paul Thompson	Staffordshire	53.55
1991		-	-		3	Matthew Cochlin	Kent	54.72	3	Gary Jennings	Somerset	54.96
1992		-	-		1	Andrew Bargh	Hampshire	53.71	1	Anthony Borsumato	Cleveland	52.94
1992		-	-		2	Paul Martin	Humberside	53.98	2	John Bell	Northumberland	53.70
1992		-	-		3	Jon Parker	Hereford & Worcs	54.63	3	Matthew Cochlin	Kent	55.39
1993		-	-		1	Jon Goodwin	Devon	54.85	1	Jason Toal	Bedfordshire	54.67
1993		-	-		2	Matthew Douglas	Buckinghamshire	55.08	2	Jon Parker	Hereford & Worcs	54.68
1993		-	-		3	Adam Daniel	Kent	56.18	3	Marc Arend	Somerset	56.61
1994		-	-		1	Charles Robertson-Adams	Shropshire	54.39	1	Alex Hunte	Middlesex	53.57
1994		-	-		2	Dean Park	London	53.64	2	Steve Lamb	Derbyshire	53.79
1994		-	-		3	Mark Anderson	Staffordshire	55.83	3	Rey Guevara	Middlesex	54.95
1995		-	-		1	Charles Robertson-Adams	Hampshire	54.10	1	Charles Robertson-Adams	Shropshire	53.04
1995		-	-		2	Ruben Tabares	London	54.67	2	Matthew Douglas	Buckinghamshire	53.25
1995		-	-		3	Paul Morris	West Midlands	55.34	3	Carl Foster	South Yorkshire	54.58
1996		-	-		1	Jon Heggie	Derbyshire	54.44	1	Charles Robertson-Adams	Shropshire	53.22
1996		-	-		2	Carl McMullen	Cheshire	56.21	2	Fyn Corcoran	Cornwall	54.42
1996		-	-		3	Carl Daly	Essex	56.46	3	Russell Quelch	Hampshire	54.58
1997		-	-		1	Austin Ferns	London	53.98	1	Ruben Tabares	London	52.95
1997		-	-		2	Nange Ursell	London	54.99	2	Paul Crossley	Bedfordshire	53.62
1997		-	-		3	Tony Seston	Suffolk	55.09	3	Martin Thomas	Merseyside	54.03
1998		-	-		1	Nange Ursell	London	53.26	1	Ruben Tabares	London	54.11

1998		-	-		2	Jeffrey Christie	Warwickshire	54.91	2	Austin Ferns	London	54.61
1998		-	-		3	John Cole	West Midlands	55.51	3	Lee Wiscombe	Durham	55.01
1999		-	-		1	Jeffrey Christie	Warwickshire	52.74	1	Austin Ferns	London	52.74
1999		-	-		2	Steven Green	Cornwall	55.03	2	Nange Ursell	London	53.10
1999		-	-		3	Andrew Bennett	Sussex	55.29	3	Leon McRae	Avon	53.47
2000		-	-		1	Oliver Teasel	Derbyshire	56.87	1	Jeffrey Christie	Warwickshire	53.27
2000		-	-		2	Matthew Williams	West Midlands	57.30	2	Steven Green	Cornwall	54.15
2000		-	-		3	Robert Ayers	Leicestershire	57.67	3	Richard Castillo	Nottinghamshire	54.24
2001		-	-		1	Rupert Gardner	Buckinghamshire	54.53	1	Steven Green	Cornwall	52.29
2001		-	-		2	Callum McKay	Hampshire	55.24	2	Richard Smith	Durham	52.36
2001		-	-		3	Andrew Broadbent	West Midlands	56.59	3	Andrew Bennett	Sussex	53.97
2002		-	-		1	Ben Carne	Middlesex	55.68	1	Rupert Gardner	Beds & L	52.29
2002		-	-		2	Darren Lewis	West Midlands	56.59	2	Dan Bray	Hampshire	53.18
2002		-	-		3	Michael Newton	Gtr. Manchester	57.09	3	Thomas Carey	Cambridgeshire	54.57
2003		-	-		1	Craig Crawford-Glanville	Durham	53.68	1	Richard Davenport	Gloucestershire	52.35
2003		-	-		2	Edward Harrison	Kent	54.02	2	Darren Lewis	West Midlands	54.68
2003		-	-		3	Lewis Robson	Durham	54.34	3	Gareth Wiltshire	Wiltshire	55.41
2004		-	-		1	Lloyd Gumbs	Leics & R	53.52	1	Edward Harrison	Kent	53.14
2004		-	-		2	Andrew Howell	Middlesex	54.34	2	Ogadima Duru	Essex	53.59
2004		-	-		3	Wayne Taylor	Humberside	54.64	3	Kieran Flannery	Northumberland	53.78
2005		-	-		1	Toby Ulm	Wiltshire	53.43	1	Ogadima Duru	Essex	52.65
2005		-	-		2	Nathan Woodward	Warwickshire	53.84	2	Iain McDonald	West Midlands	53.53
2005		-	-		3	Luke Smallwood	Kent	54.41	3	Andrew Tippet	Oxfordshire	53.96
2006		-	-		1	Nathan Woodward	Warwickshire	52.63	1	Andrew Howell	Middlesex	52.62
2006		-	-		2	Michael Baker	Kent	53.52	2	Toby Ulm	Wiltshire	52.74
2006		-	-		3	James Thompson	Norfolk	55.86	3	Scott Henderson	Cleveland	54.06
2007		-	-		1	Niall S. Flannery	Northumberland	54.14	1	Nathan Woodward	Warwickshire	53.00
2007		-	-		2	Lee Hamilton	Cornwall	54.68	2	Zac Saucedes	Hertfordshire	55.24
2007		-	-		3	Jack Green	Kent	54.71	3	Callem Forde	Leics & R	55.52
2008		-	-		1	Jack Green	Kent	54.18	1	Niall S. Flannery	Northumberland	52.48
2008		-	-		2	James Forman	Hampshire	54.30	2	Michael Baker	Kent	52.95
2008		-	-		3	Oluwseyi Oyewobi	Middlesex	54.69	3	John Croasdale	Merseyside	53.20
2009		-	-		1	Ben Hopkins	Kent	54.32	1	Niall S. Flannery	Northumberland	51.98
2009		-	-		2	Ben Parkin	Surrey	54.55	2	Tom Moakes	Nottinghamshire	53.31
2009		-	-		3	Ben Kelk	Cambridgeshire	55.58	3	Matthew Sumner	Devon	53.49
2010		-	-		1	Jacob Paul	Surrey	53.00	1	Ashley Fry	Berkshire	53.29
2010		-	-		2	Sean Adams	Hampshire	53.53	2	Matthew Sumner	Devon	53.95
2010		-	-		3	Sam Maguire	Berkshire	53.94	3	Ashley Hill	Hereford & Worcs	54.18
2011		-	-		1	Jacob Paul	Surrey	53.06	1	Sean Adams	Hampshire	54.62
2011		-	-		2	Lolu Oluwole-Ojo	Surrey	54.54	2	Simon Davies	Dorset	54.62
2011		-	-		3	Tadgh Healy	Kent	55.21	3	Craig Morten	Kent	55.19
2012		-	-		1	Stanley Livingston	Channel Islands	54.05	1	Jacob Paul	Surrey	52.14

2012		-	-		2	Aiden Davies	South Yorkshire	54.91	2	Jack Houghton	Lincolnshire	52.95
2012		-	-		3	George Hadler	Essex	55.04	3	Sean Adams	Hampshire	53.71
2013		-	-		1	Samuel Wallbridge	Channel Islands	54.21	1	Jacob Paul	Surrey	51.79
2013		-	-		2	Josiah Filleul	Derbyshire	54.88	2	James Webster	Cheshire	52.81
2013		-	-		3	Joshua Brown	Lincolnshire	54.93	3	Aiden Davies	South Yorkshire	54.80
2014		-	-		1	Reuben Cole	Northumberland	54.57	1	Chris McAlister	Surrey	53.39
2014		-	-		2	Thomas Pitkin	Essex	55.25	2	Stanley Livingston	Channel Islands	53.39
2014		-	-		3	Joe Fuggle	Sussex	55.50	3	Aiden Davies	South Yorkshire	53.78
2015		-	-		1	Joe Fuggle	Sussex	54.58	1	Stanley Livingston	Channel Islands	53.37
2015		-	-		2	Alex Knibbs	Derbyshire	55.48	2	Max Schopp	Hertfordshire	53.79
2015		-	-		3	Alastair Chalmers	Channel Islands	55.62	3	Ajibola Aderemi	London	53.79
2016		-	-		1	Ben Lloyd	Hertfordshire	54.61	1	Joe Fuggle	Sussex	53.72
2016		-	-		2	Ben Higgins	Leics & R	54.79	2	Bailey Stickings	Kent	53.93
2016		-	-		3	Seamus Derbyshire	Staffordshire	55.25	3	Niall Carney	West Midlands	54.13
2017		-	-		1	Ben Lloyd	Hertfordshire	53.12	1	Alex Knibbs	Derbyshire	52.09
2017		-	-		2	Karl Johnson	Essex	53.36	2	Alastair Chalmers	Channel Islands	52.73
2017		-	-		3	Alex O'Callaghan-Brown	Surrey	54.75	3	Tyri Donovan	Surrey	52.81
2018		-	-		1	Oscar Heaney Brufal	London	54.73	1	Karl Johnson	Essex	51.69
2018		-	-		2	Freddie Reilly	Hertfordshire	54.87	2	Seamus Derbyshire	Staffordshire	51.97
2018		-	-		3	Adam Rowlands	Middlesex	55.91	3	Joshua Faulds	Warwickshire	52.53
2019		-	-		1	Pyers Lockwood	Sussex	55.08	1	Alex O'Callaghan-Brown	Surrey	54.33
2019		-	-		2	Will Kong	Lincolnshire	55.27	2	Adam Rowlands	Middlesex	55.56
2019		-	-		3	Ethan Flaherty	Merseyside	55.48	3	Ben Okeiyi	Sussex	55.56
2021		-	-		1	Jake Minshull	Warwickshire	53.94	1	George Seery	Kent	53.14
2021		-	-		2	Onyekachukwu Okoh	Essex	54.50	2	Ethan Flaherty	Merseyside	53.71
2021		-	-		3	Samael Lunt	Cheshire	56.34	3	Tobie Watson	Shropshire	54.29
2022		-	-		1	Samael Lunt	Cheshire	51.83	1	Jake Minshull	Warwickshire	51.73
2022		-	-		2	Hayden Christian	Middlesex	53.23	2	Onyekachukwu Okoh	Essex	52.73
2022		-	-		3	Demari Gumbs	Berkshire	53.30	3	Jacob Blanc	Essex	53.94
2023		-	-		1	Cheyne West	Kent	54.29	1	Samael Lunt	Cheshire	52.61
2023		-	-		2	Nicolas Maczugowski	Devon	55.45	2	Onyekachukwu Okoh	Essex	53.13
2023		-	-		3	Archie Ellis	Hampshire	56.95	3	Demari Gumbs	Berkshire	54.06
2024		-	-		1	Max Leon	Surrey	55.81	1	Oliver Parker	Leics & R	52.19
2024		-	-		2	Zack Cumberland	North Yorkshire	55.84	2	Cheyne West	Kent	52.59
2024		-	-		3	Elijah Olaleye	London	55.99	3	Nicolas Maczugowski	Devon	54.74
2025		-	-		1	Elijah Olaleye	London	53.95	1	Rayhan Mourtada	Kent	51.45
2025		-	-		2	Harry Ryan	Dorset	54.60	2	Cheyne West	Kent	51.58
2025		-	-		3	Luke Carlin	Hertfordshire	54.87	3	Nicolas Maczugowski	Devon	54.01

UNDER-16

300 METRES HURDLES

UNDER-18

400 METRES HURDLES

UNDER-19

400 METRES HURDLES

2026	1	Jay Husain	Merseyside	37.09	1	Liam O'Brien	Gtr. Manchester	52.73	1	Oliver Hall	Berkshire	54.03
2026	2	Joshua Gilbert	Middlesex	37.68	2	Elliot Cox	Wiltshire	53.36	2	Ollie Dieppe	Hereford & Worcs	54.26
2026	3	Charlie Jackson	West Midlands	38.44	3	Elijah Olaleye	West Midlands	53.48	3	Arthur Widdows	Wiltshire	54.48

JUNIOR					INTERMEDIATE					SENIOR				
					1000m STEEPLECHASE					2000m STEEPLECHASE				
1964		-	-		1	Roger Pontefract	Yorkshire	2:49.2	1	John Caine	Durham		5:54.0	
1964		-	-		2	Robert Groom	Hertfordshire	2:50.6	2	Roy Sandford	London		6:04.6	
1964		-	-		3	James Roberts	Middlesex	2:51.5	3	Paul Lightfoot	Devon		6:09.4	
1965		-	-		1	Robert Cahill	Lancashire	2:49.0	1	Barry Davies	Lancashire		5:56.0	
1965		-	-		2	Ian Forster	Durham	2:49.7	2	Steve Hollings	Yorkshire		5:58.0	
1965		-	-		3	Ian Angus	Hertfordshire	2:49.0	3	Roy Fox	Hampshire		6:04.0	
1966		-	-		1	Ian Barnard	Nottinghamshire	2:45.9	1	Steve Hollings	Yorkshire		5:55.8	
1966		-	-		2	Jeff Adshead	Lancashire	2:47.8	2	Brendan Byrne	London		6:00.6	
1966		-	-		3	Nigel Tarry	Cheshire	2:52.2	3	Stewart Canner	Leicestershire		6:01.6	
1967		-	-		1	Chris Barber	Lancashire	2:49.3	1	Ian Forster	Durham		5:57.0	
1967		-	-		2	Christopher Woodhouse	Wiltshire	2:51.1	2	Keith Falla	Hampshire		5:57.0	
1967		-	-		3	Thomas Litherland	Staffordshire	2:51.1	3	Andy Holden	Lancashire		5:59.6	
1968		-	-		1	Glenn Page	Staffordshire	2:42.8	1	Colin Taylor	Yorkshire		5:47.0	
1968		-	-		2	Leslie Reid	Lancashire	2:45.4	2	John Wheway	Warwickshire		5:48.4	
1968		-	-		3	Ian White	Warwickshire	2:45.9	3	Ian Barnard	Nottinghamshire		5:50.8	
1969		-	-		1	Kevin Williams	Huntingdonshire	2:42.1	1	John Wheway	Warwickshire		5:45.6	
1969		-	-		2	John Davies	Middlesex	2:42.7	2	Steve Mitchell	Surrey		5:50.4	
1969		-	-		3	John Ovenden	Middlesex	2:45.7	3	Martin Jones	Warwickshire		5:52.6	
1970		-	-		1	John O'Kane	Bedfordshire	2:48.3	1	John Wheway	Warwickshire		5:49.2	
1970		-	-		2	Neil Foster	Leicestershire	2:48.8	2	Martin Jones	Warwickshire		5:49.8	
1970		-	-		3	Neil Saunders	Middlesex	2:48.8	3	John Ovenden	Middlesex		5:51.2	
1971		-	-		1	David Brewster	Yorkshire	2:43.2	1	Ian Kilpatrick	Buckinghamshire		5:46.0	
1971		-	-		2	Stephen Freeman	Warwickshire	2:45.6	2	Neil Saunders	Middlesex		5:50.4	
1971		-	-		3	John Tierney	Warwickshire	2:47.0	3	Gordon Buckley	Lancashire		5:54.4	
1972		-	-		1	John Tierney	Warwickshire	2:48.4	1	Steve Galloway	Hampshire		5:57.2	
1972		-	-		2	Anthony Mylrea	Lancashire	2:52.8	2	Peter Andrews	Nottinghamshire		5:58.8	
1972		-	-		3	Leslie George	Lancashire	2:52.8	3	Geoff Styan	Sussex		6:01.8	

					1500m STEEPLECHASE					2000m STEEPLECHASE				
1973		-	-		1	Leslie George	Lancashire	4:23.0	1	John Tierney	Warwickshire		5:52.6	
1973		-	-		2	Gordon Faulds	Warwickshire	4:24.5	2	Gerald Cosgrave	Warwickshire		6:02.6	
1973		-	-		3	Peter Stacey	Yorkshire	4:29.4	3	Michael Nolan	Cheshire		6:06.8	
1974		-	-		1	John Crowley	Yorkshire	4:20.6	1	David Warren	Surrey		5:57.0	
1974		-	-		2	Christopher Sly	Middlesex	4:22.3	2	Robert Anning	Devon		6:02.8	
1974		-	-		3	Adrian Howden	Yorkshire	4:25.4	3	Victor Le Grand	Gloucestershire		6:04.8	

1975		-	-		1	John Wilson	Surrey	4:18.6	1	David Warren	Surrey	5:47.6
1975		-	-		2	Keith Irvine	Gtr. Manchester	4:24.5	2	Paul Gayter	Gtr. Manchester	5:53.8
1975		-	-		3	Paul Davies	Staffordshire	4:24.5	3	Peter Gaden	Devon	5:54.6
1976		-	-		1	James Mayhew	Middlesex	4:24.5	1	John Wilson	Surrey	5:52.4
1976		-	-		2	Nicholas Young	Kent	4:27.7	2	Charles Marr	Essex	5:55.6
1976		-	-		3	Neil Cowie	West Midlands	4:28.5	3	Adrian Howden	West Yorkshire	5:58.6
1977		-	-		1	David Parish	North Yorkshire	4:21.2	1	Sean Butler	Merseyside	5:51.8
1977		-	-		2	David Lewis	Lancashire	4:22.0	2	Graeme Fell	Essex	5:54.2
1977		-	-		3	Eddie Wedderburn	West Midlands	4:22.0	3	John Wilson	Surrey	5:59.2
1978		-	-		1	David Lewis	Lancashire	4:23.7	1	Kevin Capper	Lancashire	5:56.0
1978		-	-		2	David Bennett	Hereford & Worcs	4:24.8	2	Eddie Wedderburn	West Midlands	6:01.2
1978		-	-		3	David Swain	Surrey	4:27.5	3	Stephen Willimott	Staffordshire	6:04.9
1979		-	-		1	Malcolm Smith	Nottinghamshire	4:18.8	1	David Lewis	Lancashire	5:46.8
1979		-	-		2	Kenneth Baker	Staffordshire	4:19.4	2	Brian Tilley	West Midlands	6:02.8
1979		-	-		3	Andy Green	Cheshire	4:22.2	3	Sean Connolly	Gtr. Manchester	6:04.0
1980		-	-		1	Andrew Rodgers	West Yorkshire	4:24.2	1	Andy Green	Cheshire	5:57.0
1980		-	-		2	Paul Coulson	Cleveland	4:25.0	2	Mike Reeves	Somerset	5:58.7
1980		-	-		3	Douglas Stones	Humberside	4:26.0	3	Michael Bannister	Kent	5:59.8
1981		-	-		1	John Hartigan	West Midlands	4:21.2	1	Nigel Reeves	Staffordshire	5:54.3
1981		-	-		2	Philip Carpenter	West Midlands	4:21.3	2	Richard Chudley	Devon	5:54.4
1981		-	-		3	Graham Birdsall	Hereford & Worcs	4:23.4	3	Michael Bannister	Kent	5:59.4
1982		-	-		1	Gary Horne	Gtr. Manchester	4:20.1	1	Andrew Rodgers	West Yorkshire	5:49.7
1982		-	-		2	Kevin Howard	Sussex	4:21.5	2	Mark Hawkins	Devon	5:55.0
1982		-	-		3	Paul Halsey	Bedfordshire	4:24.4	3	Douglas Stones	Humberside	5:55.9
1983		-	-		1	Spencer Newport	Kent	4:17.4	1	Douglas Stones	Humberside	5:46.5
1983		-	-		2	Paul Halsey	Bedfordshire	4:22.8	2	Gary Horne	Gtr. Manchester	5:55.3
1983		-	-		3	Scott Debenham	Essex	4:23.0	3	David Hoinville	London	5:57.4
1984		-	-		1	David Caton	Essex	4:19.5	1	John Hartigan	West Midlands	5:42.2
1984		-	-		2	Stephen Denham	Surrey	4:21.3	2	Spencer Newport	Kent	5:42.7
1984		-	-		3	Robert Temple	West Midlands	4:21.9	3	Bashir Hussain	Gtr. Manchester	5:52.0
1985		-	-		1	Stephen Arnold	Hampshire	4:15.7	1	Spencer Newport	Kent	5:52.0
1985		-	-		2	Spencer Duval	Staffordshire	4:19.0	2	Robert Temple	West Midlands	5:56.7
1985		-	-		3	Richard Schlanker	West Midlands	4:21.6	3	Robert Deakin	Staffordshire	6:00.3
1986		-	-		1	Spencer Duval	Staffordshire	4:15.0	1	Richard Schlanker	West Midlands	5:45.3
1986		-	-		2	Ken Stirrat	West Yorkshire	4:19.4	2	Phil Helm	Merseyside	5:47.4
1986		-	-		3	Philip Marsh	Norfolk	4:20.3	3	Adrian Green	Essex	5:52.0
1987		-	-		1	Robert Olney	Somerset	4:21.9	1	Mark Wortley	Staffordshire	5:51.9
1987		-	-		2	Mark Blay	West Yorkshire	4:24.3	2	Spencer Duval	Somerset	5:58.4
1987		-	-		3	David Robinson	Humberside	4:24.8	3	Martin Pemberton	Berkshire	5:58.7
1988		-	-		1	Steven Hope	Cheshire	4:22.9	1	Spencer Duval	Somerset	5:46.7
1988		-	-		2	Adrian Wilson	West Midlands	4:25.0	2	Alistair O'Connor	Staffordshire	5:51.5
1988		-	-		3	Jon Gaskarth	West Midlands	4:27.6	3	Robert Olney	Somerset	5:52.1

1989		-	-		1	Dave Robertson	Kent	4:14.0	1	Spencer Duval	Staffordshire	5:38.2
1989		-	-		2	Garrie Richardson	Bedfordshire	4:15.2	2	Alistair O'Connor	Staffordshire	5:49.9
1989		-	-		3	Stuart Kefford	Cheshire	4:17.7	3	Michael Proudlove	Cheshire	5:50.7
1990		-	-		1	Adam Duke	Somerset	4:20.7	1	Alistair O'Connor	Staffordshire	5:46.9
1990		-	-		2	Shaun Purcell	Cleveland	4:26.7	2	Dave Robertson	Kent	5:56.0
1990		-	-		3	Dominic Hopson	Cheshire	4:29.7	3	Ben Pochee	London	5:59.4
1991		-	-		1	Bruno Witchalls	Surrey	4:21.38	1	Adam Duke	Somerset	5:51.75
1991		-	-		2	Paul Dickie	Northumberland	4:21.99	2	Oliver Norman	Somerset	5:57.22
1991		-	-		3	Dominic Hopson	Cheshire	4:26.38	3	Simon O'Connor	Staffordshire	6:08.08
1992		-	-		1	Ben Reese	Cheshire	4:23.58	1	Stuart Kefford	Cheshire	5:44.60
1992		-	-		2	Andrew Blackmore	Shropshire	4:25.61	2	Simon O'Connor	Staffordshire	5:56.53
1992		-	-		3	Ian Maher	Gtr. Manchester	4:26.37	3	Daniel Furnidge	Hampshire	5:59.35
1993		-	-		1	Jamie Kennedy	Middlesex	4:26.17	1	Ben Rieper	Gtr. Manchester	5:47.71
1993		-	-		2	Stuart Stokes	Gtr. Manchester	4:26.27	2	Chris Elliott	Hampshire	5:52.74
1993		-	-		3	Bruce Collingwood	Humberside	4:28.98	3	Harvey Cossell	Kent	5:58.14
1994		-	-		1	James Calvert	Kent	4:25.09	1	Ben Reese	Merseyside	5:49.96
1994		-	-		2	Tim Davis	Kent	4:25.20	2	Stuart Overthrow	Gloucestershire	5:54.16
1994		-	-		3	Shane Jay	Bedfordshire	4:30.13	3	Matt O'Dowd	Wiltshire	5:57.15
1995		-	-		1	Dave Mitchinson	Wiltshire	4:22.97	1	Mark McGarry	Northumberland	5:59.26
1995		-	-		2	Simon Curwen	Cumbria	4:25.29	2	Stuart Stokes	Gtr. Manchester	5:59.44
1995		-	-		3	Richard Brady	Northumberland	4:26.53	3	Matthew Plano	Gtr. Manchester	5:59.63
1996		-	-		1	Andrew Murphy	Hertfordshire	4:24.33	1	Paul Morby	West Midlands	5:55.71
1996		-	-		2	Tom Kingsnorth	Avon	4:25.54	2	Stuart Bailey	Gtr. Manchester	5:58.03
1996		-	-		3	Daniel Hewitt	Lincolnshire	4:29.90	3	Dave Mitchinson	Wiltshire	5:58.83
1997		-	-		1	Jon Rice	Merseyside	4:22.03	1	Andrew Robinson	Sussex	5:46.31
1997		-	-		2	Gary Blackman	West Midlands	4:25.00	2	Dave Mitchinson	Wiltshire	5:48.53
1997		-	-		3	Lee Wolstencroft	Gtr. Manchester	4:28.03	3	Robert Brown	Northumberland	5:59.16
1998		-	-		1	Mark Griffith	Hertfordshire	4:19.28	1	Mark Warmby	West Yorkshire	5:52.28
1998		-	-		2	Daniel Moore	London	4:19.54	2	Tom Kingsnorth	Avon	5:55.39
1998		-	-		3	Adam Bowden	Hertfordshire	4:24.26	3	Gary Blackman	West Midlands	5:59.46
1999		-	-		1	Jermaine Mays	London	4:18.14	1	Andrew Franklin	Surrey	5:48.95
1999		-	-		2	Ricky Soos	Nottinghamshire	4:19.22	2	Andrew Thomas	Kent	5:59.62
1999		-	-		3	Stephen Murphy	Hertfordshire	4:19.22	3	Matt Lemon	Kent	6:04.83
2000		-	-		1	Daniel Lewis	Middlesex	4:25.90	1	Adam Bowden	Hertfordshire	5:58.21
2000		-	-		2	Tom Bedford	Hertfordshire	4:27.85	2	Jermaine Mays	London	5:58.38
2000		-	-		3	Graham Dobbs	Humberside	4:29.77	3	Mark Griffith	Hertfordshire	6:02.61
2001		-	-		1	Luke Gunn	Derbyshire	4:23.89	1	Jermaine Mays	London	5:53.28
2001		-	-		2	James Nickless	Hereford & Worcs	4:28.30	2	James Bailey	Cheshire	5:58.12
2001		-	-		3	Sam Hall	Middlesex	4:30.04	3	Stephen Murphy	Hertfordshire	5:59.70
2002		-	-		1	Chris Hart	Lancashire	4:19.85	1	Tom Bedford	Hertfordshire	5:44.21
2002		-	-		2	Alex Felce	Gloucestershire	4:21.42	2	Frank Tickner	Somerset	5:47.02
2002		-	-		3	Russell England	West Yorkshire	4:23.41	3	Peter Kellie	Gloucestershire	5:53.96

2003		-	-		1	Daniel Russell	Middlesex	4:17.15	1	Mark Buckingham	West Yorkshire	5:54.16
2003		-	-		2	Adrian Holliday	Cumbria	4:22.16	2	Luke Gunn	Derbyshire	5:55.81
2003		-	-		3	Enrique Melin	Essex	4:24.93	3	Chris Hart	Lancashire	6:01.90
2004		-	-		1	Ashleigh Pain	Shropshire	4:24.81	1	Daniel Russell	Middlesex	5:59.47
2004		-	-		2	George Glancy	Middlesex	4:28.47	2	Chris Hart	Lancashire	6:00.21
2004		-	-		3	Michael Quarless	Merseyside	4:29.53	3	Tom Russell	Cornwall	6:03.28
2005		-	-		1	Josh Fairclough	Kent	4:25.20	1	Daniel Russell	Hertfordshire	5:56.73
2005		-	-		2	Philip Norman	Devon	4:28.25	2	Stephen Lisgo	Nottinghamshire	5:58.22
2005		-	-		3	Martyn Bath	Norfolk	4:28.61	3	Jon Pepper	Hertfordshire	5:58.22
2006		-	-		1	Philip Norman	Devon	4:18.78	1	Jon Pepper	Hertfordshire	5:53.97
2006		-	-		2	James Wilkinson	West Yorkshire	4:19.94	2	Steve Cannell	Norfolk	5:57.57
2006		-	-		3	Daniel Heathcote	Nottinghamshire	4:23.45	3	Sean Hall	Durham	6:02.33
2007		-	-		1	Ben Anthony	Lancashire	4:25.92	1	Ed Womersley	Oxfordshire	5:52.64
2007		-	-		2	Tom Bryant	London	4:26.65	2	Philip Norman	Devon	5:57.20
2007		-	-		3	Matthew Jackson	Cheshire	4:33.60	3	Joe Wade	Hampshire	5:58.01
2008		-	-		1	James Senior	Norfolk	4:25.18	1	James Wilkinson	West Yorkshire	5:58.72
2008		-	-		2	Charlie Maclean	Somerset	4:26.90	2	Shaun Collins	Hertfordshire	6:00.99
2008		-	-		3	Chris Hesketh	Lancashire	4:29.87	3	Lawrence Walker	Cheshire	6:02.47
2009		-	-		1	Jamie Crompton	Gtr. Manchester	4:20.43	1	Tom Bryant	London	5:56.05
2009		-	-		2	Zak Seddon	Berkshire	4:25.45	2	Andrew Sheridan	London	6:00.87
2009		-	-		3	Jack Partridge	Dorset	4:26.78	3	Matthew Jackson	Cheshire	6:04.43
2010		-	-		1	Zak Seddon	Berkshire	4:13.66	1	Charlie Maclean	Somerset	5:45.39
2010		-	-		2	Blair Brown	Somerset	4:17.46	2	Harun Abdi	Essex	5:46.11
2010		-	-		3	Matthew McLaughlin	Middlesex	4:21.49	3	James McCarthy	Sussex	5:51.29
2011		-	-		1	Matthew Seddon	Berkshire	4:21.33	1	Jack Partridge	Dorset	5:56.65
2011		-	-		2	Benedict Westhenry	Dorset	4:22.48	2	William Gray	Sussex	6:00.30
2011		-	-		3	Ricky Harvie	Berkshire	4:26.46	3	Adam Sloan	Dorset	6:01.83
2012		-	-		1	Haran Dunderdale	Lincolnshire	4:19.01	1	Blair Brown	Somerset	5:54.75
2012		-	-		2	Jamaine Coleman	Lancashire	4:19.67	2	Dougie Musson	Nottinghamshire	5:59.27
2012		-	-		3	Matthew Seddon	Berkshire	4:20.14	3	Barry Maskell	Durham	6:08.90
2013		-	-		1	Michael Bartram	Suffolk	4:20.29	1	Jamaine Coleman	Lancashire	5:52.29
2013		-	-		2	Charlie Davis	Warwickshire	4:21.93	2	Bertie Houghton	West Yorkshire	5:57.12
2013		-	-		3	Richard Webb	Kent	4:23.05	3	Abdi Abdi	West Midlands	5:59.30
2014		-	-		1	William Battershill	Devon	4:18.38	1	Jamaine Coleman	Lancashire	5:51.63
2014		-	-		2	Archie Walton	Somerset	4:20.43	2	Michael Bartram	Suffolk	5:54.49
2014		-	-		3	Robert Etherington	West Yorkshire	4:23.82	3	Daniel Jarvis	Merseyside	5:54.91
2015		-	-		1	James Beeks	Hampshire	4:24.07	1	Michael Bartram	Suffolk	5:55.60
2015		-	-		2	Will Stockley	Wiltshire	4:26.80	2	Declan McManus	Hereford & Worcs	5:58.11
2015		-	-		3	Edward Mason	Channel Islands	4:29.70	3	Billy White	Sussex	5:58.81
2016		-	-		1	Finley McLearn	Devon	4:19.74	1	William Battershill	Devon	5:49.44
2016		-	-		2	Chey Kemp	Berkshire	4:24.41	2	John Millar	Suffolk	5:56.83
2016		-	-		3	Alfred Yabsley	Buckinghamshire	4:25.03	3	Archie Walton	Somerset	6:02.48

2017		-	-		1	Adam Searle	Northamptonshire	4:20.84	1	Alfred Yabsley	Buckinghamshire	5:54.43
2017		-	-		2	Shaun Hudson	Berkshire	4:22.61	2	Joey Croft	Cambridgeshire	5:58.80
2017		-	-		3	Elliot Moran	Devon	4:24.71	3	James Beeks	Hampshire	6:02.27
2018		-	-		1	Kristian Imroth	Hertfordshire	4:21.31	1	Elliot Moran	Devon	6:07.28
2018		-	-		2	Conall McGinness	Cambridgeshire	4:23.22	2	Lewis Mills	Kent	6:07.71
2018		-	-		3	Archie May	Kent	4:23.66	3	Joey Croft	Cambridgeshire	6:09.55
2019		-	-		1	Aaron Samuel	Essex	4:20.30	1	Conall McGinness	Cambridgeshire	5:58.18
2019		-	-		2	Jai Sispal	Warwickshire	4:24.98	2	Elliot Moran	Devon	6:00.07
2019		-	-		3	Chris Bain	Channel Islands	4:28.76	3	Lewis Harknett	Hertfordshire	6:04.15
2021		-	-		1	Luke Birdseye	Berkshire	4:26.24	1	Thomas Bridger	Cambridgeshire	6:02.49
2021		-	-		2	Benedict Maguire	Essex	4:37.76	2	Tom Heal	Somerset	6:02.92
2021		-	-		3	Benadict Whittle	Hertfordshire	4:40.91	3	Max Nicolle	Somerset	6:06.97
2022		-	-		1	Samuel Riley	Essex	4:25.25	1	Alex Alston	Beds & L	5:51.26
2022		-	-		2	Dylan Stoneman	Avon	4:27.43	2	Tom Heal	Somerset	5:52.21
2022		-	-		3	Euan Supple	Beds & L	4:31.68	3	Oliver James	Dorset	6:04.72
2023		-	-		1	Dillon Millard	Somerset	4:29.72	1	Dylan Stoneman	Avon	6:02.29
2023		-	-		2	Arthur Tilt	Northamptonshire	4:32.28	2	Freddie Cooper	Gloucestershire	6:06.60
2023		-	-		3	Euan Pinder	Buckinghamshire	4:33.15	3	Luca Hamblen	Hampshire	6:07.60
2024		-	-		1	Harrison Stokes	Lancashire	4:19.00	1	Euan Supple	Bedfordshire	6:07.57
2024		-	-		2	Luke Shacklock	North Yorkshire	4:19.04	2	Benjamin Hall	Lancashire	6:08.94
2024		-	-		3	Andrew Adesanya	Essex	4:21.32	3	Edward Sankey	Nottinghamshire	6:10.33
2025		-	-		1	Harry Klein	Surrey	4:17.09	1	Dillon Millard	Somerset	5:50.38
2025		-	-		2	Stanley Wyatt	Avon	4:18.09	2	Bradley Andrews-Callec	Channel Islands	5:52.78
2025		-	-		3	Benjamin O'Grady	Kent	4:20.58	3	Paul Harrison	Shropshire	5:53.57
2026		-	-		1	Teddy Murphy	Hertfordshire	4:11.90	1	Luke Shacklock	North Yorkshire	5:50.86
2026		-	-		2	Toby Pritchard	Hertfordshire	4:14.70	2	Harrison Stokes	Lancashire	5:56.75
2026		-	-		3	Ben Stewart	Sussex	4:20.30	3	Harry Klein	Surrey	5:57.63

JUNIOR

INTERMEDIATE

SENIOR

4 x 110 YARDS RELAY

4 x 110 YARDS RELAY

4 x 110 YARDS RELAY

1948	1	London		48.4	1	Cumberland		46.4		-	-	
1948	2	Yorkshire			2	Essex				-	-	
1948	3	Leicestershire			3	Buckinghamshire				-	-	
1949	1	Lancashire		47.2	1	Surrey		45.8		-	-	
1949	2	Middlesex			2	London				-	-	
1949	3	Essex			3	Lancashire				-	-	
1950	1	Hampshire		47.7	1	Lancashire		46.8	1	Northumberland		45.7
1950	2	Yorkshire			2	London			2	Surrey		
1950	3	Wiltshire			3	Cheshire			3	Yorkshire		
1951	1	Surrey		46.9	1	Surrey		45.0	1	Essex		45.2
1951	2	Essex			2	Hampshire			2	Middlesex		

1951	3	Yorkshire			3	Yorkshire			3	Northumberland		
1952	1	Northumberland		47.5	1	Essex		45.0	1	Surrey		45.0
1952	2	Durham		47.6	2	Yorkshire		46.0	2	Middlesex		45.2
1952	3	Lancashire		47.7	3	Lancashire		46.4	3	Nottinghamshire		45.9
1953	1	Lancashire		46.7	1	Durham		45.6	1	Surrey		44.0
1953	2	Nottinghamshire			2	Northamptonshire			2	Kent		
1953	3	Sussex			3	Essex			3	Middlesex		
1954	1	Essex		47.7	1	Yorkshire		44.9	1	Essex		44.1
1954	2	Yorkshire		47.7	2	Lancashire		45.5	2	Yorkshire		44.3
1954	3	Lancashire		47.8	3	Staffordshire		45.5	3	Nottinghamshire		45.2
1955	1	Yorkshire		47.1	1	Surrey		45.5	1	Lancashire		44.8
1955	2	Essex		47.2	2	Staffordshire		45.8	2	Sussex		45.4
1955	3	Lancashire		47.4	3	Middlesex		45.9	3	Yorkshire		45.7
1956	1	Yorkshire		47.0	1	Middlesex		44.9	1	Devon		45.1
1956	2	Lancashire		47.3	2	Essex		44.9	2	Surrey		45.2
1956	3	Devon		48.0	3	Yorkshire		45.0	3	Sussex		45.4
1957	1	Warwickshire		47.0	1	Somerset		45.7	1	Sussex		44.5
1957	2	Kent		47.1	2	Essex		45.7	2	Yorkshire		44.7
1957	3	Yorkshire		47.9	3	Lancashire		45.9	3	Middlesex		45.0
1958	1	Lancashire		46.2	1	Sussex		44.5	1	Surrey		44.5
1958	2	Yorkshire		46.8	2	Yorkshire		45.3	2	Sussex		44.6
1958	3	Kent		47.2	3	Essex		45.3	3	Warwickshire		45.0
1959	1	Sussex		46.2	1	Cheshire		44.0	1	Yorkshire		44.1
1959	2	Lancashire		46.3	2	Sussex		44.7	2	Essex		44.1
1959	3	Durham		46.3	3	Kent		44.9	3	Northamptonshire		44.2
1960	1	Lancashire		46.0	1	Durham		44.7	1	Cheshire		43.6
1960	2	Middlesex		46.6	2	Essex		44.9	2	Middlesex		43.8
1960	3	Sussex		46.7	3	Middlesex		44.9	3	Warwickshire		44.1
1961	1	Middlesex		45.3	1	Middlesex		44.2	1	Warwickshire		43.3
1961	2	Yorkshire		45.5	2	Durham		44.4	2	Cheshire		43.3
1961	3	Essex		46.2	3	London		44.8	3	Middlesex		44.0
1962	1	Surrey		44.8	1	Middlesex		43.5	1	Middlesex		43.3
1962	2	Yorkshire		45.1	2	Lancashire		43.7	2	Lancashire		43.5
1962	3	Hertfordshire		46.3	3	Essex		44.3	3	Hampshire		43.9
1963	1	Yorkshire		44.9	1	Northumberland		44.2	1	Middlesex		42.8
1963	2	Nottinghamshire		45.6	2	Warwickshire		44.4	2	London		43.9
1963	3	Middlesex		45.8	3	Yorkshire		44.5	3	Lancashire		43.9
1964	1	Sussex		46.9	1	Yorkshire		43.5	1	Buckinghamshire		43.3
1964	2	Middlesex		47.9	2	Gloucestershire		44.3	2	Warwickshire		43.5
1964	3	Gloucestershire		47.3	3	Warwickshire		44.4	3	Yorkshire		43.6
1965	1	Essex		46.9	1	Staffordshire		43.7	1	Yorkshire		42.6
1965	2	Huntingdonshire		47.5	2	Warwickshire		43.8	2	Surrey		43.2

1965	3	Middlesex		47.5	3	Yorkshire		44.6	3	Lancashire		43.3
1966	1	Warwickshire		46.3	1	Essex		43.6	1	Middlesex		43.0
1966	2	London		47.2	2	Yorkshire		44.3	2	London		43.5
1966	3	Durham		47.5	3	Lancashire		44.4	3	Yorkshire		43.6
1967	1	Middlesex		46.0	1	London		44.2	1	Warwickshire		43.3
1967	2	Yorkshire		46.4	2	Lancashire		44.4	2	Lancashire		43.6
1967	3	Wiltshire		46.9	3	Essex		44.7	3	Staffordshire		43.8
1968	1	Yorkshire		46.6	1	Middlesex		44.4	1	Cheshire		43.3
1968	2	London		47.4	2	London		44.8	2	Essex		43.4
1968	3	Essex		47.4	3	Durham		45.0	3	Lancashire		43.5

JUNIOR				INTERMEDIATE				SENIOR				
4 x 100 METRES RELAY				4 x 100 METRES RELAY				4 x 100 METRES RELAY				
1969	1	Lancashire		45.2	1	Warwickshire		43.5	1	Hertfordshire		42.7
1969	2	Kent		45.7	2	Staffordshire		44.2	2	Durham		42.7
1969	3	Yorkshire		46.3	3	Middlesex		44.2	3	Cheshire		43.1
1970	1	Yorkshire		45.9	1	Yorkshire		43.6	1	Staffordshire		42.3
1970	2	Middlesex		46.3	2	Lancashire		44.1	2	Lancashire		43.0
1970	3	Hampshire		46.6	3	Essex		44.2	3	Durham		43.3
1971	1	Middlesex		45.7	1	Staffordshire		43.1	1	Warwickshire		42.7
1971	2	Wiltshire		46.0	2	Middlesex		43.5	2	Staffordshire		43.1
1971	3	Cheshire		46.5	3	London		43.6	3	London		43.1
1972	1	Cumberland		46.8	1	Middlesex		43.8	1	Warwickshire		42.7
1972	2	Durham		46.9	2	Surrey		43.9	2	Yorkshire		43.2
1972	3	Devon		46.9	3	London		44.0	3	Staffordshire		43.2
1973	1	London		47.0	1	Middlesex		44.8	1	London		43.7
1973	2	Middlesex		47.5	2	Essex		45.1	2	Yorkshire		44.4
1973	3	Surrey		47.7	3	Cumberland		45.3	3	Gloucestershire		44.7
1974	1	London		45.9	1	Middlesex		44.2	1	Essex		44.5
1974	2	Middlesex		46.6	2	London		44.5	2	Buckinghamshire		45.1
1974	3	Durham		46.7	3	Hampshire		44.7	3	Middlesex		45.1
1975	1	Hertfordshire		46.1	1	London		43.3	1	London		43.4
1975	2	Leicestershire		46.3	2	Middlesex		43.8	2	Staffordshire		43.6
1975	3	London		46.3	3	Humberside		44.0	3	Middlesex		43.9
1976	1	West Yorkshire		46.3	1	Staffordshire		44.0	1	London		43.3
1976	2	Merseyside		46.4	2	West Midlands		44.3	2	Staffordshire		43.5
1976	3	Northumberland		46.7	3	South Yorkshire		44.6	3	Sussex		43.6
1977	1	Sussex		46.5	1	West Midlands		43.5	1	London		41.8
1977	2	Hertfordshire		46.6	2	Essex		43.9	2	Staffordshire		42.8
1977	3	Northumberland		46.6	3	Gtr. Manchester		44.2	3	Cumbria		43.7

1978	1	Hertfordshire		46.8	1	West Midlands		43.9	1	South Yorkshire		43.8
1978	2	London		47.6	2	London		44.5	2	Staffordshire		44.0
1978	3	Middlesex		47.9	3	South Yorkshire		44.8	3	Cumbria		44.5
1979	1	West Midlands		44.8	1	London		43.3	1	London		41.3
1979	2	Kent		46.0	2	South Yorkshire		43.6	2	West Midlands		42.1
1979	3	Cornwall		46.5	3	Essex		43.6	3	Kent		42.3
1980	1	London		44.9	1	West Midlands		42.0	1	Essex		41.7
1980	2	Middlesex		45.7	2	Essex		43.2	2	London		41.8
1980	3	Avon		46.0	3	Middlesex		43.6	3	Kent		41.8
1981	1	Durham		46.2	1	West Midlands		43.8	1	West Midlands		43.1
1981	2	Middlesex		46.8	2	Essex		44.0	2	Essex		43.4
1981	3	Lincolnshire		46.9	3	Kent		44.5	3	Middlesex		43.7
1982	1	Cheshire		46.2	1	West Midlands		42.9	1	West Midlands		42.0
1982	2	Lancashire		46.3	2	London		43.0	2	Kent		42.1
1982	3	Kent		46.3	3	Northamptonshire		43.1	3	Middlesex		42.2
1983	1	London		45.7	1	London		43.9	1	London		42.1
1983	2	Hampshire		46.4	2	Bedfordshire		44.0	2	Essex		42.5
1983	3	West Midlands		46.9	3	West Midlands		44.1	3	West Midlands		43.4
1984	1	West Midlands		45.7	1	London		42.9	1	London		42.0
1984	2	Warwickshire		46.5	2	West Midlands		43.1	2	Bedfordshire		43.0
1984	3	Cumbria		46.6	3	Cheshire		43.3	3	Berkshire		43.1
1985	1	Hampshire		46.0	1	Middlesex		43.0	1	West Midlands		41.3
1985	2	Nottinghamshire		46.1	2	Hampshire		43.6	2	London		41.7
1985	3	Sussex		46.1	3	Surrey		43.6	3	Surrey		42.3
1986	1	Middlesex		45.9	1	Surrey		43.3	1	Hampshire		42.6
1986	2	Northumberland		46.3	2	West Midlands		43.8	2	Devon		42.6
1986	3	Avon		46.3	3	Sussex		43.8	3	Buckinghamshire		43.7
1987	1	London		45.8	1	London		44.0	1	West Midlands		43.2
1987	2	Leicestershire		47.0	2	Northumberland		44.0	2	London		43.6
1987	3	Humberside		47.3	3	Middlesex		44.1	3	Staffordshire		43.6
1988	1	Kent		45.0	1	Essex		43.2	1	Northamptonshire		42.6
1988	2	Staffordshire		45.4	2	Kent		43.9	2	Hereford & Worcs		42.8
1988	3	West Midlands		45.6	3	London		43.9	3	Gloucestershire		42.8
1989	1	West Midlands		45.3	1	West Midlands		43.2	1	Middlesex		41.9
1989	2	Kent		45.7	2	London		43.4	2	Northumberland		42.8
1989	3	Gtr. Manchester		46.2	3	Gtr. Manchester		43.4	3	Avon		42.8
1990	1	West Midlands		45.3	1	Cheshire		43.3	1	Essex		41.8
1990	2	Bedfordshire		45.4	2	Essex		43.5	2	Cambridgeshire		41.9
1990	3	Buckinghamshire		45.9	3	South Yorkshire		44.4	3	Hereford & Worcs		42.5
1991	1	London		44.90	1	West Midlands		43.36	1	Gtr. Manchester		41.69
1991	2	Hampshire		45.00	2	London		44.20	2	London		42.24
1991	3	Surrey		46.10	3	Kent		44.38	3	Middlesex		42.38

1992	1	Essex		44.70	1	West Midlands		43.39	1	Essex		42.15
1992	2	London		44.84	2	Middlesex		43.57	2	West Midlands		42.61
1992	3	Derbyshire		46.89	3	Hampshire		43.75	3	Middlesex		43.42
1993	1	Bedfordshire		45.30	1	Middlesex		43.03	1	West Midlands		42.18
1993	2	Humberside		45.90	2	Essex		43.21	2	Cheshire		42.75
1993	3	London		45.98	3	West Midlands		43.70	3	Kent		42.86
1994	1	Essex		45.49	1	Essex		42.58	1	West Midlands		41.52
1994	2	Humberside		45.74	2	Bedfordshire		42.60	2	Kent		42.36
1994	3	Lancashire		45.75	3	Cambridgeshire		43.32	3	Hampshire		42.60
1995	1	West Midlands		44.51	1	Merseyside		43.44	1	Essex		42.37
1995	2	Staffordshire		46.22	2	West Midlands		43.45	2	Surrey		42.46
1995	3	Leicestershire		46.49	3	Essex		43.78	3	London		42.79
1996	1	West Midlands		44.66	1	West Midlands		42.31	1	Bedfordshire		41.85
1996	2	Cleveland		45.59	2	Essex		43.14	2	London		41.90
1996	3	Gtr. Manchester		45.87	3	Leicestershire		43.73	3	Leicestershire		42.40
1997	1	West Midlands		44.61	1	Essex		42.65	1	Hampshire		42.95
1997	2	Hampshire		46.04	2	West Midlands		42.68	2	Cheshire		43.14
1997	3	Cambridgeshire		47.42	3	London		42.99	3	Leicestershire		43.24
1998	1	Surrey		45.49	1	West Midlands		42.43	1	London		42.36
1998	2	Hampshire		45.89	2	Surrey		42.85	2	Cheshire		42.87
1998	3	Gtr. Manchester		46.23	3	Durham		43.59	3	Kent		43.56
1999	1	Essex		45.64	1	West Midlands		42.76	1	Nottinghamshire		42.91
1999	2	Warwickshire		45.65	2	London		42.84	2	Norfolk		43.20
1999	3	Hampshire		46.58	3	N Lincoln / E Yorks		43.56	3	Hampshire		43.38
2000	1	London		45.25	1	London		43.51	1	Surrey		42.63
2000	2	Cambridgeshire		45.55	2	Middlesex		43.57	2	Northumberland		43.11
2000	3	Hampshire		45.83	3	Hampshire		43.59	3	Essex		43.43
2001	1	West Midlands		44.56	1	London		43.61	1	Surrey		42.53
2001	2	Essex		45.62	2	Kent		43.83	2	Humberside		42.72
2001	3	Buckinghamshire		45.89	3	Nottinghamshire		44.15	3	Hampshire		43.47
2002	1	London		45.14	1	Middlesex		42.80	1	West Midlands		41.67
2002	2	Somerset		45.92	2	Northumberland		42.99	2	Surrey		41.94
2002	3	Staffordshire		46.00	3	London		43.14	3	Kent		42.66
2003	1	London		44.97	1	Essex		42.55	1	Warwickshire		42.64
2003	2	Surrey		45.67	2	Middlesex		42.81	2	Essex		42.82
2003	3	West Midlands		45.89	3	Surrey		43.03	3	Avon		43.35
2004	1	London		44.53	1	Surrey		42.67	1	Kent		42.25
2004	2	Kent		44.78	2	Middlesex		42.77	2	Lincolnshire		42.76
2004	3	Cleveland		45.11	3	Cambridgeshire		43.97	3	Gtr. Manchester		43.37
2005	1	Surrey		43.51	1	Surrey		42.92	1	West Midlands		41.62
2005	2	Warwickshire		44.33	2	West Midlands		42.96	2	London		42.77
2005	3	Devon		44.71	3	Northumberland		43.46	3	Gtr. Manchester		43.06

2006	1	London		44.97	1	Hampshire		42.80	1	London		42.54
2006	2	Middlesex		45.07	2	London		43.24	2	Berkshire		42.63
2006	3	Merseyside		45.84	3	Nottinghamshire		43.41	3	Kent		42.97
2007	1	London		44.82	1	Middlesex		42.84	1	West Midlands		41.73
2007	2	Hampshire		45.50	2	Gtr. Manchester		42.85	2	London		42.14
2007	3	Merseyside		45.54	3	Hertfordshire		43.10	3	Cleveland		42.39
2008	1	Essex		44.45	1	Middlesex		42.24	1	London		42.29
2008	2	Berkshire		44.67	2	Buckinghamshire		42.80	2	Middlesex		42.55
2008	3	North Yorkshire		44.87	3	Hampshire		43.35	3	West Midlands		42.64
2009	1	London		44.49	1	London		42.27	1	Middlesex		41.28
2009	2	Surrey		44.80	2	West Midlands		42.66	2	Nottinghamshire		42.47
2009	3	Gtr. Manchester		45.32	3	Essex		42.74	3	Merseyside		43.01
2010	1	London		44.48	1	London		41.96	1	Merseyside		42.32
2010	2	Surrey		44.96	2	Kent		42.57	2	West Yorkshire		42.71
2010	3	Merseyside		45.03	3	West Midlands		42.64	3	North Yorkshire		42.85
2011	1	London		44.05	1	Essex		42.24	1	Hereford & Worcs		41.66
2011	2	Leics & R		44.36	2	Kent		43.02	2	South Yorkshire		41.94
2011	3	Hampshire		44.36	3	Gtr. Manchester		43.13	3	Cambridgeshire		42.02
2012	1	London		44.42	1	Essex		42.00	1	Gtr. Manchester		41.57
2012	2	Hampshire		44.73	2	West Midlands		42.68	2	Surrey		41.64
2012	3	Leics & R		44.85	3	Hampshire		43.01	3	Avon		42.45
2013	1	Nottinghamshire		44.98	1	Hampshire		42.29	1	Gtr. Manchester		41.35
2013	2	Middlesex		45.18	2	West Yorkshire		42.92	2	Essex		42.14
2013	3	Devon		45.41	3	West Midlands		43.29	3	London		42.36
2014	1	Hereford & Worcs		44.24	1	Surrey		42.36	1	Essex		42.56
2014	2	Gtr. Manchester		44.91	2	Norfolk		42.66	2	Staffordshire		42.99
2014	3	Essex		44.93	3	London		42.71	3	West Midlands		43.81
2015	1	Essex		43.85	1	West Midlands		42.38	1	Norfolk		41.72
2015	2	London		44.22	2	Dorset		42.41	2	West Yorkshire		41.78
2015	3	Warwickshire		45.92	3	Essex		42.64	3	Hampshire		42.18
2016	1	London		43.51	1	Essex		42.64	1	Middlesex		41.73
2016	2	West Midlands		45.07	2	Avon		42.70	2	Hertfordshire		42.21
2016	3	Surrey		45.22	3	Middlesex		42.98	3	West Yorkshire		42.48
2017	1	Surrey		44.01	1	Middlesex		42.04	1	Surrey		41.60
2017	2	Middlesex		44.24	2	London		42.11	2	West Midlands		42.32
2017	3	Essex		44.26	3	Surrey		42.95	3	Oxfordshire		43.32
2018	1	Essex		43.63	1	Surrey		42.29	1	Surrey		41.66
2018	2	Middlesex		43.78	2	Hertfordshire		43.27	2	Essex		41.88
2018	3	Gtr. Manchester		44.37	3	Hampshire		43.72	3	Leics & R		41.92
2019	1	Middlesex		44.02	1	Essex		41.04	1	Hertfordshire		42.04
2019	2	London		44.76	2	Middlesex		42.44	2	Surrey		42.09
2019	3	West Yorkshire		45.12	3	Surrey		42.57	3	Middlesex		42.80

2022	1	Surrey		44.17	1	Middlesex		42.50	1	Berkshire		42.18
2022	2	Warwickshire		44.99	2	Essex		42.97	2	Surrey		42.46
2022	3	Middlesex		45.20	3	London		43.02	3	Warwickshire		42.56
2023	1	Essex		44.64	1	Surrey		42.91	1	Middlesex		42.36
2023	2	London		44.96	2	Kent		43.77	2	London		42.38
2023	3	Kent		45.05	3	London		44.00	3	Berkshire		42.51
2024	1	Middlesex		45.25	1	Middlesex		42.18	1	Essex		41.56
2024	2	Essex		45.57	2	Essex		43.22	2	Middlesex		41.96
2024	3	Kent		46.29	3	London		43.59	3	London		42.63
2025	1	Surrey		43.33	1	Essex		41.78	1	Essex		40.55
2025	2	Essex		43.76	2	Hampshire		42.86	2	Surrey		40.73
2025	3	Kent		43.86	3	Middlesex		42.92	3	London		41.75
2026	1	Berkshire		45.02	1	Middlesex		42.05	1	Surrey		40.98
2026	2	London		45.96	2	Surrey		42.12	2	Middlesex		41.26
2026	3	Gtr. Manchester		46.17	3	Essex		42.32	3	Berkshire		42.96

JUNIOR

INTERMEDIATE

SENIOR

HIGH JUMP

HIGH JUMP

HIGH JUMP

1948	1	F. Brady	Hertfordshire	5' 6"	1	Geoff Elliott	Essex	5' 9"	-	-		
1948	2				2	John Bellenger	Surrey	5' 9"	-	-		
1948	3				3				-	-		
1949	1	B. Phillips	Surrey	5' 4"	1	Brian Freeman	Lancashire	5' 10"	-	-		
1949	2	Joseph Phillips	Wiltshire	5' 3"	2	John Groom	Essex	5' 8"	-	-		
1949	3	R. Bridge	Surrey	5' 3"	3	Derek Lillstone	Buckinghamshire	5' 7"	-	-		
1950	1	P. Hulmes	Hertfordshire	5' 5"	1	Derek Lillstone	Buckinghamshire	5' 10"	1	Peter Cullen	Yorkshire	5' 10"
1950	2	R. Murray	Surrey	5' 2"	2=	G. Stenton	Derbyshire	5' 6"	2	J. Fullbrook	London	5' 6"
1950	3	M. Risembloom	London	5' 1"	2=	Keith Warren	Derbyshire	5' 6"	3	J.M. Wilson	Derbyshire	5' 6"
1951	1	Malcolm Clegg	Yorkshire	5' 4"	1	Anthony Lee	Suffolk	5' 5"	1	Roy Brisley	London	5' 8"
1951	2	Terence Page	Yorkshire	5' 4"	2	G. Northern	Yorkshire	5' 5"	2	Thomas Reynolds	Yorkshire	5' 6"
1951	3	M. Thornhill	Cumberland	5' 3"	3=	P. Arnold	Buckinghamshire	5' 5"	3	Keith Warren	Derbyshire	5' 6"
1951		-	-		3=	Robert F. Warren	Leicestershire	5' 5"	-	-		
1952	1	Darrell C. Robinson	Leicestershire	5' 3"	1	Harvey Bateman	Sussex	5' 7"	1	Thomas Reynolds	Yorkshire	5' 6"
1952	2	P. Sharp	Buckinghamshire	5' 2"	2	M. Worth	Middlesex	5' 6"	2	Ray Fryatt	Kent	5' 6"
1952	3=	B. Welsh	London	5' 1"	3	Trevor Ridley	Cheshire	5' 5"	3=	Keith Warren	Derbyshire	5' 6"
1952	3=	Barry J. Jacob	Yorkshire	5' 1"		-	-		3=	Robert F. Warren	Leicestershire	5' 6"
1953	1	A. Summers	London	5' 5"	1	Harvey Bateman	Sussex	5' 11"	1	Robert F. Warren	Leicestershire	5' 9"
1953	2	A. Williams	Middlesex	5' 4"	2	John Darlington	Shropshire	5' 11"	2	Ray Fryatt	Kent	5' 8"
1953	3	D. Richard	Surrey	5' 3"	3	A. Riddington	Kent	5' 8"	3	G. Beeney	Middlesex	5' 6"
1954	1	Michael McEwan	Bedfordshire	5' 7"	1	Barry J. Jacob	Yorkshire	5' 8"	1	Desmond Luke	Somerset	6' 0½"
1954	2	Tony Dixon	Surrey	5' 6"	2	M. Geall	Essex	5' 7"	2	A. Harvey	Essex	5' 9"
1954	3	Barry Peattie	Kent	5' 5"	3	Ian Mitchell	Huntingdonshire	5' 6"	3	Malcolm Clegg	Yorkshire	5' 9"

1955	1	David Seward	Berkshire	5' 6"	1	Beverley Bouskill	Leicestershire	5' 11½	1	Barry J. Jacob	Yorkshire	5' 11"
1955	2	Ian Tulloch	Surrey	5' 5"	2	J. McNeal	Lancashire	5' 9½	2	Anthony Bateman	Middlesex	5' 10"
1955	3	P. Goodwin	Kent	5' 5"	3	David Wilson	London	5' 9½	3	D. Lant	Leicestershire	5' 9"
1956	1	Alexander Davies	Middlesex	5' 5"	1	Michael McEwan	Bedfordshire	5' 8"	1	Ken Drake	Surrey	5' 9"
1956	2	J. Todd	Lincolnshire	5' 4"	2	David Seward	Berkshire	5' 8"	2	D. Jackson	Lincolnshire	5' 9"
1956	3	Roy Willingham	Lincolnshire	5' 2"	3	K. Young	London	5' 8"	3	J. Grace	Yorkshire	5' 6"
1957	1	Glyn Williams	Herefordshire	5' 4"	1	David Gaunt	Suffolk	5' 8"	1	R. Organ	Devon	5' 11"
1957	2	A. Smith	Norfolk	5' 4"	2	Geoffery J. Ward	Oxfordshire	5' 7"	2	J. Howgill	Essex	5' 11"
1957	3	John Hill	Staffordshire	5' 4"	3	J. Hart	Hertfordshire	5' 4"	3	D. Hoppitt	Essex	5' 10"
1958	1	Rodney Tickle	Lancashire	5' 9"	1	Alexander Davies	Middlesex	6' 0"	1	Michael Leary	Essex	6' 0"
1958	2	P. Owen	Warwickshire	5' 8"	2	James Russell	Middlesex	5' 11"	2	David Gaunt	Suffolk	5' 10"
1958	3	P. Forster	Durham	5' 7"	3	Patrick Gregory	Somerset	5' 10"	3	Geoff Hazell	Middlesex	5' 9"
1959	1	Geoff Beales	Sussex	5' 5"	1	Keith Scruton	Middlesex	5' 9"	1	David Seward	Berkshire	5' 11"
1959	2	K. Bevell	Essex	5' 5"	2	John Van Oss	Staffordshire	5' 9"	2	David Gaunt	Suffolk	5' 10"
1959	3	Christopher Flaws	Surrey	5' 5"	3	Norman Astles	Cheshire	5' 8"	3	Roger Fitzwater	Middlesex	5' 10"
1960	1	Dennis Lade	Sussex	5' 9"	1	David Newman	Surrey	5' 10"	1	Robert Russell	Middlesex	6' 0"
1960	2	Stephen Hockaday	Middlesex	5' 8"	2	Glyn Long	Norfolk	5' 9"	2=	Roger Fitzwater	Middlesex	5' 10"
1960	3	L. Hall	Wiltshire	5' 6"	3	C. Renshaw	Yorkshire	5' 9"	2=	Trevor Gratton	Derbyshire	5' 10"
1961	1	Michael Stephenson	Lancashire	5' 5"	1	Mike Selby	London	5' 10"	1	Trevor Gratton	Derbyshire	5' 11"
1961	2	D. Bray	Hampshire	5' 4"	2	Eric Hill	Buckinghamshire	5' 9"	2	Peter Gates	Surrey	5' 11"
1961	3=	J. Putman	Buckinghamshire	5' 2"	3	Peter Lyle	Surrey	5' 8"	3	James Berry	Cheshire	5' 10"
1961	3=	Trevor Hand	Warwickshire	5' 2"		-	-			-	-	
1962	1	Graham Palmer	Surrey	5' 8"	1	Alan Murrell	Essex	5' 10"	1	Mike Campbell	Hertfordshire	6' 2"
1962	2	B. Drake	Devon	5' 7"	2	John Arthurworrey	London	5' 10"	2	Mike Selby	London	6' 0"
1962	3	Richard McWhirter	Warwickshire	5' 6"	3	Ralph Buckton	Yorkshire	5' 8"	3	Stephen Ogle	Bedfordshire	5' 11"
1963	1	P. Wellman	Surrey	5' 8"	1	Alan Murrell	Essex	5' 11"	1	Charles Njoku	Herefordshire	6' 4"
1963	2	Dave Murphy	Sussex	5' 8"	2	Alan Porter	Durham	5' 11"	2	Mike Selby	London	6' 1"
1963	3	James Knell	London	5' 8"	3	Robert Chappell	Surrey	5' 10"	3	Alan Robertson	Lancashire	6' 1"
1964	1	D. Williams	Lancashire	5' 4"	1	Robert Scott	Yorkshire	5' 10"	1	John Gayford	Dorset	6' 1"
1964	2	S. Marjoram	Sussex	5' 2"	2	Michael Dumbleton	Gloucestershire	5' 9"	2	Alan Murrell	Essex	6' 1"
1964	3	D. Fearn	Berkshire	5' 2"	3	Christopher Dann	Warwickshire	5' 9"	3	Alan Porter	Durham	6' 0"
1965	1	John Broughton	Essex	5' 5"	1	Richard Potts	Nottinghamshire	5' 10"	1	Michael Evans	Northumberland	6' 3"
1965	2	G. Harris	Buckinghamshire	5' 4"	2=	Mark Prentice	Essex	5' 10"	2	Martin Brockie	Derbyshire	6' 1"
1965	3	David Livesey	Essex	5' 4"	2=	Reginald Mabey	Hampshire	5' 10"	3	Ian Cooper	Cheshire	5' 11"
1966	1	Ian Gilmour	Wiltshire	5' 5"	1	Keith White	Worcestershire	5' 11"	1	Michael Bolt	Berkshire	6' 1"
1966	2	D. Deibel	Buckinghamshire	5' 4"	2	David Livesey	Essex	5' 8"	2	Phil Taylor	Cheshire	6' 1"
1966	3	Derek Halfpenny	Warwickshire	5' 4"	3	Paul Frost	Staffordshire	5' 8"	3	Malcolm Jones	Surrey	5' 11"
1967	1	Willie Paterson	Sussex	5' 6"	1	Christopher Alexander	London	5' 10"	1	Robert Taylor	Kent	6' 1"
1967	2	Jimi Osibo	London	5' 5"	2	David James	Middlesex	5' 10"	2	Phil Taylor	Cheshire	6' 0"
1967	3	Paul Bond	Devon	5' 4"	3	John Broughton	Essex	5' 10"	3	Peter Trewin	Yorkshire	5' 11"
1968	1	Willie Paterson	Sussex	5' 11"	1	Christopher Fuller	Lancashire	5' 10"	1	John Broughton	Essex	6' 1"
1968	2	R. Pearce	Hertfordshire	5' 7"	2	Martin Collins	Middlesex	5' 10"	2	Robert Taylor	Kent	6' 0"

1968	3	Bruce Graham	Northamptonshire	5' 5"	3	Alexander MacDuff	Norfolk	5' 9"	3	Christopher Alexander	London	6' 0"
1969	1	Keith Parkins	Cheshire	1.73	1	Bob Danville	Staffordshire	1.77	1	Christopher Alexander	London	1.83
1969	2	Chris Wilson	Nottinghamshire	1.69	2	Martin Maynard	Yorkshire	1.75	2	Richard Batterley	Buckinghamshire	1.78
1969	3	G. Leighton	Cumberland	1.60	3	P. Sharrock	Dorset	1.68	3	Brian Blake	Essex	1.78
1970	1	J. Coen	Yorkshire	1.58	1	Keith Parkins	Cheshire	1.74	1	Chris Youngs	Sussex	1.88
1970	2	S. Green Perry	Dorset	1.58	2	Andrew Nursey	Kent	1.74	2	Garry Hill	Warwickshire	1.84
1970	3	V. Wood	Lancashire	1.58	3	Keith Bennett	Lancashire	1.74	3	Rupert Boulting	Dorset	1.78
1971	1	Ian Piggott	Essex	1.68	1	Chris Wilson	Nottinghamshire	1.84	1	Paul Hambley	Lancashire	1.96
1971	2	Jonathan Lee	Staffordshire	1.64	2	Reg Hopkins	London	1.80	2	Colin Boreham	Hampshire	1.94
1971	3	M. Willacy	Nottinghamshire	1.62	3	Andrew Nursey	Kent	1.80	3	Royston Hunte	Middlesex	1.94
1972	1	David George	Sussex	1.70	1	Alan Dainton	Essex	1.93	1	Colin Boreham	Hampshire	1.97
1972	2	Morgan Jones	Hertfordshire	1.68	2	Christopher Graham	Cumberland	1.80	2	Garry Vose	Surrey	1.88
1972	3	Milton Palmer	Warwickshire	1.66	3	Michael Nangreave	Staffordshire	1.80	3	Keith Whittingham	Yorkshire	1.84
1973	1	Innes Murray	Cambridgeshire	1.78	1	Chris Dean	Lancashire	1.84	1	Garry Vose	Surrey	1.98
1973	2	Milton Palmer	Warwickshire	1.74	2	Michael Nangreave	Staffordshire	1.80	2	Eric Shirley	Middlesex	1.95
1973	3	Anthony Brewster	Warwickshire	1.72	3	Mark Savage	Staffordshire	1.80	3	Graham Rikly	Berkshire	1.89
1974	1	Martin Watts	Gloucestershire	1.76	1	Milton Palmer	Warwickshire	1.94	1	Alan Dainton	Essex	1.97
1974	2	D. Smith	Bedfordshire	1.76	2	Innes Murray	Cambridgeshire	1.84	2	Garry Vose	Surrey	1.94
1974	3	Augustine Udo	Middlesex	1.73	3	Morgan Jones	Hertfordshire	1.79	3	Carl Meade	Surrey	1.94
1975	1	Vincent Clemmens	Hertfordshire	1.78	1	Milton Palmer	West Midlands	1.98	1	Chris Dean	Lancashire	1.92
1975	2	Stuart Cameron	Oxfordshire	1.76	2	Colin Mitchell	Middlesex	1.94	2	David Robson	Durham	1.92
1975	3	S. Smallwood	Cleveland	1.73	3	Peter Munt	Surrey	1.94	3=	Carlisle James	Middlesex	1.84
1975		-	-			-	-		3=	Colin Spicer	Oxfordshire	1.84
1975		-	-			-	-		3=	David Harris	Middlesex	1.84
1976	1	Martin Lisle	Northumberland	1.79	1	Vincent Clemmens	Hertfordshire	1.90	1	Tim Foulger	Kent	1.95
1976	2	Stuart Gibbs	Shropshire	1.73	2	Stephen Rumbelow	Bedfordshire	1.84	2	Mark Naylor	Middlesex	1.95
1976	3	R. Rowe	London	1.73	3	Mark Hammond	Middlesex	1.84	3	George Robertson	Oxfordshire	1.89
1977	1	Paul Byrne	Staffordshire	1.85	1	Trevor Llewelyn	London	2.02	1	Tim Foulger	Kent	2.02
1977	2	Pascoe David	London	1.85	2	Vincent Clemmens	Hertfordshire	1.99	2	Ronald John	London	2.02
1977	3	Michael Winslow	Essex	1.82	3	Cliff Heilman	Norfolk	1.99	3	John Daley	Cleveland	1.99
1978	1	Neil York	West Midlands	1.79	1	Paul Byrne	Staffordshire	1.92	1	Leon Shakes	Essex	2.02
1978	2	K. Doyle	Middlesex	1.79	2	Andrew Bedford	Hampshire	1.92	2	Vincent Clemmens	Hertfordshire	2.02
1978	3	Stephen Chant	Somerset	1.79	3=	Mark O'Neil	Surrey	1.92	3	Derek Knox	Cumbria	1.97
1978		-	-		3=	Rifat Atun	Essex	1.92		-	-	
1979	1	Neil York	West Midlands	1.86	1	Ossie Cham	London	2.05	1	Rupert Charles	Middlesex	2.06
1979	2	Michael McKenzie	Middlesex	1.86	2	Michael Winslow	Essex	1.96	2	Vincent Clemmens	Hertfordshire	2.06
1979	3	Michael Powell	Derbyshire	1.81	3	Dave Watson	West Midlands	1.96	3	Claude Moseley	London	2.03
1980	1	Byron Morrison	West Midlands	1.86	1	Geoff Parsons	Kent	2.00	1	Elliott Moore	Middlesex	2.10
1980	2	Mark Lakey	West Midlands	1.86	2	Michael Powell	Derbyshire	1.95	2	Ossie Cham	London	2.07
1980	3	Ricky Prescott	London	1.79	3	Henderson Pierre	Middlesex	1.95	3	Rifat Atun	Essex	2.03
1981	1	Tim McCarthy	London	1.85	1	Femi Abejide	London	2.12	1	Ossie Cham	London	2.15
1981	2	David Peterson	Northumberland	1.78	2	Neil Buss	Sussex	2.05	2	Denis Costello	Norfolk	2.08

1981	3	Darren Baker	Middlesex	1.78	3	Mark Lakey	West Midlands	2.00	3	Dave Watson	West Midlands	2.08
1982	1	Mutale Mulenga	Dorset	1.90	1	Dalton Grant	London	2.05	1	Geoff Parsons	Kent	2.20
1982	2	Cliff Russell	Middlesex	1.87	2	Darren Baker	Middlesex	2.00	2	Dave Watson	West Midlands	2.09
1982	3	Chris Trotman	Northamptonshire	1.84	3	Byron Morrison	West Midlands	2.00	3	Billy Jewers	Hampshire	2.06
1983	1	Julian Rifat	Devon	1.85	1	Leroy Lucas	Middlesex	2.05	1	Geoff Parsons	Kent	2.25
1983	2	Terry Dennis	Sussex	1.75	2	Tim McCarthy	London	2.02	2	John Hill	West Midlands	2.09
1983	3	Paul Beales	Norfolk	1.75	3	Darren Baker	Middlesex	2.02	3	Byron Morrison	West Midlands	2.09
1984	1	Ewan Gittins	Hampshire	1.75	1	Chris Trotman	Northamptonshire	1.98	1	Byron Morrison	West Midlands	2.20
1984	2	Hopeton Lindo	Surrey	1.70	2	Nicholas Hay	West Midlands	1.98	2	Steven Chapman	Berkshire	2.08
1984	3	P. Bull	Wiltshire	1.70	3	David Hartwell	West Midlands	1.93	3	Andy Hutchinson	London	2.03
1985	1	Mike King	Suffolk	1.84	1	Hopeton Lindo	Surrey	1.98	1	Andy Hutchinson	London	2.12
1985	2	Marlon Huggins	Surrey	1.84	2	John Hopper	West Midlands	1.98	2	Fayyaz Ahmed	Hampshire	2.09
1985	3=	Glen Carpenter	Essex	1.81	3	Trevor Tancock	Sussex	1.98	3	Nicholas Hay	West Midlands	2.06
1985	3=	Ian Gidley	Bedfordshire	1.81		-	-			-	-	
1986	1	Chris Trimby	Berkshire	1.85	1	Hopeton Lindo	Surrey	2.02	1	John Hopper	West Midlands	2.09
1986	2	Mark Cooke	Dorset	1.78	2	Lee Whittington	Oxfordshire	1.99	2	Nicholas Hay	West Midlands	2.06
1986	3	Bruce Bewley	Humberside	1.75	3	Ian Gidley	Bedfordshire	1.99	3	Julian Rifat	Devon	2.03
1987	1	Steve Smith	Merseyside	1.84	1	Tim Blakeway	West Midlands	2.02	1	John Hopper	West Midlands	2.06
1987	2	Steven Wagner	Hampshire	1.81	2	Marlon Huggins	Surrey	2.02	2	Hopeton Lindo	Surrey	2.06
1987	3	Brendan Reilly	Northamptonshire	1.78	3	Mike King	Suffolk	1.99	3=	Harvey Griffiths	Middlesex	1.98
1987		-	-			-	-		3=	John Wallace	Northumberland	1.98
1988	1	Andrew Lynch	Leicestershire	1.92	1	Brendan Reilly	Northamptonshire	2.05	1	Hopeton Lindo	Surrey	2.06
1988	2	Andrew Weston	Berkshire	1.81	2	Steve Smith	Merseyside	1.99	2	Chris Innes	West Yorkshire	2.06
1988	3	Rory Birbeck	Lancashire	1.75	3	Glenroy Oakley	Hertfordshire	1.93	3	Mike King	Suffolk	2.03
1989	1	Miles Walton	Lancashire	1.90	1	Brendan Reilly	Northamptonshire	2.05	1	Mike King	Suffolk	2.03
1989	2	Stanley Osuide	London	1.84	2	Steve Smith	Merseyside	1.99	2	Dominic Norris	Middlesex	1.98
1989	3	Mark Smith	Hertfordshire	1.81	3	William Wyllie	West Midlands	1.96	3	Andrew Skelding	West Midlands	1.98
1990	1	Chris Davidson	Kent	1.81	1	Stanley Osuide	London	1.99	1	Brendan Reilly	Northamptonshire	2.20
1990	2	Darren Clark	Hampshire	1.78	2=	Mark Smith	Hertfordshire	1.99	2	Steve Smith	Merseyside	2.12
1990	3	Alastair Harsant	Cambridgeshire	1.78	2=	Sean McLean	London	1.99	3	Andrew Skelding	West Midlands	2.09
1991	1	Brad Knowles	West Midlands	1.87	1	Stanley Osuide	London	1.99	1	Brendan Reilly	Northamptonshire	2.24
1991	2	Narayan Brewer	Kent	1.84	2	Mark Smith	Hertfordshire	1.99	2	Steve Smith	Merseyside	2.21
1991	3	Andrew Cadogan	Warwickshire	1.78	3	Brian Thompson	Northumberland	1.96	3	Andrew Skelding	West Midlands	2.06
1992	1	Lee Broomfield	Surrey	1.82	1	Mark Latham	Staffordshire	2.03	1	Brendan Reilly	Northamptonshire	2.18
1992	2	Mike Wright	North Yorkshire	1.79	2	Mike Robbins	South Yorkshire	2.03	2	Stanley Osuide	Essex	2.07
1992	3	Mike Duckworth	West Midlands	1.76	3	Darren Clark	Hampshire	1.97	3	Adrian Anderson	West Midlands	2.04
1993	1	Robert Holton	Nottinghamshire	1.85	1	James Brierley	Shropshire	2.06	1	Mark Latham	Staffordshire	2.04
1993	2	Steven Dann	Durham	1.79	2	Rob Brocklebank	Lancashire	2.03	2=	Brian Thompson	Northumberland	2.01
1993	3	James Pettigrew	Gloucestershire	1.79	3	Richard Aspden	Surrey	2.00	2=	Damon Rutland	Cornwall	2.01
1994	1	Ed Willers	Essex	1.91	1	Ben Challenger	Leicestershire	2.06	1	James Brierley	Shropshire	2.13
1994	2	Matthew Brereton	Merseyside	1.91	2	Darren Joseph	West Midlands	2.00	2	Mark Latham	Staffordshire	2.10
1994	3	Kevin Drury	Shropshire	1.82	3=	James Purseglove	Derbyshire	1.94	3	Rob Brocklebank	Lancashire	2.10

1994		-	-		3=	Mike Wright	North Yorkshire	1.94		-	-	
1995	1	Gareth Dyball	Essex	1.84	1	Danny Graham	Merseyside	2.03	1	Richard Aspden	Surrey	2.16
1995	2	James Wood	Essex	1.81	2	Richard Dent	West Yorkshire	2.00	2=	James Brierley	Shropshire	2.16
1995	3	Kevin McKinson	London	1.81	3	Tom Vanhinsbergh	Sussex	2.00	2=	Rob Brocklebank	Lancashire	2.16
1996	1	Dan Plank	Hereford & Worcs	1.83	1	Martin Lloyd	Kent	2.03	1	Ben Challenger	Leicestershire	2.15
1996	2	Tim Greenwood	Oxfordshire	1.81	2	Jason McDade	Suffolk	2.00	2	Danny Graham	Merseyside	2.07
1996	3	James Alix	West Midlands	1.78	3	Robert Toms	Berkshire	1.97	3	David Franks	Gtr. Manchester	2.07
1997	1	Brian Hall	Gtr. Manchester	1.93	1	Kevin McKinson	London	2.06	1	Ben Challenger	Leicestershire	2.20
1997	2	Matt Paice	Buckinghamshire	1.84	2	Simon Bannister	Norfolk	2.03	2	Martin Lloyd	Kent	2.07
1997	3	Daniel Crake	Cumbria	1.81	3	Ben Davies	Avon	2.03	3	Danny Graham	Merseyside	2.04
1998	1	Chris Bailey	Surrey	1.81	1	James Alix	West Midlands	2.06	1	Ed Willers	Somerset	2.10
1998	2	Mark Crowley	Hertfordshire	1.81	2	Dan Plank	Hereford & Worcs	2.03	2	Jason McDade	Suffolk	2.07
1998	3	Jamie Creighton	Merseyside	1.81	3	Bomene Barikor	London	2.03	3	Robert Mitchell	Hertfordshire	2.07
1999	1	Mark Bidwell	Derbyshire	1.90	1	Darryl Stone	Essex	2.03	1	Samson Oni	London	2.16
1999	2	Adam Gallie	Derbyshire	1.87	2	Daniel Crake	Cumbria	2.00	2	Robert Mitchell	Hertfordshire	2.13
1999	3	Mark Latham	Merseyside	1.81	3	David Espin	Nottinghamshire	1.97	3	Chris Giblin	Merseyside	2.10
2000	1	Ricardo Prevost	Middlesex	1.90	1	Mark Crowley	Hertfordshire	1.99	1	Luke Crawley	West Midlands	2.14
2000	2	Daniel Campbell	Surrey	1.81	2	Adam Gallie	Derbyshire	1.96	2	Darryl Stone	Essex	2.10
2000	3	Onose Okojie	London	1.78	3	Daniel Leonard	Buckinghamshire	1.96	3	Brian Hall	Gtr. Manchester	2.01
2001	1	Alan Hassall	Staffordshire	1.84	1	Martyn Bernard	West Yorkshire	2.02	1	Darryl Stone	Essex	2.10
2001	2	Lee Pursglove	Lancashire	1.84	2	Adam Gallie	Derbyshire	1.99	2	Mark Crowley	Hertfordshire	2.04
2001	3	Tim Maitland	Middlesex	1.81	3	Mark Bidwell	Derbyshire	1.93	3	Brian Hall	Gtr. Manchester	2.04
2002	1	James Russell	Hertfordshire	1.78	1	Tom Mill	West Midlands	2.02	1	Martin Aram	Merseyside	2.10
2002	2	Peter Nelson	South Yorkshire	1.78	2	Kevin Sempers	Humberside	1.99	2	Tom Parsons	West Midlands	2.07
2002	3	Dan Smith	Dorset	1.75	3	Oliver Sweeney	Middlesex	1.96	3	Daniel Leonard	Buckinghamshire	2.01
2003	1	Darren Hammond	Gtr. Manchester	1.87	1	Nick Stanisavljevic	Surrey	2.05	1	Kevin Sempers	Humberside	2.07
2003	2	Greg Simey	Leics & R	1.84	2	Tim Maitland	Middlesex	1.99	2	Oliver Sweeney	Hertfordshire	2.01
2003	3	James Dunne	Berkshire	1.84	3	Tim Payne	West Midlands	1.93	3	Okiem Warman	Avon	2.01
2004	1	Philip Collins	Durham	1.84	1	Tom Mather	Derbyshire	1.93	1	Jamie Thomas	West Midlands	2.07
2004	2	Cameron Lake	Buckinghamshire	1.84	2	Robbie Grabarz	Cambridgeshire	1.93	2	Kevin Sempers	Humberside	2.04
2004	3	Dan Dunscombe	Sussex	1.81	3	Darren Hammond	Gtr. Manchester	1.93	3	Simon Phelan	Channel Islands	2.04
2005	1	Richard Byers	Cumbria	1.96	1	Daniel Nash	Staffordshire	2.05	1	Robbie Grabarz	Cambridgeshire	2.04
2005	2	Ben Gibb	Somerset	1.90	2	Matthew Owens	Merseyside	2.02	2	Tim Payne	West Midlands	2.01
2005	3	Christopher Baker	Norfolk	1.84	3	Tom Mather	Derbyshire	1.99	3	James Luck	Middlesex	2.01
2006	1	Samuel Bailey	Essex	1.84	1	Philip Collins	Durham	1.99	1	Alan McKie	Buckinghamshire	2.02
2006	2	Tariq Fadare	Surrey	1.81	2	Cameron Lake	Buckinghamshire	1.99	2	Darren Hammond	Gtr. Manchester	1.99
2006	3	Michael Grabarz	Cambridgeshire	1.78	3	Tsidi Dagadu	Surrey	1.96	3	James Luck	Middlesex	1.99
2007	1	Alex Cox	Dorset	1.87	1	Christopher Baker	Norfolk	2.02	1	Alan McKie	Buckinghamshire	2.17
2007	2	Jordan Roach	West Midlands	1.81	2	Mike Ehlen	Merseyside	1.99	2	Darren Hammond	Gtr. Manchester	2.05
2007	3	Matty Sadoh	Middlesex	1.81	3	Matthew Gilbert	Devon	1.96	3	Ben Mourbey	Derbyshire	2.05
2008	1	Alex Cox	Dorset	1.93	1	Samuel Bailey	Essex	1.99	1	Scott Johnson	Beds & L	2.05
2008	2	Feron Sayers	West Midlands	1.87	2	Joe Kent	Sussex	1.99	2	Christopher Baker	Norfolk	2.02

2008	3	Chris Swanborough	Essex	1.87	3	Onajite Okoro	West Midlands	1.96	3	Cameron Lake	Buckinghamshire	1.93
2009	1	Zino Mario Ghae	Norfolk	1.87	1	Billy Falconer	Essex	1.96	1	Samuel Bailey	Essex	2.08
2009	2	Feron Sayers	West Midlands	1.84	2=	Jordan Roach	West Midlands	1.90	2	Scott Johnson	Beds & L	2.08
2009	3	Stephen Arthurworrey	London	1.84	2=	Ryan Bonifas	Berkshire	1.90	3	Christopher Baker	Norfolk	2.05
2010	1	Nicholas Hunt	Dorset	1.93	1	Jonathon Heath	Derbyshire	2.02	1	Samuel Bailey	Essex	2.09
2010	2	Chris Kandu	Middlesex	1.90	2	Michael Hartley	Merseyside	1.99	2	Tom Gardner	Sussex	2.02
2010	3	Matthew Aldridge	Hampshire	1.78	3	Ryan Bonifas	Berkshire	1.96	3	Onajite Okoro	West Midlands	1.93
2011	1	Anthony Hogg	Durham	1.87	1	Alexandre Craninx	Berkshire	2.02	1	Michael Hartley	Merseyside	2.08
2011	2	Joshua Conroy	Beds & L	1.84	2	Mitchell Field	Berkshire	1.96	2	Alexander Cox	Hampshire	2.08
2011	3	Elliott Payne	South Yorkshire	1.84	3	Joshuah Hill	West Midlands	1.96	3	Adam Wall	Avon	1.96
2012	1	Matthew Lally	Hertfordshire	1.84	1	Nicholas Hunt	Dorset	1.93	1	Ryan Bonifas	Berkshire	2.00
2012	2	Reuban Esien	West Midlands	1.81	2	Christopher Mann	Gtr. Manchester	1.93	2	Jonathon Heath	Derbyshire	1.97
2012	3	Jamie Horne	Lincolnshire	1.81	3	Patrick O'Connor	Cleveland	1.93	3	Marc Alner	Channel Islands	1.97
2013	1	Adam Jones	Hampshire	1.93	1	Paul Neale	Berkshire	2.02	1	Joshuah Hill	West Midlands	2.03
2013	2	James Mitchell	Middlesex	1.84	2	William Grimsey	Middlesex	1.99	2	Patrick O'Connor	Cleveland	2.00
2013	3	Tom Sear	Hampshire	1.78	3	Rory Dwyer	Warwickshire	1.99	3	Nicholas Hunt	Dorset	2.00
2014	1	Steven Jones	Merseyside	1.90	1	Rory Dwyer	Warwickshire	2.10	1	Joshuah Hill	West Midlands	2.12
2014	2	Josh Hewett	Merseyside	1.84	2	Ocean Schwartz	Surrey	2.02	2	Christopher Mann	Gtr. Manchester	2.06
2014	3	Thomas Hewes	Suffolk	1.84	3	Lee Johnson	Beds & L	1.93	3	William Grimsey	Middlesex	2.03
2015	1	Finlay Castledine	Essex	1.84	1	Adam Jones	Hampshire	2.05	1=	William Grimsey	Middlesex	2.10
2015	2	Kaya Walker	South Yorkshire	1.81	2	Josh Hewett	Merseyside	2.05	1=	Rory Dwyer	Warks	2.10
2015	3	Shane Connell	Gtr. Manchester	1.81	3	Max Ngonji	West Yorkshire	1.99	3	Ryan Webb	Dorset	2.06
2016	1	Dominic Ogbechie	London	1.84	1	Josh Hewett	Merseyside	2.01	1	Tom Gale	Wiltshire	2.12
2016	2	Joshua Herrington	Cheshire	1.81	2	Kia Finch	Merseyside	1.95	2	Ryan Webb	Dorset	2.09
2016	3	Ben Adeniji	West Yorkshire	1.78	3	Steven Wheeler	Cleveland	1.92	3	Adam Jones	Hampshire	2.03
2017	1	Sam Brereton	Cornwall	1.87	1	Benjamin Saunders	West Midlands	1.95	1	Tom Gale	Wiltshire	2.22
2017	2	Callum Gregson	Hampshire	1.84	2	Luke Okosieme	London	1.95	2	Joel Clarke-Khan	Hereford & Worcs	2.15
2017	3	Jacob Thompson	Cheshire	1.84	3	Kaya Walker	South Yorkshire	1.92	3	Thomas Hewes	Essex	2.15
2018	1	David Bazuaye	London	1.90	1	Sam Brereton	Cornwall	2.04	1	Jack Norton	Hampshire	2.10
2018	2	Adam Robinson	Hampshire	1.84	2	Harrison Thorne	Berkshire	2.01	2	Kia Finch	Merseyside	2.04
2018	3	Luke Ball	Avon	1.84	3	Jack Ennis	Surrey	1.98	3=	Benjamin Saunders	West Midlands	2.01
2018		-	-			-	-		3=	Steven Jones	Merseyside	2.01
2019	1	Luke Ball	Avon	1.87	1	Sam Brereton	Cornwall	2.10	1	Jack Ennis	Surrey	2.07
2019	2=	Jamaal Darlington	London	1.78	2	Charlie Knott	Cambridgeshire	1.96	2	Kelechi Aguocha	Kent	2.04
2019	2=	Noor-Eldin Mahmoud	London	1.78	3	Lionel Owona-Bunung	Berkshire	1.93	3	Jack Norton	Hampshire	2.01
2021	1	Samuel Wright	Essex	1.90	1	Luke Ball	Avon	2.03	1	Sam Brereton	Cornwall	2.13
2021	2	Jack Holmes	West Yorkshire	1.81	2	Jakub Walecki	Essex	2.00	2	Lionel Owona-Bunung	Berkshire	2.10
2021	3	Jay Whiteside	Lancashire	1.78	3	Noor-Eldin Mahmoud	London	1.94	3	Seb Clatworthy	Somerset	2.04
2022	1	Andre Onyekwe	Warwickshire	1.75	1	Hayden Blunn	Cheshire	1.98	1	Luke Ball	Avon	2.12
2022	2	Bruno Cina	Sussex	1.72	2	Will Jackson	Lancashire	1.91	2	Will Sutton	Sussex	1.95
2022	3	Samuel Newton	Kent	1.72	3	Thomas Lay	Essex	1.88	3	Jamaal Darlington	London	1.92
2023	1	Solomon Thompson Moodley	London	1.84	1	Jack Holmes	West Yorkshire	1.94	1	Toby Cherry	Hertfordshire	2.10

2023	2	Daniel Obike	Kent	1.81	2	Dylan Calvey	Sussex	1.94	2	Luke Ball	Avon	2.10
2023	3	Joshua Dako	Kent	1.81	3	Andre Onyekwe	Warwickshire	1.94	3	Will Jackson	Gtr. Manchester	2.04
2024	1	Joshua Akintolu	West Yorkshire	1.94	1	Taejan Blake	Nottinghamshire	2.00	1	Peter Krunity-Salako	Wiltshire	2.04
2024	2	Olisa Odiamma McKenzie	Warwickshire	1.81	2	Finley Powell	West Midlands	1.97	2	Will Jackson	Gtr. Manchester	2.01
2024	3	Eli Adams	Northumberland	1.81	3=	Ore Adebayo	Hertfordshire	1.97	3	George Ball	Hertfordshire	1.98
2024		-	-		3=	Otis Poole	Wiltshire	1.97		-	-	
2025	1	Jake Read	Essex	1.90	1	Noah Wincott	Hampshire	2.05	1	Otis Poole	Wiltshire	2.10
2025	2	Mack O'Keefe	London	1.87	2	Daniel Obike	Kent	1.97	2	George Ball	Hertfordshire	2.04
2025	3	Tomi Oyetunde	Essex	1.78	3	Eli Adams	Northumberland	1.97	3	Zaphaniah Bryan	Bedfordshire	2.01
2026	1	Alexander Marvell	Suffolk	1.89	1	Joshua Akintolu	West Yorkshire	2.00	1	Otis Poole	Wiltshire	2.21
2026	2	Dexter Appleton-Barnes	Norfolk	1.86	2	Jesse Grinyer	Hertfordshire	1.97	2	Zaphaniah Bryan	Bedfordshire	2.07
2026	3	Philip Artemiev	Berkshire	1.83	3	Frederick Strong	Cumbria	1.94	3	Alexander Gooden-Devesa	Hertfordshire	2.04

JUNIOR

INTERMEDIATE

SENIOR

POLE VAULT

POLE VAULT

POLE VAULT

1953		-	-		1	Michael Nugent	Surrey	10' 6"	1	David Miles	Surrey	10' 9"
1953		-	-		2	C. Smith	Middlesex	9' 9"	2	Alan Cowey	Durham	10' 3"
1953		-	-		3	C. Timms	Oxfordshire	9' 6"	3	T. Barnes	Dorset	10' 3"
1954		-	-		1	S. Sparks	Surrey	10' 3½"	1	Michael Nugent	Surrey	11' 5½"
1954		-	-		2	Terence Maddern	Middlesex	10' 0"	2	Alan Cowey	Durham	11' 5½"
1954		-	-		3	J. Smorfitt	Yorkshire	9' 9"	3	William Worth	Middlesex	10' 6"
1955	1	John Saunders	Kent	10' 3"	1	Charles East	Essex	10' 9"	1	Michael Nugent	Surrey	11' 9"
1955	2	Dave Searle	Hampshire	9' 0"	2	P. Hall	London	10' 6"	2	James McManus	Northumberland	11' 3"
1955	3	L. Filsell	Sussex	9' 0"	3	David Barnard	Surrey	10' 6"	3	William Worth	Middlesex	10' 3"
1956	1	Jonathan Hutton	Dorset	9' 9"	1	David Barnard	Surrey	11' 3"	1	Anthony Pitt	Devon	11' 10"
1956	2	T. O'Toole	Hertfordshire	9' 6"	2	John Saunders	Kent	10' 9"	2	John Neill	Middlesex	11' 3"
1956	3	M. French	Hertfordshire	9' 3"	3	Peter Lyons	Surrey	10' 6"	3	Terence Maddern	Middlesex	10' 9"
1957	1	David Jones	Wiltshire	9' 9"	1	Joe Ely	Norfolk	10' 6"	1	Peter Lyons	Surrey	11' 9"
1957	2	Brian Dixon	Gloucestershire	9' 9"	2	Victor Luscombe	Lancashire	10' 6"	2	John Neill	Middlesex	11' 9"
1957	3	Chris Keegan	Lancashire	9' 6"	3	Roger Gibson	Essex	10' 3"	3	-	-	
1958	1	G. Cox	Essex	10' 6"	1	Jonathan Hutton	Dorset	11' 9"	1	Peter Lyons	Surrey	12' 3"
1958	2	Richard Butt	Gloucestershire	10' 6"	2	Brian Dixon	Gloucestershire	11' 0"	2	Victor Luscombe	Lancashire	11' 3"
1958	3	Roy Griffiths	Yorkshire	10' 6"	3	Neil Laslett	Sussex	10' 9"	3	P. J. Warboys	Hertfordshire	10' 3"
1959	1	Christopher Raindle	Dorset	10' 6"	1	Peter A. Goodsir	Surrey	10' 9"	1	Jonathan Hutton	Dorset	12' 0"
1959	2	Donald Chadwick	Middlesex	10' 3"	2	Brian Dixon	Gloucestershire	10' 9"	2	Brian Hancock	Cheshire	11' 3"
1959	3	W. Webster	Derbyshire	9' 9"	3	Martin Higdon	Middlesex	10' 6"	3	Michael Reynolds	Norfolk	11' 0"
1960	1	David Ruty	Essex	10' 7"	1	Martin Higdon	Middlesex	11' 6"	1	Jonathan Hutton	Dorset	13' 3"
1960	2	L. Ross	Durham	10' 0"	2	Richard Butt	Gloucestershire	11' 3"	2	Brian Dixon	Gloucestershire	11' 3"
1960	3	A. Hill	Cheshire	9' 9"	3	Ronald Warner	Middlesex	11' 3"	3	Trevor Burton	Staffordshire	10' 6"
1961	1	Roger Turner	Essex	10' 4"	1	Glen Sapsford	Hertfordshire	11' 3"	1	Martin Higdon	Middlesex	11' 6"
1961	2	R. Inman	Middlesex	10' 4"	2	Ronald Warner	Middlesex	11' 3"	2	John Verity	Yorkshire	11' 6"

1961	3	Jeremy Marlow	Essex	10' 4"	3	James Moore	Staffordshire	10' 6"	3	Trevor Burton	Staffordshire	11' 6"
1962	1	Mike Templeman	Sussex	10' 3"	1	John Carver	Essex	11' 3"	1	Martin Higdon	Middlesex	13' 4"
1962	2	R. Mann	Shropshire	10' 3"	2	John Dickinson	Yorkshire	11' 3"	2	Peter Riley	Lancashire	11' 6"
1962	3=	B. Eddicott	Hertfordshire	9' 6"	3	W. Brown	Cumberland	11' 0"	3	Ronald Warner	Middlesex	11' 6"
1962	3=	E. Smith	Derbyshire	9' 6"		-	-			-	-	
1962	3=	J. Curtis	Hampshire	9' 6"		-	-			-	-	
1962	3=	P. Mitchell	Dorset	9' 6"		-	-			-	-	
1963	1	Roger Constantine	Staffordshire	10' 8"	1	John Dickinson	Yorkshire	12' 0"	1	Nicholas Newton	Shropshire	12' 0"
1963	2	Peter Dukelow	Essex	10' 3"	2	Jeremy Marlow	Warwickshire	12' 0"	2	Peter Riley	Lancashire	11' 6"
1963	3	Bruce Evans	Hertfordshire	10' 0"	3	Roger Turner	Essex	11' 0"	3	David Gill	Essex	11' 6"
1964	1	Timothy Robinson	Staffordshire	10' 0"	1	Roger Constantine	Staffordshire	11' 0"	1	Jeremy Marlow	Warwickshire	12' 6"
1964	2	Graham Blockley	Lincolnshire	10' 0"	2	Albert Parker	Staffordshire	11' 0"	2	John Dickinson	Yorkshire	12' 0"
1964	3	Gordon Mussett	Norfolk	9' 6"	3	Peter Dukelow	Essex	10' 6"	3=	John Mynett	Yorkshire	11' 3"
		-	-			-	-		3=	Michael Holloway	Buckinghamshire	11' 3"
1965	1	Stephen Inman	Nottinghamshire	9' 9"	1	Peter Rooke	Staffordshire	10' 9"	1	Leslie Johnson	Durham	12' 0"
1965	2	Alan Ryrie	Sussex	9' 9"	2	Michael Walker	Durham	10' 6"	2	Roger Constantine	Staffordshire	11' 9"
1965	3	R. Steen	Cheshire	9' 9"	3	John Evans	Essex	10' 6"	3	Bruce Evans	Hertfordshire	11' 9"
1966	1	J. Potter	Hertfordshire	9' 9"	1	John Faircloth	Kent	11' 3"	1	Peter Rooke	Staffordshire	12' 0"
1966	2	Francis Downes	Lancashire	9' 6"	2	Robert Burnett	Hertfordshire	11' 0"	2	Bruce Evans	Hertfordshire	11' 6"
1966	3	S. James	Worcestershire	9' 6"	3	John Fenge	London	11' 0"	3	Albert Parker	Staffordshire	11' 6"
1967	1	Alan Parkinson	Nottinghamshire	10' 6"	1	Stuart Tufton	Essex	11' 7"	1	John Faircloth	Kent	13' 0"
1967	2	F. Dawson	Lincolnshire	10' 3"	2	Ian Adlington	London	11' 0"	2	Stefan Picewitz	Lancashire	11' 6"
1967	3	Brian Drinkhall	Yorkshire	10' 0"	3	Neil Tilsred	Middlesex	11' 0"	3	Peter Rooke	Staffordshire	11' 3"
1968	1	Steven Ryder	Shropshire	10' 3"	1	Eamonn Byrne	Gloucestershire	11' 8"	1	John Fenge	London	12' 6"
1968	2	Henry Bizon	Staffordshire	9' 9"	2	Brian Drinkhall	Yorkshire	10' 9"	2	John Faircloth	Kent	12' 0"
1968	3	C. Guy	Dorset	9' 6"	3	Steve Chappell	Buckinghamshire	10' 9"	3	Geoff Miller	Warwickshire	11' 9"
1969	1	Terry Nicholson	Surrey	2.97	1	Brian Drinkhall	Yorkshire	3.60	1	Stuart Tufton	Essex	4.31
1969	2	Stephen Ellesmere	Cheshire	2.89	2	Brian Hooper	Surrey	3.52	2	Steve Chappell	Buckinghamshire	4.15
1969	3	Paul Roberts	Lancashire	2.89	3	Geoffrey Barnett	Lincolnshire	3.44	3	John Fenge	London	3.75
1970	1	Paul Roberts	Lancashire	3.21	1	Girish Patel	Essex	3.52	1	Brian Hooper	Surrey	4.00
1970	2	Ray Kelly	Essex	3.13	2	Malcolm Jennings	Hertfordshire	3.44	2	John Parkinson	Cheshire	3.83
1970	3	Edmund Woloszyn	Buckinghamshire	3.05	3	Steve Clark	London	3.28	3	Philip Goulding	Middlesex	3.67
1971	1	Louis Ying	London	3.45	1	Martin Lewis	Staffordshire	3.30	1	Brian Hooper	Surrey	4.65
1971	2	Anthony Morbin	London	3.14	2	Edmund Woloszyn	Buckinghamshire	3.15	2	John Parkinson	Cheshire	4.34
1971	3	Gary Ross	Hertfordshire	3.06	3	Donato Zaccaria	Nottinghamshire	3.15	3	Allan Williams	London	4.34
1972	1	David Anderson	London	3.14	1	Keith Stock	Surrey	3.70	1	Allan Williams	London	4.20
1972	2	James Anderson	Kent	3.06	2	Ray Kelly	Essex	3.46	2	Steve Clark	London	4.20
1972	3	Rupert Goodall	Cheshire	2.98	3	Louis Ying	London	3.46	3	Girish Patel	Essex	4.10
1973	1	Neil McPhee	Hertfordshire	3.18	1	Rupert Goodall	Cheshire	3.62	1	Girish Patel	Essex	4.00
1973	2	Kevin Gurney	Hertfordshire	3.18	2	Jeffery Gutteridge	Buckinghamshire	3.54	2	James Peterson	Middlesex	3.66
1973	3	G. Longhurst	London	2.90	3	Stephen Bainbridge	Northumberland	3.30	3	Stephen Ellesmere	Cheshire	3.66
1974	1	Neil Barnes	Somerset	2.98	1	Rupert Goodall	Cheshire	4.00	1	Christopher Boreham	Hertfordshire	4.20

1974	2	J. Currie	London	2.98	2	Keith Fenner	Hertfordshire	3.70	2	Kevin Homer	Staffordshire	3.66
1974	3	G. Henry	London	2.83	3	Neil McPhee	Hertfordshire	3.62	3	Allan Baker	Staffordshire	3.66
1975	1	Lennox Hamilton	London	3.17	1	Neil McPhee	Hertfordshire	4.20	1	Rupert Goodall	Cheshire	4.10
1975	2	Paul Landers	London	3.09	2	Kevin Gurney	Hertfordshire	3.64	2	Kevin Homer	Staffordshire	3.98
1975	3	David Brown	Middlesex	3.01	3	Neil Barnes	Avon	3.56	3	James Anderson	Kent	3.90
1976	1	Tim Anstiss	Middlesex	3.60	1	Neil Barnes	Avon	3.95	1	Rupert Goodall	Cheshire	4.60
1976	2=	David Hooper	Surrey	3.17	2	Damon Hart	London	3.77	2	Kevin Gurney	Hertfordshire	4.00
1976	2=	R. Birch	Shropshire	3.17	3	Kevin Shearon	Hertfordshire	3.61	3	Nicholas Heal	Avon	3.92
1977	1	Phil Lovell	Surrey	3.40	1	John Ball	Surrey	4.09	1	Andrew Jackson	Hertfordshire	4.24
1977	2	M. Porter	London	2.98	2	Mark Shippen	Surrey	4.09	2	Steven Wright	West Yorkshire	4.24
1977	3	Billy Davey	London	2.75	3	Tim Anstiss	Middlesex	4.09	3	Nicholas Heal	Avon	4.08
1978	1	Philip Mascoll	London	3.50	1	Tim Anstiss	Middlesex	4.33	1	Neil Barnes	Avon	4.00
1978	2	Billy Davey	Middlesex	3.32	2	David Hooper	Surrey	4.00	2	Robert Betts	South Yorkshire	3.50
1978	3	Stephen Lyons	Sussex	3.32	3	I. McIsaac	Surrey	3.80	3	Peter Nickson	Merseyside	3.50
1979	1	Jimmy Lewis	Surrey	3.76	1	Phil Lovell	Surrey	4.28	1	John Ball	Surrey	4.30
1979	2	C. Parkins	London	3.30	2	Billy Davey	Middlesex	4.20	2	Tim Anstiss	Middlesex	4.30
1979	3	Karl Patterson	London	3.20	3	Richard Hooper	Surrey	3.82	3	David Hooper	Surrey	4.30
1980	1	Steve Fuller	Surrey	3.60	1	Jimmy Lewis	Surrey	4.00	1	Richard Gammage	Surrey	4.26
1980	2	Cleve Benjamin	London	3.10	2	Andy Ashurst	Gtr. Manchester	3.60	2	Phil Lovell	Surrey	4.18
1980	3	Paul Tucker	West Yorkshire	3.10	3	Roddy Grant-Smith	West Midlands	3.60	3	John Andrews	Surrey	3.94
1981	1	John Trounson	Hertfordshire	3.30	1	Jimmy Lewis	Surrey	4.10	1	Billy Davey	Middlesex	4.68
1981	2	Floyd Henry	London	3.30	2	Barry Forster	Gtr. Manchester	4.00	2	Phil Lovell	Surrey	4.28
1981	3	Alastair Graham	Hertfordshire	3.30	3	Mark Johnson	West Yorkshire	3.90	3	Richard Hooper	Surrey	4.20
1982	1	Ian Lewis	Surrey	3.87	1	Richard Quixley	Cornwall	4.15	1	Phil Lovell	Surrey	4.50
1982	2	Sean Hendrickson	London	3.40	2	Floyd Henry	London	3.85	2	Andy Ashurst	Gtr. Manchester	4.50
1982	3	Stephen Downey	Merseyside	3.16	3	Paul Jolley	Staffordshire	3.75	3	Jimmy Lewis	Surrey	4.40
1983	1	Ian Lewis	Surrey	3.90	1	Floyd Henry	London	4.20	1	Andy Ashurst	Gtr. Manchester	4.75
1983	2	Simon Lee	London	3.48	2	Richard Quixley	Cornwall	4.20	2	Mark Johnson	West Yorkshire	4.40
1983	3	G. Baxter	Hertfordshire	3.48	3	Sean Hendrickson	London	3.75	3	Paul Wray	West Yorkshire	4.30
1984	1	Adrian Bailey	West Midlands	3.30	1	Gary Jackson	Durham	4.25	1	Paul Wray	West Yorkshire	4.50
1984	2	Graham Oliver	Sussex	3.10	2	Ian Lewis	Surrey	4.25	2	Jimmy Lewis	Surrey	4.40
1984	3	Daniel Chalkley	West Yorkshire	3.10	3	Howard Gooderham	Surrey	3.95	3	Kevin Brady	Berkshire	4.00
1985	1	Pat Nicol	Middlesex	3.60	1	Ian Lewis	Surrey	4.55	1	Gary Jackson	Durham	4.40
1985	2	D. Pearson	Gtr. Manchester	3.30	2	Mike Edwards	Hampshire	4.45	2	Paul Wray	West Yorkshire	4.40
1985	3	Adrian Gibbs	West Midlands	3.20	3	Ian Tullett	Surrey	4.35	3	Paul Phelps	West Yorkshire	4.30
1986	1	Mark Brunskill	Merseyside	3.45	1	Adrian Bailey	West Midlands	4.15	1	Paul Phelps	West Yorkshire	4.70
1986	2	Gerald McDonnell	West Midlands	3.45	2	Daniel Chalkley	West Yorkshire	4.15	2	Mike Edwards	Hampshire	4.60
1986	3	L. Deakin	West Yorkshire	3.15	3	Robert Bond	Devon	3.95	3	Ian Tullett	Surrey	4.50
1987	1	Neil Winter	Avon	4.00	1	Stephen Howe	West Midlands	4.25	1	Mike Edwards	Hampshire	5.00
1987	2	Patrick Daly	Middlesex	3.65	2	Duncan Pearce	Gtr. Manchester	4.25	2	Paul Phelps	West Yorkshire	4.90
1987	3	Warren Siley	Gtr. Manchester	3.65	3	David Bigham	Essex	4.15	3	Ian Tullett	Surrey	4.60
1988	1	Neil Winter	Avon	4.30	1	Mark Hodgkinson	Nottinghamshire	4.15	1	Ian Tullett	Surrey	4.60

1988	2	Mark Richards	Sussex	3.45	2	Stephen Greig	Gtr. Manchester	4.05	2	Andrew Wake	Northumberland	4.50
1988	3	Elton Hunt	West Midlands	3.45	3	Warren Siley	Gtr. Manchester	4.05	3	Paul Beswick	Staffordshire	4.30
1989	1	Jon Yapp	Shropshire	3.65	1	Warren Siley	Gtr. Manchester	4.25	1	Dylan McDermott	Surrey	4.80
1989	2	Peter Eyre	Northumberland	3.55	2	Nick Buckfield	Sussex	4.15	2	Mark Grant	Hertfordshire	4.70
1989	3	Michael Wilson	South Yorkshire	3.35	3	Patrick Daly	Middlesex	4.15	3	Matt Belsham	Gtr. Manchester	4.60
1990	1	Chris Eyre	Northumberland	3.30	1	Geoff Gregory	West Midlands	4.20	1	Matt Belsham	Gtr. Manchester	4.90
1990	2	Mark Davis	Northamptonshire	3.00	2	Mark Richards	Sussex	4.10	2	Warren Siley	Gtr. Manchester	4.80
1990	3	Martyn Hole	Essex	3.00	3	Joshua Bridgens	Avon	4.10	3	Mark Grant	Hertfordshire	4.80
1991	1	Mark Davis	Northamptonshire	3.45	1	Simon Gaines	Cumbria	4.20	1	Nick Buckfield	Sussex	4.90
1991	2	Neil Turner	Oxfordshire	3.45	2	Peter Eyre	Northumberland	4.20	2	Kevin Hughes	Essex	4.80
1991	3	Martin Parley	Avon	3.45	3	Chris Chapman	Sussex	4.20	3	Christian North	Avon	4.70
1992	1	Martin Parley	Avon	3.80	1	Mark Davis	Northamptonshire	4.10	1	Nick Buckfield	Sussex	5.15
1992	2	Owen Chaplin	Shropshire	3.55	2	Kevin Treen	West Midlands	4.10	2	Christian North	Avon	4.90
1992	3	Edward Richards	Avon	3.45	3	Neil Turner	Oxfordshire	4.10	3	Kevin Hughes	Essex	4.80
1993	1	Christian Linskey	South Yorkshire	3.65	1	Neil Turner	Oxfordshire	4.40	1	Paul Williamson	Humberside	4.90
1993	2	Rufus Cooper	Middlesex	3.55	2	Mark Davis	Northamptonshire	4.30	2	Christian North	Avon	4.80
1993	3	Philip Lofthouse	Northumberland	3.35	3=	Dominic Shepherd	Cheshire	4.10	3	Ian Wilding	Staffordshire	4.80
1993		-	-		3=	Martin Parley	Avon	4.10		-	-	
1994	1	Christian Linskey	South Yorkshire	4.00	1	Martin Parley	Avon	3.95	1	Dominic Shepherd	Cheshire	4.70
1994	2	Richard Smith	Lincolnshire	3.45	2	Robert Bell	Essex	3.95	2	Mark Davis	Northamptonshire	4.60
1994	3	Adam Walker	Sussex	3.35	3	Ben Flint	South Yorkshire	3.95	3	Robin Hill	West Yorkshire	4.60
1995	1	Richard Smith	Lincolnshire	4.20	1	Christian Linskey	South Yorkshire	4.70	1	Mark Davis	Northamptonshire	4.80
1995	2	Richard Carter	Avon	3.45	2	Steve McLennan	Surrey	4.40	2	Robert Thickpenny	Cambridgeshire	4.70
1995	3	Paul Miles	West Midlands	3.35	3	Rufus Cooper	Middlesex	4.40	3	Brett Armstrong	West Midlands	4.35
1996	1	Steven Brown	Essex	3.85	1	Christian Linskey	South Yorkshire	4.50	1	Ben Flint	South Yorkshire	4.90
1996	2	Andrew Corey	Staffordshire	3.65	2	Stephen Smith	Cambridgeshire	4.30	2	Warren Jousiffe	Surrey	4.70
1996	3	Daniel Broadhead	South Yorkshire	3.55	3	Alex Thomas	West Midlands	4.20	3	Craig Guite	South Yorkshire	4.60
1997	1	Cameron Johnston	Surrey	3.65	1	Richard Smith	Lincolnshire	4.60	1	Ben Flint	South Yorkshire	4.90
1997	2	Danny Cunnane	West Yorkshire	3.65	2	Ashley Swain	Hampshire	4.40	2	Tom Richards	Avon	4.80
1997	3	Matt Lewis	Avon	3.35	3	Martin Densley	Middlesex	4.20	3	Scott Simpson	Avon	4.70
1998	1	Alan Jervis	Staffordshire	3.55	1	Steven Brown	Essex	4.30	1	Ben Flint	South Yorkshire	5.16
1998	2	Greg Dillow	Surrey	3.55	2	Cameron Johnston	Surrey	4.30	2	Ashley Swain	Hampshire	4.80
1998	3	Olly Mahony	Merseyside	3.45	3	Andrew Corey	Staffordshire	4.20	3	Martin Densley	Middlesex	4.70
1999	1	Chris Tremayne	Staffordshire	3.75	1	Cameron Johnston	Surrey	4.30	1	Ashley Swain	Hampshire	4.70
1999	2	Mark Christie	Durham	3.35	2	Alan Jervis	Staffordshire	4.10	2	Mark Beharrell	N Lincoln / E Yorks	4.70
1999	3	Tom McDowell	Avon	3.35	3=	Andrew MacDonald	South Yorkshire	3.95	3	Alan Richardson	N Lincoln / E Yorks	4.60
1999		-	-		3=	Tim Holsgrove	Merseyside	3.95		-	-	
2000	1	Steven Lewis	Staffordshire	3.50	1	Paul Stevens	Humberside	4.50	1	Cameron Johnston	Surrey	4.70
2000	2	Keith Higham	Cumbria	3.10	2	Olly Mahony	Merseyside	4.25	2	Tim Holsgrove	Merseyside	4.20
2000	3	Mark Laws	Northumberland	3.10	3	Alan Jervis	Staffordshire	4.25	3	Simon Lewis	Staffordshire	4.20
2001	1	Tom Davies	Shropshire	3.41	1	Chris Tremayne	Staffordshire	4.55	1	Cameron Johnston	Surrey	4.55
2001	2	Luke Cutts	South Yorkshire	3.20	2	Mark Christie	Durham	4.55	2	Jason Fry	Essex	4.45

2001	3	Gareth Lapsins	Lancashire	3.20	3	Ezekiell Benjamin	Nottinghamshire	4.15	3	Olly Mahony	Merseyside	4.45
2002	1	Alex Williams	Staffordshire	3.60	1	Steven Lewis	Staffordshire	4.45	1	Chris Tremayne	Staffordshire	4.85
2002	2	James Hoad	Hertfordshire	3.60	2	Keith Higham	Cumbria	4.25	2	Olly Mahony	Merseyside	4.45
2002	3	Luke Cutts	South Yorkshire	3.30	3	Michael Finch	Lincolnshire	4.05	3	Mark Christie	Leics & R	4.20
2003	1	Andrew Marsh	Staffordshire	3.30	1	Alex Williams	Staffordshire	4.15	1	Chris Tremayne	Staffordshire	4.90
2003	2	Michael Read	Essex	3.10	2	Gareth Lapsins	Lancashire	4.05	2	Lawrence Steele	Lancashire	4.35
2003	3	Chris Davies	Lancashire	3.10	3	Simon Gower	Hereford & Worcs	3.95	3	Kit Branch	Essex	4.35
2004	1	Andrew Marsh	Staffordshire	3.80	1	Alex Williams	Staffordshire	4.55	1	Lawrence Steele	Lancashire	4.35
2004	2	Sean Power	South Yorkshire	3.60	2	Luke Cutts	South Yorkshire	4.45	2	Steve Carpenter	Surrey	4.35
2004	3	Douglas Curwen-Reed	Avon	3.10	3	Max Eaves	Lancashire	4.25	3	Michael Finch	Humberside	4.20
2005	1	Tony Hillier	Avon	3.80	1	Ezekiel Rowe	Gtr. Manchester	4.25	1	Joe Ive	Surrey	4.85
2005	2	Edward Moubey	Derbyshire	3.50	2	Andrew Marsh	Staffordshire	4.15	2	Alex Williams	Staffordshire	4.65
2005	3	Ben Gregory	Buckinghamshire	3.50	3	Scott Huggins	Kent	4.05	3	Luke Cutts	South Yorkshire	4.55
2006	1	Jordan Henwood	Cornwall	3.50	1	Andrew Marsh	Staffordshire	4.35	1	Max Eaves	Lancashire	4.45
2006	2	Tim Parkin	Northumberland	3.20	2	Nick Crutchley	West Midlands	4.05	2	Scott Huggins	Kent	4.35
2006	3	Tom Gibson	Wiltshire	3.10	3	Ian Smart	Middlesex	4.05	3	Neil Cottrell	Buckinghamshire	4.25
2007	1	Tom Gibson	Wiltshire	3.50	1	Ben Gregory	Buckinghamshire	4.25	1	Scott Huggins	Kent	4.58
2007	2	Richard Humby	Hampshire	3.20	2	Tony Hillier	Avon	4.15	2	Ryszard Buk	Surrey	4.55
2007	3	Aaron Kaye	Essex	3.10	3	Tim Parkin	Northumberland	3.95	3	Sam Colgate	Surrey	4.55
2008	1	Eric Martin	South Yorkshire	3.55	1	Tim Parkin	Northumberland	4.40	1	Rhys Searles	South Yorkshire	4.70
2008	2	Daniel Gardner	Hertfordshire	3.45	2	Cameron Walker-Shepherd	Avon	4.30	2	Nick Crutchley	West Midlands	4.70
2008	3	Robert Wood	Essex	3.45	3	Jordan Henwood	Cornwall	4.10	3	Edward Moubey	Derbyshire	4.60
2009	1	Tadgh Healy	Kent	3.65	1	Aaron Kaye	Essex	4.40	1	Cameron Walker-Shepherd	Avon	4.70
2009	2	Joseph Chesterman	West Midlands	3.65	2	Daniel Gardner	Hertfordshire	4.20	2	Edward Quiney	Surrey	4.70
2009	3	Nathan Pentin	Derbyshire	3.45	3	Luke Bailey	Avon	4.20	3	Paul Hallworth	South Yorkshire	4.70
2010	1	Adam Hague	South Yorkshire	3.45	1	Jack Phipps	Surrey	4.30	1	Edward Quiney	Surrey	5.00
2010	2	Edward Selvey	Derbyshire	3.35	2	Mitchell Etheridge	Essex	4.20	2	Aaron Kaye	Essex	4.90
2010	3	Harry Coppell	Lancashire	3.35	3	Daniel Gardner	Hertfordshire	4.20	3	Jack Andrew	Gtr. Manchester	4.50
2011	1	Adam Hague	South Yorkshire	3.75	1	Mitchell Etheridge	Essex	4.40	1	Mark Longhurst	Kent	4.80
2011	2	Charlie Myers	Cleveland	3.55	2	Jack Devereux	Beds & L	4.30	2	Aaron Kaye	Essex	4.60
2011	3	James Weller	Hertfordshire	3.45	3	Harry Coppell	Lancashire	4.30	3	Charlie Smith	Berkshire	4.50
2012	1	Jack Longhurst	Essex	3.60	1	Harry Coppell	Lancashire	4.60	1	Daniel Gardner	Hertfordshire	5.02
2012	2	Nikko Hunt	Wiltshire	3.55	2	Adam Hague	South Yorkshire	4.60	2	Jack Phipps	Surrey	4.60
2012	3	Nathan Gardner	Hertfordshire	3.55	3	Ethan Walsh	Leics & R	4.10	3	Nicolas Cole	South Yorkshire	4.50
2013	1	Calum Neil	Sussex	3.30	1	Nikko Hunt	Wiltshire	4.50	1	Rowan May	West Midlands	5.05
2013	2	Andrew Douglas	Hampshire	3.30	2	Charlie Myers	Cleveland	4.50	2	Nicolas Cole	South Yorkshire	4.70
2013	3	-	-		3	Charlie Maw	Hampshire	4.40	3	Liam Yarwood	Essex	4.60
2014	1	Joshua Lindley-Harris	South Yorkshire	3.75	1	Joel Leon Benitez	Nottinghamshire	4.71	1	Charlie Myers	Durham	5.00
2014	2	Kurt Cameron	Avon	3.50	2	Andrew Douglas	Hampshire	4.30	2	Adam Hague	South Yorkshire	5.00
2014	3	Michael Fryer	Hertfordshire	3.50	3	Nathan Gardner	Hertfordshire	4.30	3	Ethan Walsh	Leics & R	4.60
2015	1	Frankie Johnson	Beds & L	3.75	1	Andrew Douglas	Hampshire	4.40	1	Tom Booth	Lancashire	4.80
2015	2	Bill Saunders	Sussex	3.55	2	Calum Neil	Sussex	4.30	2	Joseph Lister	Hertfordshire	4.70

2015	3	Callum Woodage	Hertfordshire	3.45	3	Fynley Caudery	Cornwall	4.30	3	George Heppinstall	West Yorkshire	4.60
2016	1	Glen Quayle	Merseyside	3.65	1	Frankie Johnson	Beds & L	4.40	1	Zach Harrop	Gtr. Manchester	4.40
2016	2	Matthew Brining	Cleveland	3.65	2	Joshua Lindley-Harris	South Yorkshire	4.20	2	Nathan Gardner	Hertfordshire	4.40
2016	3	Zamaan Dudhia	Hertfordshire	3.45	3	Lee Brown	Hertfordshire	4.00	3	George Turner	Sussex	4.30
2017	1	Jonathan Rugg	Hertfordshire	3.90	1	Frankie Johnson	Beds & L	4.86	1	Emmanuel Thomas	Surrey	4.62
2017	2	William Snashall	Sussex	3.45	2	Glen Quayle	Isle of Man	4.20	2	Fynley Caudery	Cornwall	4.40
2017	3	Bryce Breen	Hertfordshire	3.45	3	Jake Watson	Shropshire	4.10	3	Laurenz Kirchmayr	Somerset	4.40
2018	1	Lazarus Benjamin	Gtr. Manchester	3.75	1	Jacob Clark	Nottinghamshire	4.30	1	Emmanuel Thomas	Surrey	4.60
2018	2	Will Foot	Derbyshire	3.65	2	Owen Heard	Surrey	4.30	2	Jake Watson	Shropshire	4.35
2018	3	Tim Penley	Buckinghamshire	3.45	3	Dylan Baines	Hertfordshire	4.20	3	Christopher Lamb	Gtr. Manchester	4.35
2019	1	Glen Morris	Essex	3.80	1	George Hopkins	Surrey	4.30	1	Glen Quayle	Isle of Man	4.80
2019	2	Ben Platt	Kent	3.50	2	Will Foot	Derbyshire	4.20	2	Jacob Clark	Somerset	4.80
2019	3	Noah Jones	Devon	3.50	3	Bryce Breen	Hertfordshire	4.20	3	Jake Watson	Shropshire	4.70
2021	1	Rudi May	South Yorkshire	3.40	1	Glen Morris	Essex	4.20	1	Lazarus Benjamin	Gtr. Manchester	5.00
2021	2	Oliver Grange	Essex	3.30	2	William Lane	South Yorkshire	4.10	2	Bryce Breen	Hertfordshire	4.60
2021	3	James Rogers	Cornwall	3.30	3	Noah Jones	Devon	3.95	3	Will Foot	Derbyshire	4.50
2022	1	Harry Casey	Essex	3.80	1	Tobias Splain	Berkshire	4.05	1	Lazarus Benjamin	Gtr. Manchester	5.00
2022	2	Braimoh Busari	Sussex	3.60	2	Rudi May	South Yorkshire	4.05	2	Femi Segun	Kent	4.50
2022	3	Charlie Platt	Kent	3.50	3	Oscar Witcombe	Kent	3.90	3	Cameron Wells	Sussex	4.35
2023	1	Charlie Platt	Kent	3.80	1	Rudi May	South Yorkshire	4.30	1	William Lane	South Yorkshire	4.50
2023	2	Calum Park	Gtr. Manchester	3.60	2	Angus Brown	Hertfordshire	4.30	2	Sulaiman Ouiles	Gloucestershire	4.00
2023	3	Isaac van den Bergh	Hertfordshire	3.30	3	Harry Casey	Essex	4.05	3	Isaac Lancaster	Sussex	4.00
2024	1	Max Merriman	Surrey	4.00	1	Braimoh Busari	Sussex	4.50	1	Angus Brown	Hertfordshire	4.50
2024	2	Joshua High	Essex	3.80	2	Finn Williams-Stein	Warwickshire	4.20	2	Oscar Witcombe	Kent	4.35
2024	3	Ramsey Gill	Hertfordshire	3.50	3	Harry Casey	Essex	4.20	3	Rudi May	South Yorkshire	4.35
2025	1	Noah van den Bergh	Hertfordshire	3.90	1	Max Merriman	Surrey	4.50	1	Arthur Reilly	West Yorkshire	4.60
2025	2	Milo Hilborne	Sussex	3.80	2	Liam Nicholls	Cheshire	4.40	2	Rudi May	South Yorkshire	4.50
2025	3	Bill Scott	Sussex	3.60	3	Ramsey Gill	Hertfordshire	4.20	3	Panagis Zapantis	Gtr. Manchester	4.50
2026	1	Ben Phillips	Buckinghamshire	3.90	1	Max Merriman	Surrey	4.87	1	Arthur Reilly	West Yorkshire	5.00
2026	2	Leo Zebrowski	Leics & R	3.80	2	Ramsey Gill	Hertfordshire	4.50	2	Panagis Zapantis	Gtr. Manchester	4.60
2026	3	Harry Hughes	Essex	3.70	3	Stanley Shacklock	Hampshire	4.40	3	Thomas Hill	Durham	4.50

JUNIOR

INTERMEDIATE

SENIOR

LONG JUMP

LONG JUMP

LONG JUMP

1948	1	George Broad	London	20' 4¾"	1	D. Skipper	Hertfordshire	19' 11"		-	-	
1948	2				2					-	-	
1948	3				3					-	-	
1949	1	M. Spector	Middlesex	20' 4"	1	Peter Cullen	Yorkshire	21' 6½"		-	-	
1949	2	R. Russell	Suffolk		2	J. Bardell	London	20' 11¼"		-	-	
1949	3	B. Lucas	Buckinghamshire		3	I. Carr	Dorset	20' 10"		-	-	
1950	1	David Ashby	Hampshire	20' 0"	1	J. Garry Hemingway	Yorkshire	21' 0"	1	Eric Costenbarder	Surrey	21' 7"

1950	2	J. Woodward	Kent	18' 11¾"	2	B. Lucas	Buckinghamshire	20' 9¾"	2	J. Hutchinson	Yorkshire	20' 6¾"
1950	3	F. Carlton	Lancashire	18' 11½"	3	M. Spector	Middlesex	20' 8"	3	J. Moores	Cheshire	21' 0"
1951	1	John Allen	Leicestershire	19' 7¼"	1	J. Ward	Norfolk	20' 9½"	1	J. Garry Hemingway	Yorkshire	20' 10½"
1951	2	Jack Kent	Sussex	19' 3¼"	2	S. Orman	London	20' 1½"	2	R. Hawley	Dorset	19' 11½"
1951	3	B. Johnson	Buckinghamshire	18' 11½"	3	I. Hislop	Surrey	19' 11"	3	C. Lumsden	Sussex	20' 7½"
1952	1	Arthur Dean	Lancashire	18' 2½"	1	Jim Railton	Lancashire	18' 11"	1	N. Haviland	Derbyshire	20' 1½"
1952	2	G. Goodman	Middlesex	18' 1"	2	M. Upson	Essex	18' 8½"	2	Neville Bainbridge	Yorkshire	20' 1½"
1952	3	B. Hutchinson	Durham	17' 9"	3	George Goddard	Yorkshire	18' 5¼"	3	T. Hazlewood	Kent	19' 1"
1953	1	Arthur Dean	Lancashire	21' 2¼"	1	John Rattenbury	Staffordshire	20' 2¾"	1	George Gray	Bedfordshire	22' 6¼"
1953	2	B. Wheeler	Essex	18' 10½"	2	D. Gibb	Gloucestershire	19' 10"	2	D. Simmonds	Berkshire	21' 9¾"
1953	3	Alec Sawyer	Sussex	18' 9"	3	B. Bale	Middlesex	19' 9¾"	3	B. Knowles	Yorkshire	21' 8"
1954	1	Ronald Powell	Sussex	20' 2"	1	David Smith	Sussex	21' 1½"	1	George Gray	Bedfordshire	21' 4"
1954	2	W. Knowles	Lancashire	19' 7½"	2	B. Wheeler	Essex	20' 11"	2	John Medlyn	Cornwall	21' 3"
1954	3	L. Hubbard	Norfolk	19' 7"	3	Derek Pickard	Staffordshire	20' 8"	3	B. Knowles	Suffolk	21' 0½"
1955	1	L. Hubbard	Norfolk	20' 0½"	1	Ronald Powell	Sussex	22' 6½"	1	Derek Tart	Shropshire	21' 11"
1955	2	D. Glazebrook	Middlesex	20' 0½"	2	Brian Francis	Middlesex	21' 7"	2	John Medlyn	Cornwall	21' 4½"
1955	3	Terry Blatherwick	Nottinghamshire	18' 10½"	3	R. W. Wood	Yorkshire	21' 2½"	3	R. Smith	Sussex	21' 3½"
1956	1	John Rowland	Derbyshire	19' 1"	1	Ronald Powell	Sussex	21' 5"	1	J. Whittaker	Lancashire	20' 11"
1956	2	M. Golder	Oxfordshire	19' 7"	2	F. Gillmore	London	21' 4½"	2	Malcolm Lazarus	London	20' 9"
1956	3	E. Blackwell	Hampshire	18' 11½"	3	David J. Starling	Somerset	20' 4½"	3	G. Kelly	Yorkshire	20' 10"
1957	1	Mike Harris	Herefordshire	18' 6½"	1	C. S. Firth	Yorkshire	21' 5½"	1	R. W. Wood	Yorkshire	21' 4"
1957	2	P. Organ	Devon	18' 0½"	2	Ken T. Davies	Herefordshire	20' 10"	2	Lance Barber	Northamptonshire	21' 0"
1957	3	Michael Whiteside	Middlesex	17' 10½"	3	David J. Starling	Somerset	20' 7"	3	R. Joyce	Sussex	20' 4"
1958	1	Malcolm Trusler	Durham	19' 9"	1	Anthony Endean	Cornwall	21' 10½"	1	David J. Starling	Somerset	21' 7½"
1958	2	David Stacey	Cambridgeshire	19' 7½"	2	John Rowland	Derbyshire	21' 2"	2	Nigel Seale	Devon	21' 5½"
1958	3	John McGrail	Lancashire	19' 0"	3	M. Golde	Oxfordshire	20' 7"	3	David Smith	Sussex	21' 2"
1959	1	James Clark	Middlesex	19' 3"	1	Ronald Neale	Essex	21' 7¾"	1	John Rowland	Derbyshire	22' 5"
1959	2	E. Lewis	Channel Islands	18' 10¾"	2	Richard Cooper	Leicestershire	21' 0"	2	Lewis Birchall	Lancashire	21' 11"
1959	3	T. Fletcher	Derbyshire	18' 8"	3	Arnold Hall	Sussex	20' 2"	3	J. Kellett	Yorkshire	21' 2"
1960	1	Raymond Seaward	Durham	19' 11½"	1	R. G. Stanhope	Gloucestershire	21' 8"	1	Lewis Birchall	Lancashire	23' 8½"w
1960	2	R. Adams	Yorkshire	19' 9¾"	2	Peter Kenwright	Middlesex	21' 3½"	2	Ronald Neale	Essex	22' 8"w
1960	3	B. Jones	Lancashire	19' 3½"	3	Anthony Cattell	Staffordshire	20' 8¾"	3	Peter Reed	London	22' 6"w
1961	1	Martin Cooper	Suffolk	20' 5¾"	1	Geoff Beales	Sussex	22' 4"	1	Neil Humphries	Lancashire	22' 6½"
1961	2	M. Maslen	Wiltshire	19' 10¾"	2	Anthony Cattell	Staffordshire	22' 0¼"	2	Peter Reed	London	22' 1¼"
1961	3	E. Coggins	Middlesex	19' 8¾"	3	Christopher Dewey	Hampshire	21' 2¼"	3	Richard Cooper	Leicestershire	21' 8½"
1962	1	Alan Lowndes	Yorkshire	21' 6¼"	1	Kendrick Jackson	Staffordshire	22' 7½"	1	Geoff Beales	Sussex	23' 3"
1962	2	C. A. De Shield	Somerset	21' 0¼"	2	Peter Halliday	Dorset	22' 3½"	2	John Fryatt	Durham	23' 3"
1962	3	W. Thorpe	London	20' 8½"	3	Roger Allen	Derbyshire	21' 9½"	3	William Morley	Derbyshire	23' 3"
1963	1	Gregory Maddocks	Hampshire	21' 3½"	1	Alan Lowndes	Yorkshire	22' 9½"	1	Geoff Beales	Sussex	23' 9¾"w
1963	2	Steven Room	Gloucestershire	20' 4¾"	2	Kendrick Jackson	Staffordshire	22' 5½"	2	Henry Omenai	Gloucestershire	23' 2"w
1963	3	Malcolm Wicks	Oxfordshire	20' 3"	3	Richard Franklin	Middlesex	21' 11¾"	3	David Gaskin	Lancashire	23' 1"w
1964	1	Richard Haddow	Cornwall	19' 8"	1	Gregory Maddocks	Hampshire	21' 2¾"	1	Alan Lowndes	Yorkshire	22' 10"

1964	2	Paul Shoemark	Northamptonshire	19' 4¾"	2	David Turner	Somerset	22' 5¾"	2	Kendrick Jackson	Staffordshire	22' 9"
1964	3	D. Straker	Northumberland	19' 2½"	3	Malcolm Wicks	Oxfordshire	21' 2½"	3	Gareth Edwards	Derbyshire	22' 6¾"w
1965	1	Noel Berry	Warwickshire	19' 11¾"	1	David Mylrea	Derbyshire	22' 2¼"	1	Alan Lowndes	Yorkshire	22' 11¾"
1965	2	A. Bent	London	19' 4"	2	John Warmisham	Lancashire	21' 6¾"	2	Kendrick Jackson	Staffordshire	22' 10¾"
1965	3	Geoff Hignett	Lancashire	19' 4"	3	Lydon Davies	Middlesex	21' 3½"	3	Anthony Richards	Lancashire	22' 7¾"
1966	1	D. Price	Buckinghamshire	20' 0½"	1	Stuart Wood	Durham	21' 11¼"	1	Gregory Maddocks	Hampshire	22' 0"
1966	2	P. Dorrie	Yorkshire	19' 4¼"	2	Lydon Davies	Middlesex	21' 10"	2	James Chappell	Surrey	21' 11¾"
1966	3	Raymond Piggford	Staffordshire	19' 10½"	3	Geoff Hignett	Lancashire	21' 0¾"	3	David Turner	Somerset	21' 11¾"
1967	1	Julian Danquah	Hertfordshire	21' 4¾"	1	Geoffrey Evans	Warwickshire	21' 11½"	1	John Williams	Cheshire	23' 7"w
1967	2	Charles Hart	Staffordshire	19' 11½"	2	Noel Berry	Warwickshire	21' 7"	2	David Kidner	Middlesex	23' 4"w
1967	3	Paul Grant	Berkshire	19' 7½"	3	Geoff Hignett	Lancashire	21' 6"	3	Trevor Marsay	Durham	22' 8½"w
1968	1	John Cox	Middlesex	19' 6½"	1	Kenneth Brown	Durham	21' 8"	1	Geoff Hignett	Lancashire	23' 8"
1968	2	J. Patrick	Essex	19' 2¼"*	2	Julian Danquah	Hertfordshire	21' 6¼"*	2	David Kidner	Middlesex	23' 1½"
1968	3	J. Corley	London	18' 9¾"	3	Neil Greenberry	Lincolnshire	21' 2¼"*	3	Derek Wyatt	Essex	22' 8½"
1969	1	P. Munns	Essex	6.13	1	Kenneth Brown	Durham	6.87	1	Geoff Hignett	Lancashire	7.10
1969	2	Tony Vitti	Wiltshire	5.87	2	Michael Kirkman	Lancashire	6.65	2	Paul James	Staffordshire	6.91
1969	3	C. Baister	Sussex	5.87	3	Ronald Porter (or Don ??)	Middlesex	6.60	3	Ian Anderson	Yorkshire	6.80
1970	1	G. Galloway	Hampshire	6.41	1	Ian Hardie	Essex	7.07	1	Stewart Atkins	Staffordshire	7.16
1970	2	B. Whitmill	Middlesex	6.04	2	Paul McEwan	Lancashire	6.86	2	Derek Gallop	Somerset	6.91
1970	3	S. Butler	Yorkshire	6.01	3	Errol Wiggins	Middlesex	6.62	3	Neil Greenberry	Lincolnshire	6.74
1971	1	Simon Fitall	Hertfordshire	5.97	1	Tony Henry	Middlesex	6.69	1	Ian Anderson	Yorkshire	7.31w
1971	2	Michael Nangreave	Staffordshire	5.92	2	Robert Newberry	Essex	6.52	2	Jerry Gangadeen	London	7.12
1971	3	S. Baker	Nottinghamshire	5.85	3	Trevor Paice	Middlesex	6.51	3	Ian Hardie	Essex	7.06
1972	1	Andrew Taylor	Lancashire	6.04	1	Paul Beck	London	6.28	1	Jerry Gangadeen	London	6.81
1972	2	Adrian Thomas	Warwickshire	5.86	2	Les Hoyte	Middlesex	6.28	2	Keith Sorrell	Cheshire	6.57
1972	3	Paul Bale	Warwickshire	5.69	3	Roger Moreby	Staffordshire	6.25	3	Roberto Franchini	London	6.47
1973	1	Clive West	Somerset	6.19	1	Wayne O'Brien	Warwickshire	6.82w	1	Paul McEwan	Lancashire	6.82
1973	2	John Jameson	Durham	6.13	2	Hudson McClean	Essex	6.77	2	Keith Sorrell	Cheshire	6.72
1973	3	Brian Stewart	Lancashire	6.04	3	Hubert Agada	London	6.70	3	Anthony Robertson	Berkshire	6.67
1974	1	M. Igwe	Middlesex	6.10	1	Hugh Charterton	Berkshire	6.59	1	David Bryan	Lincolnshire	6.86w
1974	2	John Jameson	Durham	6.09	2	Andrew Taylor	Lancashire	6.53	2	Steve Peglar	Cheshire	6.63
1974	3	Peter Bays	Hertfordshire	5.95	3	Terence Morgan	Staffordshire	6.47	3	Hudson McClean	Essex	6.51
1975	1	Richard Burton	London	5.97	1	Clive West	Somerset	6.52	1	Steve Peglar	Gtr. Manchester	6.92
1975	2	K. Ackah	Sussex	5.90	2	Carl Roberts	West Midlands	6.47	2	Vernon Bramble	London	6.65
1975	3	A. Ingram	Northumberland	5.81	3	L. Burton	Berkshire	6.46	3	Albert Earle	West Midlands	6.53
1976	1	F. Senior	London	6.37	1	Lawrence Dexter	Hampshire	6.79	1	Vernon Bramble	London	6.89
1976	2	Paul Hanson	Essex	0.26	2	Alan Slack	West Yorkshire	6.70	2	Albert Earle	West Midlands	6.85
1976	3	Nigel Foster	Derbyshire	5.93	3	Augustine Udo	Middlesex	6.68	3	Andrew Douglass	Derbyshire	6.81
1977	1	Anthony Marsh	Warwickshire	6.06w	1	Trevor Sinclair	Bedfordshire	6.87w	1	Alan Slack	West Yorkshire	7.27w
1977	2	Richard Haycock	Northamptonshire	5.92	2	Paul Hanson	Essex	6.70	2	Augustine Udo	Middlesex	7.17
1977	3	G. Krewne	Middlesex	5.91	3	K. Ackah	Sussex	6.67	3	Ezinnah Atulomah	Middlesex	7.06
1978	1	David Conway	Northumberland	6.54w	1	Paul Hanson	Essex	7.22w	1	Augustine Udo	Middlesex	7.58w

1978	2	Andy Booton	West Midlands	6.52	2	Rowan Dennis	West Yorkshire	7.06	2	Eddie Starrs	West Midlands	7.40w
1978	3	Martin Gillingham	Buckinghamshire	6.45	3	Gary Pullen	Buckinghamshire	6.94	3	Roy Mackenzie	London	7.35w
1979	1	A. Burns	Surrey	6.29	1	Richard Haycock	Northamptonshire	7.11w	1	Eddie Starrs	West Midlands	7.52w
1979	2	Chris Purnell	Avon	6.24	2	Winston Walker	London	6.99	2	Trevor Sinclair	Bedfordshire	7.51
1979	3	G. Simpson	Durham	5.99	3	Gary Pullen	Buckinghamshire	6.99	3	Augustine Udo	Middlesex	7.35
1980	1	Dave Ogilvie	Warwickshire	6.25	1	Andy Booton	West Midlands	7.00w	1	Colin Rattigan	Essex	7.46w
1980	2	Graham Ravenscroft	Northamptonshire	5.96	2	Paul Linsell	West Yorkshire	6.63	2	Trevor Sinclair	Bedfordshire	7.17
1980	3	Peter Crowder	North Yorkshire	5.89	3	Gary West	Humberside	6.60	3	John King	Kent	7.05
1981	1	Peter Shearman	West Yorkshire	6.32	1	Ian Ward	Dorset	6.90	1	John King	Kent	7.15
1981	2	Evan Bailey	Warwickshire	6.21	2	David Shawley	Lincolnshire	6.84w	2	John Shepherd	Surrey	6.91
1981	3	J. Heath	Devon	5.97	3	Mark Brooks	Gtr. Manchester	6.81	3	Richard Haycock	Northamptonshire	6.89
1982	1	Nick Riley	West Midlands	6.45	1	Barry Nevison	Kent	7.16	1	Femi Abejide	London	7.45w
1982	2	David Roughley	Avon	6.37	2	D. Harrison	Buckinghamshire	6.81	2	Tom Leeson	Somerset	7.31
1982	3	Tony Allen	Suffolk	6.31	3	Stephen Casey	Essex	6.81	3	John King	Kent	7.18
1983	1	Andre Sutherland	London	6.30	1	Peter Shearman	West Yorkshire	6.66	1	Paul Baker	Middlesex	7.21w
1983	2	Stewart Faulkner	Northamptonshire	6.19	2	Barry Nevison	Kent	6.64	2	Ian Ward	Dorset	7.02
1983	3	Nathan Washer	Cheshire	5.79	3	Nick Riley	West Midlands	6.61	3	Scott Wyld	London	6.92w
1984	1	Matthew John	Berkshire	6.16	1	Nick Riley	West Midlands	7.02	1	Barry Nevison	Kent	7.27
1984	2	John Flanagan	Staffordshire	5.73	2	Mark Belben	Cleveland	6.75	2	Lynton Boardman	Merseyside	7.27
1984	3	Simon Bradley	Somerset	5.70	3	Stewart Faulkner	Northamptonshire	6.69	3	Denzil Nicholson	Middlesex	7.14
1985	1	Kevin Liddington	Northamptonshire	6.23	1	Tony McMurray	Buckinghamshire	6.92	1	Barry Nevison	Kent	7.44
1985	2	D. Boswell	London	6.05	2	Stewart Faulkner	Northamptonshire	6.78	2	Nick Riley	West Midlands	7.41w
1985	3	Carl French	Bedfordshire	5.72	3	Mark Walsh	Middlesex	6.74	3	Peter Shearman	West Yorkshire	7.22
1986	1	Ryan Stead	Durham	6.14	1	Kevin Liddington	Northamptonshire	6.85	1	Stewart Faulkner	Northamptonshire	7.46
1986	2	Matthew Kendall	Staffordshire	6.09	2	Mark Beste	Middlesex	6.74	2	Darren Gomersall	Buckinghamshire	7.12
1986	3	Craig Beecham	Essex	5.99	3	Neil Wood	Staffordshire	6.67	3	Mark Belben	Cleveland	6.83
1987	1	Danny Smith	Nottinghamshire	6.18	1	Kevin Liddington	Northamptonshire	7.01	1	Jason Canning	Middlesex	7.65
1987	2	R. Howard	Hertfordshire	6.16	2	Basil Edwards	Bedfordshire	6.59	2	Garry Slade	Avon	7.47
1987	3	Onochie Onuorah	Kent	6.02	3	Ian Simpson	Lincolnshire	6.57	3	Marcus Browning	Cheshire	7.45
1988	1	Onochie Onuorah	Kent	6.70w	1	Derek Baker	Kent	6.59	1	Kevin Liddington	Northamptonshire	7.31
1988	2	Chris Erskine	London	6.42w	2	Christopher Cotter	Devon	6.52	2	Chidi Ngwaba	London	6.71
1988	3	Carl Millward	Staffordshire	6.28w	3	Julian Flynn	West Midlands	6.46	3	Peter McBride	Avon	6.58
1989	1	Tim Ward	Dorset	6.28w	1	Onochie Onuorah	Kent	7.19	1	Kevin Liddington	Northamptonshire	7.46w
1989	2	Jon Jones	Somerset	5.93	2	Scott Herbert	Buckinghamshire	6.85	2	Simon Walker	Essex	7.04
1989	3	Thomas Sauka	Middlesex	5.69w	3	Martin Holiday	Derbyshire	6.56	3	Steve Phillips	Warwickshire	6.87w
1990	1	Karl Walsh	Bedfordshire	6.44w	1	Onochie Onuorah	Kent	7.22w	1	Steve Phillips	Warwickshire	7.24
1990	2	Louis Michael	West Midlands	6.37	2	Amofa Osei	Suffolk	6.98w	2	Justin Lee	Middlesex	7.21
1990	3	Brian Downer	Surrey	6.30	3	Paul Dundas	West Midlands	6.95w	3	Enyinna Chukukere	Sussex	7.15
1991	1	Clinton Ellis	Middlesex	6.01	1	Hilton Thompson	Gtr. Manchester	6.67	1	Robert Harding	London	7.17w
1991	2	Nicki Gordon	Lincolnshire	5.95	2	Jon Jones	Somerset	6.55	2	Carl Howard	Oxfordshire	7.02
1991	3	Chee Wai Lo	Hampshire	5.75	3	Matthew Willis	Wiltshire	6.49	3	William Wyllie	West Midlands	6.96
1992	1	David Gilkes	London	6.50	1	James Clawley	Staffordshire	6.87	1	William Wyllie	West Midlands	6.96

1992	2	Andrew Thornton	Northumberland	6.18	2	Anthony Malcolm	Wiltshire	6.76	2	Onochie Onuorah	Somerset	6.92
1992	3	Scott Walker	Cheshire	6.12	3	Anthony Mason	Suffolk	6.59	3	Neil Ansell	Kent	6.77
1993	1	Marcellas Peters	Derbyshire	6.40	1	Martin Giraud	Surrey	6.85w	1	Carl Howard	Oxfordshire	7.34w
1993	2	Chris Wood	Leicestershire	6.16	2	David Gilkes	London	6.82w	2	Chris Davidson	Kent	7.15w
1993	3	Daniel Gilling	Wiltshire	5.98	3	Tendai Huntley	Surrey	6.70w	3	Stefan Rose	Hampshire	7.07w
1994	1	Ola Omomo	Kent	6.16	1	Marcellas Peters	Derbyshire	6.81	1	Chris Davidson	Kent	7.38w
1994	2	Marc Newton	Staffordshire	6.05	2	Nathan Morgan	Leicestershire	6.66	2	James Clawley	Staffordshire	7.07w
1994	3	Mark Faulkner	Hampshire	6.01	3	Peter Zdanowski	Buckinghamshire	6.64	3	Jan Irving	Merseyside	7.03w
1995	1	Kirk King	Sussex	6.61w	1	Geoffrey Ojok	London	6.72	1	Mark Bushell	Hampshire	7.17
1995	2	Wayne Hay	Berkshire	6.50w	2	Alistair Gudgeon	Cambridgeshire	6.63	2	Tendai Huntley	London	7.16w
1995	3	Paul Wheatcroft	Gtr. Manchester	6.34w	3	Leo Barker	Northamptonshire	6.59	3	Jan Irving	Merseyside	7.08w
1996	1	Chris Jenkins	Merseyside	6.35	1	Mark Faulkner	Hampshire	6.92w	1	Nathan Morgan	Leicestershire	7.97w
1996	2	David Mountford	Staffordshire	6.30w	2	Rasheed Banda	Middlesex	6.80w	2	Mark Bushell	Hampshire	7.51w
1996	3	Mark Awanah	London	5.91w	3	Alistair Gudgeon	Cambridgeshire	6.75	3	Andrew Thornton	Northumberland	7.10w
1997	1	Darrell Aldridge	Bedfordshire	6.47w	1	Brian Robinson	West Midlands	7.32w	1	Stuart Wells	Essex	7.56
1997	2	Chris Dack	South Yorkshire	6.33w	2	Marlon Kerr	Kent	7.03w	2	Darren Thompson	Surrey	7.36
1997	3	Mark Awanah	London	6.32w	3	David Mountford	Staffordshire	6.87w	3	Mark Faulkner	Hampshire	7.33
1998	1	Jordon Lau	Essex	6.54	1	David Mountford	Staffordshire	7.15w	1	Darren Thompson	Surrey	7.34
1998	2	Richard Reader	Gtr. Manchester	6.28	2	Chris Dack	South Yorkshire	7.13w	2	Stuart Wells	Essex	7.17
1998	3	Matthew Walden	N Lincoln / E Yorks	6.12w	3	Leon Burnett	West Midlands	6.83w	3	Adam Potter	Wiltshire	6.95w
1999	1	Onen Eyong	London	6.68	1	Mark Awanah	London	6.97	1	Chris Tomlinson	Cleveland	7.31w
1999	2	Jermaine Bernard	Suffolk	6.47w	2	Leigh Smith	West Midlands	6.84	2	Alex Hall	London	7.29
1999	3	Alistair Hinze	London	6.12	3	Darrell Aldridge	Beds & L	6.68	3	Simon Roper	Derbyshire	7.06w
2000	1	Bernard Yeboah	Surrey	6.30	1	Jordon Lau	Essex	7.21	1	Leigh Smith	West Midlands	7.11
2000	2	Louis Moore	Staffordshire	6.26	2	Marlon Lewis	West Midlands	6.77w	2	Mark Awanah	London	7.11
2000	3	Alistair Hinze	London	6.20	3	Jermaine Bernard	Suffolk	6.71w	3	Alex Hall	London	7.10
2001	1	Danny Harris	Devon	6.46	1	Onen Eyong	London	7.26	1	Jonathan Moore	West Midlands	7.68
2001	2	Ryan Thomas	Surrey	6.32	2	Jermaine Bernard	Suffolk	7.00	2	Leigh Smith	West Midlands	7.21
2001	3	Takayuki Homma	London	6.27	3	Suote Nyananyo	Cleveland	6.75	3	Marlon Lewis	West Midlands	6.91
2002	1	Jack Field	Devon	6.47	1	Bernard Yeboah	Surrey	7.47	1	Marlon Lewis	West Midlands	7.22
2002	2	Darryl Thomas	Middlesex	6.25	2	Dwayne Galloway	West Midlands	6.83	2	Philip Greenland	Surrey	7.18
2002	3	Deonte Green	Suffolk	6.15	3	Chris Kirk	West Yorkshire	6.83	3	Jermaine Bernard	Suffolk	7.07
2003	1	Luke Thomas	Middlesex	6.49	1	Oliver McNeillis	Hereford & Worcs	7.13w	1	Chris Kirk	West Yorkshire	7.57w
2003	2	Tawanda Mukusha	Surrey	6.09w	2	Andrew Staniland	West Yorkshire	7.08w	2	Philip Greenland	Surrey	7.36
2003	3	Kevin Williams	Middlesex	6.06w	3	Deonte Green	Suffolk	6.88w	3	Ryan James	Warwickshire	7.19
2004	1	Cameron Facey	Beds & L	6.42	1	Oliver McNeillis	Hereford & Worcs	7.37	1	Andrew Staniland	West Yorkshire	7.44
2004	2	Matthew Parnell	West Midlands	6.26	2	Darryl Thomas	Middlesex	6.79w	2	Bernard Yeboah	Surrey	7.37
2004	3	Daniel Caprice	Kent	6.04	3	Ashley Harris	Surrey	6.77	3	Ike Mba	Surrey	7.05
2005	1	Conrad Deacon	West Midlands	6.59	1	Nonso Okolo	Middlesex	6.90w	1	Max Hall	Kent	7.12w
2005	2	Alex Macgregor	Devon	6.09	2	Andrew Bullimore	Cambridgeshire	6.86	2	Ike Mba	Surrey	6.92
2005	3	Omar Dixon	Surrey	6.04	3	James Grocock	Hampshire	6.70w	3	David Cook	Surrey	6.90
2006	1	Fraser Kesteven	Nottinghamshire	6.01	1	Nonso Okolo	Middlesex	6.86	1	Oliver McNeillis	Hereford & Worcs	7.10

2006	2	Martyn Brown	Merseyside	5.97	2	Daniel Gardiner	West Yorkshire	6.64	2	Francis Baker	Norfolk	6.94
2006	3	Alex Key	Leics & R	5.95	3	Laurence Fitch	Warwickshire	6.60	3	Jamie Blundell	West Midlands	6.93
2007	1	Julien Allwood	Surrey	6.15	1	Kadeem Greenidge-Smith	Hertfordshire	6.91	1	Jamie Blundell	West Midlands	6.98
2007	2	Dominic D'Souza	Berkshire	6.05	2	Adam Timms	West Yorkshire	6.85	2	Andrew Bullimore	Cambridgeshire	6.96
2007	3	Romane Walcott	Middlesex	6.01	3	Matthew Rollings	Cheshire	6.85	3	Laurence Fitch	Warwickshire	6.86
2008	1	Robert Gaylor	Hertfordshire	6.56	1	Dwyte Smith	Kent	6.89	1	Paul Oluyemi	Middlesex	7.02
2008	2	Ashley Wren	Humberside	6.21	2	Rhys MacDonald	Suffolk	6.57	2	Andrew Burgess	Merseyside	6.91
2008	3	Courtney Hart	Hertfordshire	6.07	3	James Alcock	Kent	6.45	3	Adam Timms	West Yorkshire	6.85
2009	1	Joel Grenfell	Cambridgeshire	6.54	1	James Davies	Lancashire	7.00	1	Adam Timms	West Yorkshire	7.16
2009	2	Myles Murrain-Meade	West Midlands	6.28	2	James Lelliott	Somerset	6.89	2	Daniel Bramble	Middlesex	6.97
2009	3	Cain Sobers	Suffolk	6.11	3	Elliot Safo	Surrey	6.79	3	Ben Gregory	Buckinghamshire	6.94
2010	1	Michael McArdle	Northumberland	6.35	1	Feron Sayers	West Midlands	7.20	1	James McLachlan	Norfolk	7.39
2010	2	Damoni Ekeama	Middlesex	5.96	2	Ola Amosu	Hertfordshire	6.87	2	Craig Jones	Merseyside	7.24
2010	3	Reece Barnett	Surrey	5.92	3	Oliver Newport	Surrey	6.85	3	Declan Moore	West Midlands	6.99
2011	1	Ola Aina	Essex	6.54	1	Feron Sayers	West Midlands	6.88	1	James Lelliott	Somerset	7.33
2011	2	Alex Law	Essex	6.52	2	Oliver Newport	Surrey	6.76	2	Craig Jones	Merseyside	7.26
2011	3	Ethan Regis	London	6.26	3	Kamari Thompson	London	6.71w	3	Rio Bailey	Staffordshire	7.14
2012	1	Tim Kerr-Chin	Warwickshire	6.50	1	Joseph Dewar	Essex	6.98	1	Efe Uwaifo	Hertfordshire	7.26
2012	2	Jamel Crawford	Gtr. Manchester	6.25w	2	Elliot Hurley	West Yorkshire	6.74	2	Feron Sayers	West Midlands	7.05
2012	3	Ewaen Isoken	Essex	6.24	3	Jacob Fincham-Dukes	North Yorkshire	6.67	3	Joshua Olawore	Essex	7.03
2013	1	Benson Craven	Suffolk	6.37	1	Tobi Adeniyi	London	7.36	1	Oliver Newport	Surrey	7.44
2013	2	Aaron Chapman	Somerset	6.21	2	Jacob Fincham-Dukes	North Yorkshire	6.85	2	Stuart Street	Nottinghamshire	7.11
2013	3	Kieran Higgs	Lincolnshire	6.12	3	Jerell Marchan	Gtr. Manchester	6.69	3	Joseph Dewar	Essex	7.10
2014	1	Joe Walker	Derbyshire	6.66	1	Patrick Sylla	Dorset	7.00	1	Jacob Fincham-Dukes	North Yorkshire	7.39
2014	2	Elliott Thorne	Berkshire	6.54	2	Matthew Miller	South Yorkshire	6.99	2	Sam Adams	Hampshire	7.15
2014	3	Veter Oppong Kyei	Surrey	6.14	3	Oliver Williams	Lincolnshire	6.62	3	Oliver Clark	Cornwall	6.97
2015	1	Jack Perry	Humberside	6.22	1	Patrick Sylla	Dorset	7.12	1	Oliver Clark	Cornwall	7.08
2015	2	Callum Orange	West Yorkshire	6.17	2	Elliott Thorne	Berkshire	6.60	2	Ross McLachlan	Norfolk	7.05
2015	3	Michael Adebakin	Hertfordshire	6.16	3	Gamuchirai Dumbutshena	Wiltshire	6.58	3	Samuel Khogali	Hereford & Worcs	6.88
2016	1	Tamilore Mustafa	Essex	6.39	1	Elliott Thorne	Berkshire	6.77	1	Reynold Banigo	West Yorkshire	7.19
2016	2	Michael Akhigbe	Essex	6.38	2	Callum Orange	West Yorkshire	6.50	2	Rowan Powell	Leics & R	7.10
2016	3	Lee Addison	Lincolnshire	6.10	3	Daniel Hopper	Hertfordshire	6.46	3	Samuel Challis	Berkshire	6.69
2017	1	Adam Lindo	Sussex	6.35	1	Dominic Ogbechie	London	7.16	1	Rowan Powell	Leics & R	7.27
2017	2	Archie Yeo	Humberside	6.32	2	William Adeyeye	Essex	7.13	2	Samuel Challis	Berkshire	7.05
2017	3	Ransford Ako'nai	Wiltshire	6.10	3	Theo Adesina	Essex	6.77	3	Samuel Fraser	Middlesex	6.73
2018	1	Jerel Livingston	Gtr. Manchester	6.76	1	Jami Schlueter	Somerset	7.03	1	Shandell Taylor	Essex	7.78
2018	2	Jack Fayers	Suffolk	6.39	2	Theo Adesina	Essex	6.92	2	Daniel Hopper	Hertfordshire	7.33
2018	3	Damope Akinyemi	Essex	6.29	3	Adam Lindo	Sussex	6.90	3	Jack Sumners	Warwickshire	7.26
2019	1	Alfie Why	Dorset	6.65	1	Jerel Livingston	Gtr. Manchester	6.89	1	Theo Adesina	Essex	7.02
2019	2	Basil Zola	Gtr. Manchester	6.40	2	Archie Yeo	Humberside	6.84	2	Philip Kastner	Middlesex	6.89
2019	3	Jack Doodson	Gtr. Manchester	6.27	3	Brad Davies-Pughe	Shropshire	6.79	3	Rory Howarth	Wiltshire	6.85
2021	1	Daniel Ayodele	Buckinghamshire	6.26w	1	Sammy Ball	Berkshire	7.10	1	Oreofeoluwa Adepegba	Kent	7.23

2021	2	George Down	Berkshire	6.07	2	James Taylor	Berkshire	6.91	2	Harry Crosby	Hampshire	7.14
2021	3	D'mitri Varlack	Buckinghamshire	5.79	3	Nicholas Crawford	Berkshire	6.67	3	Archie Yeo	Lincolnshire	7.04
2022	1	Will Launder	Dorset	6.12	1	D'mitri Varlack	Buckinghamshire	7.08	1	Sam Danson	Cheshire	7.13
2022	2	Nathan Mugoti	Derbyshire	6.12	2	Samuel Wright	Essex	6.77	2	Samuel Sherlock	Surrey	7.04
2022	3	Lewis Ridley-Smith	Berkshire	6.06	3	Kaiden Ramsay	Derbyshire	6.53	3	Matthew Liu	Merseyside	6.83
2023	1	Thomas Robson	Cleveland	6.33	1	D'mitri Varlack	Buckinghamshire	7.07	1	Sammy Ball	Berkshire	7.12
2023	2	Will Launder	Dorset	6.29	2	Kevin Masukume	Derbyshire	6.95	2	Abraham Sharif	Surrey	6.95
2023	3	Luca Deakin	West Midlands	6.03	3	Samuel Wright	Essex	6.40	3	Matthew Liu	Merseyside	6.94
2024	1	Ezekiel Olu-Micah	London	6.47	1	Joshua Dako	Kent	6.99	1	Sammy Lok	Northamptonshire	7.45
2024	2	Jack Wallwork	Buckinghamshire	6.21	2	Daniel Emegbor	Hertfordshire	6.89	2	Kaiden Ramsay	Derbyshire	7.29
2024	3	Oscar Chan	Berkshire	6.21	3	Maalik Adamson	Surrey	6.77	3	Abraham Sharif	Surrey	7.29
2025	1	Emmanuel Famokun	Kent	6.45	1	Daniel Emegbor	Hertfordshire	7.80	1	Samuel Wright	Essex	7.39
2025	2	Ishaq Saeed	Wiltshire	6.35	2	William Launder	Dorset	7.17	2	Kevin Masukume	Derbyshire	7.25
2025	3	Oscar Chan	Berkshire	6.14	3	Owen Firth	Surrey	6.94	3	Kaiden Ramsay	Derbyshire	7.07w
2026	1	Duncan Williams	Buckinghamshire	7.06	1	Zac Elston	Surrey	6.97	1	Daniel Emegbor	Middlesex	7.82
2026	2	Emmanuel Famokun	Kent	6.78	2	Tadiwa Mumbure	Northamptonshire	6.58	2	Andre Onyekwe	Somerset	7.36
2026	3	Filippos Aktseles	Buckinghamshire	6.44	3	Oscar Chan	Berkshire	6.54	3	Joshua Dako	Kent	7.10

JUNIOR

INTERMEDIATE

SENIOR

TRIPLE JUMP

TRIPLE JUMP

TRIPLE JUMP

1955	1	Bernard Bailey	Norfolk	40' 0½"	1	Eric Robinson	Essex	43' 10½"	1	David Smith	Sussex	42' 10½"
1955	2	N. Bleanch	Durham	39' 6½"	2	Jim Waite	Yorkshire	42' 4½"	2	Trevor Southall	Staffordshire	42' 8½"
1955	3	L. J. Wilson	Kent	39' 4½"	3	David Gee	Cornwall	42' 4½"	3	B. Johnson	Buckinghamshire	42' 5"
1956	1	Michael Smith	Sussex	41' 2"	1	Eric Robinson	Essex	46' 2"	1	Stephen Prest	Yorkshire	45' 4½"
1956	2	Melvyn Rooke	Herefordshire	40' 7½"	2	A. M. Al Khudhairi	Somerset	45' 4"	2	Jim Waite	Yorkshire	44' 9½"
1956	3	George Young	Leicestershire	40' 3"	3	J. Bowers	Middlesex	44' 2½"	3	Trevor Southall	Staffordshire	44' 1½"
1957	1	Edwin Sweetman	Sussex	41' 6½"	1	John H. Cooper	Leicestershire	43' 1"	1	Michael Ralph	Yorkshire	44' 10"
1957	2	Frank Kinchington	Hampshire	41' 4"	2	Michael Smith	Sussex	42' 2½"	2	Eric Robinson	Essex	44' 2½"
1957	3	John Simpson	Essex	40' 5½"	3	Guy Weatherly	Devon	40' 10"	3	A. M. Al Khudhairi	Somerset	43' 2½"
1958	1	Colin Myers	Sussex	39' 9"	1	Michael Smith	Sussex	44' 10½"	1	Eric Robinson	Essex	45' 2½"
1958	2	Ralph Brown	Derbyshire	39' 4½"	2	Roger Slaughter	Bedfordshire	44' 5"	2	John R. Balson	London	43' 0"
1958	3	M. Jones	Oxfordshire	38' 5"	3	David Stephens	Yorkshire	43' 10½"	3	John Spink	Lincolnshire	42' 5"
1959	1	David Clements	Bedfordshire	39' 6½"	1	John Simpson	Essex	44' 8¼"	1	Michael Holliday	Buckinghamshire	44' 2¼"
1959	2	Michael Menda	Essex	39' 2"	2	Tom Merry	Worcestershire	43' 0½"	2	David Stephens	Yorkshire	43' 6¾"
1959	3	Richard Gardner	Essex	39' 1½"	3	David Harvey	Shropshire	43' 0"	3	Michael Smith	Sussex	43' 5"
1960	1	Stuart Ross	Staffordshire	43' 0¼"	1	Gerald Foxall	Hampshire	42' 11½"	1	John Simpson	Essex	45' 2¼"
1960	2	John Myers	Essex	42' 5"	2	Richard Bleas	Cheshire	42' 11¼"	2	Peter Hingley	Staffordshire	44' 1"
1960	3	Lester Medcalf	Essex	42' 2½"	3	David Macbeth	Buckinghamshire	42' 1¾"	3	Peter Heaton	Cheshire	43' 6"
1961	1	Michael Gilbert	Essex	42' 6¼"	1	Richard Gardner	Essex	44' 2"	1	John Simpson	Essex	46' 2½"
1961	2	Stuart Dewsbury	Cheshire	41' 11¾"	2	John Goodall	Shropshire	43' 11½"	2	Antony Tymms	Surrey	45' 9"
1961	3	R. Scott	Norfolk	41' 5¼"	3	Colin Leeson	Middlesex	43' 10"	3	Peter Heaton	Cheshire	45' 4"

1962	1	L. Rowett	Yorkshire	41' 10¾"	1	John Myers	Essex	47' 8½"	1	David Macbeth	Buckinghamshire	46' 0¼"
1962	2	D. Payne	Hertfordshire	41' 10½"	2	John Vernon	Nottinghamshire	45' 7"	2	Glen Robertson	Northamptonshire	45' 1½"
1962	3	David Hall	Derbyshire	41' 3¾"	3	Colin Leeson	Middlesex	43' 10½"	3	Richard Gardner	Essex	45' 0"
1963	1	Anthony Shoebridge	Berkshire	42' 8"	1	John Vernon	Nottinghamshire	45' 7"	1	John Myers	Essex	47' 7¾"
1963	2	Stephen Kay	Warwickshire	42' 5"	2	David Wakefield	London	44' 7"	2	Malcolm McDonald	Northumberland	46' 4¾"
1963	3	G. Spencer	Yorkshire	42' 0½"	3	Peter Drew	Warwickshire	44' 2¾"	3	Peter Wood	Shropshire	44' 5¼"
1964	1	John Thompson	Lincolnshire	42' 8¼"	1	Anthony Shoebridge	Berkshire	45' 4½"	1	John Vernon	Nottinghamshire	47' 7¾"
1964	2	R. Parker	Buckinghamshire	41' 10¼"	2	James Bucknall	Somerset	44' 7½"	2	Peter Drew	Warwickshire	46' 7½"
1964	3	Brian Hull	Sussex	40' 10¾"	3	D. Heath	Essex	43' 1½"	3	Albert Darby	Norfolk	45' 10"
1965	1	Christopher Allen	Cheshire	39' 10¾"	1	Antony Rush	London	45' 0"	1	Alan Pitt	Hertfordshire	45' 5¼"
1965	2	T. Thurron	Durham	39' 0"	2	John Thompson	Lincolnshire	44' 10¾"	2	Anthony Shoebridge	Berkshire	45' 0¾"
1965	3	J. Jones	Worcestershire	38' 6¾"	3	Brian Hull	Sussex	44' 4½"	3	Antony Johnson	Buckinghamshire	45' 0"
1966	1	Alan Fardell	Lincolnshire	42' 1¼"w	1	Brian Hull	Sussex	46' 3"w	1	Anthony Shoebridge	Berkshire	46' 7"w
1966	2	Peter Dale	Yorkshire	40' 11"w	2	John Thompson	Lincolnshire	45' 0½"w	2	James Bucknall	Somerset	45' 6"w
1966	3	John Hemstalk	Derbyshire	40' 9"w	3	Andrew Vincent	Warwickshire	45' 10½"w	3	Christopher Kidd	Cumberland	45' 5"w
1967	1	Colin Tomlin	Cornwall	40' 4"	1	Martin Johnson	Hertfordshire	45' 10"	1	Anthony Shoebridge	Berkshire	45' 11"
1967	2	A. Darwood	Lincolnshire	39' 6½"	2	Michael Smith	Yorkshire	44' 4¼"	2	Philip Barrett	Dorset	45' 9½"
1967	3	Gavin McNaughton	Yorkshire	39' 4½"	3	Peter Cubitt	Essex	44' 1"	3	Antony Rush	London	44' 9"
1968	1	Richard Philps	Middlesex	43' 0"	1	Peter Dale	Yorkshire	45' 6¾"	1	Eni Njoku	Cambridgeshire	47' 0¼"
1968	2	John Slaney	Derbyshire	41' 10¾"	2	Alan Drayton	Hampshire	44' 8"	2	Brian Hull	Sussex	46' 2¾"
1968	3	A. Proctor	Yorkshire	40' 7"	3	Peter Hartell	Gloucestershire	44' 4½"	3	Michael Smith	Yorkshire	45' 10"
1969	1	N. Brown	Essex	12.70	1	Christopher Lewis	Hertfordshire	13.92	1	Brian Hull	Sussex	14.99w
1969	2	Stephen Greenwood	Staffordshire	12.69	2	Chikenzie Ezenwa	Essex	13.87	2	Darrell Bunn	Lincolnshire	14.15
1969	3	N. Wilson	Hertfordshire	12.58	3	Richard Jalland	Gloucestershire	13.80	3	Rodney Heward-Mills	Somerset	14.10
1970	1	Rigsby Agoreyo	London	12.86	1	John Slaney	Derbyshire	13.91w	1	Rodney Heward-Mills	Somerset	14.83
1970	2	Matthew Ralph	Sussex	12.57	2	Richard Philps	Middlesex	13.75	2	John Short	Durham	14.67
1970	3	Frank Attoh	Middlesex	12.13	3	D. Spencer	Rutland	13.66	3	Reynold Edwards	London	14.34
1971	1	Rigsby Agoreyo	London	13.16	1	Frank Attoh	Middlesex	13.95	1	Rodney Heward-Mills	Somerset	15.47
1971	2	Garry Ball	Lancashire	12.97	2	John Mackin	London	13.94	2	David Johnson	Yorkshire	14.88
1971	3	Glen Davie	Essex	12.83	3	Richard Maull	Middlesex	13.43	3	Wieslaw Nowak	Bedfordshire	14.45
1972	1	G. Catlin	Northamptonshire	12.76	1	Richard Maull	Middlesex	13.94	1	Stefan Nowak	Bedfordshire	14.19
1972	2	Norris Bingham	Nottinghamshire	12.45	2	Garry Doerr	Surrey	13.76	2	John Slaney	Derbyshire	13.98
1972	3	Stephen Nelson	Channel Islands	12.18	3	Frank Attoh	Middlesex	13.41	3	Robert Sibley	Surrey	13.81
1973	1	Paul Cartwright	Surrey	12.79	1	Anthony Smith	Durham	13.79w	1	Richard Maull	Middlesex	15.23w
1973	2	W. Aylett	Essex	12.66	2	James Ritchie	Worcestershire	13.75	2	Stefan Nowak	Bedfordshire	14.76
1973	3	Mark Le Breton	Dorset	12.65	3	Stephen Ashdown	Bedfordshire	13.59	3	Frank Attoh	Middlesex	14.75
1974	1	William Armstrong	Northumberland	12.88	1	Keith Connor	Buckinghamshire	14.25	1	Garry Doerr	Surrey	14.77
1974	2	Lawrence Dexter	Hampshire	12.41	2	Leigh McGinley	Cheshire	13.94	2	James Ritchie	Worcestershire	14.03
1974	3	Mark Le Breton	Dorset	12.23	3	David Golley	Lancashire	13.53	3	Christopher Carden	Kent	13.89
1975	1	B. Ritchie	Cumbria	12.82	1	Megarry Effiong	Middlesex	13.75	1	Nick Stoppard	Derbyshire	14.21
1975	2	Richard Garlick	Leicestershire	12.31	2	William Armstrong	Northumberland	13.62	2	Robert Muir	Gtr. Manchester	14.16
1975	3	Owen Sussex	Essex	12.26	3	Donovan Perkins	West Midlands	13.43	3	Stephen Ashdown	Bedfordshire	13.72

1976	1	Michael Powell	London	12.82	1	Megarry Effiong	Middlesex	14.59	1	Nick Stoppard	Derbyshire	14.82
1976	2	Ian Morton	Merseyside	12.78	2	Stephen Metcalfe	Humberside	14.42	2	Stephen Wymark	Humberside	14.59
1976	3	Stephen Bradshaw	West Midlands	12.74	3	Donovan Perkins	West Midlands	14.11	3	Stephen Ashdown	Bedfordshire	14.29
1977	1	Gary Molyneux	London	12.92w	1	Nick Leech	Suffolk	14.01w	1	Stephen Metcalfe	Humberside	14.32w
1977	2	E. McCammon	Hertfordshire	12.71	2	Dennis Greene	Cambridgeshire	13.77w	2	Anthony Flowers	Kent	14.02
1977	3	Anthony Bloomfield	West Midlands	12.59	3	Conroy Brown	West Midlands	13.76	3	John Gloag	Northamptonshire	13.95w
1978	1	Eugene Hechavarria	Avon	13.92w	1	Nick Leech	Suffolk	14.84w	1	Dennis Greene	Cambridgeshire	15.52w
1978	2	Kevin O'Shaughnessy	London	13.69	2	Ian Anderson	Nottinghamshire	14.40	2	Stephen Metcalfe	Humberside	15.20
1978	3	Awowole Ajose	Essex	13.47	3	Anthony Bloomfield	West Midlands	14.25	3	David Corless	Lancashire	15.08
1979	1	Vernon Samuels	Avon	13.79w	1	Ian Timbers	Hampshire	14.41w	1	John Herbert	Essex	15.30w
1979	2	Donovan Fraser	London	13.73	2	David Burgess	Middlesex	14.30w	2	Conroy Brown	West Midlands	15.13
1979	3	Steven Anderson	Berkshire	13.11	3	Anthony Bloomfield	West Midlands	14.20	3	Dennis Greene	Cambridgeshire	15.13w
1980	1	Steve Folkard	Middlesex	13.60	1	Ian Timbers	Hampshire	14.72w	1	Aamer Khan	West Yorkshire	15.07w
1980	2	Errol Barrows	South Yorkshire	13.57	2	Steven Anderson	Berkshire	14.58	2	John Herbert	Essex	15.05
1980	3	Gary Ward	West Midlands	12.79	3	Hugh Teape	Middlesex	14.20	3	Ian Anderson	Nottinghamshire	14.32
1981	1	Patrick Lindsay	London	13.08	1	Vernon Samuels	Avon	14.90	1	Ian Anderson	Nottinghamshire	14.40
1981	2	O. Egbuno	Sussex	12.63	2	Donovan Fraser	London	14.51	2	Philip Gayle	West Midlands	14.39
1981	3	Andrew Jamieson	South Yorkshire	12.62	3	Steve Folkard	Middlesex	13.92	3	Aamer Khan	West Yorkshire	14.13
1982	1	Robin Ellison	Warwickshire	13.06	1	Steve Folkard	Middlesex	14.66	1	Vernon Samuels	Avon	15.41w
1982	2	Paul Ralph	Kent	12.66	2	Neville Brown	Staffordshire	14.24	2	Donovan Fraser	London	14.66
1982	3	D. Eleazu	London	12.61	3	Patrick Lindsay	London	14.03	3	Philip Gayle	West Midlands	14.59
1983	1	Eldon Lake	Berkshire	12.57	1	Peter Vaughan	Bedfordshire	14.26w	1	Steven Anderson	Somerset	15.34
1983	2	Darren Gomersall	Buckinghamshire	12.43	2	Colin Slinn	Hertfordshire	14.24w	2	Vernon Samuels	Avon	15.27
1983	3	J. Allison	Cleveland	12.31	3	David Emmanuel	West Midlands	14.08	3	Paul Hibbert	West Midlands	14.50
1984	1	Junior Campbell	Essex	13.28w	1	Lawrence Lynch	Essex	15.03w	1	Jonathan Edwards	Devon	15.01w
1984	2	Desmond Alexander	Middlesex	13.18w	2	Darren Parke	West Midlands	14.79w	2	Peter Vaughan	Bedfordshire	14.90w
1984	3	M. Wangermann	Lancashire	12.91w	3	Darren Gomersall	Buckinghamshire	14.54w	3	Wayne Green	West Yorkshire	14.76w
1985	1	Junior Chukukere	Sussex	13.09	1	Mark Whitehead	West Yorkshire	14.59	1	Lawrence Lynch	London	15.92
1985	2	S. Walters	Buckinghamshire	12.78	2	Mark Seeley	Sussex	14.55	2	David Emmanuel	West Midlands	15.39
1985	3	Peter Mercer	Sussex	12.67	3	Darren Gomersall	Buckinghamshire	14.47	3	Darren Parke	West Midlands	14.56
1986	1	Mark Gregory	West Midlands	13.27	1	Junior Campbell	Essex	14.88	1	Mark Whitehead	West Yorkshire	15.19w
1986	2	C. Elliott	Channel Islands	12.86	2	Wayne Griffith	Hertfordshire	14.21w	2	Eldon Lake	Berkshire	15.11
1986	3	J. Paul	London	12.84	3	Paul Farmer	Essex	13.87	3	Richard Edwards	Sussex	15.09
1987	1	Jamie Quarry	Kent	13.86	1	Junior Chukukere	Sussex	14.64	1	Eldon Lake	Berkshire	15.07
1987	2	Nwabueze Amiaka	Surrey	12.91	2	Mark Lawrence	West Yorkshire	14.13	2	Peter Akuaboah	Essex	14.94
1987	3	Dave Reeve	Devon	12.66w	3	Mark Gregory	West Midlands	13.98	3	Paul Angus	Berkshire	14.69
1988	1	Delroy Ricketts	West Midlands	13.26	1	Zac Kerin	Essex	14.60w	1	Patrick Teape	Middlesex	15.31
1988	2	Paul Dundas	West Midlands	13.23	2	Mike Adebolu	Hereford & Worcs	14.58w	2	Femi Akinsanya	Cambridgeshire	15.32
1988	3	David Attewell	Kent	12.80	3	Julian Golley	Middlesex	14.24w	3	Andrew Agyepong	London	14.83
1989	1	Larry Achike	Sussex	13.18	1	Dave Reeve	Devon	14.48	1	Julian Golley	Middlesex	14.68
1989	2	James Edgerley	Cheshire	13.08	2	Anthony Clarke	West Midlands	14.40	2	Tosi Fasinro	Middlesex	14.54
1989	3	Vance Warner	Nottinghamshire	13.04	3	Shola Ojora	Surrey	14.30	3	Matthew Groom	Norfolk	14.47

1990	1	Michael Duberry	Middlesex	13.55	1	Uche Onyekweli	Suffolk	15.04w	1	Julian Golley	Middlesex	15.93w
1990	2	Fayemi Ukairo	Gtr. Manchester	13.18w	2	Carl Howard	Oxfordshire	14.88w	2	Tosi Fasinro	Middlesex	15.82w
1990	3	Jason Bennett	West Midlands	13.09	3	Delroy Ricketts	West Midlands	14.76	3	Dave Reeve	Devon	14.86w
1991	1	Adian Woodhouse	Kent	13.08	1	Larry Achike	Sussex	14.97	1	Julian Golley	Middlesex	15.55
1991	2	Marvin Bramble	London	13.08	2	Michael Duberry	Middlesex	14.28	2	Delroy Ricketts	West Midlands	14.85
1991	3	Kori Stennett	Gloucestershire	12.94	3	Jason Bennett	West Midlands	14.14	3	Dave Reeve	Devon	14.75
1992	1	Stacy Joseph	Essex	12.71	1	Marvin Bramble	London	14.30	1	Larry Achike	Sussex	15.60
1992	2	Leroy Knowles	Bedfordshire	12.41	2	Jason Bennett	West Midlands	14.18	2	Delroy Ricketts	West Midlands	15.03
1992	3	Robert Dawson	Derbyshire	12.39	3	Adian Woodhouse	Kent	13.75	3	Tayo Erogbogbo	Buckinghamshire	14.91
1993	1	Mike McKernan	West Midlands	13.04	1	Marvin Bramble	London	15.11w	1	Larry Achike	Sussex	16.15w
1993	2	Ian Rowe	Hampshire	12.77w	2	Adian Woodhouse	Kent	14.47w	2	Delroy Ricketts	West Midlands	14.70
1993	3	Leroy Knowles	Bedfordshire	12.67	3	Matthew Thompson	Staffordshire	13.69w	3	Tayo Erogbogbo	Buckinghamshire	14.37w
1994	1	Daniel Hutchinson	Derbyshire	12.99	1	James Peacock	Essex	14.07	1	Kori Stennett	Gloucestershire	14.58w
1994	2	Syful Ahmed	London	12.68	2	Mike McKernan	West Midlands	14.06	2	James Leaver	Dorset	14.56w
1994	3	Ray Saunders	West Midlands	12.59	3	Adrian Browne	Berkshire	13.92	3	Sam Bobb	Kent	14.47w
1995	1	Jonathan Miller	West Midlands	13.18w	1	Jon Wallace	West Midlands	14.52w	1	James Leaver	Dorset	15.11
1995	2	James Philip	Bedfordshire	12.80	2	Mike McKernan	West Midlands	14.51w	2	James Peacock	Essex	14.57w
1995	3	John Heayside	Cumbria	12.76	3	Arif Shah	Leicestershire	14.03	3	Kori Stennett	Gloucestershire	14.28w
1996	1	Chris Tomlinson	Cleveland	13.83w	1	Brian Robinson	West Midlands	14.72	1	James Peacock	Essex	15.74w
1996	2	Dean Taylor	Bedfordshire	13.60w	2	Peter Francis	Essex	14.56	2	Phillips Idowu	London	15.53w
1996	3	Nange Ursell	London	13.09	3	Syful Ahmed	London	14.00	3	Nicholas Thomas	Essex	15.12
1997	1	John Davies	Essex	13.08	1	Chris Tomlinson	Cleveland	14.16	1	Phillips Idowu	London	16.22w
1997	2	Andrew Medcalf	Sussex	12.83	2	Tosin Oke	London	13.96w	2	Jon Wallace	West Midlands	15.68
1997	3	Chris Weitz	Northumberland	12.78w	3	Martin Crabtree	N Lincoln / E Yorks	13.80	3	Peter Francis	Essex	15.52w
1998	1	Lee Harris	Avon	13.18	1	Malwyn Gordon	Avon	14.83	1	Jon Wallace	West Midlands	15.82
1998	2	Andrew Harris	Wiltshire	13.03	2	Chris Tomlinson	Cleveland	14.67	2	Mike McKernan	West Midlands	15.25w
1998	3	Robert Southey	Somerset	12.34	3	John Davies	Essex	13.72	3	Tosin Oke	London	15.19w
1999	1	Gary White	Warwickshire	12.90	1	Jonathan Moore	West Midlands	14.79	1	Malwyn Gordon	Avon	14.80
1999	2	Daniel Cossins	Avon	12.75	2	Philip Ferdinand	West Midlands	14.16	2	Peter Francis	Essex	14.56
1999	3	Stephen Alexander	Gtr. Manchester	12.73	3	Nathan Douglas	Oxfordshire	14.01	3	Paul Revell	North Yorkshire	14.25
2000	1	Joleon Duvigneau	Essex	13.18w	1	Jonathan Moore	West Midlands	15.91	1	Nathan Douglas	Oxfordshire	14.93w
2000	2	Graham Jackson	Durham	13.04w	2	Kevin Thompson	Merseyside	14.41	2	Chris Tomlinson	Cleveland	14.80
2000	3	Ross Fairgrieve	Berkshire	12.70w	3	Jason Comissiong	Middlesex	14.11	3	Seni Majekodunmi	Somerset	14.07
2001	1	William Harwood	Humberside	13.07	1	Gary White	Warwickshire	14.41	1	Nathan Douglas	Oxfordshire	15.13w
2001	2	Curtis Osano	Hampshire	12.63	2	Graham Jackson	Durham	13.67	2	Kevin Thompson	Merseyside	14:80w
2001	3	Joe Evling-White	Lincolnshire	12.43	3	Chris Alexis	Middlesex	13.57	3	Philip Ferdinand	West Midlands	14.62w
2002	1	Tyrone Carter	Essex	12.64w	1	Graham Jackson	Durham	14.16	1	Kevin Thompson	Merseyside	15.30
2002	2	Matthew Burton	London	12.44w	2	Frederick Anna	Essex	14.02	2	Matt Thurgood	Hertfordshire	14.54
2002	3	Dolapo Awoyinka	Essex	12.37w	3	Daniel Stockdale	Gtr. Manchester	13.78	3	Gary White	Warwickshire	14.48
2003	1	Sean Wynter	Middlesex	13.28	1	Philip Jarrett	South Yorkshire	13.84w	1	Gary White	Warwickshire	14.93
2003	2	Leslie Thompson	Essex	13.12w	2	Mike Okoigun	Middlesex	13.76w	2	Enyioma Anomelechi	Surrey	14.84w
2003	3	Adeola Afolami	Berkshire	13.07w	3	Joe Evling-White	Lincolnshire	13.75w	3	Graham Jackson	Durham	14.72w

2004	1	Alex Neville	Essex	13.46	1	Lanre Ali-Balogun	London	14.69w?	1	Graeme Matthews	Merseyside	14.68w
2004	2	Chris Bartlett	Warwickshire	13.32	2	Matthew Burton	London	14.49w?	2	Anthony Mattis	Avon	14.62w
2004	3	Andrew Fleetwood	Leics & R	13.11	3	Jack Field	Devon	14.05w	3	Graham Jackson	Durham	14.36w
2005	1	Nathan Fox	Middlesex	13.73	1	Sean Wynter	Middlesex	14.62	1	Lanre Ali-Balogun	London	15.17
2005	2	Marcus Morrison	Kent	12.87	2	Jamie Blundell	West Midlands	14.23	2	Jeremy Odametey	London	15.03
2005	3	Kola Adedoyin	Surrey	12.62	3	Daniel Lewis	Middlesex	13.95	3	Jacob Brown	West Yorkshire	14.43
2006	1	Dwyte Smith	Kent	13.04	1	Trevor Okoroafor	Surrey	14.34	1	Jeremy Odametey	London	14.67
2006	2	Oluwseyi Oyewobi	Middlesex	12.98	2	Daniel Lewis	Middlesex	13.99	2	Matthew Burton	London	14.64
2006	3	Babatunde Amosu	Surrey	12.62	3	Chris Bartlett	Warwickshire	13.90	3	Lanre Ali-Balogun	London	14.41
2007	1	David Crisp	Essex	12.94	1	Nathan Fox	Middlesex	14.20 w?	1	Daniel Lewis	Middlesex	14.75
2007	2	Simeon Bennett	Beds & L	12.50	2	Kola Adedoyin	Surrey	14.18w?	2	Joe Curtis	Warwickshire	14.56
2007	3	James Okeyemi	Middlesex	12.28	3	Marcus Morrison	Kent	13.62w?	3	Ian Simson	Hertfordshire	13.96
2008	1	Jimi Tele	Essex	13.64	1	Ben Williams	Staffordshire	15.72	1	Daniel Lewis	Middlesex	14.58
2008	2	Daley Graham	Leics & R	12.96	2	Babatunde Amosu	Surrey	14.78	2	Michael Puplampu	Beds & L	14.40
2008	3	Latif Yusuf	Middlesex	12.90	3	Julien Allwood	Surrey	14.12	3	Rory Constable	Hampshire	14.20
2009	1	Efe Uwaifo	Hertfordshire	12.90	1	Julien Allwood	Surrey	14.70w	1	Kola Adedoyin	Surrey	15.63
2009	2	Joshua Olawore	Essex	12.81	2	James Wright	Oxfordshire	14.20	2	James McLachlan	Norfolk	15.26
2009	3	Alexander MacDonald	Lincolnshire	12.52	3	Joshua Bones	Humberside	14.11w	3	Nathan Fox	Middlesex	15.04
2010	1	Montel Nevers	Nottinghamshire	13.14	1	Jimi Tele	Somerset	14.86	1	Babatunde Amosu	Surrey	15.74
2010	2	Aaron Scardifield	Berkshire	12.93	2	Bradley Pike	Hertfordshire	14.40	2	Ben Williams	Staffordshire	15.45
2010	3	Kawsar Ahmed	North Yorkshire	12.75	3	Adam Khan	South Yorkshire	13.96	3	Julien Allwood	London	15.14
2011	1	Stefan Amokwandoh	Surrey	12.93	1	Efe Uwaifo	Hertfordshire	14.70	1	James Okeyemi	Middlesex	15.42w
2011	2	David Igbokwe	Middlesex	12.79	2	Tobi Sho-Silva	Kent	14.51	2	Joe Lawrence	Surrey	15.40
2011	3	Jermaine Graham	London	12.64	3	Adam Khan	South Yorkshire	14.41	3	Jimi Tele	Norfolk	14.95w
2012	1	Grebin Cherian	Essex	12.87	1	Montel Nevers	Nottinghamshire	14.40	1	Jimi Tele	Norfolk	15.01
2012	2	David Igbokwe	Middlesex	12.69w	2	George Drake	Leics & R	13.99	2	Adam Khan	South Yorkshire	14.91
2012	3	Jacob Veerapen	Surrey	12.64	3	Sam Adams	Hampshire	13.96	3	Scott Hall	Northumberland	14.56
2013	1	Reon Joseph	Middlesex	13.02	1	Stefan Amokwandoh	Surrey	14.33	1	Adam Khan	South Yorkshire	15.19
2013	2	Alex Meaklim	Middlesex	12.87	2	Toby Melville	Warwickshire	14.13	2	Montel Nevers	Nottinghamshire	15.15
2013	3	Sam Cheah	Surrey	12.72	3	Tom Boggon	Beds & L	13.75	3	Efe Uwaifo	Hertfordshire	15.08
2014	1	Ben Harris	Buckinghamshire	13.41	1	Kevin Metzger	Gtr. Manchester	14.59	1	Montel Nevers	Nottinghamshire	15.03
2014	2	Teepee Princewill	Beds & L	13.26	2	Oladotun Saliu	Middlesex	14.12	2	George Drake	Leics & R	14.82
2014	3	Wesley Matsuka-Williams	Norfolk	13.01	3	Jude Bright-Davies	Middlesex	14.08	3	Stefan Amokwandoh	Surrey	14.59
2015	1	Dolapo Gbadamosi	Hertfordshire	13.34w	1	Jude Bright-Davies	Middlesex	14.24	1	Jacob Veerapen	Surrey	14.52
2015	2	Ben Lloyd	Hertfordshire	12.73	2	Emmanuel Odubanj	Gtr. Manchester	13.80	2	Kevin Metzger	Gtr. Manchester	14.47
2015	3	Reuben Collins	Surrey	12.72w	3	Wesley Matsuka-Williams	Norfolk	13.77	3	Daniel Igbokwe	Berkshire	14.38
2016	1	Matthew Bondswell	Nottinghamshire	12.93	1	Wesley Matsuka-Williams	Norfolk	14.46	1	Jacob Veerapen	Surrey	14.74
2016	2	Olowasubomi Bello	London	12.55	2	Teepee Princewill	Beds & L	14.44	2	Jordan Walklett	Cornwall	14.23
2016	3	Herbert Zumbika	Middlesex	12.42	3	Emmanuel Odubanj	Gtr. Manchester	14.41	3	Ed Barber	Derbyshire	13.71
2017	1	Josiah Wilson- Kepple	Middlesex	13.18	1	Joel Townley	Gloucestershire	14.46	1	Teepee Princewill	Beds & L	14.69
2017	2	Daniel Onochie-Williams	Hertfordshire	12.82	2	Matthew Bondswell	Nottinghamshire	13.67	2	Emmanuel Odubanj	Gtr. Manchester	14.41
2017	3	Nahbi Odeh	Leics & R	12.78	3	Alex Colton	North Yorkshire	13.58	3	Samuel Antwi	Middlesex	14.25

2018	1	Aaron Ashmead Shoye	Essex	13.57	1	Josh Woods	Hertfordshire	14.37	1	Wesley Matsuka-Williams	Norfolk	14.93
2018	2	Jacob Byfield	Kent	12.91	2	Archie Yeo	Humberside	14.02	2	Joel Townley	Gloucestershire	14.66
2018	3	Oliver D'Rozario	Somerset	12.87	3	Renaldo Smith	Beds & L	13.93	3	Samuel Oduro Antwi	Middlesex	14.47
2019	1	Chris Brown	Essex	13.25	1	Daniel Falode	London	15.27	1	Joel Townley	Gloucestershire	14.39
2019	2	Kresten Calvert	Merseyside	13.11	2	Michael Anderson	Surrey	14.01	2	Morgan Haywood	Sussex	13.99
2019	3	Daniel Kanu	Kent	12.77	3	Aaron Ashmead Shoye	Essex	14.00	3	Josh Woods	Hertfordshire	13.99
2021	1	Joe Stone	Kent	12.78	1	Daniel Akinradewo	Gtr. Manchester	14.26	1	Michael Alajiki	Kent	14.45
2021	2	David Ola	Kent	12.58w	2	Conrad Winter	Norfolk	13.90	2	Luca Stanisci Brown	Hertfordshire	14.28
2021	3	Mattao Bouget-Kotlar	Surrey	11.80	3	Otis Omoniyi	Hertfordshire	13.61	3	Ignatius Abebrese	London	14.18
2022	1	Stephan Anderson	Surrey	12.74	1	Jack Hilton	Lancashire	14.56	1	Scott Sinclair	Lancashire	14.86
2022	2	Kwasi Prakah-Asante	Essex	12.73	2	Emmanuel Nwachokor	Essex	14.26	2	Ayo Opaleye	Cambridgeshire	14.79
2022	3	Daniel Osei-Poku	Essex	12.47	3	Daniel Ayodele	Buckinghamshire	14.08	3	Daniel Akinradewo	Gtr. Manchester	14.78w
2023	1	Melchisedec Berkoh-Gyamfi	Essex	13.89	1	Vittorio Anah	Surrey	14.00	1	Brandon Lee	Nottinghamshire	13.93
2023	2	Jomiloju Hughes	London	13.34	2	David Ola	Kent	13.89	2	Lierre Henry	Hertfordshire	13.83
2023	3	Rahman Odugbayi	Kent	13.25	3	Emmanuel Nwachokor	Essex	13.58	3	Destiny Sadiku	Avon	13.22
2024	1	Jomiloju Hughes	London	14.26	1	Tito Odunaike	Middlesex	14.53	1	Brandon Lee	Nottinghamshire	14.42
2024	2	Benaiah Osei-Poku	Essex	13.19	2	Melchisedec Berkoh-Gyamfi	Essex	14.34	2	Jack Hilton	Lancashire	14.23
2024	3	Charles Reilly	Lincolnshire	12.82w	3	Sean-Connor Atafo	Essex	14.28	3	Kahlon Nneke	Berkshire	14.10
2025	1	Toluwani Okelola	Gtr. Manchester	13.16	1	Tito Odunaike	Middlesex	15.65	1	Kahlon Nneke	Berkshire	14.42
2025	2	Cruz Collins	West Yorkshire	12.94	2	Harley Henry	Bedfordshire	15.28	2	Oshotare Kadiri	Gloucestershire	14.40
2025	3	Axel Ottosson	Surrey	12.75	3	Sean-Connor Atafo	Essex	15.14	3	George Tarr	Somerset	14.30
2026	1	Jalil Anderson	Kent	13.24	1	Bryan Ikechukwu-Chime	Kent	14.52	1	Sean-Connor Atafo	Essex	15.47
2026	2	Danite Isilika	Essex	13.02	2	Jomiloju Hughes	London	14.49	2	Harley Henry	Bedfordshire	15.43
2026	3	Caleb Faleye	Kent	12.98	3	Archie Herbert	North Yorkshire	14.46	3	Ben Foulger	North Yorkshire	14.68

JUNIOR

INTERMEDIATE

SENIOR

SHOT PUT

SHOT PUT

SHOT PUT

1948		-	-		1	C. Radford	Leicestershire	39' 4¼"		-	-	
1948		-	-		2	A. P. Townsend	Buckinghamshire	38' 10½"		-	-	
1948		-	-		3	B. Lane	Somerset			-	-	
1949		-	-		1	Z. Kacharski	Northamptonshire	46' 9½"		-	-	
1949		-	-		2	G. Parr	Middlesex	46' 8¾"		-	-	
1949		-	-		3	K. McKay	Essex	45' 11½"		-	-	
1950	1	George Graham	Lincolnshire	51' 6¾"	1	John Hutchinson	Cumberland	51' 2"	1	G. Budd	London	43' 6½"
1950	2	H. Jackson	Cheshire	50' 9½"	2	Z. Kadziela	Northamptonshire	49' 5"	2	D. Presland	Middlesex	38' 9½"
1950	3	C. Swann	London	50' 6"	3	R. W. Dean	Middlesex	48' 4¼"	3	P. Taylor	Lancashire	38' 2½"
1951	1	L. Brighton	Norfolk	43' 2½"	1	Bob Wilkins	Lancashire	47' 8¾"	1	John Hutchinson	Cumberland	45' 11¼"
1951	2	Richard Tweddle	Northumberland	42' 11½"	2	J. Eggleton	Oxfordshire	45' 7½"	2	T. Bury	Northamptonshire	43' 10½"
1951	3	B. Furney	Lincolnshire	42' 11"	3	J. Whall	London	44' 5½"	3	J. Wilson	Yorkshire	42' 0"
1952	1	R. Rigby	Hertfordshire	46' 1"	1	John Jones	Surrey	47' 10¼"	1	Alan Law	Surrey	45' 11"
1952	2	M. Gabriel	Surrey	44' 1"	2	Frank Crozier	Middlesex	44' 2¾"	2	Peter Dracup	Staffordshire	44' 0½"

1952	3	D. Reynolds	Devon	42' 6"	3	H. G. Howe	Cheshire	43' 10½"	3	J. Cross	London	43' 6½"
1953	1	David Edelman	Surrey	44' 5¾"	1	David Hackman	Middlesex	48' 6"	1	John Jones	Surrey	45' 1½"
1953	2	G. Baldry	Essex	43' 9½"	2	Hugh Bone	Middlesex	46' 1½"	2	M. Martin	Surrey	43' 9"
1953	3	S. Ciescliki	Northamptonshire	42' 11½"	3	Richard Tweddle	Northumberland	44' 6¼"	3	Michael Carter	Staffordshire	43' 6"
1954	1	Peter Marsden	Leicestershire	44' 11"	1	David Edelman	Surrey	50' 4"	1	Frank Crozier	Middlesex	46' 7"
1954	2	A. Davy	Norfolk	44' 1"	2	Hugh Bone	Middlesex	50' 1"	2	Gerald Carr	Essex	45' 9"
1954	3	W. Taylor	Cheshire	44' 0"	3	E. Storey	Cumberland	48' 8"	3	P. Webster	Middlesex	43' 4"
1955	1	R. Courtney	Dorset	46' 6"	1	David Edelman	Surrey	52' 2"	1	David Hackman	Middlesex	47' 9"
1955	2	Stephen Eldridge	Wiltshire	43' 8"	2	Gerald Harrison	Hampshire	48' 7"	2	C. Woodmansey	Yorkshire	46' 0"
1955	3	Frank Smith	Northamptonshire	42' 7"	3	Michael Pollard	Devon	47' 5"	3	Bruce Poulter	Surrey	43' 3"
1956	1	Kevin Elkington	Lincolnshire	48' 2"	1	Geoffery Care	Warwickshire	51' 7"	1	David Edelman	Surrey	53' 8"
1956	2	J. Osborne	Warwickshire	46' 2"	2	J. Kidd	Nottinghamshire	48' 2"	2	Michael Pollard	Devon	47' 2"
1956	3	John Wright	Lincolnshire	44' 5"	3	J. Osborne	Dorset	47' 8"	3	Gerald Harrison	Hampshire	46' 4"
1957	1	John Chamberlain	Lincolnshire	47' 3"	1	Frank Smith	Northamptonshire	51' 3"	1	Roger Peatman	Yorkshire	48' 2"
1957	2	Derek Hudson	Staffordshire	46' 9"	2	Trevor Wood	Essex	50' 3"	2	Geoffery Care	Warwickshire	47' 6"
1957	3	D. France	Nottinghamshire	44' 5"	3	Colin Craig	Hampshire	49' 9"	3	Andrew Grant	Essex	46' 7"
1958	1	Roger Preston	Cornwall	52' 7"	1	G. Crowther	Yorkshire	51' 0"	1	Geoffery Care	Warwickshire	52' 3"
1958	2	David Bunce	Sussex	50' 2"	2	Michael Elford	Yorkshire	50' 4"	2	David Noble	Warwickshire	49' 6"
1958	3	R. Morganson	Essex	49' 2"	3	Mike Powell	Cheshire	50' 1"	3	Andrew Grant	Essex	49' 0"
1959	1	Anthony Elvin	Norfolk	54' 11¾"	1	Walter Chandler	Berkshire	54' 4½"	1	Michael Burgin	Yorkshire	49' 5¾"
1959	2	Alan Carter	Gloucestershire	53' 11½"	2	Roger Preston	Cornwall	54' 1½"	2	David Darroch	Berkshire	47' 10¼"
1959	3	K. Hinchley	Norfolk	49' 5½"	3	David Bunce	Sussex	52' 3"	3	Mike Powell	Cheshire	47' 9¼"
1960	1	John Holmes	Cheshire	47' 6½"	1	Alan Lowe	Yorkshire	54' 8¼"	1	Michael Burgin	Yorkshire	52' 11"
1960	2	Dave Travis	Middlesex	44' 1¾"	2	Alan Carter	Gloucestershire	53' 4¼"	2	Michael Elford	Yorkshire	48' 3"
1960	3	R. Lyles	Surrey	43' 1¾"	3	David Bunce	Sussex	52' 4½"	3	Rodney Williams	Surrey	47' 7"
1961	1	Derek Dawson	Yorkshire	50' 6"	1	Alan Carter	Gloucestershire	61' 11½"	1	Alan Lowe	Yorkshire	52' 7"
1961	2	B. Brandon-Ward	Dorset	49' 6¾"	2	Cornelius Ellerbrook	Norfolk	54' 8½"	2	Allen Ross	Yorkshire	50' 7¼"
1961	3	Peter Budden	Surrey	48' 7½"	3	David Brown	Yorkshire	50' 0"	3	Clive Hollings	Warwickshire	49' 4"
1962	1	Andy Drzewiecki	Staffordshire	51' 10¾"	1	Barry King	Middlesex	64' 3½"	1	Alan Carter	Gloucestershire	58' 5½"
1962	2	William Bunce	Sussex	51' 1¼"	2	John Holmes	Cheshire	54' 8¼"	2	Cornelius Ellerbrook	Norfolk	57' 5½"
1962	3	R. Stone	Essex	50' 8¼"	3	Derek Dawson	Yorkshire	52' 9½"	3	G. Allen Ross	Yorkshire	52' 3½"
1963	1	Anthony Landon	Warwickshire	53' 5¼"	1	Robert Gardner	Berkshire	53' 4¼"	1	Barry King	Middlesex	56' 0¾"
1963	2	Andy Drzewiecki	Staffordshire	52' 5¾"	2	Christopher Cogswell	Surrey	52' 0"	2	Cornelius Ellerbrook	Norfolk	54' 2¾"
1963	3	Rodney Speed	Somerset	50' 7¼"	3	D. Brandon	London	51' 9½"	3	John Holmes	Cheshire	53' 9¼"
1964	1	Mark Churchward	Surrey	46' 7¼"	1	Rodney Speed	Somerset	56' 7¼"	1	Christopher Cogswell	Surrey	52' 0½"
1964	2	Richard Quarshie	Dorset	42' 4¾"	2	Robert Clarke	Devon	53' 6"	2	George Willett	Cambridgeshire	51' 7¼"
1964	3	G. Marsh	Cheshire	41' 6¼"	3	Andy Drzewiecki	Staffordshire	52' 7¾"	3	Nicholas Martin	Cambridgeshire	49' 10¼"
1965	1	W. Mills	London	48' 2"	1	William Bartholomew	Sussex	52' 7¾"	1	Christopher Cogswell	Surrey	56' 0¼"
1965	2	P. Staden	Cambridgeshire	47' 4"	2	Terence Cavill	Gloucestershire	50' 11½"	2	Alexander Vymeris	Yorkshire	52' 10½"
1965	3	Fred Psyk	Somerset	47' 0¾"	3	Mark Churchward	Surrey	49' 5½"	3	Rodney Speed	Somerset	51' 11¼"
1966	1	Malcolm Scott	Northumberland	48' 8¼"	1	Martin Lockley	Berkshire	54' 2¾"	1	Mike Winch	Sussex	57' 4¾"
1966	2	K. Johnson	Leicestershire	47' 7"	2	Richard Quarshie	Dorset	52' 5¼"	2	Rodney Speed	Somerset	57' 1½"

1966	3	S. Freeman	Buckinghamshire	47' 1¼"	3	George Badowski	Middlesex	48' 0½"	3	Anthony Landon	Warwickshire	53' 0¾"
1967	1	John Howard	Nottinghamshire	44' 4"	1	John Blackwell	Cambridgeshire	52' 4¾"	1	Kazimierz Kicinski	Buckinghamshire	54' 4½"
1967	2	John Joyce	Staffordshire	42' ¾"	2	Kevin Bates	Lincolnshire	52' ¾"	2	Bob Radley	Berkshire	53' 11¾"
1967	3	Alan Bryan	Durham	41' 7½"	3	David Rough	Surrey	49' 1½"	3	William Bartholomew	Sussex	51' 2"
1968	1	Brian Strange	Middlesex	50' 0"	1	John Corbett	Lancashire	57' 5¼"	1	Martin Lockley	Berkshire	55' 2"
1968	2	J. Abbotts	Berkshire	46' 5"	2	Kevin Bates	Lincolnshire	56' 8½"	2	Mark Churchward	Surrey	53' 7½"
1968	3	T. Morphitis	London	46' 5"	3	Mark Elliott	Kent	50' 8¾"	3	Richard Quarshie	Dorset	51' 2¾"
1969	1	Chris Waller	Middlesex	13.72	1	William Curley	Northumberland	16.15	1	Jon Wood	Devon	17.10
1969	2	G. Lovell	Devon	13.26	2	Stefan Purdy	Kent	15.72	2	Harry Bosworth	Warwickshire	16.99
1969	3	R. Gerrard	Dorset	12.30	3	Alan Bryan	Durham	15.66	3	John Corbett	Lancashire	16.73
1970	1	Andrew Monaghan	Yorkshire	14.68	1	Brian Strange	Middlesex	15.65	1	Jon Wood	Devon	17.99
1970	2	Ian Lindley	Yorkshire	14.31	2	Stephen Bull	Middlesex	14.84	2	John Corbett	Lancashire	17.77
1970	3	J. Titchener	Wiltshire	14.00	3	Paul Orchart	Huntingdonshire	14.74	3	Harry Bosworth	Warwickshire	15.30
1971	1	Leonard Worthington	Lancashire	14.06	1	Steve Archer	Essex	15.58	1	John Corbett	Lancashire	16.01
1971	2	George Foster	Devon	13.97	2	Andrew Monaghan	Yorkshire	14.95	2	William Quarshie	Dorset	15.23
1971	3	Geoff Hodgson	Durham	13.68	3	Ian Lindley	Yorkshire	14.26	3	William Curley	Northumberland	14.11
1972	1	Geoff Hodgson	Durham	16.54	1	Ian Lindley	Yorkshire	16.79	1	Maurice Colclough	Kent	15.26
1972	2	Adam Daum	Dorset	14.67	2	Andrew Monaghan	Yorkshire	15.95	2	Michael Cashmore	Leicestershire	14.90
1972	3	Richard Bailey	Staffordshire	13.98	3	Terence Shead	London	14.99	3	Geoffrey Hunt	Middlesex	14.08
1973	1	Maurice Charge	Hertfordshire	14.59	1	Mick Eyres	Essex	15.73	1	Ian Lindley	Yorkshire	15.69
1973	2	Andrew Vince	Essex	14.29	2	Joe Gray	London	15.67	2	Andrew Monaghan	Yorkshire	14.53
1973	3	R. Ridings	Oxfordshire	13.67	3	Geoff Hodgson	Durham	15.36	3	Simon Rodhouse	Hampshire	14.48
1974	1	Alan Husk	Essex	15.72	1	Geoffrey Whaley	Derbyshire	15.11	1	Ian Lindley	Yorkshire	15.63
1974	2	Ian Jackson	Warwickshire	13.78	2	Michael Strzadala	Middlesex	14.94	2	Mick Eyres	Essex	14.43
1974	3	Craig Watts	Gloucestershire	13.68	3	Nicholas Jeavons	Staffordshire	14.64	3	Vincent Cuss	Somerset	13.66
1975	1	Neil Walker	West Midlands	15.43	1	Alan Husk	Essex	15.48	1	Ian Lindley	West Yorkshire	16.43
1975	2	D. Craig	Northumberland	15.03	2	Andrew Vince	Essex	15.21	2	Mick Eyres	Essex	15.34
1975	3	G. Rogers	Oxfordshire	14.49	3	Maurice Charge	Hertfordshire	15.17	3	Paul Lees	Hampshire	14.31
1976	1	Antony Zaidman	Middlesex	15.14	1	Alan Husk	Essex	16.40	1	Mick Eyres	Essex	15.82
1976	2	Michael Newby	Essex	14.26	2	Graham Savory	Hampshire	14.17	2	Andrew Vince	Essex	15.50
1976	3	Errol Phillips	Essex	13.98	3	Geoffrey Marsh	Middlesex	14.07	3	Shaun Hughes	South Yorkshire	14.37
1977	1	Stanley Webber	West Midlands	13.97	1	Antony Zaidman	Middlesex	15.82	1	Shaun Hughes	South Yorkshire	15.03
1977	2	Chris Scire	Wiltshire	13.95	2	Graham Savory	Hampshire	15.57	2	David Smedley	South Yorkshire	14.49
1977	3	Neil German	Cambridgeshire	13.81	3	Leslie Newton	Bedfordshire	14.78	3	Paul Gomme	Surrey	14.04
1978	1	Michael Tubb	Surrey	14.57	1	Antony Zaidman	Middlesex	17.54	1	David Smedley	South Yorkshire	15.17
1978	2	C. Harrison	West Yorkshire	13.66	2	George Brocklebank	Lancashire	14.92	2	Paul Milbourn	Kent	14.10
1978	3	Chris Gubbins	Kent	13.58	3	Errol Phillips	Essex	14.44	3	Guy Burbridge-James	Sussex	13.95
1979	1	Billy Cole	Essex	16.11	1	George Brocklebank	Lancashire	17.02	1	Antony Zaidman	Middlesex	15.31
1979	2	Jeffrey Clare	Gtr. Manchester	15.43	2	Stuart Wilson	Hampshire	15.41	2	Craig Bloomfield	Suffolk	15.83
1979	3	Chris Ellis	Avon	14.31	3	Stanley Webber	West Midlands	14.95	3	Paul Milbourn	Kent	15.10
1980	1	Chris Ellis	Avon	18.18	1	Peter Weir	West Midlands	15.77	1	Antony Zaidman	Middlesex	17.42
1980	2	John Nicholls	Cheshire	15.51	2	Billy Cole	Essex	15.73	2	Lee Wiltshire	Hampshire	14.72

1980	3	David Fagence	Surrey	14.67	3	Simon Treadwell	Northamptonshire	15.32	3	Ray Weir	West Midlands	14.71
1981	1	N. Chuku	West Yorkshire	14.36	1	Chris Ellis	Avon	18.83	1	Stewart Wilson	Hampshire	14.57
1981	2	Mitchell Smith	Essex	13.69	2	Billy Cole	Essex	17.88	2	John Challis	Sussex	14.04
1981	3	Simon Orr	Merseyside	13.45	3	Michael Fevrius	London	15.61	3	Adrian Morris	Staffordshire	13.85
1982	1	A. Castleton	Suffolk	14.03	1	Chris Ellis	Avon	19.17	1	Billy Cole	Essex	17.81
1982	2	Simon Williams	Middlesex	13.71	2	Richard Davies	Shropshire	15.56	2	Jeffrey Clare	Gtr. Manchester	14.70
1982	3	Clayton Turner	Surrey	13.45	3	John Nicholls	Cheshire	15.11	3	David Callaway	Hampshire	14.25
1983	1	Phillips Tymms	Sussex	14.74	1	Peter Green	Berkshire	15.90	1	Chris Ellis	Avon	16.81
1983	2	David Williams	West Midlands	14.28	2	Clayton Turner	Surrey	15.82	2	David Callaway	Hampshire	15.73
1983	3	Martin Fletcher	West Yorkshire	13.71	3	Richard Jones	Derbyshire	14.69	3	Richard Davies	Shropshire	15.35
1984	1	Matthew Simson	Essex	15.78	1	Simon Williams	Middlesex	16.10	1	Chris Ellis	Avon	18.13
1984	2	James Muirhead	Merseyside	14.42	2	Clayton Turner	Surrey	15.92	2	Neil Gray	Hampshire	16.50
1984	3	Heitham Safieddine	Kent	14.23	3	Richard Denhardt	West Midlands	15.31	3	Richard Davies	Shropshire	15.60
1985	1	Chris Terry	Kent	14.56	1	David Williams	West Midlands	15.91	1	Simon Williams	Middlesex	17.08
1985	2	David Cowie	Northumberland	14.50	2	Roger Hancock	Cheshire	15.61	2	John Lanning	Surrey	14.61
1985	3	Lee Coolican	West Yorkshire	14.19	3	Martin Fletcher	West Yorkshire	15.49	3	Robert Dinsdale	Norfolk	13.90
1986	1	Barry Nash	Buckinghamshire	15.05	1	Matthew Simson	Essex	17.45	1	Simon Williams	Middlesex	18.52
1986	2	Gerard Clarke	Merseyside	14.88	2	Christopher Bailey	Merseyside	15.34	2	Martin Fletcher	West Yorkshire	14.84
1986	3	Justin South	Berkshire	14.54	3	Nigel Spratley	Berkshire	15.05	3	Roger Hancock	Cheshire	14.68
1987	1	Jason Mulcahy	London	14.54	1	James Muirhead	Merseyside	16.19	1	Matthew Simson	Essex	16.58
1987	2	Geoff Sinclair	Middlesex	13.68	2	Robert Briffitt	Hertfordshire	15.83	2	Martin Fletcher	West Yorkshire	16.48
1987	3	Simon Shave	Kent	13.67	3	Mark Davies	Kent	14.93	3	David Williams	West Midlands	14.51
1988	1	Osita Iwenjiora	Kent	15.94	1	Richard Baker	Oxfordshire	16.24	1	Guy Litherland	Staffordshire	16.82
1988	2	John Tyler	Staffordshire	14.25	2	Jason Mulcahy	London	16.06	2	James Muirhead	Merseyside	15.66
1988	3	Denis Jetto	Middlesex	13.52	3	David Condon	Essex	15.32	3	Mark Davies	Kent	15.57
1989	1	Tony Rooker	Dorset	13.92	1	Jason Mulcahy	London	17.30	1	Mark Davies	Kent	16.69
1989	2	Stuart Dempsey	Staffordshire	13.70	2	Geoff Sinclair	Middlesex	16.75	2	James Muirhead	Merseyside	16.26
1989	3	Peirs Michell	Berkshire	13.63	3	Lalomilo Kamu	West Midlands	16.26	3	Lewis Capes	Somerset	15.51
1990	1	Chris Rex	Essex	14.60	1	Bryan Kelly	Merseyside	16.22	1	Philip Adams	Leicestershire	16.32
1990	2	Tim Wyatt	Staffordshire	14.40	2	John Tyler	Staffordshire	15.45	2	Gary Sollitt	Hampshire	16.10
1990	3	David Burnet	Essex	14.01	3	Everett Daley	West Midlands	14.64	3	James Mason	North Yorkshire	15.27
1991	1	Bill Fuller	Surrey	13.92	1	Mark Edwards	Leicestershire	16.84	1	Lee Newman	Somerset	16.03
1991	2	Simon Keller	Nottinghamshire	13.65	2	Darren Gallimore	Merseyside	16.24	2	Bryan Kelly	Merseyside	15.88
1991	3	Dinos Alexopoulos	Somerset	13.45	3	Paul Godwin	Lincolnshire	16.12	3	Philip Adams	Leicestershire	15.24
1992	1	Sudip Burman-Roy	Kent	14.70	1	Piers Selby	Hampshire	17.36	1	John Tyler	Staffordshire	16.41
1992	2	James Haffenden	North Yorkshire	13.46	2	Robert Snow	Surrey	15.32	2	Robert Russell	North Yorkshire	15.17
1992	3	Paul Carroll	Merseyside	13.69	3	David Burnet	Essex	15.27	3	Mark Edwards	Leicestershire	14.95
1993	1	Martin Mortley	Kent	14.30	1	Bill Fuller	Surrey	17.14	1	John Tyler	Staffordshire	16.75
1993	2	James Bull	Suffolk	13.53	2	Dinos Alexopoulos	Somerset	15.08	2	Mark Edwards	Leicestershire	16.29
1993	3	Terry Winter	Berkshire	13.06	3	Tony Soalla-Bell	Middlesex	15.06	3	Simon Fricker	Dorset	15.93
1994	1	Peter Waterman	Kent	15.69	1	Sudip Burman-Roy	Kent	15.39	1	Mark Edwards	Leicestershire	16.53
1994	2	Andy Castle	Somerset	14.40	2	James Bull	Suffolk	14.23	2	Bill Fuller	Surrey	16.34

1994	3	Jamie Hunt	Norfolk	14.18	3	Paul Williams	Leicestershire	13.98	3	George Baker	Oxfordshire	15.50
1995	1	Adrian Cluskey	London	15.78	1	James Bull	Suffolk	15.77	1	Bill Fuller	Surrey	16.35
1995	2	Robin Wheldon	Devon	15.00	2	Nick Barber	South Yorkshire	15.76	2	George Baker	Oxfordshire	16.02
1995	3	Carl Cheadle	Leicestershire	13.67	3	Peter Waterman	Kent	15.67	3	Dinos Alexopoulos	Somerset	15.90
1996	1	Paul Archer	Kent	14.63	1	Carl Myerscough	Lancashire	20.48	1	Simon James	Shropshire	15.23
1996	2	Robert Morris	Hertfordshire	13.66	2	David Readle	Merseyside	16.31	2	James Bull	Suffolk	14.52
1996	3	Paul Blackshaw	Gtr. Manchester	13.66	3	Adrian Cluskey	London	14.62	3	Simon Sephton	Humberside	14.39
1997	1	Greg Beard	Kent	15.10	1	Lyndon Woodward	Staffordshire	16.53	1	Carl Myerscough	Somerset	19.16
1997	2	Joel McCormack	Wiltshire	14.79	2	Adrian Cluskey	London	16.30	2	Andrew Rollins	Gtr. Manchester	15.34
1997	3	Carl Sagggers	Hertfordshire	14.65	3	James Cottrell	Derbyshire	14.97	3	David Readle	Merseyside	14.79
1998	1	Carl Sagggers	Hertfordshire	15.62	1	Greg Beard	Kent	16.17	1	Carl Myerscough	Somerset	20.64
1998	2	Martin Aram	Merseyside	14.24	2	Geoffrey Reid-Hughes	Kent	16.02	2	Lyndon Woodward	Staffordshire	15.68
1998	3	Nsa Harrison	Hereford & Worcs	13.83	3	Robert Morris	Hertfordshire	15.91	3	Nick Owen	Surrey	15.36
1999	1	Tony Gallagher	Merseyside	14.69	1	Greg Beard	Kent	18.58	1	Lyndon Woodward	Staffordshire	17.31
1999	2	Richard Dance	Berkshire	14.36	2	Nsa Harrison	Hereford & Worcs	14.94	2	James Cottrell	Derbyshire	15.12
1999	3	Nathan Woodley	West Yorkshire	14.00	3	Huw Bennett	Avon	14.51	3	Manjit Singh	Leicestershire	14.32
2000	1	Andrae Davis	Essex	15.33	1	Derrick Squire	Staffordshire	16.87	1	Robert Morris	Hertfordshire	15.77
2000	2	Ben Lawrence	Staffordshire	14.55	2	Nsa Harrison	Hereford & Worcs	16.71	2	Paul Archer	Kent	14.31
2000	3	Ross Zerafa	Essex	14.01	3	Dave Dawson	Devon	16.19	3	Dean Garrard	Suffolk	13.68
2001	1	Chris Gearing	Kent	15.67	1	Peter Cranfield	Merseyside	16.33	1	Dave Dawson	Devon	15.28
2001	2	Daniel Hepplewhite	Dorset	14.25	2	Ndubuisi Monye	Hampshire	15.48	2	Derrick Squire	Staffordshire	15.10
2001	3	Pepi Nanci	Northamptonshire	14.21	3	Andrae Davis	Essex	15.31	3	Grant Spriggins	Hampshire	13.72
2002	1	Brendan Hall	Staffordshire	14.57	1	Chris Gearing	Kent	16.56	1	Derrick Squire	Staffordshire	17.12
2002	2	Damien Kingwell	Kent	13.82	2	Ben Lawrence	Staffordshire	15.61	2	Dave Dawson	Devon	16.36
2002	3	Rhyan Thomas	West Midlands	13.70	3	Kieren Kelly	Wiltshire	15.46	3	Kyle Stevens	Surrey	14.65
2003	1	Jay Thomas	London	16.84	1	Daniel Hepplewhite	Dorset	15.38	1	Kieren Kelly	Wiltshire	15.64
2003	2	Tristan Davison	Essex	13.99	2	William Lowndes	Cheshire	0.65	2	Kyle Stevens	Surrey	14.84
2003	3	Damiola Onajide	Middlesex	13.69	3	Richard Parker	Staffordshire	14.45	3	Jake Babb	Avon	14.49
2004	1	Kareem Imbert	Essex	14.73	1	Jay Thomas	London	16.33	1	Kieren Kelly	Wiltshire	17.23
2004	2	Daniel Twiss	Middlesex	14.26	2	Shane Birch	Kent	15.05	2	William Lowndes	Cheshire	15.59
2004	3	Ope Jacobs	Middlesex	14.10	3	Brendan Hall	Staffordshire	14.87	3	Jake Babb	Avon	15.07
2005	1	Lewis Taylor	Essex	15.24	1	Jay Thomas	London	17.49	1	Dan Brunsten	Dorset	15.61
2005	2	Michael Wheeler	Surrey	15.11	2	Gareth Betteridge	Gloucestershire	14.85	2	William Lowndes	Cheshire	15.39
2005	3	Martin Tinkler	Cambridgeshire	14.65	3	Kareem Imbert	Essex	14.60	3	Joel Capper	Beds & L	14.19
2006	1	Michael Wheeler	Surrey	18.29	1	Jamie Stevenson	Channel Islands	15.55	1	Dan Tinkler	Cambridgeshire	16.13
2006	2	Reece Thomas	West Midlands	15.65	2	Kareem Imbert	Essex	15.54	2	Dan Brunsten	Dorset	15.50
2006	3	Tom Peacock	Middlesex	14.56	3	Matthew Baptiste	Essex	15.34	3	Paul Dawson	Kent	13.77
2007	1	Tom Peacock	Middlesex	14.17	1	Matthew Baptiste	Essex	16.95	1	Dan Tinkler	Cambridgeshire	15.92
2007	2	Joshua Newman	West Midlands	13.99	2	Reece Thomas	West Midlands	16.26	2	Jamie Stevenson	Channel Islands	15.43
2007	3	Matthew Halton	Cornwall	13.59	3	Ashley Ralph	Hertfordshire	15.10	3	Devon Douglas	Essex	14.85
2008	1	Joshua Newman	West Midlands	16.11	1	Anthony Oshodi	Essex	18.66	1	Devon Douglas	Essex	16.35
2008	2	Michael Hall	Humberside	13.45	2	Reece Thomas	West Midlands	17.35	2	Andrew Coury	Avon	15.63

2008	3	Steven Fenner	Suffolk	13.15	3	Michael Wheeler	Surrey	17.26	3	Robert Mohan	Leics & R	15.11
2009	1	Luke Roach-Christie	Middlesex	14.90	1	Matthew Halton	Cornwall	17.34	1	Anthony Oshodi	Essex	16.71
2009	2	Maro Itoje	Hertfordshire	14.85	2	Tom Peacock	Middlesex	15.24	2	Robert Mohan	Leics & R	16.42
2009	3	Chris Clarke	Nottinghamshire	13.89	3	Tom Heard	Somerset	15.13	3	Gareth Winter	Gloucestershire	14.49
2010	1	Lewis Barnes	Buckinghamshire	14.14	1	Luke Roach-Christie	Middlesex	15.39	1	Anthony Oshodi	Essex	16.79
2010	2	Daniel Preston-Routledge	Humberside	13.91	2	Maro Itoje	Hertfordshire	14.80	2	Matthew Halton	Cornwall	15.61
2010	3	Kai Jones	Middlesex	13.73	3	Chris Clarke	Nottinghamshire	14.20	3	Temi Ladega	Surrey	15.16
2011	1	Kai Jones	Middlesex	17.06	1	Luke Roach-Christie	Middlesex	16.26	1	Matthew Halton	Cornwall	16.64
2011	2	Harry Sutherland	Buckinghamshire	14.47	2	Chris Clarke	Nottinghamshire	16.08	2	Jonathan Edwards	Cambridgeshire	16.41
2011	3	Brad Sansom	Northumberland	13.92	3	Louis Keen	London	15.88	3	Scott Lincoln	Durham	15.48
2012	1	Harry Sutherland	Warwickshire	15.79	1	Kai Jones	Middlesex	18.20	1	Youcef Zatat	Essex	15.51
2012	2	Nathan Best	Surrey	14.62	2	Joseph Watson	Berkshire	15.45	2	Anthony Norfolk	Humberside	14.70
2012	3	David Olajiga	Surrey	14.59	3	Daniel Ghosh	Surrey	14.62	3	Matthew Grant	Sussex	14.50
2013	1	Rio Andrew	London	15.18	1	Archie Leeming	Essex	14.58	1	Luke Roach-Christie	Middlesex	16.93
2013	2	Michelangelo Buter	Surrey	15.04	2	Thomas GerCs	Northamptonshire	14.29	2	Joey Watson	Surrey	16.01
2013	3	James Pearson	Essex	14.68	3	Alex Munn	Devon	14.24	3	Henry Ridgers	Hampshire	14.03
2014	1	Cliff Schwabauer	Somerset	14.03	1	William Knight	Staffordshire	16.27	1	Joey Watson	Surrey	17.45
2014	2	Robert Lester	Warwickshire	13.89	2	Daniel Cartwright	West Midlands	15.50	2	Kai Jones	Middlesex	16.63
2014	3	Victor Adebiyi	Essex	13.53	3	Robbie Shaw	Lincolnshire	15.06	3	Adam Graham	Durham	15.34
2015	1	William Adeyeye	Essex	16.21	1	Daniel Cartwright	West Midlands	17.38	1	Kai Jones	Middlesex	16.34
2015	2	George Hyde	Cheshire	15.15	2	Leo Rowley	South Yorkshire	15.90	2	Jordan Davies	Somerset	15.77
2015	3	Sebastian Dickens	Essex	13.98	3	Henry Fairclough	Humberside	15.76	3	Robbie Shaw	Lincolnshire	14.78
2016	1	Sebastian Dickens	Essex	14.65	1	George Hyde	Cheshire	15.54	1	Daniel Cartwright	West Midlands	16.56
2016	2	David Koffi	Hertfordshire	14.10	2	Victor Adebiyi	Essex	14.71	2	Nathan Fergus	London	15.10
2016	3	Kyle Charlton Brown	Beds & L	13.86	3	Joseph Connelly	Cumbria	14.03	3	Leo Rowley	South Yorkshire	14.81
2017	1	Andre Parker	London	13.93	1	George Hyde	Cheshire	16.07	1	Daniel Cartwright	West Midlands	16.87
2017	2	Michael Burfoot	Kent	13.65	2	Lewis Byng	Warwickshire	14.68	2	Leo Rowley	South Yorkshire	15.69
2017	3	Ricky White	Middlesex	13.49	3	Emeke Ilione	Nottinghamshire	13.98	3	Luc Durant	Kent	14.50
2018	1	Jack Halpin	Durham	14.66	1	Lewis Byng	Warwickshire	17.89	1	Daniel-James Thomas	Sussex	17.85
2018	2	Levi Onipede	Kent	13.79	2	Andrew Knight	Northumberland	16.87	2	George Hyde	Cheshire	15.32
2018	3	Patreece Bell	Isle of Man	13.44	3	Joshua Wise	Hampshire	15.78	3	Jack Royden	Kent	13.47
2019	1	Donovan Capes	Lincolnshire	14.94	1	Chris Dyrmishi	Northamptonshire	16.23	1	Lewis Byng	Warwickshire	18.57
2019	2	William Lamprell	Suffolk	14.28	2	William Hobson	Surrey	15.37	2	George Hyde	Cheshire	16.73
2019	3	William Saltmarsh	Devon	14.27	3	Alfie Williams	Norfolk	15.12	3	Joshua Wise	Hampshire	16.13
2021	1	George Leite	Avon	14.92	1	Isaac Delaney	Lancashire	16.17	1	Chris Dyrmishi	Northamptonshire	16.05
2021	2	Isaiah Phillip	Buckinghamshire	14.13	2	Donovan Capes	Lincolnshire	16.07	2	Zac Davies	Berkshire	15.75
2021	3	Alexander Abebrese	London	14.05	3	Alastair Brown	Suffolk	15.16	3	Kane Aubrey	Dorset	15.75
2022	1	Lawson Capes	Lincolnshire	15.13	1	Travis Scottow	Hampshire	15.34	1	Isaac Delaney	Lancashire	15.59
2022	2	Sonny Hatch	Kent	13.86	2	George Leite	Avon	14.99	2	Billy McCauley	Oxfordshire	15.29
2022	3	Damien Osei-Bonsu	Kent	13.58	3	Alastair Brown	Suffolk	14.59	3	Donovan Capes	Lincolnshire	14.94
2023	1	Lawson Capes	Lincolnshire	16.85	1	George Leite	Avon	16.65	1	Isaac Delaney	Lancashire	16.71
2023	2	Harry Fisher	Essex	13.80	2	Sonny Hatch	Kent	16.01	2	Alastair Brown	Suffolk	15.74

2023	3	David Adodade	Kent	13.76	3	Isaiah Phillip	Buckinghamshire	13.94	3	Donovan Capes	Lincolnshire	15.61
2024	1	Kierath Dhillon	Kent	15.61	1	Lawson Capes	Lincolnshire	17.56	1	George Leite	Avon	15.15
2024	2	Gabriele Centracchio	Hertfordshire	14.58	2	Harry Beard	South Yorkshire	16.40	2	Alastair Brown	Suffolk	14.99
2024	3	Jeremy Andersen	Essex	14.43	3	Michael Bridge	London	15.46	3	Sebastian Valentine	Cheshire	13.33
2025	1	Logan Cowling	Humberside	16.25	1	Lawson Capes	Lincolnshire	18.30	1	Chummy Anthony-Uzoeto	Berkshire	14.69
2025	2	Sebastian Seldon	Hereford & Worcs	15.73	2	Harry Beard	South Yorkshire	17.22	2	Amir Dawodu	West Yorkshire	14.16
2025	3	Johnny Jones	Gtr. Manchester	15.40	3	Michael Bridge	London	17.03	3	Benjamin Ohwariovbe	Bedfordshire	12.58
2026	1	Logan Cowling	Humberside	16.66	1	Michael Graham	Northamptonshire	16.24	1	Lawson Capes	Lincolnshire	17.74
2026	2	Sonny Rey Crisp	Sussex	13.89	2	Ameer Salaam	Essex	15.97	2	Oliver Coulibaly	Hampshire	15.84
2026	3	Isaac Wrigley	Gtr. Manchester	13.84	3	Oliver Delaney	Lancashire	15.42	3	Chummy Anthony-Uzoeto	Berkshire	15.36

JUNIOR					INTERMEDIATE					SENIOR				
DISCUS THROW					DISCUS THROW					DISCUS THROW				
1948		-	-		1	D. Gedye	Somerset	132' 11"		-	-			
1948		-	-		2					-	-			
1948		-	-		3					-	-			
1949		-	-		1	N. Young	London	143' 5¼"		-	-			
1949		-	-		2	Peter Atkinson	Middlesex	139' 3"		-	-			
1949		-	-		3	C. Wilkinson	Surrey	137' 5"		-	-			
1950	1	R. Pearson	Norfolk	133' 7½"	1	Neville Aston	Staffordshire	158' 1½"	1	R. Laverick	Cheshire		126' 0½"	
1950	2	C. French	Sussex	130' 11½"	2	J. Smith	Oxfordshire	152' 8"	2	Peter Clarke	Leicestershire		123' 10"	
1950	3	I. Jones	Buckinghamshire	120' 8"	3	Matthew Dodds	Leicestershire	146' 6"	3	Peter Atkinson	Middlesex		121' 2¾"	
1951	1	Alan Thurlow	Northamptonshire	136' 9"	1	Gerald Carr	Essex	166' 9½"	1	P. Frazer	Middlesex		139' 11"	
1951	2	M. Roberts	Cheshire	130' 9"	2	John Foot	Yorkshire	153' 7½"	2	A. Pawelek	Northamptonshire		129' 11½"	
1951	3	R. Pink	Surrey	127' 5½"	3	D. Roberts	Cheshire	150' 6½"	3	J. Hallett	Cheshire		126' 10½"	
1952	1	Alan Tunnacliffe	Yorkshire	136' 7"	1	Gerald Carr	Essex	160' 9"	1	John Foot	Yorkshire		129' 2"	
1952	2	Jeremy Wright	Staffordshire	124' 0½"	2	Michael Carter	Staffordshire	148' 2½"	2	C. Ball	Nottinghamshire		129' 1½"	
1952	3	B. Michez	Surrey	121' 8"	3	William Parkinson	Yorkshire	135' 1½"	3	C. Douglas	Suffolk		119' 1"	
1953	1	Graham Firth	Yorkshire	140' 11"	1	John Waldron	Leicestershire	156' 10"	1	Gerald Carr	Essex		156' 7½"	
1953	2	B. Leopard	Kent	137' 3"	2	Alan Tunnacliffe	Yorkshire	146' 10½"	2	Warwick Dixon	Kent		148' 11"	
1953	3	M. Peake	Leicestershire	131' 6½"	3	P. Elliott	Northamptonshire	145' 5"	3	R. Blundell	Sussex		143' 9"	
1954	1	John Sheldrick	Suffolk	156' 0"	1	Jeremy Wright	Staffordshire	167' 3"	1	Warwick Dixon	Kent		139' 3"	
1954	2	C. O'Mahoney	London	143' 11"	2	Michael Lindsay	London	163' 1"	2	John Waldron	Leicestershire		135' 11"	
1954	3	J. Eagle	Norfolk	143' 8"	3	Peter Yaxley	Kent	161' 3"	3	Howard Hardy	Nottinghamshire		134' 11"	
1955	1	John Farmer	Sussex	142' 7"	1	Michael Lindsay	London	177' 5"	1	A. Hooker	Essex		140' 1"	
1955	2	Ralph Appleyard	Lincolnshire	137' 1"	2	John Sheldrick	Suffolk	163' 4"	2	W. McDowell	Nottinghamshire		136' 4"	
1955	3	F. Robinson	Cheshire	133' 10"	3	Gerald Davies	Surrey	161' 4"	3	B. James	Essex		133' 11"	
1956	1	Robert Grout	Surrey	157' 0"	1	John Sheldrick	Suffolk	165' 10"	1	Michael Lindsay	London		169' 4"	
1956	2	R. Bell	Cheshire	147' 1"	2	David Pryor	Essex	164' 10"	2	B. Winn	Norfolk		151' 4"	
1956	3	B. Thompson	Durham	137' 5"	3	C. O'Mahoney	London	161' 10"	3	R. Thompson	Nottinghamshire		150' 1"	
1957	1	Reginald Reid	Kent	151' 6"	1	John Farmer	Sussex	173' 1"	1	John Sheldrick	Suffolk		164' 4"	

1957	2	Brian Ayre	Durham	147' 2"	2	John Wigglesworth	Hertfordshire	172' 0"	2	Neale King	Gloucestershire	156' 3"
1957	3	Michael Bellingham	London	146' 5"	3	Michael Meade	Leicestershire	167' 1"	3	Peter Alford	Warwickshire	149' 1"
1958	1	Peter Nimmo	Middlesex	155' 1"	1	Leonard Eggleston	Surrey	174' 2"	1	David Pryor	Essex	156' 3"
1958	2	D. Harkness	Norfolk	146' 11"	2	John Cresswell	Hampshire	169' 1"	2	David Bradley	Berkshire	150' 1"
1958	3	R. Arnold	Essex	145' 3"	3	Reginald Reid	Kent	168' 11"	3	Peter Alford	Warwickshire	147' 5"
1959	1	Bill Hegginsbotham	Cheshire	147' 9"	1	Peter Nimmo	Middlesex	174' 9½"	1	Arthur Milne	Yorkshire	158' 0½"
1959	2	D. Palmer	Hertfordshire	144' 5"	2	David Williams	Cheshire	160' 3½"	2	David Pryor	Essex	155' 6"
1959	3	J. Rawlins	Warwickshire	133' 1"	3	Richard Pratt	Surrey	160' 2"	3	John Roach	Hertfordshire	144' 5½"
1960	1	Dennis Roscoe	Cheshire	173' 9"	1	Peter Nimmo	Middlesex	200' 9½"	1	Reginald Reid	Kent	160' 11½"
1960	2	Barry King	Middlesex	150' 9½"	2	Anthony Towl	London	177' 3½"	2	George Pearse	Cheshire	155' 6½"
1960	3	Dennis Lavelle	Lancashire	145' 0"	3	George Gittens	Shropshire	173' 7½"	3	W. Arthur Griffin	London	154' 0½"
1961	1	G. C. Brand	Huntingdonshire	154' 10"	1	John Harston	Yorkshire	179' 10"	1	Reginald Reid	Kent	169' 0"
1961	2	R. Foxwell	Wiltshire	153' 0½"	2	David Crotty	Huntingdonshire	177' 10½"	2	Peter Nimmo	Middlesex	167' 2"
1961	3	Rodney Norley	Kent	152' 6½"	3	Barry King	Middlesex	170' 4"	3	Frank Smith	Essex	150' 8"
1962	1	Stephen Hall	Yorkshire	160' 4"	1	Dennis Roscoe	Cheshire	189' 6½"	1	John Hillier	London	153' 1½"
1962	2	Nigel Wilson	Nottinghamshire	147' 11"	2	Brian Gillo	Berkshire	181' 10"	2	George Gittens	Shropshire	147' 5"
1962	3	J. Hennessy	Yorkshire	147' 4½"	3	John Brunner	Dorset	169' 2½"	3	John Harston	Yorkshire	144' 10½"
1963	1	A. Munro	Surrey	157' 6"	1	Brian Gillo	Berkshire	211' 7½"	1	John Hillier	London	167' 6"
1963	2	Stewart Chubb	Sussex	155' 7"	2	Dennis Roscoe	Cheshire	196' 9"	2	John Harston	Yorkshire	151' 3"
1963	3	K. Baker	Norfolk	154' 10"	3	Nigel Wilson	Nottinghamshire	188' 2½"	3	Istvan Komaromi	Dorset	148' 11½"
1964	1	Joe Bugner	Bedfordshire	154' 2½"	1	Tadeusz Kisluk	Cambridgeshire	155' 1"	1	Brian Gillo	Berkshire	181' 11½"
1964	2	Brian Ashman	Northumberland	144' 11"	2	K. Baker	Norfolk	148' 0½"	2	John Brunner	Dorset	161' 1½"
1964	3	P. Panetta	Berkshire	142' 11"	3	Michael Wigmore	Berkshire	147' 4"	3	Robert Boyd	Huntingdonshire	154' 1"
1965	1	Christopher Scott	Bedfordshire	143' 2½"	1	Nigel Goodman	Hampshire	183' 11"	1	Andy Drzewiecki	Staffordshire	169' 5½"
1965	2	J. Lines	Lancashire	141' 10"	2	Joe Bugner	Bedfordshire	183' 9½"	2	Nicholas Martin	Cambridgeshire	158' 8"
1965	3	D. Field	Devon	139' 1"	3	David Coles	Berkshire	174' 7½"	3	Robert Boyd	Huntingdonshire	157' 10½"
1966	1	John Follett	Middlesex	146' 2"	1	John Edgecombe	Essex	180' 5"	1	Robert Boyd	Huntingdonshire	166' 2"
1966	2	Stephen Rimmer	Surrey	144' 6"	2	Patrick Walsh	Berkshire	166' 11"	2	Andy Drzewiecki	Staffordshire	164' 7"
1966	3	E. Woolnough	Hertfordshire	142' 7"	3	P. Moss	Worcestershire	163' 9"	3	Kazimierz Kicinski	Buckinghamshire	162' 5"
1967	1	David Cox	Kent	137' 2"	1	Christopher Scott	Bedfordshire	175' 3"	1	Andy Drzewiecki	Staffordshire	180' 5"
1967	2	John Turton	Berkshire	131' 10"	2	Howard Austin	Sussex	170' 1"	2	Anthony Newton	Hampshire	150' 9"
1967	3	Robert Bailey	Staffordshire	130' 2"	3	Allan Sutherst	Durham	157' 1"	3	Mike Thompson	Shropshire	146' 7"
1968	1	Steve Yates	Leicestershire	140' 11"	1	John Turton	Berkshire	184' 10"	1	Anthony Newton	Hampshire	156' 9"
1968	2	David Croxon	Cambridgeshire	136' 1"	2	Peter Stevenson	Surrey	175' 0"	2	Anthony Gummerson	Yorkshire	147' 11"
1968	3	Richard Garner	Buckinghamshire	133' 4"	3	Martin Suggett	Essex	171' 2"	3	Christopher Scott	Bedfordshire	146' 2"
1969	1	John Scott	Devon	44.32	1	John Turton	Berkshire	63.20	1	Martin Suggett	Essex	46.28
1969	2	Martin Cullip	Huntingdonshire	44.22	2	Guy Dirkin	Cheshire	57.12	2	F. Inglis	Hampshire	45.86
1969	3	J. Drummond	Northumberland	43.02	3	Anthony Satchwell	Hampshire	53.62	3	Christopher Scott	Bedfordshire	45.72
1970	1	Arthur Milne	Gloucestershire	42.78	1	David Croxon	Cambridgeshire	54.96	1	Guy Dirkin	Cheshire	54.58
1970	2	Steve Berry	Essex	40.62	2	Robert Edwards	Herefordshire	53.56	2	John Turton	Berkshire	51.54
1970	3	Robert Motley	Lincolnshire	39.56	3	Richard Garner	Buckinghamshire	53.42	3	Helmut Eberlein	Yorkshire	46.90
1971	1	Geoffrey Hughes	Staffordshire	43.66	1	John Howell	Staffordshire	47.10	1	Guy Dirkin	Cheshire	48.84

1971	2	Rex Wheway	Somerset	42.40	2	Allan Malloy	Yorkshire	44.00	2	John Turton	Berkshire	46.54
1971	3	Steve Berry	Essex	41.68	3	Nick Tabor	Hampshire	43.00	3	Peter Hunter	Warwickshire	43.34
1972	1	Owen Davis	Middlesex	46.54	1	Roger Allingham	Hampshire	44.12	1	John Howell	Staffordshire	45.58
1972	2	Cameron Davis	Yorkshire	43.32	2	Richard Slaney	Sussex	42.56	2	Nick Tabor	Hampshire	45.12
1972	3	Roy Austin	Middlesex	38.86	3	Steve Berry	Essex	42.18	3	Allan Malloy	Yorkshire	44.78
1973	1	Nigel Beard	Warwickshire	40.44	1	Steve Berry	Essex	47.64	1	Nick Tabor	Hampshire	46.88
1973	2	Russell Humphries	Worcestershire	40.20	2	Ian Strutt	Middlesex	46.24	2	Richard Slaney	Sussex	46.02
1973	3	David Allan	Yorkshire	37.64	3	Rex Wheway	Somerset	43.88	3	Allan Malloy	Yorkshire	41.22
1974	1	Craig Cotterill	Staffordshire	40.56	1	Paul Armstrong	Yorkshire	45.58	1	Christopher Burns	Essex	45.76
1974	2	Peter Major	Oxfordshire	40.00	2	Owen Davis	Middlesex	44.54	2	Rex Wheway	Somerset	44.18
1974	3	Richard Bielski	Leicestershire	39.04	3	David Allan	Yorkshire	43.64	3	Peter Collins	Kent	41.38
1975	1	Paul Bowkett	Somerset	38.12	1	David Allen	South Yorkshire	45.14	1	Rex Wheway	Devon	46.74
1975	2	David Simons	West Midlands	36.64	2	John Moreland	West Yorkshire	40.98	2	James Flint	Norfolk	45.86
1975	3	A. Gemmill	Gtr. Manchester	36.00	3	J. Thompson	Cheshire	40.20	3	Nigel Pomphrey	Avon	44.94
1976	1	Francis Bacon	Staffordshire	45.24	1	Bryan Long	Surrey	43.90	1	Christopher Wilkinson	Somerset	45.86
1976	2	Peter Todd	Surrey	44.30	2	Paul Bowkett	Somerset	43.04	2	Paul Armstrong	West Yorkshire	44.46
1976	3	Paul Mardle	Essex	43.04	3	Graham Hollingshead	Surrey	42.88	3	Nigel Pomphrey	Avon	44.34
1977	1	Mike Tonkin	Devon	43.16	1	Paul Bowkett	Somerset	49.82	1	Christopher Wilkinson	Somerset	47.78
1977	2	P. Foster	West Yorkshire	41.10	2	Patrick Smith	Kent	46.26	2	Gary Ellis	Dorset	46.26
1977	3	Bruce Woodcock	Staffordshire	39.74	3	Francis Bacon	Staffordshire	45.72	3	Sean Lloyd	Gtr. Manchester	43.74
1978	1	Ashley Ward	Sussex	39.62	1	Francis O'Donnell	North Yorkshire	44.42	1	Adam Garforth	Essex	47.94
1978	2	Peter Weir	West Midlands	39.10	2	Ross Ellis	Dorset	43.46	2	Robert Weir	West Midlands	47.64
1978	3	Ian Smith	Northumberland	38.54	3	Peter Todd	Surrey	43.08	3	Chris Dinsdale	Suffolk	47.02
1979	1	Neil Boyton	Essex	42.36	1	John Szarlenski	Middlesex	45.72	1	Chris Dinsdale	Suffolk	48.82
1979	2	Lulan Douglas	Bedfordshire	40.04	2	Christopher D'Arcy	Essex	43.22	2	Nick Woolcott	Hertfordshire	46.42
1979	3	S. Jones	Kent	38.86	3	Ashley Ward	Sussex	40.98	3	Adam Garforth	Essex	43.96
1980	1	Keith Homer	West Midlands	50.04	1	Ashley Ward	Sussex	50.08	1	Christopher D'Arcy	Essex	47.26
1980	2	Neville Lynch	Middlesex	44.48	2	Derek Villaruel	Middlesex	47.98	2	A. Featherstone	Suffolk	44.12
1980	3	Adrian Leer	Northamptonshire	44.38	3	Neil Boyton	Essex	47.76	3	Mark Proctor	Essex	43.86
1981	1	Matthew Wale	West Midlands	39.16	1	Neil Boyton	Essex	47.56	1	Ashley Ward	Sussex	49.68
1981	2	Simon Firth	Cheshire	37.90	2	Kevin Brown	West Midlands	46.74	2	Peter Weir	West Midlands	48.12
1981	3	V. Woodcock	Gtr. Manchester	37.42	3	Keith Homer	West Midlands	46.52	3	Kevin Horne	Surrey	44.78
1982	1	Matt Symonds	Oxfordshire	44.94	1	Witold Leonowicz	West Midlands	49.08	1	Peter Weir	West Midlands	52.12
1982	2	S. Williams	Surrey	39.64	2	Keith Homer	West Midlands	47.92	2	Neil Boyton	Essex	49.80
1982	3	Edward Mbu	Berkshire	39.38	3	Mark Atkins	Staffordshire	45.18	3	Ashley Ward	Sussex	48.32
1983	1	Frank Richards	West Midlands	41.66	1	Matt Symonds	Oxfordshire	47.36	1	Witold Leonowicz	West Midlands	48.50
1983	2	Richard Gill	North Yorkshire	39.24	2	Matthew Wale	West Midlands	46.56	2	Keith Homer	West Midlands	44.16
1983	3	Neil Jones	Essex	38.92	3	Simon Williams	Middlesex	43.96	3	Ashley Ward	Humberside	42.24
1984	1	John Carty	West Midlands	42.78	1	Matt Symonds	Oxfordshire	51.28	1	Keith Homer	West Midlands	45.74
1984	2	John Plews	Northamptonshire	42.56	2	Stephen Ayre	Durham	48.36	2	David Lowe	Oxfordshire	44.48
1984	3	Chris Symonds	Oxfordshire	41.04	3	James Goddard	Dorset	44.60	3	Ashley Ward	Humberside	43.16
1985	1	Chris Symonds	Oxfordshire	47.06	1	Guy Litherland	Staffordshire	51.44	1	Matt Symonds	Oxfordshire	49.50

1985	2	Neal Brunning	London	43.94	2	Edward Mbu	Kent	46.10	2	David Lowe	Oxfordshire	43.38
1985	3	Joel Maund	Cornwall	40.62	3	Richard Gill	North Yorkshire	45.42	3	Rafer Joseph	Buckinghamshire	43.32
1986	1	Stuart Grant	Berkshire	42.68	1	Neal Brunning	London	51.20	1	Guy Litherland	Staffordshire	49.26
1986	2	Spencer English	Hertfordshire	42.66	2	John Carty	West Midlands	46.82	2	Michael Green	Gtr. Manchester	43.24
1986	3	Julian Willett	Cambridgeshire	41.50	3	Jason Bridges	West Midlands	46.80	3	Edward Mbu	Kent	43.22
1987	1	Julian Willett	Cambridgeshire	47.00	1	Neal Brunning	London	55.60	1	Simon Williams	Middlesex	54.62
1987	2	Spencer Lee	Kent	44.26	2	Neil Sougrin	Middlesex	51.28	2	Guy Litherland	Staffordshire	50.98
1987	3	Peter Ford	Staffordshire	42.92	3	Chris Symonds	Oxfordshire	51.16	3	Leith Marar	Surrey	48.16
1988	1	Simon Biddlecombe	Berkshire	38.52	1	Glen Smith	Hereford & Worcs	55.12	1	Neal Brunning	London	53.36
1988	2	Ian Fulloway	Hereford & Worcs	37.08	2	Julian Willett	Cambridgeshire	48.52	2	Stephen Ojomoh	Devon	48.38
1988	3	Simon Morgans	Shropshire	36.92	3	Simon Burdett	Channel Islands	47.06	3	Chris Symonds	Oxfordshire	48.30
1989	1	Ben Williams	Hertfordshire	45.34	1	Julian Willett	Cambridgeshire	51.50	1	Neal Brunning	London	55.44
1989	2	Adam Squires	Devon	43.80	2	Jamie Murphy	Northamptonshire	50.64	2	Glen Smith	West Midlands	51.70
1989	3	Chris Roberts	Kent	42.28	3	Lee Newman	Somerset	50.04	3	Chris Symonds	Oxfordshire	51.38
1990	1	James Kindon	Somerset	39.94	1	Simon Biddlecombe	Berkshire	47.30	1	Glen Smith	West Midlands	56.60
1990	2	Richard Mudge	Cornwall	39.04	2	Elliott Cole	Cheshire	43.58	2	Neal Brunning	London	50.48
1990	3	Richard Lyman	West Midlands	37.24	3	Andrew Brown	Kent	42.58	3	Jamie Murphy	Northamptonshire	50.42
1991	1	Matthew Bundock	Kent	44.22	1	James South	Essex	48.68	1	Glen Smith	West Midlands	57.54
1991	2	Richard Parsons	Hertfordshire	41.40	2	Ashley Knott	Hereford & Worcs	46.92	2	Gareth Gilbert	Merseyside	48.12
1991	3	Ben Walker	Hertfordshire	41.10	3	Adam Squires	Devon	46.66	3	Elliott Cole	Cheshire	46.24
1992	1	Ben Walker	Hertfordshire	45.26	1	Ray McKenna	Hertfordshire	48.54	1	Elliott Cole	Cheshire	44.06
1992	2	Matthew Pilkington	Leicestershire	43.02	2	Matthew Bundock	Kent	46.24	2	Adam Squires	Devon	42.70
1992	3	Hector Lawrence	Middlesex	41.26	3	James Kindon	Somerset	45.68	3	Simon Morgans	Shropshire	41.76
1993	1	Emeka Udechuku	London	50.76	1	Hector Lawrence	Middlesex	46.36	1	Mark Quigley	Cumbria	49.08
1993	2	Alan Rudkin	Lincolnshire	47.94	2	Matthew Bundock	Kent	46.24	2	Lee Broadhead	Staffordshire	47.48
1993	3	Ben Barnes	Kent	46.40	3	Simon Bates	Staffordshire	43.43	3	Adam Squires	Devon	45.88
1994	1	Steven Stanford	Merseyside	39.20	1	Emeka Udechuku	London	54.90	1	Simon Fricker	Dorset	46.50
1994	2	Andrew Waters	Oxfordshire	39.06	2	Ben Walker	Hertfordshire	51.22	2	Ray McKenna	Hertfordshire	42.82
1994	3	Ben Gilbert	Buckinghamshire	38.62	3	Hector Lawrence	Middlesex	47.78	3	Matthew Bundock	Kent	42.76
1995	1	Simon Williams	Hampshire	47.44	1	Emeka Udechuku	London	61.24	1	Andrew Rutland	Durham	45.22
1995	2	James Goforth	North Yorkshire	42.66	2	Alan Rudkin	Lincolnshire	48.28	2	Andrew Rollins	Gtr. Manchester	44.32
1995	3	Daniel Lethbridge	Sussex	41.60	3	Carl Myerscough	Lancashire	46.74	3	Steven Hale	West Midlands	42.94
1996	1	Felice Miele	Middlesex	43.22	1	Steven Stanford	Merseyside	47.84	1	Emeka Udechuku	London	53.40
1996	2	James Rumbold	Dorset	41.43	2	Tom Hayman	Nottinghamshire	45.86	2	Scott Rider	Hertfordshire	50.06
1996	3	Chris Orr	Cumbria	39.52	3	Luke Rosenberg	Hertfordshire	44.78	3	Andrew Rollins	Gtr. Manchester	46.40
1997	1	Chris Orr	Cumbria	42.80	1	Simon Williams	Hampshire	52.50	1	Emeka Udechuku	London	59.72
1997	2	Anthony Smith	Essex	42.32	2	Tom Hayman	Nottinghamshire	48.18	2	Luke Rosenberg	Middlesex	49.22
1997	3	David Onwubalili	London	42.26	3	Felice Miele	Middlesex	44.76	3	Steven Stanford	Merseyside	45.16
1998	1	Nick Grundy	Cambridgeshire	43.08	1	Felice Miele	Middlesex	53.98	1	Luke Rosenberg	Middlesex	49.23
1998	2	Simon Bulley	Merseyside	37.63	2	James Rumbold	Dorset	47.08	2	Simon Williams	Hampshire	48.73
1998	3	Carl Bell	Northumberland	37.49	3	Allan Brassington	Staffordshire	44.13	3	David Lovett	Hampshire	46.67
1999	1	Steven Marlow	Middlesex	43.00	1	Chris Orr	Cumbria	46.05	1	Simon Williams	Hampshire	51.94

1999	2	Simon Bulley	Merseyside	41.36	2	Anthony Smith	Essex	45.19	2	Robert Morris	Hertfordshire	50.17
1999	3	Simon Cooke	Sussex	40.77	3	David Onwubalili	London	44.30	3	Steven Stanford	Merseyside	47.94
2000	1	Simon Cooke	Sussex	48.48	1	Chris Levett	Hereford & Worcs	45.56	1	Felice Miele	Middlesex	49.04
2000	2	Kieran O'Keefe	Leicestershire	47.57	2	Stuart Semple	Hampshire	45.46	2	Alan Brassington	Staffordshire	48.63
2000	3	Sam Herrington	Northamptonshire	45.08	3	Steven Ashton	Gtr. Manchester	44.91	3	James Rumbold	Dorset	45.46
2001	1	Sam Herrington	Northamptonshire	51.11	1	Leslie Richards	Cleveland	45.13	1	David Onwubalili	London	50.94
2001	2	Nnamdi Efobi	Middlesex	44.21	2	Simon Cooke	Sussex	44.69	2	Carl Saggars	Hertfordshire	49.61
2001	3	Alex Hitchens	Cornwall	39.54	3	Kieran O'Keefe	Leics & R	44.39	3	Daniel Greaves	Leics & R	46.75
2002	1	Shane Birch	Kent	50.85	1	Sam Herrington	Northamptonshire	49.38	1	Leslie Richards	Cleveland	47.87
2002	2	Kieran McConnell	Buckinghamshire	43.77	2	Kieran O'Keefe	Leics & R	45.69	2	Sam Westlake-Cann	Devon	47.68
2002	3	Nicholas Webb	Surrey	39.25	3	David Coleman	Kent	44.94	3	Robert Jukes	Hampshire	45.87
2003	1	Matthew Townsend	Berkshire	46.57	1	Gavin Hill	Cleveland	52.50	1	Simon Cooke	Sussex	51.23
2003	2	Elliot Price	Staffordshire	45.38	2	Dave Attwood	Avon	49.08	2	Josh Palmer	Northamptonshire	47.06
2003	3	Marcus Higgins	West Midlands	44.76	3	Nnamdi Efobi	Middlesex	43.49	3	Bobby Lockwood	London	46.95
2004	1	Jamie Stevenson	Channel Islands	42.71	1	Elliot Price	Staffordshire	48.70	1	Andrew Thomas	West Midlands	51.82
2004	2	Lee Mathurin	Essex	41.37	2	Chris Scott	Surrey	46.85	2	Sam Herrington	Leics & R	51.63
2004	3	Jason Jackson-Beasley	West Midlands	38.06	3	Matthew Townsend	Berkshire	46.47	3	Gavin Hill	Cleveland	48.39
2005	1	Curtis Griffith-Parker	London	54.54	1	Elliot Price	Staffordshire	52.27	1	Nicholas Webb	Surrey	45.76
2005	2	Anthony Oshodi	Essex	44.62	2	Matthew Townsend	Berkshire	48.00	2	Kieran McConnell	Buckinghamshire	45.55
2005	3	Theo Burton	Middlesex	43.09	3	Jamie Stevenson	Channel Islands	45.80	3	Chris Scott	Surrey	44.98
2006	1	Anthony Oshodi	Essex	49.28	1	Curtis Griffith-Parker	London	48.09	1	Chris Scott	Surrey	50.62
2006	2	Zane Duquemin	Channel Islands	42.30	2	Lee Mathurin	Essex	46.84	2	Elliot Price	Staffordshire	46.43
2006	3	Liam Biddlecombe	Somerset	40.27	3	Martin Bartholomew	Staffordshire	46.74	3	Nicholas Webb	Surrey	42.43
2007	1	Liam Biddlecombe	Somerset	51.76	1	Anthony Oshodi	Essex	52.81	1	Elliot Price	Staffordshire	48.55
2007	2	Najee Fox	Staffordshire	41.67	2	Steve Watson	Hertfordshire	49.27	2	Jake Scanlon	Sussex	47.18
2007	3	Ryan Barrett	Surrey	40.91	3	Peter Howard	Devon	46.60	3	Martin Bartholomew	Staffordshire	44.85
2008	1	Khalil Njoya	Surrey	44.80	1	Zane Duquemin	Channel Islands	49.27	1	Steve Watson	Hertfordshire	48.91
2008	2	Jake Armstrong	West Yorkshire	44.29	2	Lawrence Okoye	Surrey	48.26	2	Martin Bartholomew	Staffordshire	48.43
2008	3	Youcef Zatat	Essex	41.75	3	Adam Damadzic	Hereford & Worcs	45.72	3	Sam Tough	Shropshire	44.78
2009	1	Nicholas Percy	Hampshire	44.72	1	Adam Damadzic	Hereford & Worcs	51.18	1	Curtis Griffith-Parker	London	54.52
2009	2	Faraz Rafi	Surrey	42.43	2	Liam Biddlecombe	Somerset	51.08	2	Zane Duquemin	Channel Islands	53.80
2009	3	Connor Pettitt	Devon	36.96	3	Jake Armstrong	West Yorkshire	49.50	3	Steve Watson	Hertfordshire	52.52
2010	1	Nathan Carty	Surrey	43.21	1	Jake Armstrong	West Yorkshire	53.17	1	Lawrence Okoye	Surrey	61.87
2010	2	Steven Nice	Beds & L	41.82	2	Gregory Thompson	Middlesex	50.14	2	Zane Duquemin	Channel Islands	57.92
2010	3	Cameron Crawford	Berkshire	40.62	3	Nicholas Percy	Hampshire	50.06	3	Gareth Winter	Gloucestershire	51.10
2011	1	Jake Grundy	Gtr. Manchester	46.95	1	Forrest Francis	Leics & R	48.18	1	Najee Fox	Staffordshire	50.50
2011	2	Josh Prentice	Essex	42.66	2	Nathan Carty	Surrey	43.44	2	Adam Damadzic	Hereford & Worcs	50.46
2011	3	Adesimi Obi-Adewole	Surrey	39.15	3	Faraz Rafi	Surrey	43.40	3	Alan Toward	Durham	48.28
2012	1	George Armstrong	West Yorkshire	49.98	1	Matthew Blandford	Kent	50.79	1	Gregory Thompson	Middlesex	52.53
2012	2	Patrick Swan	Cornwall	45.30	2	Omar Reid	Surrey	46.76	2	Benji Pearson	West Midlands	48.68
2012	3	Reuban Omolu	Hertfordshire	39.37	3	Thomas Guy	Essex	46.43	3	Jake Armstrong	West Yorkshire	44.65
2013	1	Onur Aksinoglu	London	46.01	1	Thomas Guy	Essex	48.01	1	Nicholas Percy	Hampshire	56.87

2013	2	Eddie Jenkinson	Hampshire	44.95	2	Andrew Mead-Briggs	Hampshire	47.59	2	Omar Reid	Surrey	49.84
2013	3	Luke Bowen-Price	Lancashire	40.66	3	George Armstrong	West Yorkshire	46.30	3	Matthew Blandford	Kent	48.64
2014	1	Alfie Scopes	Kent	49.24	1	George Armstrong	West Yorkshire	56.26	1	Matthew Blandford	Kent	52.60
2014	2	James Anderson	Kent	46.69	2	Patrick Swan	Cornwall	52.07	2	Louis Mascarenas	Kent	51.86
2014	3	Owen McCorry	Cumbria	39.89	3	Thomas Peters	Dorset	46.24	3	James Lasis	Sussex	50.78
2015	1	Philip Bartlett	Surrey	44.53	1	Alfie Scopes	Kent	49.84	1	William Knight	Staffordshire	48.62
2015	2	Alfred Mawdsley	Buckinghamshire	42.62	2	Oliver Massingham	Norfolk	47.08	2	Patrick Swan	Cornwall	46.48
2015	3	Ruaridh Lang	Northumberland	42.52	3	Charlie Headdock	Gtr. Manchester	46.48	3	Andrew Mead-Briggs	Hampshire	45.77
2016	1	Joshua Douglas	Hampshire	40.94	1	Alfie Scopes	Kent	50.65	1	George Armstrong	West Yorkshire	55.17
2016	2	Benjamin Copley	Humberside	39.67	2	Alfred Mawdsley	Buckinghamshire	43.46	2	Patrick Swan	Cornwall	48.91
2016	3	Joe Lancaster	Cumbria	39.17	3	Joshua Tranmer	Humberside	40.99	3	Tom Dobbs	Gtr. Manchester	45.96
2017	1	Benjamin Copley	Humberside	48.84	1	Philip Bartlett	Surrey	49.46	1	Alfie Scopes	Kent	48.74
2017	2	Aaron Worgan	Cornwall	42.06	2	Ruaridh Lang	Northumberland	47.91	2	Samuel Woodley	Hertfordshire	47.99
2017	3	Kyle Thornton	Essex	39.74	3	Alfred Mawdsley	Buckinghamshire	46.68	3	Oliver Massingham	Norfolk	47.58
2018	1	Rhys Allen	Hampshire	43.77	1	Joshua Douglas	Hampshire	55.83	1	Samuel Woodley	Hertfordshire	54.56
2018	2	Tyler Pattison	Hampshire	42.23	2	Aran Thomas	West Yorkshire	50.63	2	Alfie Scopes	Kent	48.52
2018	3	Harry Booker	Berkshire	42.16	3	Joe Lancaster	Cumbria	46.09	3	Joshua Tranmer	Humberside	43.24
2019	1	Zack Grinsted	Beds & L	43.50	1	James Wordsworth	Northumberland	49.26	1	Chukwuemeka Ossamor	South Yorkshire	53.66
2019	2	Joshua Schrijver	Avon	41.00	2	Edward Fileman	Devon	49.18	2	Reuben Vaughan	Surrey	50.89
2019	3	Travis Scottow	Hampshire	40.54	3	Rhys Allen	Hampshire	46.65	3	Joshua Douglas	Hampshire	49.80
2021	1	Arun Menon	Kent	38.49	1	Caden Uzoigwe	Gtr. Manchester	48.82	1	Rhys Allen	Dorset	50.90
2021	2	Billy Godden	Somerset	38.29	2	Joshua Schrijver	Avon	47.60	2	James Wordsworth	Northumberland	50.42
2021	3	Noah Franklin	Hertfordshire	37.43	3	Gabe Lamb	Hertfordshire	45.84	3	Edward Fileman	Devon	47.57
2022	1	Arun Menon	Kent	41.85	1	Teddy Gannon	Surrey	55.40	1	Rhys Allen	Dorset	55.51
2022	2	Joseph Perkins	Durham	36.97	2	Timi Babatunde	Kent	51.66	2	Dillon Claydon	Kent	44.71
2022	3	Harry Beard	South Yorkshire	33.65	3	Mawgen Warren	Cornwall	50.04	3	Tyler Pattison	Hampshire	44.45
2023	1	Moyo Stumpenhusen	Northamptonshire	51.42	1	Godwin Mutandwa	Hertfordshire	48.78	1	Timi Babatunde	Kent	53.35
2023	2	Chu Ononogbu	Hertfordshire	46.33	2	Debare Alade	Kent	47.33	2	Teddy Gannon	Surrey	50.25
2023	3	Olivier Coulibaly	Hampshire	42.77	3	Noah Franklin	Hertfordshire	45.68	3	Pharrell Harewood	Leics & R	47.01
2024	1	Chu Ononogbu	Hertfordshire	53.12	1	Godwin Mutandwa	Hertfordshire	54.18	1	Debare Alade	Kent	53.11
2024	2	Noah Walker	Sussex	41.94	2	Owen Garrett	Avon	52.43	2	Mikun Adeniran	Hampshire	51.16
2024	3	Archie Oates	Sussex	37.96	3	Moyo Stumpenhusen	Northamptonshire	52.27	3	Jacob Foord	Somerset	50.85
2025	1	Kendrick Onolememen	Kent	50.11	1	Moyo Stumpenhusen	Northamptonshire	58.59	1	Debare Alade	Kent	52.85
2025	2	Obinna Aniebo	Kent	49.60	2	Olivier Coulibaly	Hampshire	48.54	2	Owen Garrett	Avon	49.57
2025	3	Story Bundy	Kent	48.41	3	Rafi Wilkinson	Hereford & Worcs	46.90	3	Godwin Mutandwa	Hertfordshire	45.01
2026	1	Kendrick Onolememen	Kent	56.90	1	Obinna Aniebo	Kent	57.47	1	Harry Beard	Kent	49.16
2026	2	Toby Adeniran	Hampshire	48.75	2	Turkay Altuntas	Wiltshire	48.73	2	Godwin Mutandwa	Hertfordshire	48.06
2026	3	Berkay Altuntas	Wiltshire	45.47	3	Stort Bundy	Kent	46.39	3	Owen Garrett	Avon	47.85

JUNIOR

HAMMER THROW

INTERMEDIATE

HAMMER THROW

SENIOR

HAMMER THROW

1960	1	John Hill	Huntingdonshire	138' 0"	1	J. Taylor	Cheshire	152' 5½"	1	Peter Gibbs	Middlesex	180' 2½"
1960	2	J. Strickland	Hertfordshire	136' 11½"	2	Roland Achurch	Huntingdonshire	149' 9½"	2	Peter S. McCarthy	Lancashire	153' 9½"
1960	3	P. Robinson	Huntingdonshire	127' 3"	3	David Morris	Leicestershire	141' 11½"	3	David Holman	Sussex	128' 4½"
1961	1	Anthony Swain	Suffolk	150' 11"	1	John Pallant	Nottinghamshire	161' 3½"	1	Peter Gibbs	Middlesex	170' 6"
1961	2	Malcolm Hoskins	Wiltshire	136' 0"	2	John Cusworth	Norfolk	154' 4½"	2	Robert Smitham	Bedfordshire	152' 8½"
1961	3	D. Rutherford	Durham	132' 3"	3	Andrew Yell	Huntingdonshire	151' 10½"	3	Norman Brimble	Somerset	144' 7"
1962	1	Anthony Swain	Suffolk	179' 11"	1	Arthur Bromby	Yorkshire	164' 5"	1	Peter Aston	Essex	174' 2"
1962	2	D. Rutherford	Durham	142' 7"	2	Bruce Fraser	Northumberland	163' 11½"	2	Jeffrey Stamatakis	Leicestershire	174' 2"
1962	3	M. Davis	Wiltshire	133' 4"	3	John Hill	Huntingdonshire	163' 9½"	3	Norman Brimble	Somerset	174' 2"
1963	1	Jonathan Greenbank	Lancashire	158' 11½"	1	Bruce Fraser	Northumberland	205" 8"	1	Peter Aston	Essex	195' 7"
1963	2	Christopher Davison	Northumberland	154' 1"	2	Barry Williams	Cheshire	176" 11½"	2	Jeffrey Stamatakis	Leicestershire	192' 7½"
1963	3	John Sivak	Suffolk	153' 6"	3	Anthony Swain	Suffolk	170" 8½"	3	Christopher Melliush	Surrey	186' 10½"
1964	1	Paul Dickenson	Northumberland	173' 11"	1	Christopher Davison	Northumberland	166" 5½"	1	Bruce Fraser	Northumberland	184" 9½"
1964	2	Ian Wolstenholme	Lancashire	172' 2"	2	John Sivak	Suffolk	162" 0½"	2	Anthony Swain	Suffolk	154" 2"
1964	3	Andrew Dixon	Huntingdonshire	143' 4½"	3	Donald Harrigan	Essex	161" 1½"	3	Barry Williams	Cheshire	151" 0"
1965	1	M. Calver	Essex	141' 6"	1	Paul Dickenson	Northumberland	186' 4"	1	Barry Williams	Cheshire	188" 0½"
1965	2	David Rogers	Northumberland	136' 10½"	2	Ian Wolstenholme	Lancashire	183' 6½"	2	Anthony Swain	Suffolk	183" 7½"
1965	3	D. Tungate	Norfolk	130' 9½"	3	Andrew Dixon	Huntingdonshire	158' 5½"	3	Donald Harrigan	Essex	181" 6½"
1966	1	David Rogers	Northumberland	174' 8"	1	Paul Dickenson	Northumberland	211' 0"	1	Christopher Davison	Northumberland	186' 9"
1966	2	Joseph Paget	Warwickshire	148' 9"	2	Anthony Newton	Hampshire	173' 3"	2	Reinfreid Bardelang	Surrey	179' 0"
1966	3	J. Marsden	Buckinghamshire	140' 10"	3	Jan Skrybant	Warwickshire	158' 9"	3	Donald Harrigan	Essex	175' 5"
1967	1	Stan Douglas	Durham	156' 10"	1	John Gregory	Buckinghamshire	167' 8"	1	Paul Dickenson	Northumberland	193' 7"
1967	2	Tim Smart	Buckinghamshire	138' 2"	2	Keith Watkinson	Middlesex	165' 5"	2	Jan Skrybant	Warwickshire	166' 9"
1967	3	Kevin Everitt	Cambridgeshire	136' 11"	3	Stefan Gawluk	Wiltshire	160' 6"	3	Brian Higgins	Buckinghamshire	161' 2"
1968	1	Robert Rutherford	Northumberland	148' 5"	1	David Rogers	Northumberland	188' 0"	1	Paul Dickenson	Northumberland	182' 9"
1968	2	B. Longcroft	Essex	144' 0"	2	Stein Christiansen	Cheshire	182' 4"	2	Jan Skrybant	Warwickshire	175' 8"
1968	3	Richard Farrell	Norfolk	134' 1"	3	Stan Douglas	Durham	164' 2"	3	Brian Stebbings	Essex	163' 0"
1969	1	Bruce Sutherland	Cheshire	42.70	1	Stan Douglas	Durham	58.24	1	Ian Chipchase	Northumberland	62.60
1969	2	D. Wood	Buckinghamshire	42.44	2	Philip Robinson	Essex	55.34	2	Brian Stebbings	Essex	55.74
1969	3	P. Lee	Northumberland	39.46	3	Karlis Lassis	Sussex	49.76	3	Alan Woods	Essex	53.52
1970	1	David Maggs	Durham	49.96	1	John Bowyer	Buckinghamshire	51.86	1	Ian Chipchase	Northumberland	60.80
1970	2	Michael Mabbutt	Cheshire	48.80	2	Richard Farrell	Norfolk	50.18	2	Stan Douglas	Durham	56.46
1970	3	George Faulder	Cumberland	41.66	3	Peter English	Sussex	48.40	3	Philip Robinson	Essex	47.92
1971	1	Trevor Minns	Lincolnshire	49.48	1	Bruce Sutherland	Cheshire	48.42	1	Stan Douglas	Durham	56.28
1971	2	Andrew Lunn	Yorkshire	48.86	2	Stephen Pinsent	Middlesex	48.36	2	Eric Berry	Somerset	51.48
1971	3	Zenon Yaworsky	Lancashire	43.48	3	David Maggs	Durham	45.06	3	Richard Gargini	Middlesex	49.00
1972	1	Michael Adamson	Yorkshire	47.60	1	Phil Scott	Northumberland	58.44	1	Eric Berry	Somerset	58.62
1972	2	Michael Ronayne	Gloucestershire	44.04	2	David Maggs	Durham	50.02	2	Peter English	Sussex	50.66
1972	3	John Geary	Buckinghamshire	42.66	3	Trevor Minns	Lincolnshire	46.76	3	Stan Poole	Middlesex	49.52
1973	1	Stephen Watson	Northumberland	48.48	1	Matt Mileham	Middlesex	50.26	1	Eric Berry	Somerset	60.42
1973	2	Nagon Akhtar	Middlesex	43.18	2	Robin Campbell	Lancashire	48.48	2	Phil Scott	Northumberland	56.54
1973	3	Robert Mackay	Cumberland	41.90	3	Paul Workman	Warwickshire	46.56	3	Eugene Lawlor	London	45.92

1974	1	Len Allsop	Cambridgeshire	48.42	1	Andrew Sparks	Cheshire	50.70	1	Eugene Lawlor	London	51.44
1974	2	Kevin McNab	Buckinghamshire	47.32	2	Stephen Watson	Northumberland	49.76	2	Malcolm Fenton	Suffolk	49.30
1974	3	Paul Garner	Staffordshire	46.62	3	Joseph Huizar	Norfolk	48.88	3	Christopher Preston	Cheshire	48.22
1975	1	Duncan Huggall	Durham	48.96	1	Stephen Watson	Northumberland	57.34	1	Malcolm Fenton	Suffolk	54.22
1975	2	Stuart Ward	Lincolnshire	42.46	2	Robert Mackay	Cumbria	49.12	2	Bernard Reed	Cheshire	48.56
1975	3	Paul Green	Northamptonshire	39.64	3	Kevin McNab	Buckinghamshire	47.90	3	Andrew Lunn	West Yorkshire	46.00
1976	1	Charles Varley	Middlesex	49.92	1	Stephen McElroy	Gtr. Manchester	53.32	1	Stephen Watson	Northumberland	49.42
1976	2	S. Thacker	Norfolk	44.92	2	Martin Girvan	Essex	52.60	2	Geoffrey Whaley	Gtr. Manchester	44.48
1976	3	Ken Ransome	Cambridgeshire	42.14	3	Nicholas Constantine	Essex	48.24	3	Barry Gorman	Somerset	42.90
1977	1	David Roberts	Merseyside	50.84	1	Michael Mitchell	Middlesex	57.74	1	Stephen Watson	Northumberland	55.26
1977	2	Stuart Clark	Middlesex	47.32	2	Robert Earle	Essex	56.14	2	Martin Girvan	Essex	54.16
1977	3	R. Graham	Cumbria	47.00	3	Paul Green	Northamptonshire	55.14	3	Kevin McNab	Buckinghamshire	52.26
1978	1	Tony Kenneally	Berkshire	59.30	1	Shaun Pickering	Hertfordshire	57.26	1	Martin Girvan	Essex	61.70
1978	2	A. Simpkins	Norfolk	52.16	2	Charles Varley	Middlesex	57.04	2	Kevin McNab	Buckinghamshire	51.26
1978	3	Adam Bewley	Northamptonshire	45.22	3	Alan James	Berkshire	56.98	3	Andrew Carruthers	Sussex	47.52
1979	1	Alan French	Middlesex	54.02	1	Tony Kenneally	Berkshire	63.46	1	Martin Girvan	Essex	67.80
1979	2	Paul Head	Essex	52.58	2	Marc Zaidman	Middlesex	59.62	2	Robert Weir	West Midlands	60.88
1979	3	Richard Fedder	Middlesex	49.58	3	Michael Jones	Sussex	54.78	3	Shaun Pickering	Hertfordshire	56.60
1980	1	Vaughan Cooper	Nottinghamshire	53.12	1	Tony Kenneally	Berkshire	66.88	1	Shaun Pickering	Hertfordshire	60.96
1980	2	A. Barham	Hampshire	45.60	2	Paul Head	Essex	56.98	2	Marios Hajipanayi	Essex	56.22
1980	3	James Summers	West Midlands	44.66	3	Peter Cooper	Lincolnshire	55.46	3	Andrew Carruthers	Sussex	55.40
1981	1	Andrew Tolputt	Berkshire	56.48	1	Paul Head	Essex	70.26	1	Shaun Pickering	Hertfordshire	64.64
1981	2	Michael Griffiths	Sussex	49.52	2	Julian Tucker	Oxfordshire	61.26	2	Marios Hajipanayi	Essex	55.40
1981	3	Mark Fox	Essex	48.30	3	Vaughan Cooper	Nottinghamshire	57.82	3	M. Nealon	Cheshire	46.64
1982	1	Andrew Tolputt	Berkshire	70.78	1	Vaughan Cooper	Nottinghamshire	64.04	1	Tony Kenneally	Somerset	66.38
1982	2	Christopher Howe	Essex	57.52	2	Michael Madden	Gtr. Manchester	56.78	2	Paul Head	Essex	62.40
1982	3	Neil Homer	West Midlands	52.02	3	Michael Griffiths	Sussex	52.30	3	Keith Power	Middlesex	54.16
1983	1	Paul Murden	Nottinghamshire	53.28	1	Andrew Tolputt	Berkshire	62.40	1	Paul Head	Essex	64.68
1983	2	Philip Rushin	Leicestershire	51.44	2	Christopher Howe	Essex	56.08	2	Vaughan Cooper	Nottinghamshire	60.20
1983	3	Gareth Cook	Surrey	49.30	3	Neil Homer	West Midlands	54.78	3	Tony Kenneally	Somerset	59.56
1984	1	Peter Vivian	London	54.10	1	Andrew Tolputt	Berkshire	73.58	1	Vaughan Cooper	Nottinghamshire	65.42
1984	2	Richard Winstanley	West Midlands	48.52	2	Christopher Howe	Essex	65.48	2	Keith Power	Somerset	60.10
1984	3	Bill Steadman	Buckinghamshire	47.74	3	Neil Homer	West Midlands	63.64	3	Michael Madden	Gtr. Manchester	58.48
1985	1	Peter Vivian	London	63.38	1	Gareth Cook	Surrey	66.42	1	Andrew Tolputt	Berkshire	67.44
1985	2	Paul Binley	Northamptonshire	58.30	2	Paul Murden	Nottinghamshire	64.64	2	Christopher Howe	Essex	61.70
1985	3	Jason Byrne	Berkshire	53.80	3	Philip Rushin	Leicestershire	59.76	3	Neil Homer	West Midlands	56.12
1986	1	Adrian Johnson	London	57.46	1	Peter Vivian	London	66.00	1	Andrew Tolputt	Berkshire	67.72
1986	2	John Shilvock	West Midlands	44.68	2	Jason Byrne	Berkshire	64.68	2	Christopher Howe	Essex	59.86
1986	3	Tony Williams	Merseyside	44.44	3	Paul Binley	Northamptonshire	59.98	3	Gareth Cook	Surrey	59.36
1987	1	Chris Edgar	Gtr. Manchester	56.74	1	Jason Byrne	Berkshire	68.50	1	Gareth Cook	Surrey	66.26
1987	2	Jon Bond	Devon	52.02	2	Peter Vivian	London	66.94	2	Marvin Edwards	Essex	55.04
1987	3	Charles Beresford	Avon	48.54	3	Adrian Johnson	London	60.68	3	Neil O'Connor	Berkshire	53.04

1988	1	Neil Curtis	Northamptonshire	58.60	1	Adrian Johnson	London	63.16	1	Peter Vivian	Middlesex	62.78
1988	2	Malcolm Croad	Hertfordshire	57.80	2	Chris Edgar	Gtr. Manchester	54.48	2	Matt Spicer	Avon	55.38
1988	3	Chris Schofield	Lancashire	55.60	3	Charles Beresford	Avon	54.42	3	Mark Sheridan	Sussex	55.24
1989	1	Mark Tully	Cheshire	51.32	1	Charles Beresford	Avon	62.74	1	Peter Vivian	Middlesex	65.20
1989	2	Andrew Poole	London	48.50	2	Jon Bond	Devon	62.50	2	Matt Spicer	Avon	59.80
1989	3	Neil Minchin	Berkshire	47.84	3	Chris Edgar	Gtr. Manchester	59.44	3	Mark Miller	Hertfordshire	53.00
1990	1	Mike Rowlatt	Northamptonshire	57.36	1	Malcolm Croad	Hertfordshire	62.58	1	Matt Spicer	Avon	62.06
1990	2	Robert Snow	Surrey	55.64	2	Neil Curtis	Northamptonshire	58.64	2	Steve Minnikin	South Yorkshire	54.64
1990	3	Simon Locke	Berkshire	54.96	3	Matthew Blows	Essex	55.86	3	Chris Edgar	Gtr. Manchester	51.08
1991	1	Nick Steinmetz	Bedfordshire	58.04	1	Glen Kerr	Bedfordshire	59.78	1	Malcolm Croad	Hertfordshire	59.66
1991	2	Simon Cottrell	Avon	54.40	2	Simon Bown	Essex	57.74	2	Chris Edgar	Gtr. Manchester	52.80
1991	3	Ian McLaughlin	Buckinghamshire	54.14	3	Mark Tully	Cheshire	57.12	3	Neil Curtis	Northamptonshire	51.52
1992	1	Robin Walker	Humberside	55.26	1	Nick Steinmetz	Bedfordshire	61.60	1	Alan McNicholas	Bedfordshire	56.60
1992	2	Adam Devonshire	Bedfordshire	45.06	2	Mike Rowlatt	Northamptonshire	60.92	2	Glen Kerr	Bedfordshire	56.26
1992	3	Andrew Smith	Berkshire	44.68	3	Richard Breffitt	Nottinghamshire	59.60	3	Karl Andrews	Avon	55.38
1993	1	Adam Devonshire	Bedfordshire	52.02	1	Nick Steinmetz	Bedfordshire	67.34	1	Anthony Swain	West Yorkshire	57.40
1993	2	Michael Kennedy	Middlesex	51.60	2	Mike Floyd	Gtr. Manchester	54.94	2	Neil Curtis	Northamptonshire	56.40
1993	3	Tim Wurr	Warwickshire	46.28	3	Robin Walker	Humberside	52.66	3	Iain Park	Middlesex	56.20
1994	1	James Hawkins	Kent	57.52	1	Kevin Davies	Somerset	56.70	1	Karl Andrews	Avon	67.12
1994	2	James Punch	Northamptonshire	49.46	2	Adam Devonshire	Bedfordshire	56.60	2	Nick Steinmetz	Kent	62.60
1994	3	James Ball	Bedfordshire	46.42	3	Matthew Bell	Northamptonshire	56.54	3	Wayne Clarke	Lincolnshire	59.72
1995	1	Jason Stone	Middlesex	52.16	1	Tim Wurr	Warwickshire	59.86	1	Wayne Clarke	Lincolnshire	61.52
1995	2	Ross Thompson	Durham	50.08	2	James Hawkins	Kent	56.66	2	Mike Floyd	Gtr. Manchester	61.20
1995	3	David Jones	Merseyside	49.56	3	Martin Hayes	Derbyshire	54.10	3	Matthew Bell	Northamptonshire	57.14
1996	1	Matthew Sutton	Staffordshire	60.82	1	Ross Kidner	Buckinghamshire	57.90	1	Matthew Bell	Northamptonshire	56.36
1996	2	John Barnes	Humberside	59.06	2	Peter Waterman	Kent	54.52	2	Andrew Benn	Kent	55.96
1996	3	Damien Howard	Norfolk	57.84	3	Andrew Grierson	Berkshire	54.32	3	Chris Walsh	Cleveland	54.82
1997	1	Joe Kompani	Kent	50.38	1	Matthew Sutton	Staffordshire	63.30	1	Andrew Grierson	Berkshire	63.78
1997	2	Jason Smithson	Durham	49.44	2	Ross Kidner	Buckinghamshire	63.06	2	Matthew Bell	Northamptonshire	61.70
1997	3	John Hay	Northamptonshire	46.18	3	Andy Frost	Hampshire	58.90	3	Tim Wurr	Warwickshire	57.60
1998	1	Derrick Squire	Staffordshire	51.78	1	Matthew Sutton	Staffordshire	69.27	1	Ross Kidner	Buckinghamshire	57.60
1998	2	Kamran Khan	Gtr. Manchester	47.44	2	Ross Thompson	Durham	65.10	2	Andy Frost	Hampshire	54.94
1998	3	Tom Dempsey	West Midlands	44.86	3	Ashley Slater	Staffordshire	58.00	3	James Hawkins	Kent	52.73
1999	1	Richard Greene	Middlesex	53.03	1	Carl Saggars	Hertfordshire	61.14	1	David Little	Cumbria	59.14
1999	2	Laurence Harwood	Hampshire	50.29	2	Chris James	Buckinghamshire	56.80	2	Andy Frost	Hampshire	56.83
1999	3	Paul Farley	Hampshire	49.34	3	Derrick Squire	Staffordshire	54.45	3	Peter Field	Staffordshire	56.60
2000	1	Jason Joseph	Middlesex	50.09	1	Carl Saggars	Hertfordshire	64.32	1	Peter Field	Staffordshire	62.65
2000	2	James Green	Merseyside	48.58	2	Tom Dempsey	West Midlands	59.67	2	Nicholas Williams	Cheshire	60.67
2000	3	Gordon Grierson	Berkshire	46.25	3	James Nunan	Gloucestershire	57.19	3	Adam Beauford	Somerset	59.22
2001	1	Michael Bomba	Merseyside	45.50	1	Paul Farley	Hampshire	59.50	1	Tom Dempsey	West Midlands	60.44
2001	2	Joe Connor	Merseyside	42.95	2	James Forde	West Midlands	58.02	2	Chris James	Buckinghamshire	52.59
2001	3	Jack Pallister	Staffordshire	41.98	3	Karim Chester	Kent	57.77	3	Roger Bate	Cheshire	52.51

2002	1	Matt Lambley	Nottinghamshire	63.45	1	Jason Joseph	Middlesex	54.62	1	Tom Dempsey	West Midlands	59.28
2002	2	Sean Lewis	Staffordshire	53.47	2	Gordon Grierson	Berkshire	54.08	2	Matthew Frampton	Dorset	56.07
2002	3	Luke Shortman	Cambridgeshire	50.01	3	Michael Bomba	Merseyside	52.77	3	Kamran Khan	Gtr. Manchester	55.26
2003	1	James Bedford	Humberside	48.30	1	Alex Smith	Humberside	65.91	1	Karim Chester	Kent	62.95
2003	2	Jamaro Nooks	Middlesex	44.83	2	Amir Williamson	Kent	60.58	2	James Forde	West Midlands	55.96
2003	3	Joe Gilman	Kent	43.42	3	Matt Lambley	Nottinghamshire	56.70	3	Jason Joseph	Middlesex	53.17
2004	1	Joe Stockton	Kent	53.54	1	Alex Smith	Humberside	68.54	1	Amir Williamson	Kent	58.39
2004	2	Richard Al-Ameen	London	51.61	2	Alistair Tawanaee	Kent	58.22	2	Michael Bomba	Merseyside	53.16
2004	3	Sam Coe	Norfolk	50.77	3	Chris Berry	Nottinghamshire	57.94	3	Mark Covington	Surrey	51.46
2005	1	Adam Reynolds	Merseyside	50.85	1	James Bedford	Humberside	61.65	1	Alex Smith	Humberside	69.11
2005	2	Michael Jennings	Humberside	49.51	2	Richard Al-Ameen	London	55.79	2	Matt Lambley	Nottinghamshire	62.01
2005	3	David Barnes	Humberside	46.78	3	Sam Coe	Cumbria	54.78	3	Michael Bomba	Merseyside	61.64
2006	1	Andrew Jordon	Surrey	64.16	1	Peter Smith	Humberside	67.69	1	Matt Lambley	Nottinghamshire	64.02
2006	2	Callum Woon	Hampshire	53.11	2	Sam Coe	Cumbria	59.84	2	James Bedford	Humberside	63.73
2006	3	Daniel Gilder	Nottinghamshire	51.05	3	Michael Jennings	Humberside	54.65	3	Alistair Williamson	Kent	60.75
2007	1	Andrew Elkins	Dorset	53.72	1	Michael Jennings	Humberside	58.04	1	James Bedford	Humberside	66.52
2007	2	Sam Barnes	Humberside	47.90	2	Jay Hill	Cornwall	56.83	2	Sam Coe	Cumbria	59.93
2007	3	Alex Holdsworth	Beds & L	47.75	3	Callum Woon	Hampshire	55.62	3	Alex Warner	Gloucestershire	56.13
2008	1	Danny Clayton	Norfolk	51.59	1	Andrew Jordon	Surrey	65.28	1	Alex Warner	Gloucestershire	60.96
2008	2	Samuel Foster	Northamptonshire	51.31	2	Andrew Elkins	Dorset	57.95	2	Michael Jennings	Humberside	60.59
2008	3	Sam Blain	North Yorkshire	47.38	3	Tim Williams	Gloucestershire	56.99	3	Peter Clarke	Essex	55.32
2009	1	Ashley Gilder	Nottinghamshire	64.94	1	Andrew Elkins	Dorset	63.34	1	Andrew Jordon	Surrey	62.87
2009	2	Michael Painter	Norfolk	56.28	2	Matthew Lasis	Sussex	60.35	2	Joe Bloomfield	Suffolk	62.02
2009	3	Dominic Sykes	Lincolnshire	51.42	3	Sam Ridgway	Buckinghamshire	56.91	3	Michael Jennings	Humberside	59.57
2010	1	Rafal Morawski	Middlesex	58.51	1	Ashley Gilder	Nottinghamshire	64.89	1	Andrew Jordon	Surrey	66.77
2010	2	Taylor Campbell	Berkshire	56.95	2	Callum Brown	Norfolk	63.30	2	Nick Miller	Cumbria	64.22
2010	3	Fellán McGuigan	Middlesex	52.10	3	Harry Wells	Cambridgeshire	59.29	3	Tim Williams	Gloucestershire	63.29
2011	1	Woody Cox	Sussex	53.72	1	Michael Painter	Norfolk	66.08	1	Nick Miller	Cumbria	66.60
2011	2	Kieran Phillips	Hampshire	50.01	2	Tom Parker	Kent	65.13	2	Andrew Elkins	Dorset	66.10
2011	3	Chris Cambridge	North Yorkshire	47.61	3	Taylor Campbell	Berkshire	61.49	3	Dempsey McGuigan	Middlesex	65.43
2012	1	Jamie Kuehnel	Berkshire	53.64	1	Taylor Campbell	Berkshire	65.31	1	Callum Brown	Norfolk	68.52
2012	2	Munroe Ritchie	Surrey	52.71	2	Thomas Head	Essex	63.12	2	George Slater	Gloucestershire	58.75
2012	3	Jack Wuidart	Beds & L	50.34	3	Rafal Morawski	Middlesex	62.95	3	Tom Parker	Kent	56.49
2013	1	George Marvell	Hertfordshire	63.07	1	Leslie Parkes	Hampshire	60.19	1	Michael Painter	Norfolk	71.32
2013	2	Jake Norris	Berkshire	59.41	2	Jack Mirfin	Gtr. Manchester	59.29	2	Thomas Head	Essex	62.46
2013	3	Edward Jeans	Lancashire	52.77	3	Darren Foster	Northamptonshire	58.76	3	Rafal Morawski	Middlesex	62.17
2014	1	Oliver Hewitt	Berkshire	51.14	1	Jake Norris	Berkshire	66.99	1	Taylor Campbell	Middlesex	74.42
2014	2	Kai Mumford	Hampshire	49.42	2	George Marvell	Hertfordshire	63.52	2	Thomas Head	Essex	68.80
2014	3	Bayley Campbell	Berkshire	49.38	3	Levi Causton	Essex	60.55	3	Fellán McGuigan	Middlesex	64.76
2015	1	Sam Mace	Surrey	57.68	1	George Marvell	Hertfordshire	68.42	1	Munroe Ritchie	Surrey	59.54
2015	2	James Lancaster	Surrey	54.95	2	Edward Jeans	Lancashire	64.24	2	Jamie Kuehnel	Berkshire	59.13
2015	3	Ben Hawkes	Sussex	52.38	3	Billy Praim-Singh	Essex	62.55	3	Leslie Parkes	Hampshire	55.31

2016	1	Shaun Kerry	Humberside	60.85	1	Bayley Campbell	Berkshire	67.77	1	Jamie Kuehnel	Berkshire	64.40
2016	2	Sam Gaskell	Lancashire	53.18	2	Jacob Roberts	Lancashire	65.34	2	Billy Pream-Singh	Essex	63.01
2016	3	Tom Milton	Essex	53.07	3	Oliver Hewitt	Berkshire	60.41	3	George Marvell	Hertfordshire	62.76
2017	1	Kenneth Ikeji	Essex	56.26	1	Ben Hawkes	Sussex	68.23	1	Jake Norris	Berkshire	76.84
2017	2	Toby Conibear	Avon	49.88	2	Sam Mace	Surrey	63.08	2	Edward Jeans	Lancashire	66.12
2017	3	Alex Bernstein	Lancashire	48.76	3	Shaun Kerry	Humberside	60.94	3	Oliver Hewitt	Berkshire	63.61
2018	1	Ben Ixer	Essex	50.40	1	Sam Gaskell	Lancashire	68.75	1	Oliver Hewitt	Berkshire	62.85
2018	2	William Compton	Gloucestershire	47.37	2	Kenneth Ikeji	Essex	68.31	2	Sam Mace	Surrey	61.38
2018	3	Owen Merrett	Wiltshire	46.60	3	Shaun Kerry	Humberside	68.05	3	Ben Hawkes	Sussex	59.88
2019	1	Dylan Menhennet	Hereford & Worcs	50.66	1	Alex Bernstein	Lancashire	63.47	1	Sam Mace	Surrey	63.12
2019	2	Kai Barham	Kent	45.55	2	Toby Conibear	Avon	62.48	2	Shaun Kerry	Humberside	62.13
2019	3	Noah Wooding	Essex	45.47	3	Owen Merrett	Wiltshire	52.03	3	Harry Ilyk	Nottinghamshire	59.27
2021	1	Billy Dickinson	Gloucestershire	49.92	1	Kai Barham	Kent	59.29	1	Alex Bernstein	Lancashire	66.60
2021	2	Max Thorne	Kent	42.38	2	Dylan Menhennet	Hereford & Worcs	50.97	2	Owen Merrett	Wiltshire	60.93
2021	3	Olamide Adebisi	Kent	41.70	3	Charlie Elford Pond	Hampshire	48.88	3	Toby Conibear	Avon	60.40
2022	1	Joshua Reibbitt	Cumbria	44.59	1	Charlie Elford-Pond	Hampshire	61.43	1	Owen Merrett	Wiltshire	68.07
2022	2	Aaron Axtell	Hampshire	42.99	2	Jabez Berry	Hereford & Worcs	56.10	2	Harry Ricketts	Wiltshire	62.55
2022	3	Osarodion Lawrence-Orumwense	Kent	41.75	3	Faez Ogunwolu	Essex	55.83	3	James Viner	Wiltshire	55.87
2023	1	Aaron Axtell	Hampshire	50.50	1	Wyatt Larkins	Essex	56.03	1	Kai Barham	Kent	64.27
2023	2	Joshua Babalola	Essex	47.46	2	Sebastian Simpson	Berkshire	55.52	2	Jabez Berry	West Midlands	61.57
2023	3	Alexander Bridgen	Essex	46.66	3	Joshua Reibbitt	Cumbria	51.89	3	Charlie Elford-Pond	Hampshire	56.94
2024	1	Joshua Babalola	Essex	57.85	1	Joshua Reibbitt	Cumbria	55.63	1	Kai Barham	Kent	65.58
2024	2	Milo Rynehart	Middlesex	50.78	2	Soham Das	Berkshire	53.85	2	Jabez Berry	West Midlands	65.30
2024	3	Ciaran Merrett	Wiltshire	47.59	3	Ethan Kendrick	Shropshire	53.48	3	Wyatt Larkins	Essex	62.00
2025	1	Alfred Rushton	Staffordshire	54.40	1	Jack Hancock	Northamptonshire	58.84	1	Louis Tutchter	Gloucestershire	64.88
2025	2	Osarode Oviawe	Kent	49.69	2	Aaron Axtell	Hampshire	55.57	2	Wyatt Larkins	Essex	62.63
2025	3	Benjamin Compton	Northumberland	44.22	3	Joshua Babalola	Essex	53.32	3	Ethan Kendrick	West Midlands	57.13
2026	1	Tristan Koyuncu	Humberside	63.32	1	Joshua Babalola	Essex	59.05	1	Ethan Kendrick	West Midlands	64.19
2026	2	Jacob Pender	Wiltshire	51.25	2	Rory Witcombe	Kent	58.59	2	Jack Burgess	Hampshire	67.62
2026	3	Joshua Fatusin	Kent	49.25	3	Ted Freeman	Hereford & Worcs	58.16	3	Aaron Axtell	Hampshire	55.93

JUNIOR

INTERMEDIATE

SENIOR

JAVELIN THROW

JAVELIN THROW

JAVELIN THROW

1948		-	-		1	R. Waterman	Somerset	155' 4"*		-	-	
1948		-	-		2					-	-	
1948		-	-		3	D. March	Surrey	148' 1"*		-	-	
1949		-	-		1	Maurice Morrell	Cheshire	175' 3"*		-	-	
1949		-	-		2	P. Scott	Cheshire	172' 10"*		-	-	
1949		-	-		3	M. Grant	Lancashire	168' 8½"*		-	-	
1950	1	D. Clarkson	Cheshire	160' 10"*	1	R. Williams	Cheshire	170' 1½"*	1	David Wright	Essex	189' 2½"
1950	2	G. Davis	Sussex	150' 1½"*	2	C. Greenyer	Sussex	164' 5½"*	2	G. Humphreys	Nottinghamshire	152' 3"

1950	3	W. Burton	Leicestershire	146' 9"	3	Malcolm Harradine	Middlesex	163' 2"	3	R. Ledger	Hertfordshire	141' 11½"
1951	1	P. Turner	London	181' 10"	1	George Thompson	Cumberland	165' 2½"	1	P. Scott	Cheshire	173' 4½"
1951	2	Alan Butler	Buckinghamshire	150' 4"	2	D. Gretton	Hampshire	163' 1"	2	R. Potter	Sussex	172' 0"
1951	3	B. Brown	Berkshire	148' 11½"	3	David Hinton	Wiltshire	160' 7"	3	J. Glossup	Derbyshire	162' 1½"
1952	1	A. Daniels	Essex	135' 4½"	1	A. Lambert	Lancashire	175' 4"	1	K. F. Clark	Cheshire	166' 4"
1952	2	T. Dennis	Kent	133' 5½"	2	Colin Smith	Middlesex	166' 9"	2	D. Gretton	Hampshire	164' 11"
1952	3	P. Vickery	Kent	132' 7"	3	David Gribler	Berkshire	158' 5½"	3	John McDonald	Kent	162' 6½"
1953	1	C. Pinder	Yorkshire	153' 0¾"	1	Peter Savery	Berkshire	168' 2"	1	Michael Lanning	Middlesex	178' 11"
1953	2	P. Woodhouse	Cheshire	152' 1"	2	R. C. Jones	Buckinghamshire	165' 2½"	2	David Gribler	Berkshire	171' 8½"
1953	3	J. Benn	Surrey	149' 9½"	3	M. Canty	Middlesex	159' 7½"	3	Albert Page	Yorkshire	166' 5½"
1954	1	John Andrews	Norfolk	186' 8"	1	Alan Whiston	Staffordshire	171' 5"	1	Dave Westerhout	Essex	192' 9"
1954	2	R. Ramsey	Middlesex	155' 3"	2	Derek Clarke	Suffolk	164' 4"	2	I. Nieland	Essex	169' 6"
1954	3	B. Hislop	Lancashire	151' 3"	3	Michael Gough	Middlesex	163' 1"	3	B. Clark	Durham	166' 11"
1955	1	M. D. London	Essex	153' 11"	1	David Munday	Hampshire	191' 8"	1	Michael Johnson	Surrey	199' 5"
1955	2	Terry Stewart	Worcestershire	149' 11"	2	Tony Farmer	Surrey	189' 2"	2	J. Clayton	Suffolk	182' 6"
1955	3	G. J. Robertson	Hertfordshire	149' 2"	3	R. Wiltshire	Hampshire	187' 5"	3	Alan Whiston	Staffordshire	181' 2"
1956	1	Roger Nash	Lancashire	169' 7"	1	Colin Bacon	Nottinghamshire	190' 4"	1	Tony Farmer	Surrey	203' 1"
1956	2	Roy Brassington	Staffordshire	167' 10"	2	B. Heslop	Lancashire	171' 8"	2	Alan Whiston	Staffordshire	201' 6"
1956	3	T. J. Astell	Derbyshire	166' 7"	3	V. Baker	Devon	164' 6"	3	David Munday	Hampshire	189' 8"
1957	1	R. Robertson	Durham	144' 10"	1	Peter Landells	Essex	172' 2"	1	Colin Bacon	Nottinghamshire	189' 5"
1957	2	John Greasley	Hertfordshire	145' 9"	2	K. P. Wedd	Devon	171' 10"	2	John Brown	Cheshire	183' 3"
1957	3	B. Pedley	Kent	135' 3"	3	Roger Bartlett	Middlesex	171' 1"	3	Gary Bucknell	Hertfordshire	172' 6"
1958	1	John Gibbs	Norfolk	156' 5"	1	Kenneth D. Day	Hertfordshire	198' 0"	1	Robin Howes	Norfolk	189' 8"
1958	2	David Wallett	Staffordshire	155' 11"	2	John McSorley	Middlesex	182' 5"	2	R. Brown	Lincolnshire	176' 2"
1958	3	John Summerfield	Derbyshire	154' 1"	3	John Osborne	Sussex	177' 7"	3	William Bushnell	Essex	176' 1"
1959	1	John Summerfield	Derbyshire	173' 5½"	1	John Greasley	Hertfordshire	189' 5"	1	Robin Howes	Norfolk	205' 8"
1959	2	A. Paradine	Buckinghamshire	156' 4"	2	Brian Hogg	Hampshire	185' 8½"	2	John McSorley	Middlesex	202' 1½"
1959	3	A. Fowler	Cumberland	148' 0"	3	Michael Leatherland	Yorkshire	183' 7½"	3	Rodney Fletcher	Cheshire	193' 7½"
1960	1	Colin Spilsbury	Yorkshire	170' 5"	1	Ian Bromilow	Lancashire	193' 5"	1	John Greasley	Hertfordshire	223' 5"
1960	2	Michael Hazelwood	Huntingdonshire	167' 6½"	2	John Gibbs	Norfolk	191' 7"	2	Michael Leatherland	Yorkshire	202' 5½"
1960	3	J. Field	Northumberland	167' 3½"	3	Mark Knight	Huntingdonshire	188' 1"	3	Kenneth D. Day	Hertfordshire	186' 5"
1961	1	Michael Wootton	Staffordshire	171' 7"	1	William Peet	Essex	188' 5½"	1	John Greasley	Hertfordshire	212' 10½"
1961	2	B. Rudd	Norfolk	166' 11½"	2	William Martin	Hertfordshire	182' 1"	2	John Gibbs	Norfolk	198' 2"
1961	3	T. Clausen	Somerset	159' 8½"	3	Michael Hazelwood	Huntingdonshire	180' 8½"	3	Lional Buttery	Somerset	196' 0"
1962	1	Nigel Sherlock	Gloucestershire	187' 11¾"	1	Tony Edwards	Kent	201' 3½"	1	William Peet	Essex	204' 8½"
1962	2	M. Finn	Lancashire	168' 8"	2	Dave Travis	Middlesex	199' 1"	2	Jeffrey Harvey	Gloucestershire	183' 4¼"
1962	3	Z. Lembicz	Shropshire	162' 2"	3	John Synott	Buckinghamshire	182' 5"	3	Geoffrey Stanley-Jones	Cornwall	182' 4"
1963	1	Bob Anderson	Wiltshire	182' 0"	1	Dave Travis	Middlesex	204' 6"	1	Timothy Corfield	Wiltshire	173' 3"
1963	2	Trevor Jesty	Hampshire	181' 4"	2	Tony Edwards	Kent	196' 8½"	2	David Lease	Somerset	169' 2½"
1963	3	Dennis Carley	Kent	173' 0"	3	Nigel Sherlock	Gloucestershire	190' 2"	3	Peter Edgeley	Berkshire	168' 11½"
1964	1	John Ferrary	London	163' 9½"	1	Malcolm McNeil	Dorset	193' 2"	1	Dave Travis	Middlesex	206' 9½"
1964	2	G. Sharples	Lancashire	153' 8"	2	Dick Perkins	Nottinghamshire	190' 3"	2	Tony Edwards	Kent	188' 5"

1964	3	Pete Tancred	Suffolk	152' 5½"	3	Andy Bosworth	Nottinghamshire	185' 9"	3	Nigel Sherlock	Gloucestershire	186' 9"
1965	1	L. Yates	Yorkshire	152' 6½"	1	Roland Hancock	Somerset	189' 8"	1	Dick Perkins	Nottinghamshire	202' 9"
1965	2	S. Miell	Hertfordshire	148' 0½"	2	Adrian Diffey	Sussex	176' 10"	2	Kenneth Holmes	Herefordshire	197' 5"
1965	3	George Hawkes	Somerset	146' 10"	3	Keith Walmsley	Middlesex	168' 0"	3	Dave Sorrell	Essex	197' 0"
1966	1	Graham Sherwood	Northamptonshire	153' 3"	1	George Markowski	Nottinghamshire	189' 2"	1	Dave Sorrell	Essex	215' 2"
1966	2	Roger Hare	Essex	149' 10"	2	Adrian Diffey	Sussex	175' 8"	2	Dick Perkins	Nottinghamshire	198' 7"
1966	3	N. Albany	Essex	149' 8"	3	Richard Bradford	Hampshire	171' 8"	3	Roland Hancock	Somerset	188' 6"
1967	1	Graham Good	Sussex	166' 4"	1	Roger Hare	Essex	178' 2"	1	Dick Perkins	Nottinghamshire	224' 5"
1967	2	P. Krlic	Yorkshire	160' 0"	2	Malcolm Dalrymple	Bedfordshire	172' 11"	2	Adrian Diffey	Sussex	200' 6"
1967	3	Robert Broomhead	Yorkshire	158' 6"	3	William Elliott	Kent	172' 4"	3	Richard Stanczyc	Buckinghamshire	194' 4"
1968	1	Caraig Berkley	Somerset	179' 7"	1	Roger Hare	Essex	193' 11"	1	Adrian Diffey	Sussex	216' 2"
1968	2	Keith Ayres	Lincolnshire	173' 1"	2	Adrian Tew	Sussex	193' 7"	2	Anthony Harper	Hampshire	211' 6"
1968	3	Nicholas Jackman	Northamptonshire	170' 9"	3	Graham Good	Sussex	189' 11"	3	Keith Bridges	Sussex	181' 11"
1969	1	Stefan Jalowiecki	Essex	50.96*	1	Bogus Kawalko	Cambridgeshire	61.94	1	Anthony Harper	Somerset	65.10*
1969	2	Dave Ottley	Essex	50.34*	2	Paul Stewart	Northumberland	57.70	2	Adrian Diffey	Sussex	64.22*
1969	3	Gary Reaney	Staffordshire	44.80*	3	John Caddy	Staffordshire	54.50	3	Roger Hare	Essex	56.62*
1970	1	B. Jordon	Lancashire	48.96*	1	Nicholas Jackman	Northamptonshire	54.66	1	Anthony Harper	Somerset	61.32*
1970	2	John Trower	Sussex	46.82*	2	Philip Robinson	London	53.72	2	Adrian Tew	Sussex	59.70*
1970	3	R. Shale	Rutland	44.90*	3	Peter De Kremer	Dorset	50.24	3	Nick Schofield	Berkshire	58.46*
1971	1	Dean Woodham	Essex	46.38*	1	Dave Ottley	Essex	60.94	1	Harold Frobisher	Yorkshire	59.70*
1971	2	Trevor Perkins	Leicestershire	45.50*	2	Charles Clover	Suffolk	60.36	2	Pawlo Ostapowicz	Lancashire	59.66*
1971	3	B. Hooks	Norfolk	43.54*	3	John Trower	Sussex	59.82	3	Peter De Kremer	Dorset	56.80*
1972	1	Royston Davenport	Yorkshire	56.16*	1	John Trower	Sussex	62.14	1	Peter De Kremer	Dorset	64.78*
1972	2	Leonard Evans	Lancashire	48.92*	2	Gareth Brooks	Somerset	54.38	2	Dave Ottley	Essex	63.78*
1972	3	Stephen Bishop	Gloucestershire	45.12*	3	Nigel Ellis	Lincolnshire	54.14	3	Paul Stewart	Northumberland	60.74*
1973	1	Glenn O'Brien	Warwickshire	46.16*	1	Nicholas Proudman	Bedfordshire	56.84	1	Dave Ottley	Essex	66.18*
1973	2	A. Phillips	Middlesex	45.44*	2	Jeffrey Brookes	Lancashire	55.90	2	Neville Wade	London	59.60*
1973	3	A. Holt	Surrey	43.80*	3	Stephen Moreton	Staffordshire	54.42	3	Thomas Aspey	Lancashire	58.20*
1974	1	David Walters	Derbyshire	53.04*	1	Tony Smith	Middlesex	61.80	1	Peter Yates	Devon	65.34*
1974	2	Ian Briden	Surrey	50.56*	2	Leonard Evans	Lancashire	60.50	2	Colin Taylor	Middlesex	58.90*
1974	3	Chris Hall	Lincolnshire	48.34*	3	Christopher Harbage	Yorkshire	56.48	3	Neville Wade	London	58.44*
1975	1	Nicholas Teare	Cheshire	49.30*	1	Michael Pilling	Gtr. Manchester	56.72	1	Tony Smith	Middlesex	61.68*
1975	2	Mark Wells	Lincolnshire	49.22*	2	Glenn O'Brien	West Midlands	55.72	2	Leonard Evans	Gtr. Manchester	56.98*
1975	3	A. Williams	Sussex	48.28*	3	Kenneth Stoll	Cheshire	54.92	3	Stephen Moreton	Staffordshire	55.36*
1976	1	Marcus Humphries	Cambridgeshire	55.50*	1	Mark Wells	Lincolnshire	61.06	1	Russell Good	Cheshire	57.14*
1976	2	Michael Parry	Avon	53.88*	2	Craig Johnson	Gtr. Manchester	60.78	2	Matthew Bamford	Middlesex	55.74*
1976	3	M. Steele	Gtr. Manchester	49.22*	3	David Walters	Derbyshire	58.72	3	Eric Hill	Essex	52.14*
1977	1	Tom Rittenhouse	Dorset	55.80*	1	Graham Martland	Lancashire	62.56	1	Matthew Bamford	Middlesex	61.02*
1977	2	Michael Williams	West Midlands	53.98*	2	Ian Marsh	Suffolk	61.72	2	Kevin Murch	Warwickshire	58.52*
1977	3	G. Norman	London	53.48*	3	Grantley Cullum	Middlesex	55.64	3	Timothy Newenham	Norfolk	56.42*
1978	1	Steve Barnett	Warwickshire	51.00*	1	Colin Mackenzie	Kent	58.96	1	Craig Johnson	Gtr. Manchester	60.88*
1978	2	John Pickering	Northamptonshire	50.14*	2	Marcus Humphries	Cambridgeshire	58.30	2	Nigel Stainton	Berkshire	58.88*

1978	3	P. Hill	West Midlands	47.98*	3	Christopher Glossop	Derbyshire	54.84	3	Ian Marsh	Suffolk	58.74*
1979	1	David Messom	Middlesex	60.56*	1	Colin Mackenzie	Kent	65.24	1	Ian Marsh	Suffolk	67.80*
1979	2	Robert Mohan	Middlesex	54.08*	2	Michael Williams	West Midlands	60.30	2	Roald Bradstock	Hertfordshire	63.40*
1979	3	Keith Swindells	Gtr. Manchester	54.02*	3	Ken Hayford	Kent	56.10	3	Christopher Glossop	Derbyshire	60.26*
1980	1	Andrew Ravenscroft	Gtr. Manchester	56.56*	1	David Messom	Middlesex	61.44	1	Colin Mackenzie	Kent	69.48*
1980	2	Gordon Wyeth	Hampshire	54.98*	2	Alan Rock	Hereford & Worcs	61.22	2	Roald Bradstock	Hertfordshire	65.70*
1980	3	Julian Winter	West Yorkshire	53.30*	3	Chris Crutchley	Warwickshire	57.46	3	Michael Williams	West Midlands	65.40*
1981	1	Richard Meads	Somerset	56.36*	1	David Messom	Middlesex	62.98	1	Roald Bradstock	Hertfordshire	77.28*
1981	2	M. Glasspool	Hampshire	49.40*	2	Mick Hill	West Yorkshire	61.88	2	Pat Lewis	Hertfordshire	61.20*
1981	3	M. Walters	Hereford & Worcs	47.58*	3	Paul Edgington	West Midlands	60.32	3	Michael Williams	West Midlands	59.86*
1982	1	Simon Wood	West Midlands	50.44*	1	Andrew Ravenscroft	Gtr. Manchester	59.36	1	David Messom	Middlesex	69.68*
1982	2	N. Mather	Northumberland	50.42*	2	Lee Peters	Derbyshire	59.34	2	Pat Lewis	Hertfordshire	60.90*
1982	3	R. Jennings	Hampshire	47.70*	3	Carl Simmons	Northamptonshire	57.50	3	Keith Bridges	Essex	60.64*
1983	1	Justin Rubio	Dorset	58.38*	1	Gary Jenson	Essex	68.36	1	Mick Hill	West Yorkshire	69.72*
1983	2	James Geering	Channel Islands	51.84*	2	Stephen Saville	Essex	60.12	2	David Messom	Middlesex	69.38*
1983	3	Paul Bushnell	Essex	49.70*	3	M. Glasspool	Hampshire	57.02	3	Paul Edgington	West Midlands	64.22*
1984	1	Marcus Adjee	West Yorkshire	49.88*	1	Justin Rubio	Dorset	59.94	1	Gary Jenson	Essex	71.20*
1984	2	Lee Barnes	Lancashire	49.18*	2	Nigel Bevan	Suffolk	57.32	2	William Angelo-Sparling	North Yorkshire	61.72*
1984	3	Julian Hawkins	Avon	48.86*	3	Warren Cowell	West Midlands	55.84	3	Jason Beaumont	South Yorkshire	58.80*
1985	1	Myles Cottrell	Hampshire	49.54*	1	Paul Bushnell	Essex	63.00	1	Gary Jenson	Essex	70.38*
1985	2	Jason Brackenbury	Lincolnshire	48.60*	2	Steve Backley	Kent	62.84	2	Nigel Bevan	Suffolk	66.46*
1985	3	Barry Robinson	Suffolk	48.48*	3	Justin Rubio	Dorset	59.04	3	Peter Day	Hertfordshire	57.40*
1986	1	Paul Smith	Humberside	54.12*	1	Jeremy Abadom	Hampshire	59.50	1	Steve Backley	Kent	69.74*
1986	2	Sebastian Pampanini	Middlesex	53.62*	2	Mark Lawrence	West Yorkshire	58.84	2	Justin Rubio	Dorset	67.70*
1986	3	Gerald Harrison	London	52.18*	3	Myles Cottrell	Hampshire	58.22	3	Nigel Bevan	Suffolk	63.26*
1987	1	Lyndon Medcroft	Gloucestershire	52.30*	1	Myles Cottrell	Hampshire	60.58	1	Steve Backley	Kent	72.84
1987	2	Daniel Murphy	Essex	49.54*	2	Barry Robinson	Suffolk	59.52	2	Justin Rubio	Dorset	62.16
1987	3	David Hughes	Suffolk	49.52*	3	David Wilson	West Midlands	56.14	3	Lars Kruger	Derbyshire	55.62
1988	1	James Hurrior	West Midlands	48.86*	1	Gerald Harrison	London	56.90	1	Myles Cottrell	Hampshire	62.14
1988	2	Matthew Rushton	Warwickshire	48.32*	2	Alex Smith	Somerset	54.96	2	Jason Bridges	West Midlands	60.18
1988	3	Duncan McDonald	Surrey	48.02*	3	Stuart Hinton	West Midlands	54.58	3	Simon Longstaff	West Yorkshire	59.60
1989	1	Paul Godwin	Lincolnshire	59.56*	1	Peter Sturmey	Somerset	59.12	1	Myles Cottrell	Hampshire	68.10
1989	2	Bruce Law	Kent	54.34*	2	David Hughes	Suffolk	58.44	2	Bruce Craven	Lancashire	61.54
1989	3	Richard Atkinson	West Yorkshire	51.74*	3	Lyndon Medcroft	Gloucestershire	58.22	3	Sebastian Pampanini	Middlesex	59.26
1990	1	Tim Eldridge	Essex	50.34*	1	James Hurrior	West Midlands	65.02	1	Damian Wilkes	Hereford & Worcs	64.08
1990	2	Daniel Honeyman	Gloucestershire	48.84*	2	Duncan McDonald	Surrey	59.24	2	Lyndon Medcroft	Gloucestershire	63.64
1990	3	Neil Killeen	Durham	46.96*	3	Jamie Wilkinson	Shropshire	58.22	3	Nick Nieland	Hertfordshire	63.10
1991	1	Jamie Whelan	Somerset	49.80*	1	Richard Atkinson	West Yorkshire	63.64	1	James Hurrior	West Midlands	68.84
1991	2	Robert Watkins	Hertfordshire	49.44*	2	Scott Bird	Berkshire	61.62	2	James Drennen	Gloucestershire	68.38
1991	3	Stephen Cross	Merseyside	47.46*	3	Mark Welch	Northamptonshire	58.02	3	Stephen Harrison	Kent	60.40
1992	1	Simon Forster	Gtr. Manchester	49.82*	1	Tim Eldridge	Essex	60.80	1	Tom Dobbing	Lancashire	61.98
1992	2	Keith Goodwin	Merseyside	48.22*	2	Dean Johnson	South Yorkshire	58.40	2	Richard Jones	Somerset	61.04

1992	3	Fyn Corcoran	Cornwall	47.80*	3	Graham Lay	North Yorkshire	55.52	3	Duncan McDonald	Surrey	60.65
1993	1	Martin Stringer	London	51.62*	1	Sean Evans	Devon	56.22	1	Scott Bird	Berkshire	59.54
1993	2	Robert Charlesworth	Northamptonshire	51.54*	2	Matthew Atkins	Derbyshire	56.02	2	Simon Carter	Kent	58.90
1993	3	Matthew Pedrick	Hereford & Worcs	49.88*	3	Sean O'Hanlon	Hertfordshire	54.48	3	Andrew Whiting	Berkshire	58.00
1994	1	Clifton Green	Wiltshire	60.10*	1	Mark Francis	Surrey	62.86	1	Graham Lay	North Yorkshire	63.14
1994	2	Dan Carter	Essex	54.78*	2	Jason Oakes	Northumberland	60.20	2	Stuart Faben	Cambridgeshire	62.92
1994	3	Tony Rigby	Bedfordshire	52.40*	3	Paul Startin	Leicestershire	58.76	3	Peter Johnson	Merseyside	60.42
1995	1	Philips Olweny	Middlesex	56.06*	1	David Parker	North Yorkshire	64.50	1	Mark Francis	Surrey	64.30
1995	2	Phillip Sharpe	Lancashire	51.90*	2	Steve Jamieson	Kent	59.60	2	Sean Evans	Devon	59.64
1995	3	Ian Creek	Devon	51.54*	3	Clifton Green	Kent	59.06	3	Paul Cooper	Essex	59.02
1996	1	Jonathan Lundman	Essex	53.82*	1	David Parker	North Yorkshire	70.52	1	Mark Francis	Surrey	66.62
1996	2	Matthew Patience	Hampshire	53.20*	2	Clifton Green	Kent	60.24	2	Paul Cooper	Essex	58.40
1996	3	Alex Simpson	Kent	52.32*	3	James Apps	Kent	60.18	3	Neil McLellan	Hertfordshire	57.94
1997	1	Anthony Lovett	Hertfordshire	54.42*	1	Phillip Sharpe	Lancashire	68.50	1	David Parker	North Yorkshire	69.86
1997	2	Eric Workman	Hampshire	52.38*	2	Philips Olweny	Middlesex	62.36	2	Mark Francis	Surrey	68.02
1997	3	Thomas Barcis	Lincolnshire	47.18*	3	Mike Tarran	Hereford & Worcs	62.26	3	Tim Kitney	Kent	65.78
1998	1	Kunal Kapadia	Middlesex	47.97*	1	Richard Lainson	Hampshire	59.46	1	David Parker	North Yorkshire	72.89
1998	2	Stephen Berthier	Middlesex	45.87*	2	Anthony Lovett	Hertfordshire	58.34	2	Dan Carter	Essex	71.14
1998	3	Matthew Crabb	Somerset	44.13*	3	Saul Perryman	Berkshire	56.74	3	Tim Kitney	Kent	66.74
1999	1	Andy Robinson	West Yorkshire	56.12*	1	James Turner	Leicestershire	56.76	1	Phillip Sharpe	Lancashire	66.06
1999	2	Lee Doran	Cumbria	49.97*	2	Anthony Lovett	Hertfordshire	56.30	2	Gerard Plunkett	South Yorkshire	60.42
1999	3	Andrew Ormesher	Lancashire	49.68*	3	Matthew Dingley	West Midlands	53.94	3	Jonathan Lundman	Essex	59.07
2000	1	Farron Paul	Middlesex	50.58	1	Lee Doran	Cumbria	56.15	1	Jonathan Lundman	Essex	63.40
2000	2	Calum McDonald	Nottinghamshire	47.54	2	Alex van der Merwe	Devon	55.92	2	Anthony Lovett	Hertfordshire	58.91
2000	3	Philip Mann	South Yorkshire	45.11	3	Mark Lindsay	West Yorkshire	54.72	3	Matthew Dingley	West Midlands	57.29
2001	1	Chris Record	Buckinghamshire	47.68	1	Lee Doran	Cumbria	61.20	1	Alex van der Merwe	Devon	60.41
2001	2	Tim Gardner	Gloucestershire	46.53	2	Mark Lindsay	West Yorkshire	57.81	2	Sam Goddard	Kent	59.37
2001	3	James Dockine	Devon	45.57	3	Andrew Ormesher	Lancashire	53.18	3	Anthony Lovett	Hertfordshire	58.26
2002	1	Adam Akehurst	Hampshire	52.51	1	Philip Mann	South Yorkshire	56.51	1	Felix Hatton	Somerset	59.15
2002	2	Adam Sharp	Devon	51.56	2	Allandre Johnson	London	55.11	2	Lee Doran	Cumbria	56.98
2002	3	James Campbell	Gloucestershire	50.69	3	Sam Kelvey	Nottinghamshire	54.79	3	Jonathan Harvey	Essex	54.62
2003	1	Sam Allan	West Yorkshire	54.65	1	Tyson Johnson	West Midlands	61.72	1	Lee Doran	Cumbria	61.15
2003	2	Alex Shepherd	Staffordshire	53.24	2	James Campbell	Gloucestershire	58.58	2	Martin Travis	Avon	60.38
2003	3	Jonathan Bell	Cambridgeshire	47.13	3	Stuart Harvey	Kent	57.97	3	Allandre Johnson	London	56.68
2004	1	Jamie Broadey	Hampshire	52.86	1	James Campbell	Gloucestershire	67.99	1	Ben Fisher	Merseyside	56.48
2004	2	Brett Byrd	Staffordshire	49.86	2	Philip Gregory	Hertfordshire	64.73	2	Fergus MacDiarmid	Somerset	54.05
2004	3	Bonne Buwembo	Essex	49.41	3	Stuart Harvey	Kent	64.69	3	Allandre Johnson	London	53.71
2005	1	Ashley Bryant	Surrey	52.46	1	Alex Shepherd	Staffordshire	59.36	1	Stuart Harvey	Kent	63.47
2005	2	David Hollow	Devon	51.05	2	Brett Byrd	Staffordshire	55.10	2	James Hopley	Cheshire	57.55
2005	3	Oshane Booth	London	49.13	3	Richmond Baah	Surrey	53.64	3	Joe Waller	Sussex	57.36
2006	1	Harry Hollis	Leics & R	49.27	1	Daniel Pembroke	Buckinghamshire	59.29	1	James Campbell	Gloucestershire	71.94
2006	2	George Bean	Essex	48.15	2	Stephen Reynolds	Durham	57.41	2	Stuart Harvey	Kent	63.12

2006	3	Stephen Light	Middlesex	47.15	3	Jamie Broadey	Hampshire	57.27	3	Richard Wooley	Nottinghamshire	58.63
2007	1	Matti Mortimore	Suffolk	53.24	1	Ashley Bryant	Surrey	60.84	1	Bonne Buwembo	Essex	61.45
2007	2	Bradley Burr	Essex	49.26	2	Ben Gibb	Somerset	58.57	2	Matthew Smith	Devon	59.09
2007	3	Kieran Record	Essex	49.24	3	Paul Allsopp	North Yorkshire	57.73	3	Brett Byrd	Staffordshire	58.42
2008	1	Robin Danaher	Somerset	50.15	1	Matti Mortimore	Suffolk	61.45	1	Bonne Buwembo	Essex	68.71
2008	2	Liam Downer	Gloucestershire	48.35	2	Peter Snyman	Beds & L	61.09	2	Matthew Smith	Devon	67.34
2008	3	Dan Whisken	Dorset	46.76	3	Steven Turnock	Devon	58.17	3	Luke Peters	Nottinghamshire	61.38
2009	1	Oliver Bradfield	Norfolk	60.42	1	Sam Taylor-Outridge	Buckinghamshire	64.23	1	Matthew Hunt	Humberside	68.78
2009	2	Huw Bevan	Shropshire	50.98	2	Steven Turnock	Devon	62.69	2	Ashley Bryant	Surrey	65.83
2009	3	Matthew Blandford	Kent	46.51	3	Jackson Curtis	Oxfordshire	59.48	3	Paul Allsopp	North Yorkshire	65.28
2010	1	Oliver Bradfield	Norfolk	61.28	1	Robin Danaher	Somerset	62.01	1	Joe Dunderdale	Lincolnshire	62.60
2010	2	Thomas Peters	Nottinghamshire	60.07	2	Aidan Reynolds	Shropshire	59.59	2	Matti Mortimore	Suffolk	60.97
2010	3	Matthew Blandford	Kent	54.69	3	Freddie Curtis	Oxfordshire	56.55	3	Richard Shuttleworth	Hampshire	60.59
2011	1	Joseph Brown	Hampshire	51.26	1	Huw Bevan	Shropshire	67.91	1	Steven Turnock	Devon	65.48
2011	2	Jonathan Pownall	Buckinghamshire	49.57	2	Freddie Curtis	Oxfordshire	66.02	2	Joe Dunderdale	Lincolnshire	64.59
2011	3	Redford Curtis	Oxfordshire	48.70	3	Thomas Peters	Nottinghamshire	61.20	3	Jordan Carter	South Yorkshire	62.35
2012	1	Harry Hughes	Suffolk	57.59	1	Thomas Peters	Nottinghamshire	63.37	1	Robin Danaher	Somerset	66.07
2012	2	George Davies	North Yorkshire	53.41	2	Joseph Brown	Hampshire	62.57	2	Aidan Reynolds	Shropshire	65.15
2012	3	Dominic Allen	Devon	50.56	3	Oliver Bradfield	Norfolk	61.34	3	Freddie Curtis	Leics & R	60.44
2013	1	James Whiteaker	Kent	56.67	1	Harry Hughes	Suffolk	68.75	1	Huw Bevan	Shropshire	66.86
2013	2	Max Wyatt	Staffordshire	56.42	2	Marshall Childs	Suffolk	63.19	2	Freddie Curtis	Leics & R	64.63
2013	3	Ivan Tapper	Leics & R	53.42	3	George Davies	North Yorkshire	59.25	3	Oliver Bradfield	Warwickshire	56.72
2014	1	Jude Compton-Stewart	Berkshire	52.93	1	James Whiteaker	Kent	77.12	1	Marshall Childs	Suffolk	61.18
2014	2	Jack Leerson	Channel Islands	49.31	2	George Davies	North Yorkshire	67.91	2	Charlie Granville	Somerset	59.53
2014	3	Edward Chia-Croft	Middlesex	46.77	3	Harry Hughes	Suffolk	64.39	3	Connor Swan	Cornwall	59.03
2015	1	Max Law	Essex	50.25	1	Ivan Tapper	Leics & R	63.81	1	George Davies	North Yorkshire	64.17
2015	2	Tom Hewson	Hampshire	48.07	2	Max Wyatt	Staffordshire	61.55	2	Marshall Childs	Suffolk	60.63
2015	3	Isaac Hay	Buckinghamshire	48.07	3	Jack Moncur	Devon	57.94	3	Redford Curtis	Somerset	58.80
2016	1	Max Law	Essex	59.99	1	Edan Cole	Sussex	59.81	1	Harry Hughes	Suffolk	73.41
2016	2	Harry Ditchfield	Gtr. Manchester	51.12	2	Tom Hewson	Hampshire	58.93	2	James Whiteaker	Kent	68.17
2016	3	Archie Goodliff	Buckinghamshire	51.01	3	Don Baker	Suffolk	58.30	3	George Davies	North Yorkshire	64.13
2017	1	Thomas Holmes	Wiltshire	53.42	1	Tom Hewson	Hampshire	64.22	1	Daniel Bainbridge	Norfolk	60.03
2017	2	Charlie Davison	Gloucestershire	53.19	2	Max Law	Essex	62.50	2	Don Baker	Norfolk	59.36
2017	3	Elliott Odunaiya	Cheshire	51.94	3	Finn O'Reilly	Suffolk	60.68	3	Joss Foot	Essex	57.83
2018	1	Ben East	Berkshire	66.95	1	Max Law	Essex	70.84	1	Tom Hewson	Hampshire	69.13
2018	2	Bradley James	Essex	61.25	2	Tom Dollery	Somerset	59.76	2	Edan Cole	Sussex	62.05
2018	3	Luke Twigger	Sussex	50.05	3	Thomas Holmes	Wiltshire	57.29	3	Joss Foot	Essex	62.01
2019	1	Christopher Jones-Parker	Hampshire	55.97	1	Adam Lloyd	Shropshire	60.87	1	Tom Hewson	Hampshire	70.80
2019	2	Liam Cawley	Hampshire	54.58	2	Luke Robinson	North Yorkshire	59.65	2	Max Law	Essex	66.72
2019	3	James Pratt	Sussex	52.26	3	Bradley James	Essex	59.31	3	Tom Dollery	Somerset	57.70
2021	1	Tom Rutter	Hertfordshire	61.44	1	Theo Spurrell	Wiltshire	64.45	1	Callum Taylor	Hampshire	62.24
2021	2	Bobby Williams	Essex	47.05	2	Aryan Padaruth	Middlesex	59.74	2	Jonah McCafferty	Hampshire	61.79

2021	3	George Johnson	Surrey	46.55	3	Charlie Evans	Oxfordshire	58.12	3	Peter Brinton-Quinn	Essex	60.41
2022	1	Ellis Ibrahim	Kent	51.89	1	Felix McArdle Hodge	Kent	64.27	1	Callum Taylor	Hampshire	67.20
2022	2	Harry Long	Sussex	45.65	2	Isaac Ridge	Kent	61.88	2	Aryan Padaruth	Middlesex	66.41
2022	3	Dylan Roberts	Middlesex	44.56	3	Bobby Williams	Essex	61.72	3	Michael Allison	Berkshire	65.11
2023	1	Lucas De La Touche	Surrey	51.37	1	Tom Rutter	Hertfordshire	63.44	1	Charlie Evans	Oxfordshire	67.59
2023	2	William Law	Kent	50.84	2	George Johnson	Surrey	59.14	2	Hugo Domingos	Berkshire	58.01
2023	3	Owen Boon	Avon	50.18	3	Charlie Mason	Gloucestershire	58.76	3	James Pratt	Sussex	57.98
2024	1	Charlie Cook	Warwickshire	52.37	1	Charlie Mason	Gloucestershire	60.34	1	Tom Rutter	Hertfordshire	58.37
2024	2	Hugo Bucher	Oxfordshire	49.91	2	Henry Watson	Gloucestershire	58.98	2	Remi Livesey	Cheshire	56.07
2024	3	Ben Clarke	Gtr. Manchester	49.57	3	Barney Hastings	Sussex	57.22	3	Felix McArdle Hodge	Kent	55.87
2025	1	Hugo Bucher	Middlesex	69.89	1	Ned Scott	Hampshire	62.63	1	Tom Rutter	Hertfordshire	63.93
2025	2	William Connop	Kent	58.02	2	Henry Jones	Wiltshire	59.87	2	Lewie Jones	Somerset	60.63
2025	3	Theo Nock	Gloucestershire	53.34	3	Wilson Parnell	Lancashire	59.52	3	Henry Watson	Gloucestershire	58.23
2025	1	Jacob Dines	Suffolk	59.98	1	Finley Dines	Suffolk	58.64	1	Charlie Mason	Gloucestershire	63.73
2025	2	Liam Bergin-McCarthy	Essex	58.05	2	Charlie Cook	Warwickshire	57.00	2	Daniel Dubras	Channel Islands	61.41
2025	3	Christopher Wood	Hampshire	54.23	3	Sam Nieland	Berkshire	56.11	3	Sam Nicholson	Hampshire	60.29

RECORD NOTES

Where a record was set in the final of one of the current events the record holder is shown in **bold type** above. The few to have been set in heats are shown below.

OLDEST RECORD

The oldest record for the events in the current programme is the Intermediate Boys 3000m time of 8m 20.0 secs set by **Kevin Steere** of Norfolk. It was set **over 50 years ago in 1971**, when the event was first run.

A measure of the quality of the run is that no other Intermediate age group athlete has even got within 6 seconds of the time since.

Another amazing record which has lasted for a long time is the Senior Boys High Jump record of 2.25m, set by **Geoff Parsons** of Sussex in 1983. Interestingly this leap would have won every British Senior title since 2020.

SET IN HEATS

2024	JB	100m : Divine Iheme	Oxfordshire	10.65
2026	SB	100m : Alec Williamson	Merseyside	10.31
2024	IB	200m : Sean Appiah	Essex	21.22
2005	SB	200m : Julian Thomas	West Midlands	20.93
2013	SB	200m : Matthew Hudson-Smith	West Midlands	20.93
2016	JB	4 x 100m : London		43.46

TRACK EVENT NOTES

Since 1991 the times recorded have been down to 100th of a second, before that they were to 10ths of a second.

SPRINT HURDLE HEIGHTS

	Junior	Inter	Senior
1948-1968	2' 9"	3'	3' 3"
1969-2025	84cm	91.4cm	99.1cm
	Under-16	Under-18	Under-19
2026	84cm	91.4cm	99.1cm

FIELD EVENT NOTES

DISCUS WEIGHTS

	Junior	Inter	Senior
1950-	1kg	1kg	1kg

HAMMER WEIGHTS

	Junior	Inter	Senior
2000-13	no event	4kg	4kg
2014-	3kg	3kg	4kg

JAVELIN WEIGHTS

	Junior	Inter	Senior
1948-2013	600g	600g	600g

An '*' beside the distance indicates that an original specification javelin was in use.

In 2000 the javelin weight stayed the same but the balance point was changed.

2014-	500g	500g	600g
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SHOT PUT WEIGHTS

	Junior	Inter	Senior
1962-63	6lb (2.72kg)	4kg	4kg
1963-70	7lb (3.175kg)	4kg	4kg
1971-2013	3.25kg	4kg	4kg
2014-	3kg	3kg	4kg